

On-Going Trainings

March, April, May and June 2024

Title	CAPS Locator #	Date & Time	Trainer	Location
Lunch and Learn - Cultural Humility - Resource Readiness	8589	Thursday March 14 th 12:00 – 1:00	Jody Johnston- Pawel	Virtual
Double Jeopardy: The Complexity of Dual Diagnosis	9455	Saturday April 6 th 9:00-4:00	Brian Bethel	WORTC 1312 Research Park Drive, Dayton
Lunch and Learn – Reunification as the Primary Goal - Resource Readiness	11742	Thursday April 11 th 11:30 – 1:00	Jody Johnston Pawel	Virtual
Lunch and Learn – Coaching – Stress	Contact Julie Neidhart at 937-562-6677 or Julie.Neidhart2@jfs.ohio.gov	Monday April 15 th 12:00 - 1:00	Jim Still- Pepper	Virtual
Engaging Primary Families – Resource Readiness	10163	Saturday April 20 th 9:00-12:00	Deb McMullen	Allen County Children Services 123 W Spring St, Lima
Maintaining Childrens Connections with Siblings and Extended Family – Resource Readiness	10165	Saturday April 20 th 1:00-2:00	Deb McMullen	Allen County Children Services 123 W Spring St, Lima
Foster Care – A means of Support – Resource Readiness	10164	Saturday April 20th 2:15-3:45	Deb McMullen	Allen County Children Services 123 W Spring St, Lima
Building Trauma Competent Healing Foster and Adoptive Parents	11657	Wednesday May 1 st 9:00 – 12:00	Jayne Schooler	Virtual



On-Going Trainings Continued
March, April, May and June 2024

Title	CAPS Locator #	Date & Time	Trainer	Location
Lunch and Learn – Coaching – Trauma Drama	Contact Julie Neidhart at 937-562-6677 or Julie.Neidhart2@jfs.ohio.gov	Monday May 6 th 12:00 – 1:00	Jim Still-Pepper	Virtual
Lunch and Learn – Foster Care, A means to Support – Resource Readiness	11743	Wednesday May 15 th 11:30 – 1:00	Jody Johnston Pawel	Virtual
Managing Difficult Behaviors	10111	Saturday May 18 th 9:00 – 4:00	David Zidar	Allen County Children Services 123 W Spring St, Lima
Lunch and Learn – Coaching – Creating Healthy Bonds	Contact Julie Neidhart at 937-562-6677 or Julie.Neidhart2@jfs.ohio.gov	Monday June 10 th 12:00 – 1:00	Jim Still-Pepper	Virtual
Lunch and Learn – Trauma Informed Care – Resource Readiness	11744	Thursday June 13 th 11:00 – 1:00	Jody Johnston Pawel	Virtual
Separation Grief and Loss - Resource Readiness	9427	Saturday June 29 th 9:00-11:00	Deb McMullen	Allen County Children Services 123 W Spring St, Lima
Attachment – Resource Readiness	9428	Saturday June 29 th 12:00-2:00	Deb McMullen	Allen County Children Services 123 W Spring St, Lima



Training Descriptions

Double Jeopardy: The Complexity of Dual Diagnosis

A dual diagnosis occurs when an individual is affected by both chemical dependency and an emotional or psychiatric illness. Individuals who present with coexisting disorders often require specialized services. Current research indicates the best outcomes occur when both disorders are treated simultaneously. However, social services, on the whole, are not well prepared to deal with people who have both disorders. Quite often only one of the two problems is identified. This workshop will provide an overview of the dual diagnosis and will address the challenges commonly associated with this population. In addition, participants will be exposed to evidenced-based treatment strategies for dual diagnosed services.

Reunification as the Primary Goal

This course helps participants understand the permanency options that exist and the role of parents who are fostering in permanency planning—especially with reunification. Permanency from the child's perspective is explored. This course helps participants understand their role in caring for children while at the same time preparing them to return home and the role of parents who are fostering in working with the child's family to achieve reunification. Concurrent planning is described.

Engaging Primary Families

This training is specifically designed for licensed resource families in the early years of caregiving. It will address the importance of engaging primary families. Common barriers to developing strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.



Maintaining Childrens Connections Siblings and Extended Family

This course helps participants understand the importance of integrating and maintaining on-going communication and connection between siblings, including understanding sibling dynamics and the importance of sibling bonds. Tips for how to navigate and support visits with siblings are shared. This course also helps participants recognize the importance of maintaining connections with extended family members and the community at large (i.e., schools, church, friends, sporting teams) and identifies strategies to keep children connected to their community. The role of parents who are fostering in maintaining these connections is highlighted.

Building Trauma Competent Healing Foster and Adoptive Parents

This workshop will equip workers to develop that ongoing conversation with parents as they learn to integrate three essential skills for caregivers into their everyday support conversation. Caregivers will be equipped with the skills to manage the needs of children in their care. The participants will leave the workshop with multiple tools to assist them in helping families become trauma-competent healing parents.

Foster Care – A Means of Support

This course helps participants understand the child welfare experience from the perspective of the child's parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children's relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child's parents and for helping children prepare for visits, including understanding and managing reactions to visits.

Managing Difficult Behaviors

This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.



Trauma Informed Care

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described.

Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

Separation and Loss

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified.

Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

Attachment

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.



CPR Schedule 2024

Weekday evenings - ECORTC

Saturdays - WORTC

Date	CAPS Locator #	Day	Time	Date	CAPS Locator #	Day	Time
January				July			
1/6/2024	8249	Saturday	9:00-12:15	7/6/2024	8261	Saturday	9:00-12:15
1/10/2024	8554	Wednesday	6:00-9:15	7/10/2024	8629	Wednesday	6:00-9:15
1/20/2024	8250	Saturday	12:00-3:15	7/20/2023	8273	Saturday	12:00-3:15
1/23/2024	8555	Tuesday	6:00-9:15	7/23/2024	8635	Tuesday	6:00-9:15
February				August			
2/3/2024	8254	Saturday	9:00-12:15	8/3/2024	8262	Saturday	9:00-12:15
2/7/2024	8556	Wednesday	6:00-9:15	8/7/2024	8638	Wednesday	6:00-9:15
2/17/2024	8267	Saturday	12:00-3:15	8/17/2024	8274	Saturday	12:00-3:15
2/21/2024	8559	Wednesday	6:00-9:15	8/19/2024	8642	Monday	6:00-9:15
March				September			
3/2/2024	8255	Saturday	9:00-12:15	9/7/2024	8263	Saturday	9:00-12:15
3/4/2024	8564	Monday	6:00-9:15	9/9/2024	8649	Monday	6:00-9:15
3/16/2024	8268	Saturday	12:00-3:15	9/21/2024	8275	Saturday	12:00-3:15
3/20/2024	8567	Wednesday	6:00-9:15	9/27/2024	8650	Friday	6:00-9:15
April				October			
4/6/2024	8257	Saturday	9:00-12:15	10/5/2024	8264	Saturday	9:00-12:15
4/9/2024	8572	Tuesday	6:00-9:15	10/8/2024	8651	Tuesday	6:00-9:15
4/20/2024	8269	Saturday	12:00-3:15	10/19/2024	8276	Saturday	12:00-3:15
4/24/2024	8585	Wednesday	6:00-9:15	10/23/2024	8654	Wednesday	6:00-9:15
May				November			
5/4/2024	8259	Saturday	9:00-12:15	11/2/2024	8265	Saturday	9:00-12:15
5/9/2024	8614	Thursday	6:00-9:15	11/6/2024	8655	Wednesday	6:00-9:15
5/18/2024	8270	Saturday	12:00-3:15	11/16/2024	8277	Saturday	12:00-3:15
5/20/2024	8619	Monday	6:00-9:15	11/18/2024	8656	Monday	6:00-9:15
June				December			
6/1/2024	8260	Saturday	9:00-12:15	12/7/2024	8266	Saturday	9:00-12:15
6/3/2024	8623	Monday	6:00-9:15	12/11/2024	8657	Wednesday	6:00-9:15
6/15/2024	8272	Saturday	12:00-3:15				
6/18/2024	8626	Tuesday	6:00-9:15				



Virtual Preservice Training Beginning 3/18/24

Daytime / Weekday

Day	CAPS Locator #	Date	Time	Training	Trainer
Monday	12421	3/18/24	8:00-10:30 am	Basics of Placement	Angie Buckalew
	12423		10:45-12:15pm	Partnering with the Primary Family	Angie Buckalew
Wednesday	12436	3/20/24	8:00-10:00am	Child Development	Angie Buckalew
	12437		10:15-11:15am	Adolescent Development	Angie Buckalew
Friday	12438	3/22/24	8:00-9:30am	Trauma Overview	Angie Buckalew
	12440		9:45-11:15am	Impact of Trauma	Angie Buckalew
Monday	12442	3/25/24	8:00-10:00am	Effects of Caregiving	Megan Wendling
	12443		10:15-12:15pm	Discipline Foundations	Megan Wendling
Tuesday	12444	3/26/24	8:00-9:30am	Diversity Foundations	Megan Wendling
	12445		9:45-11:15am	Maintaining Connections	Megan Wendling
	12446		11:30-12:30pm	Permanency	Megan Wendling





Virtual Preservice Training Beginning 4/7/24

Sunday Schedule

Day	CAPS Locator #	Date	Time	Training	Trainer
Sunday	11121	4/7/24	9:00-11:30 am	Basics of Placement	Angie Buckalew
	11122		12:30-2:00pm	Trauma Overview	Angie Buckalew
	11123		2:15-3:15pm	Permanency	Angie Buckalew
Sunday	11124	4/14/24	9:00-11:00am	Child Development	Angie Buckalew
	11125		11:15-12:15pm	Adolescent Development	Angie Buckalew
	11127		12:30-2:00pm	Impact of Trauma	Angie Buckalew
Sunday	11128	4/21/24	9:00-10:30am	Partnering with the Primary Family	Megan Wendling
	11130		10:45-12:15pm	Maintaining Connections	Megan Wendling
	11131		12:30-2:00pm	Diversity	Megan Wendling
Sunday	11133	4/28/24	9:00-11:00am	Discipline	Megan Wendling
	11134		11:30-1:30pm	Effects of Discipline	Megan Wendling





In-Person Preservice beginning 4/13/24

Saturday

**Clark County Department of Job and Family Services
1345 Lagonda Ave, Springfield**

Day	CAPS Locator #	Date	Time	Training	Trainer
Saturday	12383	4/13/24	9:00-11:30am	Basics of Placement	Maggie Lupton
	12384		12:30-2:00pm	Trauma Overview	Maggie Lupton
	12385		2:15-3:45pm	Impact of Trauma	Maggie Lupton
Saturday	12386	4/20/24	9:00-10:00am	Permanency	Maggie Lupton
	12387		10:15-11:45am	Maintaining Connections	Maggie Lupton
	12388		12:45-2:15pm	Partnering with the Primary Family	Maggie Lupton
	12389		2:30-4:30pm	Effects of Caregiving	Maggie Lupton
Saturday	12390	4/27/24	9:00-11:00am	Child Development	Maggie Lupton
	12391		11:15-12:15pm	Adolescent Development	Maggie Lupton
	12392		1:15-2:45pm	Diversity Foundations	Maggie Lupton
	12393		3:00-5:00pm	Discipline Foundations	Maggie Lupton





Preservice Training Descriptions

Basics of Placement

This course, part of the Preservice training series, helps learners understand how children come into care and are matched with a family. Laws influencing matching decisions are discussed, including MEPA, ICWA, Title VI. Learners will understand the importance making an informed decision about the placement and how to create an environment in which the child feels welcomed and safe.

Trauma Overview

This course, part of the Preservice training series, defines trauma and explores how trauma influences brain architecture, development, and the ability to attach. Learners will consider how trauma may impact not just the child, but others on the child protection team. Learners will think about how their trauma histories may impact how they will provide care.

The Impact of Trauma

This course, part of the Preservice training series, focuses on how trauma impacts the children in care. Learners will consider what new skills and knowledge they will need to provide appropriate care to children who have been impacted by trauma.

Permanency

This course, part of the Preservice training series, explains the importance of permanency and reviews permanency options for children in care, including reunification and adoption. Adoption supports, including subsidies, are discussed. Learners will consider how they can help prepare children for permanency.

Partnering with the Primary Family

This course, part of the Preservice training series, helps learners understand their need to partner with the primary family for the child's benefit. The importance of empathy is explored, and learners consider child protection from the perspective of the primary family. Learners will hear about the value of partnering from those with lived experience.



Maintaining Connections

This course, part of the Preservice training series, explores the importance of maintaining the child's connections to their primary family and other important adults and peers. Learners will be introduced to the C.A.R.E. Guide, Ohio's recommended best practice in co-parenting. Learners will consider strategies to support the child's important relationships.

Effects of Caregiving

This course, part of the Preservice training series, will help learners take a realistic look at caregiving including stressors and challenging events. This course defines burnout and secondary stress and explores the risk to caregivers. Learners will understand the importance of self-care and develop a self-care plan.

Child Development

This course, part of the Preservice training series, discusses how to find and apply good child development information. It introduces the importance of providing positive childhood experiences and supporting nurturing relationships. Learners are made aware of the concept of normalcy and how to apply the reasonable and prudent parenting standard.

Adolescent Development

This course, part of the Preservice training series, explores what happens during adolescence, including brain development, identity development, and life skills development. Learners will consider how they can support adolescents through this period of development.

Diversity Foundations

This course, part of the Preservice training series, introduces the concepts of diversity competence and cultural humility, disproportionality, and disparity. Learners will consider how equity and inclusion efforts can mitigate disparity and disproportionality. Learners will also explore their own implicit bias and think about how they can confront their bias. Strategies for creating an inclusive and equitable home will be discussed.

Discipline Foundations

This course, part of the Preservice training series, discusses the knowledge and skills needed to appropriately discipline children. Learners will consider the importance of re-framing behavior and taking an approach that focuses on relationship, managing their emotions, and being intentional. Learners will also discover how to determine if a discipline strategy is appropriate.



Welcome to Lunch and Learn!

Lunch and Learn sessions are virtual coaching opportunities that will take place during the lunch time on a weekday. Please see the schedule below for upcoming events. Some of these events are coaching sessions that you cannot find in CAPS. Pay close attention to registration instructions for each session.

General information

- Contact Julie Neidhart (Julie.Neidhart2@jfs.ohio.gov) if you would like a reservation.
- Handouts will be emailed to all participants prior to the day of the coaching
- Same rules apply to these sessions as all other virtual trainings – including the 15-minute rule, wearing proper attire, no multi-tasking and participation expected.
- If there is a topic that you would like more information on contact Julie.Neidhart2@jfs.ohio.gov



Upcoming Lunch and Learn Sessions

Thursday, March 14th 2024 – 12:00-1:00pm

Register in CAPS with **Locator # 8589**

Resource Readiness - CULTURAL AND DIVERSITY ISSUES: This course provides participants with an overview of cultural humility and helps participants recognize the importance of honoring children's cultural identity and respecting families from varying races, religions, ethnicities, and economic statuses. Openness to a child's sexual orientation and gender identity and expression and viewing these differences from a strengths-based perspective is highlighted. This course shares strategies for parents who are fostering or adopting to respect as well as navigate differences in values from the children and families, while acknowledging imbalances of power and inequities.

Trainer: Jody Johnston-Pawel

Thursday, April 11th, 2024 - 11:30-1:00pm

Register in CAPS with **Locator # 11742**

Resource Readiness – Reunification as the Primary Permanency Goal: This course helps participants understand the permanency options that exist and the role of parents who are fostering in permanency planning—especially with reunification. Permanency from the child's perspective is explored. This course helps participants understand their role in caring for children while at the same time preparing them to return home and the role of parents who are fostering in working with the child's family to achieve reunification. Concurrent planning is described.

Trainer: Jody Johnston-Pawel



Upcoming Lunch and Learn Sessions

Monday, April 15th, 2024 12:00-1:00pm

Please contact Julie Neidhart for a reservation ... Julie.Neidhart2@jfs.ohio.gov

Stressing Stress - Stressing Stress is a practical approach to dealing with stress. The focus will be on discovering how stress works, and how we can work through issues of stress to prevent burnout. You will get a chance to apply what you are discovering and create a self-care plan. This lunch and learn explores the sources of stress impacting our life.

Coach: Jim Still-Pepper

Monday, May 6th, 2024 12:00-1:00pm

Please contact Julie Neidhart for a reservation ... Julie.Neidhart2@jfs.ohio.gov

Trauma Drama - Is it drama, or is the dramatic behavior rooted in trauma? Our time will focus on looking at characteristics of drama that is trauma based, and then will offer suggestions about how to handle trauma drama.

Coach: Jim Still-Pepper

Thursday, May 15th, 2024 - 11:30-1:00pm

Register in CAPS with **Locator # 11743**

Resource Readiness –Foster Care- A Means of Support Families: This course helps participants understand the child welfare experience from the perspective of the child's parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children's relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child's parents and for helping children prepare for visits, including understanding and managing reactions to visits.

Trainer: Jody Johnston-Pawel



Upcoming Lunch and Learn Sessions

Monday, June 10th, 2024 - 12:00-1:00pm

Please contact Julie Neidhart for a reservation ... Julie.Neidhart2@jfs.ohio.gov

Creating Healthy Bonds: How Come the Glue Doesn't Stick? Relating To Kids Who Struggle with Bonding. This training explores the impact trauma on a child's ability to bond. This lunch and learn will help you develop specific strategies to assist children in rebuilding trust. Increased understanding of this topic will lead to decreased frustration and improved relationships.

Coach: Jim Still-Pepper

Thursday, June 13th, 2024 - 11:00-1:00pm

Register in CAPS with **Locator # 11744**

Resource Readiness –Trauma Informed Parenting: This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

Trainer: Jody Johnston-Pawel

