

On-Going In Person Caseworker Training –April, May, and June 2024					
Title	CAPS Locator #	Date & Time	Trainer	Location	
Gangs, Cliques, and Crews: Understanding Gangs and Youth	9842	Tuesday March 26 <sup>th</sup> 9:00-4:00	Anthony President	Logan County Children Services 1855 OH-47, Bellefontaine	
Combating Compassion Fatigue Through Self-Care	9844	Wednesday March 27 <sup>th</sup> 9:00-4:00	Anthony President	Tri-County Board of Recovery and MH Services, 1280 N County Rd 25A, Troy	
De-escalation Skills for the Human Services	9900	Friday April 5 <sup>th</sup> 9:00-4:00	Darla Bolon	WORTC 1312 Research Park Drive, Dayton	
But Words Can Always Hurt Me: The Impact of Emotional Abuse	13116	Monday April 8 <sup>th</sup> 9:00-4:00	Brian Bethel	WORTC 1312 Research Park Drive, Dayton	
Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals	12845	Thursday April 11 <sup>th</sup> 9:00-4:00	Shawn Bain	Logan County Children Services, 1855 OH-47, Bellefontaine	
Management of Children with Challenging Behaviors	12811	Monday April 15 <sup>th</sup> 9:00-4:00	David Zidar	Tri-County Board of Recovery and MH Services, 1280 N County Rd 25A, Troy	
Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare System	7366	Thursday April 25 <sup>th</sup> 9:00-4:00	Susan Darden Kautz	Montgomery County Department of Job and Family Services, Haines Building, 3304 N Main St, Dayton	
Adverse Childhood Experiences and Effects on Brain Architecture	7367	Friday April 26 <sup>th</sup> 9:00-4:00	Susan Darden Kautz	WORTC 1312 Research Park Drive, Dayton	
Trust-Based Relational Intervention Module 1: Introduction	12565	Thursday May 9 <sup>th</sup> 9:00-4:00	Kristen King	WORTC 1312 Research Park Drive, Dayton	
Burnout, Secondary Trauma, and Self-Care	12849	Tuesday May 14 <sup>th</sup> 9:00 – 4:00	Faye Perkins	Montgomery County Employment Opportunity Center, 4303 W. Third St, Dayton	
Domestic Violence: Facts and Fundamentals	11114	Tuesday May 21 & May 22 <sup>nd</sup> 9:00-4:00	Brian Bethel	Sidney Holiday Inn Express 450 Folkerth Ave, Sidney	



Confidence in the Courtroom	12694	Thursday May 23 <sup>rd</sup> 9:00-4:00	Lauri Wolfe	Allen County CSB 123 W. Spring St, Lima
Supporting and Working with African- American Families: A Non-Stereotypical Approach	7605	Wednesday May 29 <sup>th</sup> 0:00-4:00	Verlinda Bennett	Montgomery County Department of Job and Family Services, Haines Building, 3304 N Main St, Dayton
The Fine Line of Abuse: Abuse vs. Accident vs. Medical Condition	13037	Tuesday June 4 <sup>th</sup> 9:00-4:00	Jim Marlow	Sidney Holiday Inn Express 450 Folkerth Ave, Sidney
Preventing Foster and Adoption Care Disruptions	11237	Friday June 14 <sup>th</sup> 9:00-4:00	Jim Still-Pepper	Mercer County Department of Job and Family Services, 220 West Livingston St, Celina
The Culture of Addiction: A Missing Piece in the Puzzle of Addition	11064	Tuesday June 18 <sup>th</sup> 9:00-4:00	Brian Bethel	Montgomery County Department of Job and Family Services, Haines Building, 3304 N Main St, Dayton
Take My Advice: Guidelines for Assessing and Advising Parents	12568	Friday June 21 <sup>st</sup> 9:00-4:00	Jody Johnston Pawel	WORTC 1312 Research Park Drive, Dayton
Trauma and Addiction: Fire and Ice	11067	Tuesday June 25 <sup>th</sup> 9:00-4:00	Brian Bethel	Montgomery County Department of Job and Family Services, Haines Building, 3304 N Main St, Dayton
Trauma-Informed Care: The Neuroscience of Trauma and Resilience	12812	Thursday June 27th 9:00-4:00	Faye Perkins	WORTC 1312 Research Park Dr, Beavercreek



#### On-Going Virtual Caseworker Training – April, May, and June 2024 Title **CAPS** Date & Time Trainer Location Locator # **Using Films to Understand Factitious** 12758 Friday Linda Davis Zoom Disorder, Personality Disorder and April 12th Schizophrenia 9:00-4:00 **Confidentiality Requirements and** 12587 Tuesday Katy Mercer Zoom **Avoiding Liability** April 16<sup>th</sup> 9:00-4:00 **Psychotropic Medications:** 12589 Tuesday Stacy Simera Zoom Questions to Ask about Kids on April 30th 9:00-12:00 Meds **DSM Pathologies in Winnie the** 12759 Linda Davis Friday Zoom **Pooh's World** May 3<sup>rd</sup> 9:00-4:00 **Race Matters for Transracial** 13096 Thursday Laura Morello Zoom. **Adoptions: Preparing and** May 9<sup>th</sup> Supporting Families to be Race-9:00 - 12:15**Conscious Advocates** A Smooth Transition: Taking the 12592 Monday Diana Hoover Zoom **Step from Worker to Supervisor** May 13<sup>th</sup> 1:00-4:00 ADHD among Children and 12607 Wednesday Stacy Simera Zoom **Adolescents** May 29<sup>th</sup> 9:00-12:00 **Teens in Foster Care and Emotional** 12807 Jewel Harris Friday Zoom Resiliency May 31<sup>st</sup> 9:00-12:00 **Secondary Traumatic Stress: The** 12687 Ruby Johnston Zoom Friday **Professional in Distress** June 14th 9:00-4:00 **Lifebooks: A Journey to the Future** 12760 Tuesday Linda Davis Zoom June 18th While Embracing the Past 9:00-4:00 Is Poverty Cultural? Strategies for 11985 Monday Dan Houston Zoom Working with Families Living in June 24th Poverty 9:00-4:00



# **Training Descriptions**

# <u>De-escalation Skills for the Human Services: Enhancing Safety through Verbal and Nonverbal Interventions</u>

This class is designed to give caseworkers and others the skills and practice necessary to de-escalate angry and aggressive people. These skills are designed to enhance worker safety and improve communication with others. The training will address strategies for conflict resolution and workplace violence. According to the Occupational Safety and Health Administration, "Workplace violence is any act or threat of physical violence, harassment, intimidation, or other threatening disruptive behavior that occurs at the work site. It ranges from threats and verbal abuse to physical assaults and even homicide." Direct service workers are faced with many volatile situations where verbal violence, harassment and intimidation are not uncommon. Because of this, it's essential that workers, who must also display patience, empathy, compassion, and a genuine desire to help people in crisis, learn and skills to help clients regulate their emotional intensity in the moment. Understanding and identifying the stages of escalation and aggression can help employees respond more effectively. Ultimately, learning to regain control of the situation before it becomes violent benefits everyone involved. Whether the escalated individual is angry, suicidal, dealing with a mental health crisis or under the influence of substances, the implementation of de-escalation strategies are effective in helping the parties communicate more efficiently and avoid harm.

# <u>Street Smart Ohio: Substance Abuse Awareness and Recognition for Child</u> <u>Welfare Professionals</u>

Street Smart Ohio realizes that substance use affects so many Ohio families. Ohio is experiencing record numbers of overdose deaths, so now more than ever, it is important that anyone with a nexus to children understands the importance of recognizing the appearance, behavioral, and conduct indicators of drug abuse. Drugs do not discriminate and any of our families could be affected by addiction.

# **Management of Children with Challenging Behaviors**

This course helps foster parents and staff develop interventions with children who lie or steal. The central goal of this course is to provide a better understanding of the "function" of these behavior. - Why do foster children lie and steal? Central to the discussion are the development of empathy for these children and determining the types of interventions that work best.



# Reaching Higher: Increasing Competency n Practice with LGBTQ Youth in Child Welfare Systems

This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

#### **Adverse Childhood Experiences and Effects on Brain Architecture**

This workshop will increase child welfare workers' knowledge and understanding of the damaging effects of Adverse Childhood Experiences on brain development. To enhance understanding, this training includes hands-on "creation" of a trauma-effected brain.

#### <u>Trust-Based Relation Intervention Module 1: Introduction</u>

Module one of the Trust-Based Relational Intervention (TBRI®) series will focus on understanding the meanings behind child behaviors, the brain chemistry of a child from a hard place, and helping the child (and his/her family) heal and connect. Participants will learn tools they can put into action immediately. This module is a prerequisite for additional TBRI® modules.

# **Burnout, Secondary Trauma, and Self-Care**

While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

# **Domestic Violence: Facts and Fundamentals**

Despite the growing prevalence of domestic violence in our society, it remains one of the most under-reported crimes in the United States. Unfortunately, the secrecy surrounding the issue of intimate partner violence has only served to perpetuate many myths and misconceptions about the causes and treatment of domestic violence. Child welfare professionals are commonly some of the first professionals who serve families in which domestic violence is present. Therefore, child welfare professionals must maintain competencies for working with all parties in domestic violence cases.

Completion of this learning meets OAC training requirements (5101:2-33-55; 5101:2-33-56) for domestic violence.

This educational curriculum offers an overview of domestic violence. Participants will be exposed to the dynamic of domestic violence, specific laws that address domestic violence in the state of Ohio, as well as



specific strategies for assessing risk in domestic violence cases, and developing and implementing safe plans once domestic violence is identified.

# <u>Supporting and Working with African American Families: A Non-Stereotypical</u> **Approach**

This workshop explores African-American families in the United States by placing them within the context of culture. This highly interactive workshop fosters self-exploration and self-awareness of one's own culture, including traditions, values, and codes of conduct. Participants will explore common errors individuals make when examining culture and African-American families. By distinguishing between race and culture, participants will review dynamic forces affecting African-American families, parents, and children. Additionally, by using case studies, participants will explore a framework for supporting and proactively working with African-American families.

#### The Fine Line of Abuse: Abuse vs Accident vs Medical Condition

This six-hour workshop focuses exclusively on child physical abuse. Numerous case examples provide a comprehensive look at the parameters of these types of child maltreatment. Bruises, burns, abdominal injuries, fractures, and head injuries as results of physical abuse are discussed, with an emphasis on differentiating between inflicted and accidental injury. Medical conditions that can mimic abuse are also discussed. Cultural folk medicine practices that can be seen as abuse are addressed, as well.

# **Preventing Foster and Adoption Disruptions**

Disruption does not have to determine the end of the relationship. This training will help participants know how to respond to youth who are struggling. Participants will discover what it takes to help youth feel like they belong. Foster and adoptive parents will learn the keys to staying on course and will explore how trust filters help prevent disruptions.

# The Culture of Addiction: A Missing Piece in the Puzzle of Addiction

The disease of addiction has been described as an epidemic in American society. While there remains a consensus among professionals that addiction is a physical, psychological and behavioral illness, addiction is also a cultural phenomenon. Individuals with substance use disorders share common values, patterns of behaviors, similar forms of communication, and a shared identity. As such recent research has identified and discussed the culture of addiction. This training curriculum will explore the common practices of individuals with addiction including one's values, rituals, and relationships. In addition, ethnographic patterns of substance use will be encompassed within the content of this training.

# Take My Advice: Guidelines for Assessing and Advising Parents

Many parents often hear and follow unhealthy advice or use quick-fix solutions that bring unhealthy, long-term results. These parents need clear guidelines and practical skills that help them think for themselves and plan healthy, individualized solutions to their parenting problems. This interactive workshop teaches a reliable, step-



by-step method for assessing and guiding parents. You can even use the practical skills in your work or home settings, with children of any age or adults, empowering everyone in life.

#### Trauma and Addiction: Fire and Ice

Although there are a multitude of factors that influence the onset and progression of addiction, there remains a consensus among mental health professionals that there is a strong correlation between trauma and the disease of addiction. As such, the marriage between an individual's traumatic experiences and substance use often creates significant challenges, as witnessed by social service professionals. This training will underscore the relationship between traumatic experiences and substance use disorders. The curriculum will also address the barriers commonly identified when servicing persons who confront the disease of addiction and have a history of trauma. Specific research-supported paradigms will be offered to assist professionals who serve this population.

## Trauma-Informed Care: The Neuroscience of Trauma and Resilience

Participants will learn about the individualized nature of trauma, and how our clients' trauma responses can present as myriad maladaptive behaviors or symptoms. Using Dr. Bruce Perry's Neurosequential Model of Therapeutics and an orientation to Developmental Trauma, trauma will be explained from a biological perspective as well as an emotional one. We will learn how the brain is shaped by life experiences and discuss neuroplasticity in the context of both trauma and resilience. Participants will learn the importance of assessing for trauma to ensure trauma-responsive interventions and how to teach families about the impact of trauma on behavior, emotions, thinking, and relationships. They will learn how to deliver Trauma-informed care in their interactions with clients and will learn how to enhance resilience for both clients and themselves.

# <u>Using Films to Understand Factitious Disorder, Personality Disorder and Schizophrenia</u>

This workshop will help participants learn how to identify mental health disorders. Popular Hollywood films will be used as case studies to help understand the criteria and the treatment methods for the disorders as described in the Diagnostic Statistical Manual of Mental Disorders.

The disorders that will be discussed are Schizophrenia Spectrum Disorder, Factitious Disorder, Autism Spectrum Disorder, Separation Anxiety, Antisocial Personality Disorder, and Social Anxiety Disorder. Small (breakout rooms) and large group discussions will occur. Three case examples of individuals diagnosed with Schizophrenia Spectrum Disorder will be evaluated and we will compare their level of functioning.

The computer game Kahoot will be played and trainees will need a second handheld device to log into the game page (Kahoot.it(http://Kahoot.it) or Kahoot.com(http://Kahoot.com)). The game questions will pertain to this workshop. Other computer programs will be used: Padlet, Mentimeter, and Doodly.

# **Confidentiality Requirements and Avoiding Liability**

This one-day workshop will help participants learn confidentiality requirements – to whom can they share information and when. It will cover how breach of confidentiality can lead to legal liability, and participants will



learn ways to avoid being sued. The session will cover the confidentiality regulation, the Public Records Act, how to balance the CAPTA requirement of notice at first contact with the need to keep the reporter confidential, The Ohio Personal Information Systems Act, HIPPA, the release of information by federally assisted substance abuse treatment programs, informed consent, social worker privilege, and the duty to warn.

## Psychotropic Medications: Questions to Ask about Kids on Meds

The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

# **DSM Pathologies in Winnie the Pooh's World**

This workshop will provide information to child welfare workers, supervisors, and counselors about mental health disorders, as displayed by the characters in the childhood story of Winnie and the Pooh. The characters' diagnoses that will be discussed are (which are common in the child welfare client population): Attention Deficit Disorder (ADHD), Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Dysthymic Disorder (Depression), Narcissistic Personality Disorder, and Dyslexia. The case studies from Winnie the Pooh will help illustrate the current criteria of the different disorders as described in the Diagnostic Statistical Manual of Mental Disorders (DSM). An explanation of the current treatment methods for the disorders will be presented. Small and large group exercises will be used to help understand the disorders.

# **DSM Pathologies in Winnie the Pooh's World**

It can feel challenging to assess prospective adoptive parents who will be adopting a transracial child. Following MEPA (Multiethnic Placement Act) regulations may leave workers feeling perplexed about how to discuss race or racism during assessment or preparation with parents. This course seeks to address some of those concerns by exploring how to best support transracially adoptive families through exploring best practices, gleamed from adoptees themselves. As vital members of the adoptive family's journey, workers will also explore how systemic racism seeps its way into their work and result in unconscious biases. However, with understanding and the development of cultural humility, workers will be able to better support adoptive families around the issues of race and racism. With that understanding, adoptive parents and transracial adoptees will then have much better outcomes.

# A Smooth Transition: Taking the Step from Worker to Supervisor

This workshop is designed for newer supervisors and lead workers with roles in overseeing people. Attendees will learn about the supervisory role, personal strengths, planning, decision making, delegating, worker accountability, and meeting management.

# **ADHD among Children and Adolescents**

The purpose of this workshop is to educate attendees on the diagnosis and management of attention deficit hyperactivity disorder. DSM diagnostic criteria and evidence-based treatment practices will be of primary focus.



# **Teens in Foster Care and Emotional Resiliency**

Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

## **Secondary Traumatic Stress: The Professional in Distress**

This workshop will provide a concise overview of secondary traumatic stress, how it differs from stress and burnout, its potential impact on the professional and explore options for prevention and strategies to ensure workplace well-being. A review of PTSD and strategies to use in the workplace to keep oneself aware of the impact on their own personal health as well as how to manage the different warning signs of overwhelming stress.

# <u>Lifebooks: A Journey to the Future While Embracing the Past</u>

This workshop will provide a concise overview of secondary traumatic stress, how it differs from stress and burnout, its potential impact on the professional and explore options for prevention and strategies to ensure workplace well-being. A review of PTSD and strategies to use in the workplace to keep oneself aware of the impact on their own personal health as well as how to manage the different warning signs of overwhelming stress.

# Is Poverty Culture? Strategies for Working with Families Living in Poverty

Working in child welfare, a caseworker or supervisor will inevitably encounter children and families living in poverty. This workshop provides caseworkers and supervisors the characteristics of children and families living in poverty. It provides strength-based strategies and creates climates of mutual respect and mutual purpose that empowers children, youth and families to solve problems associated with poverty. It examines how and why people view clients in poverty from a deficit rather than a strengths-based approach. The workshop explores a framework for developing strategies to enhance the professional's ability to work with individuals living in generational poverty.



# Any trainings beyond this point are only open to OAC Caseworkers and Supervisors



# CORE 2.0 Caseworker Training – Round 1 Continued – March, April, and May 2024 NOTE: Each of the following classes have prerequisites, please see CAPS for more details

First Priority of the Caseworker Core trainings below will go to Caseworkers, any extra seats will be open to the rest of child service staff

Title	CAPS Locator #	Date & Time	Trainer	Location
CW Core 1.0/2.0 Module 6: Service Planning and Delivery in Family- Centered Child Protective Services	11805	Wednesday, Thursday, and Thursday March 20 <sup>th</sup> -21 <sup>st</sup> and March 28 <sup>th</sup> 9:00 – 4:00	Melanie Hale	Zoom
Working Towards Successful Reunification: Strengthening Relationships Between Primary and Resource Families	10113	Thursday April 18 <sup>th</sup> 9:00-4:00	Kristin Sparks	WORTC 1312 Research Park Dr., Beavercreek
Courtroom Testimony Skills Practice	10179	Tuesday Apr 23 1:00-4:00	John Everett	Zoom
Preparing For and Completing Case Closure	10114	Monday May 6 <sup>th</sup> 9:00-1:00	Kristin Sparks	WORTC 1312 Research Park Dr., Beavercreek
Preparing For and Completing Case Closure	8724	Monday May 13 <sup>th</sup> 9:00-1:00	Kelly Crampton	Allen County Children Services, 123 W. Spring St., Lima
Assuring Child Safety within KPAs	10112	Wednesday May 22 <sup>nd</sup> 9:00-4:00	Dave Thomas	WORTC 1312 Research Park Dr., Beavercreek
Assuring Child Safety within KPAs	8725	Tuesday May 28th 9:00-4:00	Kelly Crampton	Allen County Children Services, 123 W. Spring St., Lima



# CORE 2.0 Caseworker Training – Round 2 – March – September 2024 NOTE: Each of the following classes have prerequisites, please see CAPS for more details

First Priority of the Caseworker Core trainings below will go to Caseworkers, any extra seats will be open to the rest of child service staff

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Title	CAPS	Date & Time	Trainer	Location
	Locator			
	#			
Collaboration and Teaming	11641	Monday	Lauri Wolfe	Tri County Board of
		March 18 <sup>th</sup>		Recovery and MH Services
		10:00 - 3:30		1280 N County Rd 25A, Troy
<b>Engagement and Interviewing</b>	11642	Friday	Diana Hoover	Tri County Board of
Sills Practice		April 5 <sup>th</sup>		Recovery and MH Services
		9:00 - 4:00		1280 N County Rd 25A, Troy
Interviewing Children	11357	Friday	Kristie	Tri County Board of
		April 19 <sup>th</sup>	Heckman	Recovery and MH Services
		9:00 – 12:45		1280 N County Rd 25A, Troy
Fact Gathering Skills Practice	11732	Monday	Kristin Sparks	Zoom
		April 22 <sup>nd</sup>		
		9:00 – 12:30		
Determining if Abuse or	11455	Tuesday	Kelly Crampton	Tri County Board of
Neglect Occurred		April 30 <sup>th</sup>		Recovery and MH Services
		9:00 – 4:00		1280 N County Rd 25A, Troy
Assessing Risk of Future Harm	11661	Friday	Ashley Bowers	Tri County Board of
		May 17 <sup>th</sup>		Recovery and MH Services
		9:00 – 4:00		1280 N County Rd 25A, Troy
<b>Quality Assessments of Safety:</b>	11358	Monday	Kelly Crampton	Tri County Board of
Is Immediate Intervention		May 20 <sup>th</sup>		Recovery and MH Services
Necessary to Assure Child		9:00-4:00		1280 N County Rd 25A, Troy
Safety?				
Managing Effects of Separation	11430	Thursday	Dave Thomas	Tri County Board of
		June 13 <sup>th</sup>		Recovery and MH Services
		10:00 - 3:00		1280 N County Rd 25A, Troy
CW Core 1.0/2.0 Module 6:	11432	Wednesday,	Dave Thomas	Tri County Board of
Service Planning and Delivery		Thursday, and Friday		Recovery and MH Services
in Family-Centered Child		July 31 <sup>st</sup> – August 2 <sup>nd</sup>		1280 N County Rd 25A, Troy
Protective Services		9:00 – 4:00		
Working Towards Successful	11359	Thursday	Kristin Sparks	Tri County Board of
Reunification: Strengthening		August 8 <sup>th</sup>		Recovery and MH Services
Relationships between Primary		9:00 – 4:00		1280 N County Rd 25A, Troy
and Resource Families				
<b>Courtroom Testimony Skills</b>	11433	Friday	John Everett	Tri County Board of
Practice		August 16 <sup>th</sup>		Recovery and MH Services
		9:00 – 12:00		1280 N County Rd 25A, Troy



Preparing For and Completing	11434	Thursday	Dave Thomas	Tri County Board of
Case Closure		August 29 <sup>th</sup>		Recovery and MH Services
		10:00 – 2:45		1280 N County Rd 25A, Troy
Assuring Child Safety within	11360	Monday	Kelly Crampton	Tri County Board of
KPAs		September 9 <sup>th</sup>		Recovery and MH Services
		9:00 – 4:00		1280 N County Rd 25A, Troy



# FINAL Statewide ROUND CORE 1.0 Caseworker Training March, April, May and June 2024

Title	CAPS	Date & Time	Trainer	Location
	Locator #			
Core 1	12276	Thursday and Friday	Michelle Rivas	Zoom
Family Centered		May 2 <sup>nd</sup> – 3 <sup>rd</sup>		
Approach		9:00 – 4:00		
Core 2	12792	Monday	Miranda Borland	Zoom
<b>Engaging Families</b>		May 20 <sup>th</sup>		
		9:00-4:00		
Core 3	11210	Wednesday and Thursday	Linda Julian	Zoom
<b>Legal Aspects of</b>		April 17 <sup>th</sup> – 18 <sup>th</sup>		
Family-Centered		9:00-4:00		
Core 3	12638	Thursday and Friday	Katy Mercer	Zoom
Legal Aspects of		June 27 <sup>th</sup> -28 <sup>th</sup>		
Family-Centered		9:00-4:00		
Core 4	11321	Tuesday and Wednesday	Melanie Hale	Zoom
Assessment and		April 9 <sup>th</sup> – 10 <sup>th</sup>		
Safety Planning		9:00-4:00		
Core 5	11192	Wednesday	Melanie Hale	Zoom
Gathering Facts in		March 27 <sup>th</sup>		
Family -Centered		9:00-4:00		
CPS				
Core 6	8464	Tuesday, Wednesday, and	Dave Thomas	Zoom
Case Planning and		Thursday		
Delivery in Family -		Apr 8 <sup>th</sup> -10 <sup>th</sup>		
Centered		9:00-4:00		
Core 7	7946	Tuesday, Wednesday, and	Linda Davis	Zoom
Child Development:		Thursday		
Implications for		May 7 <sup>th</sup> - 9th		
Family -Centered		9:00-4:00		
Child Protective				
Services	7000	Tuesday Media aday and	Mone of the state	70000
Core 8	7889	Tuesday, Wednesday, and	Warne Edwards	Zoom
Separation,		Thursday		
Placement, and Reunification		June 4 <sup>th</sup> - 6 <sup>th</sup> 9:00-4:00		
	12110		Linda Davis	700m
Core 8	12110	Tuesday, Wednesday, and Thursday	Linda Davis	Zoom
Separation, Placement, and		August 27 <sup>th</sup> -29 <sup>th</sup>		
Reunification		9:00-4:00		
Reunincation		9.00-4.00		



# **Training Descriptions**

# Core 1.0 classes

# Family-Centered Approach to Child Protective Services

Caseworker Core module 1 defines and describes the child protective process within the context of a strength-based and family-centered model; explores social work and child welfare values; introduces definitions and statutes that provide the legal bases for child welfare practice; reviews issues of cultural humility; introduces the identification and assessment process for physical abuse, neglect and sexual abuse; and defines the role and responsibility of the child welfare agency and caseworker to provide family-centered, diversity competent child welfare best practice in collaboration with community agencies.

# **Engaging Families in Family-Centered Child Protective Services**

This workshop presents the key concepts of engagement and rapport-building between the child welfare caseworker and the family being served. Participants explore the child protective services casework engagement approach, explore the dynamics of resistance, and are introduced to interviewing strategies to promote engagement in child protective services

# **Child Development: Implications for Family-Centered Child Protective Service**

This workshop will start with an overview of the fundamentals of child development. Participants will discuss the ways maltreatment and trauma can impact child development. Participants will review the normal development and common developmental difficulties of infants, toddlers, preschoolers, school-age children, and adolescents. For each stage of development, we will address possible developmental difficulties and mental health concerns. Throughout the training, participants will consider two key elements from CAPMIS - Vulnerability of the Child and Protective Capacities of the Adult - as they relate to development. Participants will have the opportunity to apply the knowledge learned to engage, screen, and assess children at different developmental stages. Participants will explore resources they can use for their continued learning and to share with families.

# **Assessment and Safety Planning in Family-Centered Child Protective Services**

Caseworker Core Module 4 establishes the child protective services process of assessment as the fundamental and critical prerequisite for all case decision-making. Seven steps of critical thinking are applied to assessing safety and risk, as well as strengths and needs. New caseworkers will develop a fundamental understanding about how safety plans must be driven by the assessment of safety.



## **Gathering Facts in Family-Centered Child Protection Services**

Caseworker Core Module V explores fact-finding principles common to all child welfare cases, as well as unique fact-finding principles for cases of sexual abuse, physical abuse, and neglect. Participants learn the factors to consider in planning and conducting comprehensive fact finding, including the application of CAPTA to respect parents' Fourth and Fourteenth Amendment rights.

## Service Planning and Delivery in Family-Centered Child Protective Service

Caseworker Core Module 6 establishes the child protective services process of service provision as a fundamental and critical responsibility throughout the life of a case. The workshop provides framework for assessment-driven service planning to reduce the risk of future harm through accurate identification of services by engaging families in the case planning process.

# **Legal Aspects of Family-Centered Child Protective Services**

State and federal laws both create and guide Child Protective Services (CPS). These laws also determine how the court system operates and how CPS and the courts work together on behalf of children and families. In this two-day workshop, legal concepts will be examined using a CAPMIS lens. This workshop will provide participants with an overview of juvenile court and address the requirements for requesting various court interventions.

# <u>Separation, Placement, and Reunification in Family-Centered Child Protective</u> <u>Services</u>

This workshop addresses the knowledge and skill required for child welfare caseworkers to provide services related to removal and child placement. The workshop focuses on the traumatic effects of separation on children and their families, placement prevention, the proper way to place children to prevent further trauma, involving children and families in the placement process, choosing the least restrictive placement while maintaining safety, working with substitute caregivers and families as part of the service team, strategies for promoting timely reunification, and the importance of permanence for all children.



# Core 2.0 classes

# **Collaboration and Teaming**

Collaboration is vital for effective service delivery to families involved in the child protection system. When caseworkers recognize families as experts on their situation, the family is empowered to make decisions, which can encourage them to participate in the case process and follow through with services. It is equally important for caseworkers to practice a teaming approach with service providers, community supports, and external stakeholders. Encouraging an ongoing effort of collaboration and teaming can help build trust, a vital component of any relationship. This workshop explores collaboration and teaming in child protection and offers strategies to improve it between families, caregivers, and other partners.

# **Engagement and Interviewing Skills Practice**

Effective engagement and interviewing skills take practice. During this course, you'll take the skills you've learned in the Introduction to Engagement and Introduction to Interviewing courses and use them to build rapport and elicit information from your peers.

# **Interviewing Children**

Interviewing children is a vital casework task. Interviews with children are done for various reasons, such as to gather information, plan for permanency, and amplify their voices. Children and youth are vulnerable, and your interviews should be planful and done with care to not cause additional trauma. This course provides an opportunity to practice engagement skills and interview strategies. Using a trauma-informed approach, you'll practice several scenarios involving children of different developmental levels, explore relationship-building techniques, and some typical challenges with interviewing children.

# **Fact Gathering Skills Practice**

Child protection cases require a fact-gathering process to collect relevant information to inform case decisions. The fact-gathering process occurs throughout the entire life of a case. This means every caseworker involved in the case is tasked with gathering information to make informed decisions. In this scenario-based course, you will develop a plan to gather information for your assigned case and follow through with the plan by conducting interviews. You'll also practice using engagement strategies and interviewing methods.

# **Determining if Abuse or Neglect Occurred**

Every caseworker needs to be able to identify physical, emotional, and behavioral indicators of physical abuse, sexual abuse, emotional maltreatment, and neglect. Caseworkers will use this information when determining if abuse or neglect occurred, including recognizing if injuries to children are inflicted or accidental. Furthermore, caseworkers must know the difference between Ohio's legal definitions of abuse and neglect, and the options and rationale of child protective services case dispositions.



# **Assessing Risk of Future Harm**

Within the CAPM framework, an assessment of risk of future harm contains two types of assessments: a clinical assessment (Strengths and Needs Assessment) and an actuarial assessment (Family Risk Assessment). Both assessments are necessary to develop a comprehensive understanding of the family's situation and what if any, services are necessary to help reduce the risk of future maltreatment to the child. This course will cover the scope and purpose of assessing risk of future maltreatment, how the assessment of risk is conducted throughout the life of a case at specific case decisions, how to gather and analyze relevant information and assess risk of future harm, and how to analyze and synthesize information to inform case decisions.

# **Quality Assessments of Safety: Is Immediate Intervention Necessary to Assure Child Safety?**

One of the most important responsibilities of all caseworkers is to assess safety during every contact with the child and family. This course allows you to practice completing a formal initial assessment of safety. Using a case scenario, you'll create a plan to gather information, practice information-gathering strategies, and use your critical thinking skills to formulate a safety response. Additionally, you'll document your findings in the Ohio SACWIS training environment.

# **Managing Effects of Separation**

Placement in out-of-home care is sometimes necessary to keep children safe. When every interaction is approached using the skills reviewed in this course, it is not only best practice but also essential for minimizing the trauma of separation, assuring safe placements for children, and ultimately successful outcomes for families.

Learners should walk away from this workshop having gained confidence, competence, and motivation to reduce separation-induced trauma for children and families and skills to support families before, during, and after separation.

# <u>Service Planning and Delivery in Family-Centered Child Protective Service</u>

Caseworker Core Module 6 establishes the child protective services process of service provision as a fundamental and critical responsibility throughout the life of a case. The workshop provides framework for assessment-driven service planning to reduce the risk of future harm through accurate identification of services by engaging families in the case planning process.

# **Working Towards Successful Reunification: Strengthening the Relationship Between Primary and Resource Families**

The child, primary family, resource family, and caseworker all benefit from collaboration when working toward successful reunification. This course will help you learn ways to support everyone involved by focusing on



strengthening the relationships between primary and resource families. You also will explore strategies to keep families engaged during placement, including visitation.

## **Courtroom Testimony Skills Practice**

Testifying in court is an essential function of a caseworker's job. Providing effective testimony can significantly impact the outcome of a case and the orders made by the judge or magistrate. In this course, you'll be guided by an expert facilitator and given scenarios to practice providing testimony at different court hearings.

# **Preparing For and Completing Case Closure**

Closing a case is an ending to a journey taken with families through the child protection system. To some families and caseworkers, it is a welcomed ending. To others, it may be the loss of a relationship or support system and could prompt a grief or trauma response. This course will look at the progression to case closure, determining when a case is ready to close, its impact, and the steps to complete the closure in Ohio SACWIS.

# **Assuring Child Safety in Key Practice Areas**

Assessing and assuring child safety is one of the most important tasks a caseworker completes with children and families. This task can become even more complex when substance use, intimate partner violence, or mental health disorders are involved. In this course, learners will practice thinking critically about these key practice areas and how they affect child safety, planning assessment of safety interviews, practicing interviews, and documenting these interviews in OHIO SACWIS. They will also practice selecting an appropriate intervention to control active safety threats (safety planning).



# WORTC SUPERVISOR CORE 2.0 March – December 2024

	1			
Title	CAPS	Date & Time	Trainer	Location
	Locator #			
Supervisor Self -	10048	Tuesday	Markell Mettler	Zoom
Care		March 19 <sup>th</sup>		
		9:00 – 1:00		
Race, Equity, and	10998	Tuesday and Wednesday	Randi Burlew	Zoom
Inclusion in		April 2 <sup>nd</sup> – 3 <sup>rd</sup>		
Supervision		9:00 – 12:00		
Trauma-Informed	10052	Tuesday	Katherine Bedwell	Zoom
Supervision		April 23 <sup>rd</sup>		
		9:00 – 12:00		
Supervision	10049	Tuesday and Wednesday	Michelle Rivas	Zoom
Strategies for		May 7 <sup>th</sup> – 8 <sup>th</sup>		
Managing Conflict		9:00 – 12:00		
Supervision	10110	Monday and Wednesday	Diana Hoover	Zoom
Strategies for		June 10 <sup>th</sup> and June 12 <sup>th</sup>		
Leading Change		9:00 – 11:30		
Staff Development:	10053	Monday and Tuesday	Jewell Good	Zoom
The Coaching		August 5 <sup>th</sup> – 6 <sup>th</sup>		
Mindset in Action		9:00 – 12:00		
Managing for	10106	Friday	Barb Cline	Zoom
Outcomes: Using		August 23 <sup>rd</sup>		
Ohio SACWIS Date		9:00 – 12:45		
to Improve				
Performance				
Assessing and	10107	Monday and Tuesday	Ruby Johnston	Zoom
Evaluating Staff		September 9 <sup>th</sup> – 10 <sup>th</sup>		
Performance		9:00 – 12:00		
Supervision	10050	Monday and Tuesday	Kelly Crampton	Zoom
Strategies to		September 23 <sup>rd</sup> - 24 <sup>th</sup>		
Promote Through		9:00 – 12:00		
Assessments of				
Safety				
Examining the	10051	Tuesday	Kenyetta Lomax	Zoom
Supervisors Role		October 15 <sup>th</sup>	Lee	
and Impact of		10:00 – 3:00		
Screening with in				
the Agency				



# SUPERVISOR CORE 2.0 March, April, May, June, July, August, September, October, November, and December 2024

Title	CAPS	Date & Time	Trainer	Location	
	Locator #				
Supervising Work	10108	Monday	Tim Merle	Zoom	
with Kin		October 28 <sup>th</sup>			
		9:00 – 2:45			
Supervising	10182	Tuesday and Wednesday	Warne Edwards	Zoom	
Separation and		November 12 <sup>th</sup> – 13 <sup>th</sup>			
Placement		9:00 – 12:00			
Decisions					
Assuring Effective	10229	Monday and Tuesday	Lauri Wolfe	Zoom	
court Testimony		November 18 <sup>th</sup> – 19 <sup>th</sup>			
		9:00 – 12:00			
<b>Case Consultation</b>	10321	Monday and Tuesday	Diana Hoover	Zoom	
and Critical		December 9 <sup>th</sup> – 10 <sup>th</sup>			
Thinking		1:00 - 4:00			



# STATEWIDE SUPERVISOR CORE 2.0 March, April, May, June, July, and August 2024

Title	CAPS Locator #	Date & Time	Trainer	Location
SC1: Supervising Casework Practice	10395	May 1, 2, 21, & 23 9:00am to 12:30pm	Melanie Hale	Zoom
SC 2: Leadership in Child Welfare	10603	April 15 & 16 9:00am to 12:30pm and April 22 & 23 1:00pm to 4:30pm	Diana Hoover	Zoom
SC 3: Leading Change and Managing Conflict	10399	May 14, 15, 16, & 17 9:00am to 12:30pm	Ruby Johnston	Zoom
SC 4: Assessing and Evaluating Individual Staff Performance	7954	April 8, 9, 16, 17 1:00pm to 4:30pm	Diana Hoover	Zoom
SC 4: Assessing and Evaluating Individual Staff Performance	12085	July 9, 12, 15, 17 1:00-4:30pm	Diana Hoover	Zoom
SC5: Professional Development of Staff	7951	May 7, 8, 14, 15 9:00am to 12:30pm	Melanie Hale	Zoom
SC5: Professional Development of Staff	12102	August 7, 8. 14 and 15 9am-12:30pm	Melanie Hale	Zoom
SC 6: Building a Highly Effective Unit	7888	June 3, 4, 10, 11 1:00pm to 4:30pm	Diana Hoover	Zoom
SC 6: Building a Highly Effective Unit	12143	August 12, 13, 20, 21 1pm-4:30pm	Diana Hoover	Zoom



# **Training Descriptions**

# **Supervisor Self-Care**

Professionals who work with vulnerable populations often experience extreme amounts of stress and forget the importance of self-care. Child and adult protective services supervisors face even more of a challenge as you are responsible for supporting staff affected by burnout, compassion fatigue, secondary traumatic stress, and vicarious trauma. In this course, you'll learn the various domains of stress, pinpoint some of your stressors, identify some of your obstacles to implementing self-care strategies, and develop a self-care plan that you can take back to the job and implement immediately.

# Race, Equity, and Inclusion in Supervision

This course will prepare learners to lead diverse teams and build inclusive work environments. Supervisors will gain skills and strategies for recognizing biases, understanding culture and social justice issues, creating fairness and equity, and improving communication about racial equity and inclusion across the organization.

# **Trauma -Informed Supervision**

In this course, you will learn how to support trauma-informed practice with families, strategies for providing trauma-informed supervision, and prevention of secondary traumatic stress in caseworkers.

# **Supervision Strategies for Managing Conflict**

Conflict occurs in all aspects of our lives. Learning how to effectively manage conflict is essential. This workshop will show you how to manage conflict as supervisors. We will explore triggers for conflict, communication styles and how to adapt them, and respecting individual diversity as a strategy to manage conflict, as well as other conflict management strategies. Through discussion, reflection, and activities, supervisors will learn how to help their unit through conflict.

# **Supervision Strategies for Leading Change**

In this workshop, you will learn and practice strategies to help effectively plan for, implement, and sustain change. Supervisors will learn strategies to help them lead change successfully and have an opportunity to develop their own plans for change. Each strategy may not be used in every situation, but learning and knowing the skills to lead change will give you the tools you need when you are called upon to lead change.

# **Staff Development: The Coaching Mindset in Action**

Every conversation and interaction with staff are opportunities to be developmental. Supervisors who adopt a coaching mindset and incorporate effective coaching skills in their day-to-day interactions will make their job and that of their staff easier while simultaneously improving services to children, families, and older adults. This workshop pulls together and builds on several concepts learned in the pre-requisite courses, such as the



coaching mindset, the learning principles and levels of learning, the learning partnership, the 70:20:10 model and transfer of learning, and strategies to enhance staff competence, confidence, and motivation.

# Managing for Outcomes: Using Ohio SACWIS Date to Improve Performance

This course will provide supervisors with knowledge and skills in navigating and interpreting data to manage the work within their units and improve performance. This workshop dives into various Ohio Statewide Automated Child Welfare Information System (Ohio SACWIS), Results Oriented Management (ROM) reports, and Ohio Department of Job and Family Services (ODJFS) Dashboards that will support you in your supervisory role. Learners will need to have access to the ODJFS Dashboard for this course. If possible, learners should also have access to the ROM Dashboard for this course.

# **Assessing and Evaluating Staff Performance**

In this workshop, learners will be introduced to two essential practices: the performance assessment and performance evaluation of the individual staff in their unit. Assessment and evaluation are continuous processes and discrete functions necessary to produce competent and confident caseworkers. Learners will acquire knowledge of strategies for conducting ongoing performance assessments and walk through the process of developing a quality performance evaluation.

# **Supervision Strategies for to Promote Through Assessments of Safety**

This course is designed to help supervisors gain skills to better supervise the process of assessing safety. Information and activities on assessing safety and supervision strategies will be provided, as well as multiple opportunities to practice applying these skills. You will learn from each other by sharing your experiences and expertise; the trainer will facilitate this process, but your participation is critical to the success of the workshop.

**Note:** You will need to access a completed Safety Assessment from your unit and its accompanying activity logs. You may print these materials prior to the class and bring them with you or access them electronically during the class.

# **Examining the Supervisors Role and Impact of Screening within the Agency**

This workshop is designed to help supervisors across various roles within an agency understand their impact and role within the screening process. It is not only meant for supervisors directly involved in screening, but also for those in other areas of the agency who can indirectly affect the screening process.

By the end of this workshop, learners will be able to make informed decisions about what information should be collected for a referral, make basic screening decisions, and recognize potential biases of the referent and screener; ultimately improving the agency's response to reports of child abuse or neglect.



# **Supervising Work with Kin**

Regardless of what type of unit you supervise, your staff works with kinship supports and caregivers. This workshop will show you how to supervise through a kinship lens and infuse kin-first values into your unit culture. The connections between kinship dynamics and child safety, well-being, and permanency will be explored, as well as strategies to assist caseworkers in understanding those connections. Through discussion, reflection, and activities, you will learn how to effectively work with kin and help your unit become more aware of kinship opportunities.

## **Supervising Separation and Placement Decisions**

In this workshop, supervisors will learn and practice strategies to help them effectively guide caseworkers in working with primary parents and children during separation. These strategies include using a trauma-informed approach when gathering documentation, planning, and conducting placements; promoting stability; and selecting the best, least restrictive placement option for children in child protective services.

# **Assuring Effective Court Testimony**

This course provides new supervisors with information to assist them to educate, monitor, and support casework activity related to court-involved cases. These tasks include working effectively with law enforcement, county prosecutors, agency legal staff, and the court system. Supervisors will also learn strategies to help caseworkers prepare case records for court and provide effective court testimony.

Note: You must be able to access or bring two assessments that will be or already have court involvement during this course. It can be any CAPM assessment from a case of your own or one of your caseworkers.

# **Case Consultation and Critical Thinking**

This workshop provides supervisors with the skills and knowledge they need to excel in case consultations. Through interactive discussions and thought-provoking activities, supervisors will explore the intricacies of critical thinking, delve into the ever-important issue of implicit bias, and discover the keys to balanced decision-making. They will also discover how to use CAPM tools to promote fairness, equity, and collaboration in decision-making – all while staying true to Ohio's practice model.

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