

Resource Families Calendar



SPRING 2024

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Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567- 376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Sharon Barton	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melanny King – Manager – Melanny.King@jfs.ohio.gov
 Karla Davis McGowan – Regional Caregiver Training Coordinator – Karla.Davis-McGowan@jfs.ohio.gov
 Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov
 Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov
 Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov
 Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

REGISTER!

Enroll yourself in training sessions through **CAPS**
[https://jfs-ohio.csod.com/Login/render.aspx?
id=defaultclp](https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp)

If you are a **Resource Family provider through another agency**
or you are a **daycare provider for LCCS**, you will NOT be in CAPS.

If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a
space available basis for **Foster/Adoption** ongoing training.

Please allow ample travel time.

Please turn off cell phones & return calls during break.

It is Ohio Child Welfare Training Program policy to ONLY certify credit
for an individual who has missed less than **15 minutes** of classroom training.
This includes **CPR** and **First Aid** classes. All time spent outside the classroom
counts toward this **15 minute rule**. Partial credit cannot be given
You **MUST attend ALL parts of a training session** in order to receive a certificate
of credit. This includes sessions that extend beyond one day.
**NOTE* Please consider wearing layers to be comfortable with the fluctuations in
temperature in the training center!*

WHAT ABOUT?

Child Care? Not Provided!	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled check your e-mail notifications
Parking?	When you attend weekday training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. For weekend training sessions enter and leave through the exit gate. Private agency caregivers must pay \$5.00 for parking in the garage (CASH ONLY)
Location?	Unless otherwise noted, classes will be held at The Northwest Ohio Regional Training Center Address: 711 Adams Street, Toledo, OH 43604

For additional questions or concerns call 419-213-3505

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

ON-GOING NWORDTC LUCAS COUNTY TRAININGS

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Virtual: Resource Readiness: Parenting in Racially and Culturally Diverse Families 5:30pm - 7:00pm Locator# 10387 Brian Lowery	3 Virtual: Psychotropic Medication: Questions to Ask about Kids on Meds. 9:00am - 12pm Locator# 11238 Stacy Simera	4 National Child Traumatic Stress Network (NCTSN): Trauma 101 5:30pm - 8:30pm Locator# 12471 James Marlow	5	6
8	9 Virtual: Resource Readiness: Trauma Informed Parenting 5:30pm - 7:30pm Locator# 12593 Virtual: Resource Readiness: Cultural Humility 7:45pm - 8:45pm Locator# 12594 Carmen Toro-Wooten (Trainer for both trainings)	10 Virtual: Resource Readiness: Mental Health Consideration 9:00am - 10:00am Locator# 12769 Virtual: Resource Readiness: Trauma Related Behaviors 10:15am - 12:15pm Locator# 12910 Virtual: Resource Readiness: Separation, Grief, and Loss 1:15pm - 3:15pm Locator# 12591 Carmen Toro-Wooten (Trainer for all 3 trainings)	11 NCTSN: Understanding Trauma's Effects and Building a Safe Place 5:30pm to 8:30pm Locator# 12465 James Marlow	12	13 AHA Heartsaver Pediatric First Aid/ CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9478 Thasia Awad Financial Preparation and Support for Foster Youth 9:00am - 12:15pm Locator# 12175 CeCe Norwood Promoting Housing Stability: Preparation and Resources for Foster Youth 1:00pm - 4:15pm Locator# 12176 CeCe Norwood
15	16	17	18 NCTSN: Feelings, Behaviors, Connections, and Healing 5:30pm - 8:30pm Locator# 12461 James Marlow	19	20 Resource Readiness: Parenting a Child with a History of Sexual Trauma 9:00am - 10:30am Locator# 10452 Impact of Substance Use 10:45am-12:15pm Locator# 10453 Cultural Humility 1:15pm - 12:15pm Locator# 10454 Creating a Stable, Nurturing, and Safe Home Environment 2:30pm - 4:30pm Locator# 10456 Brian Lowery (Trainer for all 4 trainings)
22	23	24	25 NCTSN: Becoming an Advocate and Taking Care of Yourself 5:30pm - 8:30pm Locator# 12477 James Marlow	26	27

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9477 Ryan Hennessey Virtual: Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorders 9:00am - 12:00pm Locator# 12578 Stacy Simera
6 Resource Readiness: Parenting in Racially and Culturally Diverse Families 5:30pm-7:00pm Locator# 12582 Resource Readiness: Reunification as a Primary Goal 7:15pm - 8:45pm Locator# 12586 Carmen Toro-Wooten (Trainer for both trainings)	7 Resource Readiness: Foster Care-A Means to Support Families 9:00am - 10:30am Locator# 12583 Resource Readiness: Maintaining Children's Connections with Siblings, Extended Family Members, and their Community 10:45am - 11:45am Locator# 12585 Resource Readiness: Mental Health Considerations 1:00pm-2:00pm Locator# 12768 Resource Readiness: Impact of Substance Use: 2:30pm-4:00pm Locator# 12588 Carmen Toro-Wooten (Trainer for all 4 trainings)	8	9	10	11
13	14	15	16	17	18 Normalcy and the Reasonable and Prudent Standard: Normalcy and the Reasonable and Prudent Standard 9:00am - 12:00pm Locator #12177 Resources and Partnerships: Post Secondary Outcomes 1:00pm - 4:00pm Locator #12179 CeCe Norwood (Trainer for both trainings)
20	21	22	23 Virtual: Anxiety Disorders among Children and Adolescents: Recognition and Interventions: 10:00am - 1:00pm Locator# 12579 Stacy Simera	24	25 Virtual: Resource Readiness: Attachment 9:00am - 11:00am Locator #12765 Virtual Resource Readiness: Separation, Grief, and Loss 11:30am - 1:30pm Locator# 12767 Deb McMullen (Trainer for both trainings)

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1
3	4	5 Virtual Teens In Foster Care and Emotional Resiliency: 9:00am - 12pm Locator# 10988 Jewell Harris	6	7	8 Verbal De-escalation in Child Welfare: 9:00am - 12:00pm Locator# 10267 Life Skills Pathway Tools for Takeoff: Independent Living Transition Planning 1:00pm - 4:00pm Locator# 12976 Brian Lowery (Trainer for both trainings)
10	11 Joint: Staff & Caregiver Examining Unconvention and Mischaracterized Trauma Expressions in Black Males 9:00am - 4:00pm Locator# 9276 LaToya Logan VIRTUAL Connect: Supporting Children Exposed to Domestic Violence: 5:30pm - 8:30pm Locator# 12639 Michele Bell	12	13	14 Joint: Staff & Caregiver Invisible Injuries: The Impacts of Trauma 9:00am - 4:00pm Locator# 8439 Paula Walters	15 Virtual: Engaging With Primary Families 9:00am - 12:00pm Locator# 12911 Deb McMullen
17	18	19	20	21	22 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9am-1pm Skills Testing 2:00pm - 4:00pm Locator # 9483 Thasia Awad Virtual The Effects of Fostering 9:00am - 12:00pm Locator #12913 Deb McMullen
24 Using Discipline to Teach Self-Regulation 10:00am - 1:00pm Locator# 12729 Kristi Ruff	25	26 VIRTUAL: Psychotropic Medications: Questions to Ask about Kids on Meds 10:00am - 1:00pm Locator# 12581 Stacy Simera	27	28	29

April Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Parenting in Racially and Cultural Diverse Families

(1.5 Credit Hours)

Locator #10387

DATE: April 2, 2024

Brian Lowery

TIME: 5:30pm – 7:00pm

CONTENT: Resource Readiness - CULTURAL AND DIVERSITY ISSUES

This course helps participants understand the impact of parenting children from different racial/ethnic/cultural backgrounds and to know how to honor and incorporate child's race/ethnicity/culture into their existing family system. Strategies are identified to help children develop positive and proud identities and to help children and families prepare for and handle racism in all forms.

VIRTUAL

Psychotropic Medications: Questions to Ask about Kids on Meds

(3 Credit Hours)

Locator # 11238

DATE: April 3, 2024

Stacy Simera

TIME: 9:00am – 12:00pm

CONTENT: The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

***VIRTUAL* National Child Traumatic Stress Network (NCTSN)**

NCTSN: Trauma 101

(3 Credit Hours)

Locator #12471

DATE: April 4, 2024

James Marlow

TIME: 5:30pm – 8:30pm

CONTENT: This workshop introduces the concept of trauma as an underlying factor in some foster children's problems. It provides an overview of the essential elements of trauma-informed parenting and provides real world examples of trauma in children. Caregivers are introduced to factors that influence a child's response to traumatic experiences and to the concept of resilience. This workshop is the first in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

Trauma Informed Parenting

(2 Credit Hours)

Locator # 12593

DATE: April 9, 2024

Carmen Toro-Wooten

TIME: 5:30pm – 7:30pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

VIRTUAL

Cultural Humility

(1 Credit Hours)

Locator # 12594

DATE: April 9, 2024

Carmen Toro-Wooten

TIME: 7:45pm – 8:45pm

CONTENT: Resource Readiness - CULTURAL AND DIVERSITY ISSUES This course provides participants with an overview of cultural humility and helps participants recognize the importance of honoring children's cultural identity and respecting families from varying races, religions, ethnicities, and economic statuses. Openness to a child's sexual orientation and gender identity and expression and viewing these differences from a strengths-based perspective is highlighted. This course shares strategies for parents who are fostering or adopting to respect as well as navigate differences in values from the children and families, while acknowledging imbalances of power and inequities.

VIRTUAL

Mental Health Considerations

(1 Credit Hours)

Locator #12769

DATE: April 10, 2024

Carmen Toro-Wooten

TIME: 9:00am – 10:00am

CONTENT: Resource Readiness - MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

VIRTUAL

Trauma Related Behaviors

(2 Credit Hours)

Locator # 12910

DATE: April 10, 2024

Carmen Toro-Wooten

TIME: 10:15am - 12:15pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

VIRTUAL

Separation, Grief, and Loss

(2 Credit Hours)

Locator #12591

DATE: April 10, 2024

Carmen Toro-Wooten

TIME: 1:15pm - 3:15pm

CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

VIRTUAL

NCTSN: Understanding Trauma's Effects and Building a Safe Place

(3 Credit Hours)

Locator #12465

DATE: April 11, 2024

James Marlow

TIME: 5:30pm - 8:30pm

CONTENT: This workshop will help caregivers understand how trauma can interfere with children's development and functioning, and how children of different ages may respond to trauma. Caregivers will be introduced to the concept of the "invisible suitcase" and how trauma-informed parenting can "repack" the suitcase. They will gain an understanding of the difference between physical and psychological safety and be introduced to the key component of a safety message. Caregivers will practice delivering an effective safety message and learn techniques to help children cope with trauma reminders. This workshop is the second in a series of four workshops developed by the National Child Traumatic Stress Network.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #9478

DATE: April 13, 2024

Thasia Awad

TIME: 9:00am - 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. **** Please note that there will be a 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

Financial Preparation and Support for Foster Youth

(3 Credit Hours)

Locator #12175

DATE: April 13, 2024

CeCe Norwood

TIME: 9:00am - 12:15pm

Financial preparation and support are particularly critical for youth in foster care. Throughout the state, youth and young adults in foster care are often (a.) not given an allowance, (b.) not allowed to have a bank account, and (c.) not informed nor given the opportunity to practice making financial decisions. CONTENT: After leaving foster care, they are often immediately responsible for all aspects of their finances. Unless they have basic financial knowledge or an adult willing to provide guidance, they can make decisions that may negatively impact their financial well-being far into their future. This training will provide resource caregivers and caseworkers with a better understanding of why it is critical for youth to learn and practice making financial decisions before leaving foster care. Participants will learn about resources, teaching methods, and common financial terms to share with youth in their care.

Promoting Housing Stability: Preparation and Resources for Foster Youth

(3 Credit Hours)

Locator #12176

DATE: April 13, 2024

CeCe Norwood

TIME: 1:00pm - 4:00pm

CONTENT: This three-hour training provides an overview of federal, state, and county-specific resources to assist youth find permanent, sustainable housing after foster care. Resource/Adoptive parents and Caseworkers will learn about available resources and how to help youth access them.

NCTSN: Feelings, Behaviors, Connections, and Healing

(3 Credit Hours)

Locator #12461

DATE: April 18, 2024

James Marlow

TIME: 5:30 pm - 8:30 pm

CONTENT: This workshop introduces caregivers to the cognitive triangle and the impact of trauma on children's thoughts, feelings, and behaviors. Caregivers will learn techniques for helping traumatized children to understand and control their emotional and behavioral reactions. It also explores how identity is created through connections and the impact trauma may have on these connections. Caregivers will understand why it is important for children to talk about their traumatic experiences, and how they can make the child feel safe while sharing. This workshop is third in a series of four workshops developed by the National Child Traumatic Stress Network.

Parenting a Child with a History of Sexual Trauma

(1.5 Credit Hours)

Locator #10452DATE: **April 20, 2024***Brian Lowery*TIME: **9:00am - 10:30am**

CONTENT: Resource Readiness - CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.

Cultural Humility

(1 Credit Hours)

Locator # 10454DATE: **April 20, 2024***Brian Lowery*TIME: **1:15pm - 12:15pm**

CONTENT: Resource Readiness - CULTURAL AND DIVERSITY ISSUES This course provides participants with an overview of cultural humility and helps participants recognize the importance of honoring children's cultural identity and respecting families from varying races, religions, ethnicities, and economic statuses. Openness to a child's sexual orientation and gender identity and expression and viewing these differences from a strengths-based perspective is highlighted. This course shares strategies for parents who are fostering or adopting to respect as well as navigate differences in values from the children and families, while acknowledging imbalances of power and inequities.

Impact of Substance Use

(1.5 Credit Hours)

Locator#10453DATE: **April 20, 2024***Brian Lowery*TIME: **10:45am - 12:15pm**

CONTENT: **Readiness - Substance Abuse**-This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

Creating a Stable, Nurturing, and Safe Home Environment

(2 Credit Hours)

Locator #10456DATE: **April 20, 2024***Brian Lowery*TIME: **2:30pm - 4:30pm**CONTENT: **Resource Readiness - FAMILY SAFETY**

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.

NCTSN: Becoming an Advocate and Taking Care of Yourself

(3 Credit Hours)

Locator #12477DATE: **April 25, 2024***James Marlow*TIME: **5:30pm - 8:30pm**

CONTENT: This workshop focuses on empowering the caregiver as an advocate for children in care and to make sure they get the help they need to recover from the effects of trauma. Participants will understand the need for, and the role of, trauma-informed professionals on the child's treatment team. This workshop also explores the definitions and warning signs of compassion fatigue and secondary traumatic stress. Caregivers will identify specific self-care techniques and develop a self-care plan for preventing secondary traumatic stress. This workshop is fourth in a series of four workshops developed by the National Child Traumatic Stress Network.

May Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator #9477

DATE: **May 4, 2024**

Ryan Hennessey

TIME: **9:00am – 4:00pm**

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. **** Please note that there will be a 2 hour(2pm-4pm) mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorders

(2 Credit Hours)

Locator #12578

DATE: **May 4, 2024**

Stacy Simera

TIME: **9:00am-12pm**

CONTENT: In the past, researchers thought the best way to improve human functioning was to understand and prevent disease. In recent years, however, we have recognized that much can be gained by examining and understanding the ingredients for wellness. Positive psychology refers to the study of happiness, as opposed to the study of unhappiness; and recent research shows that positive psychology as a modality can be as effective as CBT in the treatment of depression. In this workshop participants will explore the research and identify tools to help clients flourish and build resilience in their lives.

Parenting in Racially and Cultural Diverse Families

(1.5 Credit Hours)

Locator #12582

DATE: **May 6, 2024**

Carmen Toro-Wooten

TIME: **5:30 pm – 7:00pm**

CONTENT: **Resource Readiness - CULTURAL AND DIVERSITY ISSUES**

This course helps participants understand the impact of parenting children from different racial/ethnic/cultural backgrounds and to know how to honor and incorporate child's race/ethnicity/culture into their existing family system. Strategies are identified to help children develop positive and proud identities and to help children and families prepare for and handle racism in all forms.

Reunification as a Primary Goal

(1.5 Credit Hours)

Locator #12586

DATE: **May 6, 2024**

Carmen Toro-Wooten

TIME: **7:15pm - 8:45pm**

CONTENT: **Resource Readiness: MANAGING PLACEMENT TRANSITIONS** This course helps participants understand the permanency options that exist and the role of parents who are fostering in permanency planning—especially with reunification. Permanency from the child's perspective is explored. This course helps participants understand their role in caring for children while at the same time preparing them to return home and the role of parents who are fostering in working with the child's family to achieve reunification. Concurrent planning is described.

Foster Care-A Means to Support Families

(1.5 Credit Hours)

Locator #12583

DATE: **May 7, 2024**

Carmen Toro-Wooten

TIME: **9:00am - 10:30am**

CONTENT: **Resource Readiness - MANAGING PLACEMENT TRANSITIONS** This course helps participants understand the child welfare experience from the perspective of the child's parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children's relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child's parents and for helping children prepare for visits, including understanding and managing reactions to visits.

Maintaining Children's Connections with Siblings, Extended Family Members, and their community

(1 Credit Hour)

Locator #12585

DATE: **May 7, 2024**

Carmen Toro-Wooten

TIME: **10:45am - 11:45am**

CONTENT: **Resource Readiness - MANAGING PLACEMENT TRANSITIONS** This course helps participants understand the importance of integrating and maintaining on-going communication and connection between siblings, including understanding sibling dynamics and the importance of sibling bonds. Tips for how to navigate and support visits with siblings are shared. This course also helps participants recognize the importance of maintaining connections with extended family members and the community at large (i.e., schools, church, friends, sporting teams) and identifies strategies to keep children connected to their community. The role of parents who are fostering in maintaining these connections is highlighted.

Mental Health ConsiderationsDATE: **May 7, 2024***Carmen Toro-Wooten*

(1 Credit Hours)

Locator #12768

TIME: **1:00pm-2:00pm****CONTENT: Resource Readiness - MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE**

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

Impact of Substance UseDATE: **May 7, 2024***Carmen Toro-Wooten*

(1.5 Credit Hours)

Locator #12588

TIME: **2:30pm - 4:00pm**

CONTENT: Readiness - Substance Abuse-This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

Normalcy and the Reasonable and Prudent Standard: What's the Standard?DATE: **May 18, 2024***CeCe Norwood*

(3 Credit Hours)

Locator#12177

TIME: **9:00am - 12:00pm**

This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

Resources and Partnership Building to Improve Post Secondary Outcomes for Foster YouthDATE: **May 18, 2024***CeCe Norwood*

(3 Credit Hours)

Locator #12179

TIME: **1:00pm - 4:00pm**

CONTENT: This training provides an overview of federal, state, and county-specific resources to assist with higher education after foster care. Participants will learn how to partner with systems to identify post-secondary resources for young people emancipating from foster care.

Anxiety Disorders among Children and Adolescents: Recognition and InterventionsDATE: **May 23, 2024***Stacy Simera*

(3 Credit Hours)

Locator #12579

TIME: **10:00am - 1:00pm**

CONTENT: The purpose of this course is to educate caregivers on the diagnosis and treatment of child and adolescent anxiety disorders. Primary focus will be on Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria and evidence-based treatment practices.

VIRTUAL**Attachment**DATE: **May 25, 2024***Deb McMullen*

(2 Credit Hours)

Locator #12765

TIME: **9:00am - 11:00am****CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

VIRTUAL***Separation, Grief, and Loss**DATE: **May 25, 2024***Deb McMullen*

(2 Credit Hours)

Locator #12591

TIME: **11:30am - 1:30pm****CONTENT: Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT**

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

June Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Teens in Foster Care and Emotional Resiliency

DATE: **June 5, 2024**

Jewell Harris

(3 Credit Hours)

Locator #10988

TIME: **9:00am - 12:00pm**

CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

Verbal De-escalation in Child Welfare

DATE: **June 8, 2024**

Brian Lowery

(3 Credit Hours)

Locator #10267 DATE:

TIME: **9:00am - 12:00pm**

CONTENT: **Resource Readiness:** This class will examine how pre-placement experiences and current stressors may affect a foster child's emotions, leading to escalating behaviors. This workshop reviews the skills of active listening, non-violent communication, and de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, which will enable them to more successfully deal with emotional or physical crisis which can occur with children living in out of home care.

Life Skills Pathway Tools for Take Off: Independent Living Transition Planning

DATE: **June 8, 2024**

Brian Lowery

(3 Credit Hours)

Locator #12976

TIME: **1:00pm - 4:00pm**

CONTENT: This Life Skills Pathway curriculum is made up of an instructor-led course followed by a transfer of learning activity the caregiver completes with the youth. The instructor-led course will assist resource parents in gaining access to the tools and resources available for their youth ages fourteen and up. They will become familiar with various Independent Living Assessments and will discover how the scores of those assessments' transfer to an Independent Living Plan. Parents will recognize the value of working as a team with their youth's caseworker and youth. Resource parents will review the ODJFS Toolkit and various resources that are available to assist their youth toward successful emancipation. Completion of the instructor-led session awards a Level-1 Assessment badge, and a Level-2 Assessment badge is awarded upon completion of the transfer of learning activity by the caregiver.

***JOINT* Staff & Caregiver**

Examining Unconventional and Mischaracterized Trauma Expressions in Black Males

DATE: **June 11, 2024**

LaToya Logan

(5.5 Credit Hours)

Locator #9276

TIME: **9:00am - 4:00pm**

CONTENT: Raising awareness related to diagnosis, evaluation, and treatment referrals based on a lack of cultural inclusion surrounding Black males who exhibit aggression and apathy is the necessary first step to addressing disparities. Viewing apathy as a defense mechanism encourages social workers to strengthen their assessments and challenge outcomes. It allows for a deeper understanding of how trauma experiences can manifest into aggression and apathy based on cultural norms and environmental factors that have not been evaluated. Through cultural competence and inclusion of cultural differences, social workers can lead changes in the fields of mental health and social services. They can help promote equity in educational programming and support, make court referrals for treatment options instead of confinement, and develop more effective assessments and treatment interventions that have a direct impact on individuals, families, and communities.

VIRTUAL

Connect: Supporting Children Exposed to Domestic Violence

DATE: **June 11, 2024**

Michelle Bell

(3 Credit Hours)

Locator #12639

TIME: **5:30pm - 8:30pm**

CONTENT: A basic and interactive virtual three-hour training session on the dynamics of domestic violence, the impact of exposure to domestic violence on children, and strategies for supporting children who have been exposed to domestic violence.

***JOINT* Staff & Caregiver**

Invisible Injuries: The Impact of Trauma

DATE: **June 14, 2024**

Paula Walters

(5.5 Credit Hours)

Locator #8439

TIME: **9:00am - 4:00pm**

Trauma is not segregated pockets of events or occurrences that happen in silos. Rather, trauma is intersections of different adverse life events that layer upon each other, forcing these events to be intertwined. When this occurs, a person is not able to differentiate between healthy and harmful environments. The intention of this workshop is to dismantle these silos, as treatment cannot only tackle one component of trauma independently from the others. Attendees will address myths that surround abuse, and be challenged to confront their own bias regarding the abusers, the victims, and the incidents of abuse. This workshop takes you to the uncomfortable steps of "walking a mile in the shoes of trauma survivors".

VIRTUAL

Engaging Primary Families

DATE: **April 6, 2024**

Deb McMullen

(3 Credit Hours)

Locator #12911

TIME: **9:00am - 12:00pm**

CONTENT: This training is specifically designed for licensed resource families in the early years of caregiving. It will address the importance of engaging primary families. Common barriers to developing strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.

AHA Pediatric HeartSaver First Aid and CPR Without Skills Testing

DATE: **June 22, 2024**

Thasia Awad

(6 Credit Hours)

Locator #9483

TIME: **9:00am - 4:00pm**

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. **** Please note that there will be a 2 hour(2pm-4pm) mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only. For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.**

VIRTUAL

The Effects of Fostering

DATE: **June 22, 2024**

Deb McMullen

(3 Credit Hours)

Locator #12913

TIME: **9:00am - 12:00pm**

CONTENT: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

Using Discipline to Teach Self-Regulation

DATE: **June 24, 2024**

Krista Ruff

(3 Credit Hours)

Locator #12729

TIME: **10:00am - 1:00pm**

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

VIRTUAL

Psychotropic Medications: Questions to Ask about Kids on Med.

DATE: **June 26, 2024**

Stacy Simera

(3 Credit Hours)

Locator #12581

TIME: **10:00am - 1:00pm**

CONTENT: The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

The screenshot shows a search interface for learning activities. At the top, there is a search bar with the placeholder text "Search for learning". Below the search bar, the results are displayed in a grid. On the left side, there is a "Filters" panel with a "Reset" button. The "SUBJECT" filter is expanded, showing a list of categories with checkboxes. The "Pathway: Resource Family Readiness (20)" filter is selected. The main content area shows 20 results, with a "Pathway: Resource Family Readiness" tag at the top. Each result is represented by a card with a thumbnail image of a group of people sitting around a table. The cards display the following information:

- Event (2.75) Born Addicted: Promoting Best Care (2 hours, 45 minutes)
- Event (2.75) Communicable Diseases (2 hours, 45 minutes)
- Event (2.75) PLEASE Don't Share! Communicable Diseases (2 hours, 45 minutes)
- Event (4) The Basics of Caring for Children Who Have Special Needs (4 hours)
- Event (2.75) The Effects of Fostering (2 hours, 45 minutes)
- Event (2.75) Engaging Primary Families (2 hours, 45 minutes)
- Event (2.75) An Overview of Legal Issues for Foster Families (2 hours, 45 minutes)
- Event (2.75) Understanding the Legal Process and the Role of the Court (2 hours, 45 minutes)

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

- Communicable Diseases – Protecting Your Family's Health
- Please DON'T Share! Communicable Disease and Children

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use- **April 20, 2024 and May 7, 2024**
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

EDUCATION ADVOCACY

- Education
- Education Advocacy

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility- **April 9, 2024 and April 20, 2024**
- Parenting in Racially and Culturally Diverse Families- **April 2, 2024 and May 6, 2024**
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation- **June 8, 2024**
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment- **April 20, 2024**

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment- **May 2, 2024**
- Separation, Grief, and Loss- **April 10, 2024 and May 25, 2024**
- Trauma Related Behaviors- **April 10, 2024**
- Trauma Informed Parenting- **April 9, 2024**
- Understanding and Building Attachment

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma- April 20, 2024
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections- May 7, 2024
- Managing Placement Transitions
- Engaging with Primary Families- June 15, 2024
- Foster Care: A Means to Support Families- May 6, 2024
- Reunification as the Primary Permanency Goal- May 6, 2024

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations- April 10, 2024 and May 7, 2024
- Family Dynamics
- The Effects of Fostering- June 22, 2024

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents
- Ethical Considerations for Resource Caregivers

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.



Youth Mental Health First Aid

A course for caregivers to learn how to recognize and respond to mental health challenges in youth.



New Virtual sessions scheduled 2024

- March 12 & 14, 6:00p, – 8:30pm
- May 8 & 9, 6:00pm – 8:30pm

***To learn more and enroll,
visit CAPS LMS & search
for the keywords
“Youth Mental Health
First Aid”***

This limited series is offered in partnership with Mental Health America of Northern Kentucky and Southwest Ohio and the National Council for Mental Wellbeing

EDUCATION SERIES FOR CAREGIVERS

- ❑ 3/19 – Understanding Bullying (ID #8128)
- ❑ 4/16 – Autism Awareness (ID #8144)
- ❑ 5/21 – Understanding ADHD (ID #8138)



***To enroll, go to CAPS LMS
& search by course ID or
type in the keyword
“OCECD”***

*This limited series is offered in partnership with the Ohio Coalition for the Education of Children with Disabilities
All of these courses fulfill the Resource Readiness requirement for a course on Education Advocacy*

Support Group for Families



With the Ohio Family Care Association

We understand being involved with child welfare can be challenging and overwhelming. Our support group aims to create a community where families (Primary, Kinship, Foster, and Adoptive) come together, share experiences, and find strength and solace with others who truly understand.

Reasons to join



Information & Registration



Safe and Confidential Space



Empathy and Understanding



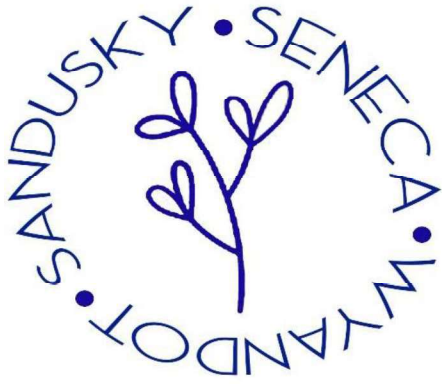
Guidance and Resources



Building Connections



Holistic Approach



TRI-COUNTY
treatment
FOSTER CARE

Is now offering foster care pre-service classes! The certified, evidenced based Pressley Ridge curriculum will be taught over 10 sessions. Classes are open to anyone who is becoming licensed as a family or a treatment caregiver. Classes will be held in person. Space is limited.

Registration is now
OPEN!



For more information, or to register,
contact Jenni Zaika
419-355-5212
Jenni.zaika2@jfs.ohio.gov

Computer Literary Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
711 Adams Street, Toledo, OH 43604

Directions To:

Lucas County Children Services Conference & Training Center

711 Adams Street
Toledo, Ohio 43604

From The North:



- ↳ Take I-75 South
 - ↳ Exit 202A onto Washington
 - ↳ Turn Left on Ontario
 - ↳ Turn Right off Ontario into the parking garage

From The South:

- ↳ Take I-75 North toward Toledo/Detroit
 - ↳ Exit 201B onto Erie Street
 - ↳ Take Erie Street to Madison Avenue
 - ↳ Turn Left on Madison - go one block to Ontario
 - ↳ Turn Right on Ontario Street
 - ↳ Turn Right off Ontario into the parking garage

