

## PRESERVICE SYLLABUS

### ORIENTATION

#### Description

This course, part of the Preservice training series, introduces learners to the child protection system and the homestudy process. The differences between foster care, adoption, and kinship care are also discussed.

#### Learning Objectives

- Identify the goals of child protection
- Explain the difference between foster care, kinship care, and adoption

#### Delivery

Self-directed

#### Theme

System and Agency

#### Length

1 hour

#### Agenda

- The Preservice Training Series
- The Homestudy
- Child Welfare Goals
- Foster Care, Kinship Care, and Adoption
- Demographics of Children in Care

#### OAC 5101:2-5-33 Topic Addressed

Laws and regulations, including ODJFS requirements for certifying foster homes and approval of adoptive families.

#### OAC 5101:2-48-09 Topic Addressed

ODJFS requirements for approving adoptive applicants.

## PRESERVICE SYLLABUS

### THE CAREGIVER ROLE AND RESPONSIBILITIES

#### Description

This course, part of the Preservice training series, helps learners understand their role on the child protection team as defined by state rules and agency policies. This course also provides an overview of the caregiver's responsibilities including advocacy, mandated reporting, supporting the Family Case Plan, partnering with the primary family, and meeting the child's needs.

#### Learning Objectives

- Identify the primary members of the child protection team and their roles
- Describe your responsibilities to the agency
- Describe your responsibilities to the child
- Describe your responsibilities to the primary family
- Describe your responsibilities to yourself

#### Delivery

Self-directed

#### Theme

System and Agency

#### Length

1.5 hours

#### Agenda

- The Team
- Your Responsibilities to the Agency
- Your Responsibilities to the Child
- Your Responsibilities to the Primary Family
- Your Responsibilities to Yourself

#### OAC 5101:2-5-33 Topics Addressed

- Rights, roles, responsibilities, and expectations of foster caregivers and adoptive parents; Foster caregivers as part of the child protection team.
- Procedures for reporting suspected child abuse or neglect pursuant to section 2151.421 of the Revised Code.

#### OAC 5101:2-48-09 Topic Addressed

The legal rights and responsibilities of adoptive parents.

## PRESERVICE SYLLABUS

### THE BASICS OF PLACEMENT

#### Description

This course, part of the Preservice training series, helps learners understand how children come into care and are matched with a family. Laws influencing matching decisions are discussed, including MEPA, ICWA, Title VI. Learners will understand the importance making an informed decision about the placement and how to create an environment in which the child feels safe.

#### Learning Objectives

- Summarize the life of a case from referral to placement
- Describe the matching process
- Explain what an informed decision is when considering placement
- Describe the strategies you can use to help create a sense of safety
- Describe the agency's involvement post-placement

#### Delivery

Instructor-led

#### Theme

System and Agency

#### Length

2.5 hour

#### Agenda

- Question and Answer for Orientation and The Caregiver Role and Responsibilities
- A Child's Path to Needing Care
- Matching
- Informed Decision
- Receiving Placement
- Agency Involvement

#### OAC 5101:2-5-33 Topics Addressed

- Building competence in matters of diversity including an *overview of MEPA and the Civil Rights Act of 1964 (Title VI), as it applies to the foster care and adoption process.*
- The substance of section 2152.72 of the Revised code which deals with information required to be shared with a foster caregiver when a child who has been adjudicated a delinquent child for the commission of certain violent crimes is placed in a foster home.

#### OAC 5101:2-48-09 Topics Addressed

- Cultural issues including cultural diversity training and an *overview of the Multiethnic Placement Act, Oct. 20, 1994, P.L. 103-382, as amended by Section 1808 of the Small Business Job Protection Act of 1996, Aug. 20, 1996, P.L. 104-188 (MEPA), and the Civil Rights Act of 1964 (Title VI), as it applies to the foster care and adoption process.*
- The substance of section 2152.72 of the Revised Code which deals with the information required to be shared with a prospective adoptive parent before a child who has been adjudicated a delinquent child for the commission of certain violent crimes is placed with a prospective adoptive parent.

## PRESERVICE SYLLABUS

### TRAUMA OVERVIEW

#### Description

This course, part of the Preservice training series, defines trauma and explores how trauma influences brain architecture, development, and the ability to attach. Learners will consider how trauma may impact not just the child, but others on the child protection team. Learners will think about how their trauma histories may impact how they will provide care.

#### Learning Objectives

- Define trauma and toxic stress
- Describe how the brain adapts based on experience
- Describe how trauma impacts attachment and development

#### Delivery

Instructor-led

#### Theme

Trauma

#### Length

1.5 hours

#### Agenda

- Trauma Defined
- Toxic Stress
- Trauma and the Brain
- Impact on Development and Attachment
- Acknowledging Your Trauma

#### OAC 5101:2-5-33 Topic Addressed

The impact of childhood traumas such as physical abuse, sexual abuse, emotional abuse, neglect, and parental substance abuse on typical human growth and development.

#### OAC 5101:2-48-09 Topic Addressed

The dynamics of physical abuse, sexual abuse, emotional abuse, neglect, and substance abuse on human growth and development.

## PRESERVICE SYLLABUS

### THE IMPACT OF TRAUMA ON CHILDREN IN CARE

#### Description

This course, part of the Preservice training series, focuses on how trauma impacts the children in care. Learners will consider what new skills and knowledge they will need to provide appropriate care to children who have been impacted by trauma.

#### Learning Objectives

- Describe how trauma might impact children in care
- Identify the need to learn new skills and knowledge when providing care to a child who has experienced trauma

#### Delivery

Instructor-led

#### Theme

Trauma

#### Length

1.5 hours

#### Agenda

- The Impact of Trauma
- Caring for Children Who Have Experienced Trauma

#### OAC 5101:2-5-33 Topic Addressed

Caring for children who have experienced trauma, including placement and separation, on children, their families, and foster caregivers.

#### OAC 5101:2-48-09 Topic Addressed

The effects placement, separation and attachment issues have on children and their families.

## PRESERVICE SYLLABUS

### PERMANENCY

#### Description

This course, part of the Preservice training series, explains the importance of permanency and reviews permanency options for children in care, including reunification and adoption. Adoption supports, including subsidies, are discussed. Learners will consider how they can help prepare children for permanency.

#### Learning Objectives

- Identify legal permanency options for the child
- Describe the caregiver's role in supporting permanency goals

#### Delivery

Instructor-led

#### Theme

Connections and Permanency

#### Length

1 hour

#### Agenda

- Permanency Options
- Post-Finalization Adoption Support
- Preparing the Child for Permanency

#### OAC 5101:2-5-33 Topic Addressed

Foster caregivers' involvement in permanency planning for children and their families and post adoptive issues for children and families including availability of adoption subsidies.

#### OAC 5101:2-48-09 Topic Addressed

Caregivers' involvement in permanency planning for children and their families and post adoptive issues for children and families including availability of adoption subsidies.

## PRESERVICE SYLLABUS

### MAINTAINING THE CHILD'S CONNECTIONS

#### Description

This course, part of the Preservice training series, explores the importance of maintaining the child's connections to their primary family and other important adults and peers. Learners will be introduced to the C.A.R.E. Guide, Ohio's recommended best practice in co-parenting. Learners will consider strategies to support the child's important relationships.

#### Learning Objectives

- Summarize the importance of relationships to children in care
- Identify the C.A.R.E. Guide as Ohio's recommended best practice in co-parenting and reunification efforts
- Discuss how to support relationships with other important people, including siblings

#### Delivery

Instructor-led

#### Theme

Connections and Permanency

#### Length

1.5 hours

#### Agenda

- Connections with Parents
- Connections with Siblings and Other Important People

#### OAC 5101:2-5-33 Topic Addressed

The importance of maintaining meaningful connections between the child and primary parents, including regular visitation.

## PRESERVICE SYLLABUS

### **PARTNERING WITH THE PRIMARY FAMILY**

#### **Description**

This course, part of the Preservice training series, helps learners understand their need to partner with the primary family for the child's benefit. The importance of empathy is explored, and learners consider child protection from the perspective of the primary family. Learners will hear about the value of partnering from those with lived experience.

#### **Learning Objectives**

- Describe the benefits of partnering with the primary parent
- Identify strategies to effectively partner

#### **Delivery**

Instructor-led

#### **Theme**

Connections and Permanency

#### **Length**

1.5 hours

#### **Agenda**

- Building Empathy
- Partnering

#### **OAC 5101:2-5-33 Topic Addressed**

Partnering with Primary Families.

## PRESERVICE SYLLABUS

### EFFECTS OF CAREGIVING

#### Description

This course, part of the Preservice training series, will help learners take a realistic look at caregiving including stressors and challenging events. This course defines burnout and secondary traumatic stress and explores the risk to caregivers. Learners will understand the importance of self-care and develop a self-care plan.

#### Learning Objectives

- Identify some of the major stressors of foster care and adoption
- Describe the need to watch for signs of stress, burnout, and secondary traumatic stress in self and other family members
- Explain the importance of self-care

#### Delivery

Instructor-led

#### Theme

Nurturing and Protective Environment

#### Length

2 hours

#### Agenda

- Rewards and Stressors
- Family Dynamics
- Challenging Events
- Burn Out, Secondary Traumatic Stress
- Self-Care

#### OAC 5101:2-48-09 Topic Addressed

Effects of caregiving on children's families.

## PRESERVICE SYLLABUS

### CHILD DEVELOPMENT

#### Description

This course, part of the Preservice training series, discusses how to find and apply good child development information. It introduces the importance of providing positive childhood experiences and supporting nurturing relationships. Learners are made aware of the concept of normalcy and how to apply the reasonable and prudent parenting standard.

#### Learning Objectives

- Explain the importance of making caregiving decisions based on the child's development
- Find reputable child development information on the internet
- Identify ways to provide positive childhood experiences

#### Delivery

Instructor-led

#### Theme

Nurturing and Protective Environment

#### Length

2 hours

#### Agenda

- Finding and Applying Good Child Development Information
- Positive Childhood Experiences and Relationships
- Safe, Equitable, and Stable Environment
- Social and Civic Engagement for Belonging and Connectedness
- Opportunities for Social and Emotional Growth

#### OAC 5101:2-5-33 Topic Addressed

- Effectively using the reasonable and prudent parent standard as described in division (C) of section 5103.162 of the Revised Code.
- The substance of infant safe sleep (ODH).
- Supporting positive child development.

## PRESERVICE SYLLABUS

### ADOLESCENT DEVELOPMENT

#### Description

This course, part of the Preservice training series, explores what happens during adolescence, including brain development, identity development, and life skills development. Learners will consider how they can support adolescents through this period of development.

#### Learning Objectives

- Describe the developmental changes happening in adolescence
- Describe your role in preparing youth for independent/interdependent living
- Identify strategies to support positive adolescent development

#### Delivery

Instructor-led

#### Theme

Nurturing and Protective Environment

#### Length

1 hour

#### Agenda

- Introduction and Overview
- Key Developmental Tasks of Adolescence
- Supporting Adolescent Development

#### OAC 5101:2-5-33 Topic Addressed

The appropriate knowledge and skills to understand and support older youth preparing for independent/interdependent living so that the foster parent can help provide such services to the youth as needed and appropriate. These independent skills are to be coordinated with the life skill services required by rule 5101:2-42-19 of the Administrative Code. This topic is only required for those prospective caregivers who will be providing care for youth aged fourteen years and older.

## PRESERVICE SYLLABUS

### DIVERSITY FOUNDATIONS

#### Description

This course, part of the Preservice training series, introduces the concepts of diversity competence and cultural humility, disproportionality, and disparity. Learners will consider how equity and inclusion efforts can mitigate disparity and disproportionality. Learners will also explore their own implicit bias and think about how they can confront their bias. Strategies for creating an inclusive and equitable home will be discussed.

#### Learning Objectives

- Describe humility and competence as they relate to diversity
- Discuss issues of disproportionality and disparity within the child protection system
- Describe how implicit bias can impact how you interact with others
- Identify strategies to provide an inclusive and equitable home

#### Delivery

Instructor-led

#### Theme

Nurturing and Protective Environment

#### Length

1.5 hour

#### Agenda

- Diversity, Culture, Competence, and Humility
- Disproportionality and Disparity
- Combating Implicit Bias
- Creating an inclusive and equitable home

#### OAC 5101:2-5-33 Topic Addressed

*Building competence in matters of diversity* including an overview of MEPA and the Civil Rights Act of 1964 (Title VI), as it applies to the foster care and adoption process.

#### OAC 5101:2-48-09 Topic Addressed

*Cultural issues including cultural diversity training* and an overview of the Multiethnic Placement Act, Oct. 20, 1994, P.L. 103-382, as amended by Section 1808 of the Small Business Job Protection Act of 1996, Aug. 20, 1996, P.L. 104-188 (MEPA), and the Civil Rights Act of 1964 (Title VI), as it applies to the foster care and adoption process.

## PRESERVICE SYLLABUS

### DISCIPLINE FOUNDATIONS

#### Description

This course, part of the Preservice training series, discusses the knowledge and skills needed to appropriately discipline children. Learners will consider the importance of re-framing behavior and taking an approach that focuses on relationship, managing their emotions, and being intentional. Learners will also discover how to determine if a discipline strategy is appropriate.

#### Learning Objectives

- Identify the knowledge and skills needed to effectively use discipline strategies
- Identify components of an effective approach to discipline
- Identify the three elements of an effective discipline strategy
- Summarize de-escalation strategies

#### Delivery

Instructor-led

#### Theme

Nurturing and Protective Environment

#### Length

2 hours

#### Agenda

- Overview and Definition of Discipline
- Knowledge and Skills Needed
- Approach to Discipline
- Elements of Effective Discipline Strategies
- De-Escalation Strategies

#### OAC 5101:2-5-33 Topic Addressed

Behavior management techniques, including effectively using discipline and de-escalation strategies.

#### OAC 5101:2-48-09 Topic Addressed

Behavior management techniques.

## PRESERVICE SYLLABUS

### MEDICATION MANAGEMENT

#### Description

This course, part of the Preservice training series, discusses the caregiver's role in medication management and advocacy. The five "rights" of medication administration are introduced, and medication-related rules are reviewed.

#### Learning Objectives

- Can properly manage the child's medication
- Can support the child's rights regarding medication

#### Delivery

Self-directed

#### Theme

Health

#### Length

30 minutes

#### Agenda

- Introduction and Overview
- Administration
- Child Advocacy

#### OAC 5101:2-5-33 Topic Addressed

Medication Administration

## PRESERVICE SYLLABUS

### ADULT/CHILD/INFANT CPR WITH AED AND FIRST AID

#### Description

This course, part of the Preservice training series, provides caregivers with the knowledge and skills needed to recognize and respond appropriately to cardiac, breathing, first aid, and environmental emergencies. Learners will gain awareness in giving immediate care to an injured or ill person and to decide whether advanced medical care is needed for all ages, including adults, children, and infants.

#### Learning Objectives

- Discuss how to administer basic first aid
- Describe the skills to perform CPR for adults, infants, and children
- Describe how to use an AED

#### Delivery

Instructor-led

#### Theme

Health

#### Length

3 hours

#### Agenda

- Recognition Assessment, Key Actions
- CPR
- Choking
- AED
- First Aid

#### OAC 5101:2-5-33 Topic Addressed

A first aid and a child and adult CPR training program such as those training programs offered by the American Red Cross, the American Heart Association, or the equivalent.