

Resource Families Calendar



FALL 2023

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Ohio Child Welfare Training Program

Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567-376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Fred Lord	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melonny King – Manager – Melonny.King@jfs.ohio.gov

Karla Davis McGowan – Regional Caregiver Training Coordinator – Karla.Davis-McGowan@jfs.ohio.gov

Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov

Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov

Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov

Kandi Bennett-Kanu – Regional Training Center Clerk (On-Going Resource Family) –

Kandi.Bennett-Kanu@jfs.ohio.gov

REGISTER!

Enroll yourself in training sessions through **CAPS**

[https://jfs-ohio.csod.com/Login/render.aspx?
id=defaultclp](https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp)

If you are a **Resource Family provider through another agency**
or you are a **daycare provider for LCCS**, you will NOT be in CAPS.

If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a
space available basis for **Foster/Adoption** ongoing training.

Please allow ample travel time.

Please turn off cell phones & return calls during break.

It is Ohio Child Welfare Training Program policy to ONLY certify credit
for an individual who has missed less than **15 minutes** of classroom training.
This includes **CPR** and **First Aid** classes. All time spent outside the classroom
counts toward this **15 minute rule**. Partial credit cannot be given
You **MUST attend ALL parts of a training session** in order to receive a certificate
of credit. This includes sessions that extend beyond one day.
**NOTE* Please consider wearing layers to be comfortable with the fluctuations in
temperature in the training center!*

WHAT ABOUT?

Child Care? Not Provided!	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled check your e-mail notifications
Parking?	When you attend weekday training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. For weekend training sessions enter and leave through the exit gate. Private agency caregivers must pay \$5.00 for parking in the garage (CASH ONLY)
Location?	Unless otherwise noted, classes will be held at The Northwest Ohio Regional Training Center Address: 711 Adams Street, Toledo, OH 43604

For additional questions or concerns call 419-213-3505

ON-GOING NWORTC LUCAS COUNTY TRAININGS

October 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
2	3	4	5 VIRTUAL: Resource Readiness An Overview of Legal Issues for Foster Caregivers 5:30pm to 8:30pm Locator # 8325 Christina Rosenbrough-Zody	6	7 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Locator # 1437 Ryan Hennessey
9	10	11 VIRTUAL Resource Readiness: - Mental Health Considerations 9:00 am- 10:00am Jody Johnston-Pawel Locator # 8415 VIRTUAL Resource Readiness: Parenting a Child with a History of Sexual Trauma- 10:30am-12pm Locator # 8416 Jody Johnston Pawel	12	13	14
16 Trust-Based Relational Intervention Module 1: Introduction 9 am to 4pm Locator # 8131 Ann Bagley	17 Trust-Based Relational Intervention: Correcting Principles 9 am to 4pm Locator # 8132 Ann Bagley	18	19 A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight 5:30pm to 8:30pm Locator #6406 Tamme Smith	20	21
23	24 AHA Heartsaver Pediatric First Aid and CPR Without Skills-9am- 1pm Locator #4120 Skills Testing 2pm-4pm Locator#4120 Thasia Awad	25 VIRTUAL Preventing and Solving Sibling Conflict 10am to 1pm Locator # 8417 Jody Johnston-Pawel	26	27	28 Curly Hair and Skin Care: A Course for Multiracial Families 1pm to 4pm Locator # 7647 Lauren Burnette
30 Trust-Based Relational Intervention: Empowering Principles 9am to 4pm Locator # 8135 Ann Bagley	31 Trust-Based Relational Intervention: Connecting Principles 9am to 4pm Locator # 8141 Ann Bagley				

November 2023

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2 Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals 5:30pm to 8:30pm Locator # 8326 Christina Rosenbrough-Zody		4 Welcome to my home: How to Foster a Child of a Different Race or Culture 9:00am-12:00pm Locator # 8023 Janice Williams Resource Readiness: Understanding and Building Attachment- 1pm to 4pm Locator # 8026 Janice Williams
6 Curly Hair and Skin Care: A Course for Multiracial Families 5:30pm to 8:30pm Locator # 7648 Lauren Burnette	7 Helping Youth Who are in Substitute Care Find Mentors 1pm to 4pm Locator # 8427 Viola Larkin	8	9	10	11 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Locator # 1439 Ryan Hennessey Normalcy and the Reasonable and Prudent Standard: What's the Standard? 9am to 4pm Locator # 5447 Dr. Christine Cross
13	14	15	16 VIRTUAL What's the Foundation of Your Parenting? 10am to 1pm Locator # 8418 Jody Johnston Pawel	17	18 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Locator #1440 Ryan Hennessey
20	21	22	23	24	25
27	28	29 VIRTUAL: Resource Readiness Creating a Stable, Nurturing, and Safe Home Environment 10:00am to 12pm Locator#8419 Jody Johnston Pawel	30		

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 VIRTUAL: Psychotropic Medications: Questions to Ask about Kids on Meds 9am to 12pm Locator #:5865 Stacy Simera	2 AHA Heartsaver Pediatric First Aid and CPR 9am to 1pm Skills Testing 2pm to 4pm- Locator#1441 Ryan Hennessey Sibling Relationships in Foster Care: Keeping Them Connected 9am-12pm- Erie County Locator # 6803 Deanna Prezioso Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster 1pm to 4pm- Erie County Locator # 6804 Deanna Prezioso
4 VIRTUAL: Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals 5:30pm to 8:30pm Locator # 8327 Christina Rosenbrough-Zody	5 VIRTUAL RESOURCE READINESS: Parenting in Racially and Culturally Diverse Families 10am to 11:30am Locator #8420 Jody Johnston-Pawel	6 VIRTUAL NCTSN: Understanding Trauma's Effects and Building a Safe Place 5:30pm to 8:30pm Locator #8423 Viola Larkin	7 VIRTUAL NCTSN: Trauma 101 5:30pm to 8:30pm Locator #8424 Viola Larkin	8	9 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2pm-4pm Locator # 1442 Ryan Hennessey
11 VIRTUAL NCTSN: Feelings, Behaviors, Connections, and Healing 5:30pm to 8:30pm Locator # 8425 Viola Larkin	12	13 VIRTUAL NCTSN: Becoming an Advocate and Taking Care of Yourself 5:30pm to 8:30pm Locator # 8426 Viola Larkin	14	15 VIRTUAL RESOURCE READINESS: Attachment 6:00pm to 8:00pm Locator #8386 Brian Lowery	16 VIRTUAL RESOURCE READINESS: Separation, Grief, and Loss-9am to 11am Locator # 8387 VIRTUAL RESOURCE READINESS: Trauma Related Behaviors 11:30am to 1:30pm Locator #8389 VIRTUAL RESOURCE READINESS Trauma Informed Parenting 2pm to 4pm Locator #8388 Angela Irby (Trainer for all 3 virtual training)
18	19	20	21	22	23
25	26	27	28	29	30

October Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

An Overview of Legal Issues for Foster Caregivers

(3 Credit Hours)

Locator #8325

DATE: **October 5, 2023**

Rosenbrough-Zody, Christina

TIME: **5:30 pm – 8:30 pm**

CONTENT: Resource Readiness - LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

Foster parents will learn to identify and learn different court procedures in order to help them with their basic responsibilities and obligations for the children in their care. This workshop will help foster parents identify the roles and responsibilities of the legal team; become familiar with the phases of a court hearing; and identify the procedure of public access of information. Participants will have a working knowledge of their rights and responsibilities in the courtroom; filing of pleadings; and court procedures pursuant to federal law and Ohio law. Participants will also be able to recognize areas of potential liability in regard to their actions as well as those of the children in their care.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #1437

DATE: **October 7, 2023**

Hennessey, Ryan

TIME: **9:00 am – 4:00 pm****

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

Mental Health Considerations

(1 Credit Hours)

Locator #8415

DATE: **October 11, 2023**

Johnston Pawel, Jody

TIME: **9:00 am – 10:00 am**

CONTENT: Resource Readiness - MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

VIRTUAL

Parenting a Child with a History of Sexual Trauma

(1.5 Credit Hours)

Locator #8416

DATE: **October 11, 2023**

Johnston Pawel, Jody

TIME: **10:30 am – 12:00 pm**

CONTENT: Resource Readiness - CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.

Trust-Based Relational Intervention Module 1: Introduction

(6 Credit Hours)

Locator #8131

DATE: **October 16, 2023**

Bagley, Ann

TIME: **9:00 am – 4:00 pm**

CONTENT: Module one of the Trust-Based Relational Intervention (TBRI®) series will focus on understanding the meanings behind child behaviors, the brain chemistry of a child from a hard place, and helping the child (and his/her family) heal and connect. Participants will learn tools they can put into action immediately. This module is a prerequisite for additional TBRI® modules.

Trust-Based Relational Intervention: Correcting Principles

(6 Credit Hours)

Locator #8132

DATE: **October 17, 2023**

Bagley, Ann

TIME: **9:00 am – 4:00 pm**

CONTENT: This module of the Trust-Based Relational Intervention (TBRI®) series will focus on understanding and implementing the proactive and responsive strategies within the corrective principles of TBRI®. In the proactive strategies we explore the benefits of balancing nurture and structure and introduce and explore four parenting styles. We will examine the benefits of the nurture group, as well as the necessity and strategies for teaching social and behavioral skills. In the responsive strategies we will explore the IDEAL Response® and the Levels of Response (TM).

A World of Opportunities: Substance Use Indicators - Hidden in Plain Sight

(3 Credit Hours)

Locator #6406

DATE: **October 19, 2023***Smith, Tamme*TIME: **5:30 pm – 8:30 pm**

CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #4120

DATE: **October 24, 2023***Awad, Thasia*TIME: **9:00 am – 4:00 pm****

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL**Preventing and Solving Sibling Conflict**

(3 Credit Hours)

Locator #8417

DATE: **October 25, 2023***Johnston Pawel, Jody*TIME: **10:00 am – 1:00 pm**

CONTENT: This informative workshop offers tips for introducing new children into the foster family, preventing sibling rivalry, and resolving sibling/peer conflicts in ways that teach children how to resolve conflict independently and peacefully. These techniques result in LESS competing, comparing, complaining, arguing, fighting, and tattling, and MORE sharing, cooperating, listening, communicating, respect, peace, and independent conflict resolution.

Curly Hair and Skin Care: A Course for Multiracial Families

(3 Credit Hours)

Locator #7647

DATE: **October 28, 2023***Burnette, Lauren*TIME: **1:00 pm – 4:00 pm**

CONTENT: The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

Trust-Based Relational Intervention: Empowering Principles

(6 Credit Hours)

Locator #8135

DATE: **October 30, 2023***Bagley, Ann*TIME: **9:00 am – 4:00 pm**

CONTENT: This module of the Trust-Based Relational Intervention (TBRI(r)) series will focus on the physiological/internal roots of children's behavior, strategies for meeting children's sensory needs, and tools for making the environment feel safe and predictable for children. This training also creates a bridge between theory and application.

Trust-Based Relational Intervention: Connecting Principles

(6 Credit Hours)

Locator #8141

DATE: **October 31, 2023***Bagley, Ann*TIME: **9:00 am – 4:00 pm**

CONTENT: This module of the Trust-Based Relational Intervention (TBRI®) series will guide participants through the attachment cycle, attachment styles, and what to do when things go wrong in attachment. Participants will learn to use the TBRI® connecting strategies of mindful engagement, choices, compromises, and life value terms.

November Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals

(3 Credit Hours)

Locator #8326

DATE: **November 2, 2023***Rosenbrough-Zody, Christina*TIME: **5:30 pm – 8:30 pm**

CONTENT: Identity thieves commit a crime that can long go unnoticed after victimization. Identity theft is among the fastest growing problems facing Americans today. Unfortunately, it is one of the hottest crimes for to be committed against some of America's most vulnerable populations – the elderly and disabled. Over ten million Americans have reported having their identities stolen in the last year. Unfortunately, many individuals do not know how to properly report the crime; thus, the statistics are low compared to the number of individuals that are affected. In this session, you will learn easy steps to take to reduce vulnerabilities to the crime for adult populations. Participants will learn "terms of art" both online and off. Participants will leave the session with simple rules to follow; handy checklists to use; and even easy-to-use form letters that can be utilized for their clientele. Strategies will be discussed to help in the prevention of identity theft for vulnerable adults as well as the correct avenues of reporting so that a potential victim can be helped in the legal and financial systems.

Welcome to my home: How to Foster a Child of a Different Race or Culture

(3 Credit Hours)

Locator #8023

DATE: November 4, 2023

Williams, Janice

TIME: 9:00 am – 12:00 pm

CONTENT: This is a fun and fast-paced workshop that helps foster caregivers understand the importance of keeping children who are placed transculturally and/or transracially connected to their cultural heritage. This workshop defines cultural diversity in the context of children who are placed outside of their culture of origin. Participants have an opportunity to explore and affirm their own cultural identities. Participants explore and discuss common issues that arise when caring for children from a culture that is different from their own. Caregivers are given the tools to respond in a culturally competent and sensitive manner. Finally, foster caregivers identify ways to have fun with their foster children as they enhance their environment and participate in activities to help children to feel good about their culture, regardless of the differences in their current placement.

Understanding and Building Attachment

(3 Credit Hours)

Locator #8026

DATE: November 4, 2023

Williams, Janice

TIME: 1:00 pm – 4:00 pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This training, specifically designed for licensed resource families, in the early years of their caregiving development, will provide participants with an understanding of how attachment develops and the four attachment styles. Participants will learn indicators for each attachment style and strategies to help children develop attachments. This training is part of the Fundamentals of Fostering series.

Curly Hair and Skin Care: A Course for Multiracial Families

(3 Credit Hours)

Locator #7648

DATE: November 6, 2023

Burnette, Lauren

TIME: 5:30 pm – 8:30 pm

CONTENT: The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

Helping Youth Who are in Substitute Care Find Mentors

(3 Credit Hours)

Locator #8427

DATE: November 7, 2023

Larkins, Viola

TIME: 1:00 pm – 4:00 pm

CONTENT: This learning opportunity will assist resource families in supporting youth to see the benefits of having a mentor. It also highlights their role in helping youth select mentors. This session is designed to provide hands-on activities to increase transfer of learning, practical strategies, and resources on how to find mentoring support in their area. Resource families will also learn how they can serve in a mentoring role to youth.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #1439

DATE: November 11, 2023

Hennessey, Ryan

TIME: 9:00 am – 4:00 pm**

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

Normalcy and the Reasonable and Prudent Standard: What's the Standard?

(6 Credit Hours)

Locator #5447

DATE: November 11, 2023

Cross, Dr. Christine Kelly

TIME: 9:00 am – 4:00 pm

CONTENT: With the passing of the Federal Law - Preventing Sex Trafficking and Strengthening Families Act of 2014, child welfare agencies have been tasked to help foster caregivers make decisions to allow foster youth to have experiences on par with peers who are not in foster care. The law is a departure from the conventional belief that foster youth should not engage in some activities that would be normative for most children of their same age. This workshop seeks to shed light on what is the Reasonable and Prudent Standard and what agency staff and foster parents should do to help youth develop socially and emotionally while ensuring compliance with the law.

VIRTUAL**What's the Foundation of Your Parenting?**

(3 Credit Hours)

Locator #8418

DATE: November 16, 2023

Johnston Pawel, Jody

TIME: 10:00 am – 1:00 pm

CONTENT: See a parenting "style show" that reveals which parenting practices will get the long-term results you want. Discover the secrets for building healthy parenting habits and working together as a team with your parenting partners, including caseworkers and birth parents..

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #1440

DATE: November 18, 2023

Hennessey, Ryan

TIME: 9:00 am – 4:00 pm**

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

Creating a Stable, Nurturing, and Safe Home Environment

DATE: **November 29, 2023**

Johnston Pawel, Jody

(2 Credit Hours)

Locator #8419

TIME: **10:00 am – 12:00 pm**

CONTENT: Resource Readiness – FAMILY SAFETY

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.

December Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Psychotropic Medications: Questions to Ask about Kids on Meds

DATE: **December 1, 2023**

Simera, Stacy

(3 Credit Hours)

Locator # 5865

TIME: **9:00 am – 12:00 pm**

CONTENT: The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

DATE: **December 2, 2023**

Hennessey, Ryan

(6 Credit Hours)

Locator #1441

TIME: **9:00 am – 4:00 pm****

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

HELD IN ERIE COUNTY

Sibling Relationships in Foster Care: Keeping Them Connected

DATE: **December 2, 2023**

Prezioso, Deanna

(3 Credit Hours)

Locator #6803

TIME: **9:00 am – 12:00 pm****

CONTENT: This class will give participants an overview of sibling relationships among children in the child welfare system and how these relationships are affected by maltreatment. We will examine the dynamics of sibling relationships. Foster parents will understand how the outcomes of siblings in child welfare are affected by being placed together or separate, emotional problems that can occur from siblings being separated, and what role the caregiver can play in helping siblings in their care maintain sibling connections.

HELD IN ERIE COUNTY

Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller

DATE: **December 2, 2023**

Prezioso, Deanna

(3 Credit Hours)

Locator #6804

TIME: **1:00 pm – 4:00 pm****

CONTENT: This class will give participants an understanding of the reactions to grief and loss and explain ambiguous loss theory. Participants will gain an understanding of the similarities and differences between the emotions they experience, the emotions children in care experience, and the emotions experienced during a final loss such as death. Participants will examine how the emotions experienced during grief and loss are related to their role of foster caregiver and how they can effectively care for themselves and manage their emotions.

Identity Theft Prevention: The Basics and Strategies to Help Vulnerable Individuals

DATE: **December 4, 2023**

Rosenbrough-Zody, Christina

(3 Credit Hours)

Locator #8327

TIME: **5:30 pm – 8:30 pm**

CONTENT: Identity thieves commit a crime that can long go unnoticed after victimization. Identity theft is among the fastest growing problems facing Americans today. Unfortunately, it is one of the hottest crimes for to be committed against some of America's most vulnerable populations – the elderly and disabled. Over ten million Americans have reported having their identities stolen in the last year. Unfortunately, many individuals do not know how to properly report the crime; thus, the statistics are low compared to the number of individuals that are affected. In this session, you will learn easy steps to take to reduce vulnerabilities to the crime for adult populations. Participants will learn "terms of art" both online and off. Participants will leave the session with simple rules to follow; handy checklists to use; and even easy-to-use form letters that can be utilized for their clientele. Strategies will be discussed to help in the prevention of identity theft for vulnerable adults as well as the correct avenues of reporting so that a potential victim can be helped in the legal and financial systems.

VIRTUAL

Parenting in Racially and Culturally Diverse Families

(2 Credit Hours)

Locator #8420

DATE: **December 5, 2023**

Johnston Pawel, Jody

TIME: **10:00 am – 11:30 am**

CONTENT: Resource Readiness - CULTURAL AND DIVERSITY ISSUES

This course helps participants understand the impact of parenting children from different racial/ethnic/cultural backgrounds and to know how to honor and incorporate child's race/ethnicity/culture into their existing family system. Strategies are identified to help children develop positive and proud identities and to help children and families prepare for and handle racism in all forms.

VIRTUAL

NCTSN: Understanding Trauma's Effects and Building a Safe Place

(3 Credit Hours)

Locator #8423

DATE: **December 6, 2023**

Larkin, Viola

TIME: **5:30 pm- 8:30 pm**

CONTENT: This workshop will help caregivers understand how trauma can interfere with children's development and functioning, and how children of different ages may respond to trauma. Caregivers will be introduced to the concept of the "invisible suitcase" and how trauma-informed parenting can "repack" the suitcase. They will gain an understanding of the difference between physical and psychological safety and be introduced to the key component of a safety message. Caregivers will practice delivering an effective safety message and learn techniques to help children cope with trauma reminders. This workshop is the second in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

NCTSN: Trauma 101

(3 Credit Hours)

Locator #8424

DATE: **December 7, 2023**

Larkin, Viola

TIME: **5:30 pm- 8:30 pm**

CONTENT: This workshop introduces the concept of trauma as an underlying factor in some foster children's problems. It provides an overview of the essential elements of trauma-informed parenting and provides real world examples of trauma in children. Caregivers are introduced to factors that influence a child's response to traumatic experiences and to the concept of resilience. This workshop is the first in a series of four workshops developed by the National Child Traumatic Stress Network.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #1442

DATE: **December 9, 2023**

Hennessey, Ryan

TIME: **9:00 am – 4:00 pm****

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages.

****Please note that there will be a 2 hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

NCTSN: Feelings, Behaviors, Connections, and Healing

(3 Credit Hours)

Locator #8425

DATE: **December 11, 2023**

Larkin, Viola

TIME: **5:30 pm- 8:30 pm**

CONTENT: This workshop introduces caregivers to the cognitive triangle and the impact of trauma on children's thoughts, feelings, and behaviors. Caregivers will learn techniques for helping traumatized children to understand and control their emotional and behavioral reactions. It also explores how identity is created through connections and the impact trauma may have on these connections. Caregivers will understand why it is important for children to talk about their traumatic experiences, and how they can make the child feel safe while sharing. This workshop is third in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

NCTSN: Becoming an Advocate and Taking Care of Yourself

(3 Credit Hours)

Locator #8426

DATE: **December 13, 2023**

Larkin, Viola

TIME: **5:30 pm- 8:30 pm**

CONTENT: This workshop focuses on empowering the caregiver as an advocate for children in care and to make sure they get the help they need to recover from the effects of trauma. Participants will understand the need for, and the role of, trauma-informed professionals on the child's treatment team. This workshop also explores the definitions and warning signs of compassion fatigue and secondary traumatic stress. Caregivers will identify specific self-care techniques and develop a self-care plan for preventing secondary traumatic stress. This workshop is fourth in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

Attachment

(2 Credit Hours)

Locator # 8386

DATE: **December 15, 2023**

Lowery, Brian

TIME: **6:00 pm-8:00 pm**

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop

healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

VIRTUAL

Separation, Grief, and Loss

(2 Credit Hours)

Locator # 8387

DATE: December 16, 2023

Irby, Angela

TIME: 9:00 am-11:00 am

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

VIRTUAL

Trauma Related Behaviors

(2 Credit Hours)

Locator # 8389

DATE: December 16, 2023

Irby, Angela

TIME: 11:30 am- 1:30 pm 2:00 pm-4:00 pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

VIRTUAL

Trauma Informed Parenting

(2 Credit Hours)

Locator # 8388

DATE: December 16, 2023

Irby, Angela

TIME: 2:00 pm-4:00 pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Kandi Bennett-Kanu at (419) 213-3505 or by e-mail Kandi.Bennett-Kanu@jfs.ohio.gov

For Live Support for CAPS LMS click below:

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Bennett-Kanu to register as a guest.

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are one to two and half hours in length. They do not have to be completed in order. These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as below.

Learning Search

Search for learning

Filters Reset

DURATION ▼

TYPE ▼

MODALITY ▼

SUBJECT ▲









- ☒ Pathway: Resource Family Readiness (20)
- ☐ Permanency (10)
- ☐ Personnel Management (1)
- ☐ Physical/Medical Health (17)
- ☐ Physical/Medical Health: Activities of Daily Living (2)
- ☐ Physical/Medical Health: Neurocognition (4)
- ☐ Placement (13)
- ☐ Planning (10)
- ☐ Population Served:

PROVIDER ▼

20 Results

Pathway: Resource Family Readiness ×

Event Calendar

 Event (2.75) Born Addicted: Promoting Best Care 2 hours, 45 minutes ***	 Event (2.75) Communicable Diseases 2 hours, 45 minutes ***	 Event (2.75) PLEASE Don't Share! Communicable Diseases 2 hours, 45 minutes ***	 Event (4) The Basics of Caring for Children Who Have 4 hours ***
 Event (2.75) The Effects of Fostering 2 hours, 45 minutes ***	 Event (2.75) Engaging Primary Families 2 hours, 45 minutes ***	 Event (2.75) An Overview of Legal Issues for Foster Families 2 hours, 45 minutes ***	 Event (2.75) Understanding the Legal Process and the 2 hours, 45 minutes ***

Whereas these training have been developed for the incoming resource families, current licensed resource caregivers may also complete these courses for credit hours. So keep this checklist to help you mark off those you have completed. Below are also dates in which the first round have been scheduled.

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

- Communicable Diseases – Protecting Your Family's Health
- Please DON'T Share! Communicable Disease and Children

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

EDUCATION ADVOCACY

- Education
- Education Advocacy

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
(Dec 5, 2023 10am to 11:30am)
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation **(September 29, 2023, 9:00 am to 12:00 pm)**
- Responding to Children in Crisis

- Creating a Stable, Nurturing, and Safe Home Environment
- **(Nov/29/23 10am to 12pm)**

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment- **(Dec 15, 2023 6pm to 8pm)**
- Separation, Grief, and Loss **(Dec 16, 2023 9am-11am)**
- Trauma Related Behaviors **(Dec 16, 2023 11:30 am to 1:30 pm)**
- Trauma Informed Parenting **(Dec 16, 2023 2:00 pm to 4:00pm)**
- Understanding and Building Attachment **(Nov 4, 2023 1pm to 4pm)**

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma **(Oct 11, 2023 10:30 am to 12pm)**
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations **(Oct 11, 2023, 9:00 am to 10:00am)**
- Family Dynamics
- The Effects of Fostering

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents **(Oct 5, 2023 5:30pm to 8:30 pm)**
- Ethical Considerations for Resource Caregivers **(Sept 21, 2023, 6:00 pm to 8:00 pm)**



Supporting Respectful Partnerships: The Broad Reach of Coparenting

"Coparenting is an innovative approach to establishing ongoing communication between biological, adoptive, foster and/or kinship caregivers. This training will give caregivers the necessary tools that will support the family dynamics on behalf of the children."

Keynote Speaker:

James P. McHale, Ph.D.

Professor of Psychology and Director, University of South Florida Family Study Center

Key Objectives:

- Detail how positive coparenting between families helps ease child trauma
- Outline specifics of communications that help young children:
1) preparing for and de-briefing visits, 2) assuring safety and 3) encouraging positive outcomes
- Review helpful practices for communicating effectively

Monday, September 11, 2023

9:00am-12:30pm (3.5 hours)

LCCS Conference & Training Center

711 Adams Street, Toledo, Ohio 43604

Continental Breakfast Provided

Certificate of Attendance will be included upon completion of training

To register, email: Kandi Bennett-Kanu

Kandi.bennett-kanu@jfs.ohio.gov • Telephone Number: 419.213.3505

Partnership



Lucas County Juvenile Court
Care | Guidance | Treatment | Protection





Child Traumatic Stress Workshop

Please Join Us

We invite you to attend the Child Traumatic Stress Workshop for foster, adoptive and kinship caregivers sponsored in partnership with the **Area Office on Aging Kinship Navigator Program**. Workshop led by Sophia Center's trauma expert Diane Sweinhagen, LPCC-S and Cassandra Quinn, foster and adoptive parent.

BUILDING SUPPORT FOR KINSHIP CAREGIVERS

Through this series, caregivers will learn about the impact of trauma on development and behavior of children in kinship, foster or adoptive parent care and gain the following knowledge and skills:

- Respond appropriately to behavioral and emotional challenges of traumatized children
- Help traumatized children develop healthy attachments
- Help traumatized children recognize and develop their strengths
- Help traumatized children develop coping strategies
- Take care of themselves and seek support from others

Kinship Navigator Program contact:

Marsha Rose, LSW, Program Supervisor

Phone: 419-382-0624 Extension #2228

Email: mrose@areaofficeonaging.com

Or

Reach out to [Sophia Center](#)

Email: helpingfamilies@sophia.center

Free Three-Part Series:

**Fridays
September
15th, 22nd,
29th, 2023
9:30am - 2:00pm**

Location:

Sophia Center

5335 Silica Drive

Sylvania, OH 43560

Sign Up Today!

To REGISTER [Click Here](#)
or scan the QR Code



Lunch provided and a \$30
gift card is available for
completing all 3 sessions.



A PARTNER IN
NCTSN



Curly Hair and Skin Care: A Course for Multiracial Families

Instructor: Lauren Burnette

October 28, 2023 1pm-4pm

November 6, 2023 5:30pm to 8:30pm

**Location: Conference and Learning Center at
711 Adams Street**

The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. This supply and demand leaves gaps in cultural needs and knowledge while caring for the hair and skin. There is a great need for training skills for caregivers who have not been exposed to other cultures.



Objective:

- Discuss different hair types and textures.
- List products that are good for the hair and products that are not recommended.
- Identify strategies to address hair care dilemmas.
- Perform proper scalp observation and understand moisture needs and levels.

**Register on CAPS or Contact Kandi Bennett-Kanu at via
email at Kandi.Bennett-Kanu@jfs.ohio.gov or
call (419) 213-3505**

Computer Literacy Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Kandi Bennett-Kanu at
419-213-3505 or by email at
Kandi.Bennett-Kanu@jfs.ohio.gov to schedule
an on-site session at the Lucas County
Conference and Learning Center (CLC) located
at

711 Adams Street, Toledo, OH 43604

Directions To:

Lucas County Children Services Conference & Training Center

711 Adams Street
Toledo, Ohio 43604

From The North:



↳ Take I-75 South

↳ Exit 202A onto Washington

↳ Turn Left on Ontario

↳ Turn Right off Ontario into the parking garage

From The South:

↳ Take I-75 North toward Toledo/Detroit

↳ Exit 201B onto Erie Street

↳ Take Erie Street to Madison Avenue

↳ Turn Left on Madison - go one block to Ontario

↳ Turn Right on Ontario Street

↳ Turn Right off Ontario into the parking garage

