

Southwest Ohio Regional Training Center 420 Wards Corner Road Loveland, Ohio 45140 513-248-1269

STAFF & SUPERVISOR ONGOING TRAININGS

2023 Training with Available Space

Link for anyone with an **OH ID**: Log In | OH | ID | Ohio's State Digital Identity Standard

Link to Guest Registration: CAPS LMS (csod.com)

Date	Training	Session Locator #	Trainer	Time	Location
08/17/2023	CAPM Assessing Safety	CPS-SWORTC- STATEWIDE-	Warne Edwards	9:00 to 4:00	Virtual
		961			
08/17/2023	Survival in the	CPS-SWORTC-	Tom	9:00 to	SWORTC
	Workplace:	5430	Durflinger	12:00	
	Observation,				
	Awareness,				
	Options				
09/08/2023	Preventing Foster	CPS-SWORTC-	Jim Still	9:00 to 4:00	SWORTC
	and Adoption Care	3848	Pepper		
	Disruptions				
09/12/2023	CAPM - Safety	CPS-SWORTC-	Warne	9:00 to 4:00	Virtual
	Planning	STATEWIDE-	Edwards		
	_	965			
09/15/2023	Lifebooks: A	CPS-SWORTC-	Linda Davis	9:00 to 4:00	Virtual
	Journey to the	5266			
	Future While				
	Embracing the				
	Past				
09/15/2023	Emotional	CPS-SWORTC-	LaToya	9:00 to 4:00	SWORTC
	Regulation and	4316	Logan		

	Droto otivo Footoro				
	Protective Factors: Improving				
	Adolescent				
	Outcomes				
09/20/2023	Beyond the	CPS-SWORTC-	Heidi Malott	9:00 to 4:00	SWORTC
&	Silence	3293	Tiolal Malott	0.00 to 1.00	OWORTO
09/21/2023		0200		Third day is	
&				9:00 to	
09/22/2023				12:00	
09/26/2023	The Ethics of	CPS-SWORTC-	Faye	9:00 to 4:00	SWORTC
	Trauma-Informed	4395	Perkins		
	Self Care				
09/28/2023	Basic Drug	CPS-SWORTC-	Lee Hawks	9:00 to 4:00	SWORTC
	Identification	5715			
09/28/2023	Ethics for	CPS-SWORTC-	Warne	9:00 to	Virtual
	Supervisors: From	5791	Edwards	12:15	
	Aristotle to				
40/00/0000	Instagram	ODO OWODEO	147	0.001.400	V. ()
10/03/2023	CAPM -Strengths	CPS-SWORTC-	Warne	9:00 to 4:00	Virtual
	and Needs Risk	STATEWIDE-	Edwards		
10/12/2023	Assessment Street Smart Ohio:	968 CPS-SWORTC-	Shawn Bain	9:00 to 4:00	SWORTC
10/12/2023	Substance Abuse	6310	Silawii balli	9.00 10 4.00	SWORTC
	Awareness and	0310			
	Recognition for				
	Child Welfare				
	Professionals				
10/16/2023	Cowboy Ethics:	CPS-SWORTC-	Linda Davis	9:00 to	Virtual
	What can Marshall	5265		12:15	
	Dillon and the				
	Cartwrights Teach				
	Counselors and				
	Social Workers				
	about Ethics?				
11/03/2023	Grief: Exploring	CPS-SWORTC-	Linda Davis	9:00 to 4:00	Virtual
	the Journey of	5263			
44/40/0000	Loss	ODO OWOSTO	East Orie	0.004 4.00	OMODEO
11/13/2023	Starting Right and	CPS-SWORTC-	Jim Still-	9:00 to 4:00	SWORTC
44/45/0000	Ending Right	6351	Pepper	0.00 += 4.00	\ /: ut = 1
11/15/2023	CAPM: Family	CPS-SWORTC-	Warne	9:00 to 4:00	Virtual
	Case Planning	STATEWIDE-	Edwards		
		963			

12/11/2023	Double Jeopardy:	CPS-SWORTC-	Brian Bethel	9:00 to 4:00	SWORTC
	The Complexity of	5242			
	the Dual Diagnosis				
12/12/2023	Identification of	CPS-SWORTC-	Lee Hawks	9:00 to 4:00	SWORTC
	Meth Labs	5716			
12/13/2023	How to Identify	CPS-SWORTC-	Dan	9:00 to	Virtual
	and Address	4921	Houston	12:15	
	Microaggressions				
	in Today's Climate				

Staff Assessor Trainings

Date	Title	Session Locator #	Trainer	Time	Location
8/16/2023	Assessor Tier I: Adoption Assistance	CPS-SWORTC- Virtual-804	Angela Irby	9:30 to 12:00	Virtual
9/11/2023	Documenting The Homestudy in SACWIS	CPS-SWORTC- 2164	Johanna Pearce	9:00 to 4:00	SWORTC
9/12/2023	Assessor Tier II: Achieving Permanency Through Interagency Collaboration	CPS-SWORTC- 2163	Johanna Pearce	9:00 to 1:15	SWORTC
9/19/2023	Assessor Tier I: Post-Finalization Adoption Services	CPS-SWORTC- Virtual- 723	Deanna Prezioso	9:00 to 12:15	Virtual
9/27/2023 9/28/2023 9/29/2023 *3 DAYS	Assessor Refresher	CPS-SWORTC- Virtual-2373	Val Larkin	10:00 to 12:00 <i>AND</i> 1:00 to 3:00 *ALL 3 DAYS	Virtual
10/4/2023	Assessor Tier I: Adoption Assistance	CPS-SWORTC- 369	Val Larkin	10:00 to 12:30	SWORTC

10/4/2023	Assessor Tier I: Placement Strategies	CPS-SWORTC- 370	Val Larkin	1:30 to 4:00	SWORTC
10/26/2023	Assessor Tier II: Achieving Permanency Through Interagency Collaboration	CPS-SWORTC- Virtual-725	Deanna Prezioso	8:30 to 10:30 <i>AND</i> 11:30 to 1:30	Virtual
10/31/2023	Assessor Tier I: Placement Strategies	CPS-SWORTC- Virtual-806	Angela Irby	9:30 to 12:00	Virtual
11/6/2023 11/7/2023 *2 DAYS	Assessor Tier II: Diversity Competence in Permanency Planning	CPS-SWORTC- Virtual-795	Deanna Prezioso	9:00 to 12:30 *BOTH DAYS	Virtual

Workshop Descriptions

CAPM Assessing Safety (5.5 hours)

Participants will strengthen their skills in assessing safety of children using the CAPMIS framework; will thoroughly examine the fundamental components of assessing safety - safety factors, child vulnerability, and adult protective capacities; and will explore how a thorough assessment of safety is critical throughout the life of a case.

Survival in the Workplace: Observation, Awareness, Options

Becoming more aware of your surroundings, and your ability to see details often overlooked is critical in surviving workplace violence. This workshop will help participants understand potential dangers and what to do to stay safe. Participants will learn de-escalation techniques that can help control out of control subjects; learn the types of people and situations that may pose a risk. Participants will be given survival strategies should a violent encounter happen in the workplace. Participants will review real-life events that show both good and bad responses to violence, along with the ability to practice techniques.

NOTE: this workshop is not about teaching self-defense/martial arts tactics, but rather safety responses to potential threats.

Preventing Foster and Adoption Care Disruptions

Disruption does not have to determine the end of the relationship. This training will help participants know how to respond to youth who are struggling. Participants will discover what it takes to help youth feel like they belong. Foster and adoptive parents will learn the keys to staying on course and will explore how trust filters help prevent disruptions.

CAPM: Safety Planning (5.5 hours)

During this learning activity, participants will develop a thorough understanding of how safety plans should be used to keep children safe. Participants will review each of the components of an effective safety plan. Topics addressed in this workshop include: the link between safety assessment and safety planning; different types of safety plans and how to determine the appropriate safety response; how to assess responsible persons included in safety plans; safety plan monitoring requirements.

Lifebooks: A Journey to the Future While Embracing the Past

This workshop will discuss and answer the following questions about Lifebooks: why, who, what, when, and how. Philosophy, theory, and State Guidelines will be outlined to emphasize the importance of starting a Lifebook early in the child's life. Techniques will be presented to help caseworkers guide the parent, foster caregiver, and child work together to create a natural opportunity to understand the circumstances of the foster care and/or adoptive placement.

Resources and sample pages of Lifebooks will be discussed and provided.

Emotional Regulation and Protective Factors: Improving Adolescent Outcomes (5.5 hours)

Effectively reducing or preventing poor outcomes for young adults who have aged out of the foster care system requires targeted interventions by both the service providers and foster family. Many youths who enter the system are predisposed to mental health disorders, have severe abuse or trauma histories, and lack problem-solving skills to manage dysfunction. Planning and structuring services that encompass an understanding of risk and protective factors and are rooted in emotional regulation, offer youth and those supporting the youth with the best tools to minimize crisis and develop lifelong coping skills.

Beyond the Silence – Part One (13.75 hours)

This workshop focuses on the forensic interview, with an emphasis on team building between law enforcement and child welfare. Sound forensic interviews are essential for the successful completion of a child sexual abuse investigation. The purpose of conducting a forensic interview is to determine whether a crime has occurred and to assess the child's safety. This 2½-day workshop will focus on the fundamental skills needed to conduct child interviews that are forensically appropriate.

The Ethics of Trauma-Informed Self-Care (5.5 hours)

This training will provide an overview on symptoms of burnout and secondary traumatic stress, as well as the ethical principles and standards that call on helpers and caregivers to care for themselves as part of ethical practice. Much of the training will focus on motivating and sustaining behavior change related to enhancing both personal and professional self-care practices and developing new skills for recognizing and managing stress responses arising from the challenges faced in environments where traumatized clients are served.

Basic Drug Identification (5.5 hours)

Participants will be presented with information related to the identification of controlled substances, effects of drug abuse, understanding of drug cultures, and personal safety when encountering persons under the influence of drugs.

Ethics for Supervisors: From Aristotle to Instagram (3.0 hours)

This course is designed to teach supervisors the history of ethics, the NASW best practice standards and how to apply ethics in modern practice in child and adult protective services

CAPM Strengths and Needs Risk Assessment (5.5 hours)

Participants will develop a detailed understanding of how the assessment of families' strengths and needs informs service provision and case planning. Participants will learn how to distinguish risk contributors - from non-risk contributors through proper application of the clinical assessment - and how to identify and utilize family strengths to reduce the likelihood of future maltreatment.

Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals (5.5 hours)

Street Smart Ohio realizes that substance use affects so many Ohio families. Ohio is experiencing record numbers of overdose deaths, so now more than ever, it is important that anyone with a nexus to children understands the importance of recognizing the appearance, behavioral, and conduct indicators of drug abuse. Drugs do not discriminate and any of our families could be affected by addiction.

Cowboy Ethics: What can Marshall Dillon and the Cartwrights Teach Counselors and Social Workers about Ethics? (3.0 hours)

This workshop will identify and explore the 10-Cowboy Ethics. These ethics will be analyzed as we identify and explore the similarities between Cowboy Ethics and the 11-Principle/Virtue Ethical principles that Social Workers and Counselor follow according to the Ethic codes and standards of the CSWMFT Board of Ohio.

Case examples will highlight examples of Hollywood Cowboys and discussions will occur as to how our ethical standards are similar and how our code of behavior overlaps. Small group and large group discussions will occur and ethical dilemmas that counselors and social workers anticipate will be discussed. An Ethical Decision Model will also be explored to assist in understanding ethical dilemmas.

Grief: Exploring the Journey of Loss (5.5 hours)

This workshop will present theoretical methods for dealing with loss and grief. The difference between normal grief (uncomplicated grief) and grief and depression (complicated grief) will be discussed and outlined. The bereaving process will be defined, and indicators and instruments that therapist use will be provided, which will help to assess loss and bereavement. A variety of specific and practical therapeutic techniques will be discussed to assist in coping with grief and loss.

The Model of Complicated Mourning/Grief will be discussed, and we will explore how grief affects family systems. Ambiguous loss will be discussed so participants will recognize how this type of loss describes the loss children and parents experience in child welfare. Activities will be presented that will help children process their loss when they are mourning the loss of an attachment figure. Some of the activities/techniques that will be presented and discussed, which assist in the release of emotions for children and adults, are loss boxes, grief river, mapping the influence of the loss, grief drawer, memory books, journaling, and narrative storytelling. Large and small group discussions will occur, as well as discussing different case

examples (film characters from Steel Magnolia, Manchester by the Sea, and Philomena), which will illustrate the theories and techniques.

Starting Right and Ending Right (5.5 hours)

Starting Right explores how relationships are formed. It promotes healthy ways of creating strong family relationships, right from the start.

Ending Right deals with how to properly end relationships. This workshop offers practical steps to help youth move on from a relationship that is ending.

CAPM – Family Case Planning (5.5 hours)

Family Case Planning is a part of Ohio's Comprehensive Assessment and Planning Model—Interim Solution (CAPMIS). This workshop provides in-depth information on how to develop effective Family Case Plans and use family-led collaboration, and engagement as well as critical thinking, when developing these plans. Participants will—also use Ohio Practice Profile skill sets that are especially helpful in family case planning. Participants will learn the proper formulation for each part of CAPMIS Family Case Plan and identify how to engage families in the case planning process.

Double Jeopardy: The Complexity of the Dual Diagnosis (5.5 hours)

A dual diagnosis occurs when an individual is affected by both chemical dependency and an emotional or psychiatric illness. Individuals who present with coexisting disorders often require specialized services. Current research indicates the best outcomes occur when both disorders are treated simultaneously. However, social services, on the whole, are not well prepared to deal with people who have both disorders. Quite often only one of the two problems is identified. This workshop will provide an overview of the dual diagnosis and will address the challenges commonly associated with a dual diagnosis. In addition, participants will be exposed to evidenced-based treatment strategies for this population.

Identification of Meth Labs (5.5 hours)

Methamphetamine manufacture and abuse has rapidly spread across the state of Ohio. Due to the complexity and hazardous nature of methamphetamine-related activities, it is imperative to keep personnel aware of the indicators and dangers associated with it. By understanding how to identify methamphetamine laboratories and the materials related to its manufacture and use, employees will reduce the chances of injury and liability. In addition, personnel will understand the urgent need for removal of children found in a methamphetamine environment, as well as the need for rehabilitation programs for their parents

How to Identify and Address Microaggressions in Today's Climate (3.0 hours)

It's crucial for supervisors, workers, and clients to know how to identify and respond to microaggressions, either by talking about them or walking away. These conversations are essential to affect change, but they are also hard and uncomfortable. Microaggressions can be defined as thinly veiled, everyday instances of racism, homophobia, sexism (and more) that one experiences or witnesses in the workplace or toward a client. Sometimes it is an insult, other times it is an errant comment or gesture. Whether intentional or unintentional, a microaggression communicates hostile, derogatory or negative viewpoints to others. Workshop goals are to create awareness of and provide ways of confronting these harmful comments and actions.