



Northwest Ohio
Regional Training Center

Resource Families Calendar



Fall 2024

Greetings Northwest Ohio Stakeholders,

I hope this message finds you well. We are excited to share some important news with you regarding our agency's growth and development. As part of our expansion strategy, we will be relocating our offices to a new building.

Reason for the Move: Our new location offers better facilities, improved infrastructure, and a more conducive work environment. We believe this move will enhance collaboration, productivity, and overall employee satisfaction.

Relocation Details:

Lucas County Children's Services and the Northwest Ohio Regional Training Center will relocate to

301 Adams St. Toledo Ohio 43604 (Regional Training Center will be located on the 6th floor)

Parking: Superior Garage, 334 N Superior St, Toledo, OH 43604. (Across the street from the building)

Effective Date: June 24th, 2024

Duration: This move is permanent, and we expect all stakeholders to report to this new location indefinitely. There are no changes with contact information. All phone numbers and email addresses will remain the same.

We are committed to making this transition as smooth as possible and are working diligently to address any issues that arise. We appreciate your dedication to NWORDC and look forward to welcoming you to our new office. Thank you for being an integral part of our team!

Best regards,

Northwest Ohio Regional Training Center Team



Table of Contents

Table of Contents - Mission Statement - Staff Contact Information.....	1
Registration/Rules of Training.....	2
NWORTC Calendar for Resource Family Training Sessions.....	3-5
NWORTC Course Descriptions for Resource Family Training Sessions	6-13
CAPS Registration Assistance	14
Resource Readiness Information	15-17
Informational Flyers.....	18-27
Computer Lab Informational Flyer	28
Driving Directions to Lucas County Children Services Training Center/NWORTC	29
Parking/Building Access Information for Lucas County Children Services Training Center/NWORTC	30

Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency-based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS: Director: Corey Walker	419-782-3881	Paulding/ Defiance DJFS: Director: Corey Walker	419-399-3756
Erie DJFS: Director: Karen Balconi Ghezzi, Esq.	419-626-6781	Putnam DJFS: Director: Suzy Wichmeyer	567- 376-3777
Fulton DJFS: Director: Amy Metz-Simon	419-337-0010	Sandusky DJFS: Director: Melanie Allen	419-334-3891
Hancock DJFS: Director: Randall Galbraith	419-422-0182	Seneca DJFS: Director: Kathy Oliver	419-447-5011
Henry DJFS: Director: Shannon Jones	419-592-0946	Van Wert DJFS: Director: Erinn Sellers	419-238-5430
Huron DJFS: Director: Lenora Minor	419-668-8126	Williams DJFS: Director: Sharon Barton	419-636-6725
Lucas Co. (LCCS): Director: Randall Muth	419-213-3200	Wood DJFS: Director: David Wigent	419-352-7566
Ottawa DJFS: Director: Stephanie Kowal	419-898-3688	Wyandot DJFS: Director: Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melanny King – Manager – Melanny.King@jfs.ohio.gov
 Karla Davis McGowan – Regional Caregiver Training Coordinator – Karla.Davis-McGowan@jfs.ohio.gov
 Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov
 Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov
 Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov
 Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

REGISTER!

Enroll yourself in training sessions through **CAPS**
<https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp>

If you are a **Resource Family provider through another agency**
or you are a **daycare provider for LCCS**, you will NOT be in CAPS.

If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a
space available basis for **Foster/Adoption** ongoing training.

Please allow ample travel time.

Please turn off cell phones & return calls during break.

It is Ohio Child Welfare Training Program policy to ONLY certify credit for
an individual who has missed less than **15 minutes** of classroom training.

This includes **CPR** and **First Aid** classes. All time spent outside the classroom
counts toward this **15 minute rule**. Partial credit cannot be given

You **MUST attend ALL parts of a training session** in order to receive a certificate
of credit. This includes sessions that extend beyond one day.

**NOTE* Please consider wearing layers to be comfortable with the fluctuations in
temperature in the training center!*

WHAT ABOUT?

Child Care? Not Provided!	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled check your e-mail notifications
Parking?	When you attend weekday training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. For weekend training sessions enter and leave through the exit gate. Private agency caregivers must pay for their own parking in the garage.
Location?	Unless otherwise noted, classes will be held at The Northwest Ohio Regional Training Center Address: 301Adams Street, Toledo, OH 43604

For additional questions or concerns call 419-213-3505

ON-GOING NWORDTC LUCAS COUNTY TRAININGS

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 *VIRTUAL* Anxiety Disorders among Children and Adolescents: Recognition and Intervention 5:30pm - 8:30pm Locator# 16800 Stacy Simera	4	5 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9487 Thasia Awad
7	8 *VIRTUAL* A World of Opportunities: Substance Use Indicators- Hidden in Plain Sight 5:30pm - 8:30pm Locator# 17052 Tamme Smith	9	10 Normalcy and the Reasonable and Prudent Standard: What's the Standard? 5:30pm - 8:30pm Locator# 13447 Lamar King	11 Engaging Youth in Transition Planning 9:00am - 4:00pm Locator# 14136 Lamar King	12 *VIRTUAL* Using Discipline to Teach Self-Regulation 9:00am - 12:00pm Locator# 17036 Dave Zidar
14	15	16	17 Role of Caregivers in Healthy Sexual Development of Children and Teens 5:30pm - 8:30pm Locator# 12180 CeCe Norwood	18	19 *VIRTUAL* The Basics of Caring for Children who have Been Sexually Abused. 10:00am - 2:00pm Locator# 14956 Janice Williams
21 *VIRTUAL* Distinguishing Between Poverty Experienced by Families and Child Neglect 5:30pm - 8:30pm Locator# 16820 Dr. Christine Kelly-Cross	22 *VIRTUAL* Trauma Related Behaviors 9:30am - 11:30am Locator# 16832 Carmen Toro-Wooten	23	24 *VIRTUAL* ADHD among Children and Adolescents 5:30pm - 8:30pm Locator# 14957 Stacy Simera	25 Confidence in the Court Process for Resource Caregivers 10:00am - 1:00pm Locator# 16847 Lauri Wolfe *VIRTUAL* Trauma Informed Parenting 1:30pm - 3:30pm Locator# 16852 Carmen Toro-Wooten	26
28	29 *VIRTUAL* Separation Grief and Loss 6:00pm - 8:00pm Locator# 16856 Carmen Toro-Wooten	30	31 *VIRTUAL* *JOINT: CAREGIVERS & STAFF* Teens in Foster Care and Emotional Resiliency 9:00am - 12:00pm Locator# 16484 Jewell Harris		

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 *VIRTUAL* NCTSN: Becoming an Advocate and Taking Care of Yourself 9:00am - 12:00pm Locator# 13285 Deb McMullen
4	5 *VIRTUAL* Attachment 6:00pm - 8:00pm Locator# 16858 Carmen Toro-Wooten	6 *VIRTUAL* Substance Use and Abuse Among Children 5:30pm - 8:30pm Locator# 16861 Stacy Simera	7 *VIRTUAL* Parenting a Child with a History of Sexual Trauma 5:30pm - 7:00pm Locator# 16864 *VIRTUAL* Foster Care-A Means to Support Families 7:15pm - 8:45pm Locator# 16868 Carmen Toro-Wooten Normalcy and the Reasonable and Prudent Standard: What's the Standard? 5:30pm - 8:30pm Locator# 13448 Lamar King	8 Youth Development: Vital Link 9:00am - 4:00pm Locator# 13449 Lamar King	9 *VIRTUAL* Managing the Effects of Separation 9:00am - 1:00pm Locator# 17039 Dave Zidar
11	12	13	14 *VIRTUAL* *JOINT: CAREGIVERS & STAFF* Teens in Foster Care and Emotional Resiliency 9:00am - 12:00pm Locator# 17101 Jewell Harris	15 *VIRTUAL* Distinguishing Between Poverty Experienced by Families and Child Neglect 10:00am - 1:00pm Locator# 16869 Dr. Christine Kelly-Cross	16 AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9511 Ryan Hennessey *VIRTUAL* NCTSN: Feeling, Behaviors, Connections, and Healing 9:00am - 12:00pm Locator# 13288 Deb McMullen
18	19 *VIRTUAL* Maintaining Children's Connection with Siblings, Extended Family Members, and their Community 5:30pm - 6:30pm Locator# 16870 *VIRTUAL* Reunification as the Primary Permanency Goal 6:45pm - 8:15pm Locator# 16871 Carmen Toro-Wooten	20	21 *VIRTUAL* Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorder 5:30pm - 8:30pm Locator# 16872 Stacy Simera	22 *VIRTUAL* Impact of Substance Use 6:00pm - 7:30pm Locator# 16873 Carmen Toro-Wooten	23 Management of Children with Challenging Behaviors 9:00am - 4:00pm Locator# 16486 Dave Zidar
25	26	27	28	29	30

December 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
<p>Using Discipline to Teach Self-Regulation 5:30pm - 8:45pm Locator# 12730 Kristie Ruff</p>			<p>*VIRTUAL* Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice 5:30pm-8:30pm Locator# 16875 Lauri Wolfe</p> <p>*VIRTUAL* Creating a Stable, Nurturing, and Safe Home Environment 10:00am-12:00pm Locator# 16874 Carmen Toro-Wooten</p>		<p>*IN PERSON-DEFIANCE COUNTY* Mentoring Among Foster Caregivers-Strengthening the Team 9:00am-4:00pm Locator# 14676 Deanna Prezioso *VIRTUAL* Educational Advocacy 9:00am-12:00pm Locator# 10270 Brian Lowery *VIRTUAL* Mental Health Considerations 10:00am-11:00am Locator# 16876 Carmen Toro-Wooten *VIRTUAL* Navigating the Whitewater of Reunification Primary Family, Agency and Foster Parent Collaboration 1:00pm-4:00pm Locator# 10271 Brian Lowery</p>
9	10	11	12	13	14
	<p>*VIRTUAL* Parenting in Racially and Culturally Diverse Families 9:00am-10:30am Locator# 16877</p> <p>*VIRTUAL* Cultural Humility 11:00am-12:00pm Locator# 16947 Carmen Toro-Wooten (Trainer for both Trainings)</p>	<p>*VIRTUAL* Zzz's to A's: Supporting Sleep for Better Functioning 5:30pm-8:30pm Locator# 16918 Stacy Simera</p>	<p>*VIRTUAL* * JOINT: CAREGIVERS & STAFF* Teens in Foster Care and Emotional Resiliency 9:00am - 12:00pm Locator# 16919 Jewell Harris</p>		<p>AHA Heartsaver Pediatric First Aid and CPR Without Skills 9:00am - 1:00pm Skills Testing 2:00pm - 4:00pm Locator# 9488 Thasia Awad</p> <p>*VIRTUAL* The Basics of Caring for Children Who Have Been Sexually Abused 9:00am-1:00pm Locator# 17040 Dave Zidar</p>
16	17	18	19	20	21
	<p>*VIRTUAL* A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight 5:30pm - 8:30pm Locator# 17049 Tamme Smith</p>		<p>*VIRTUAL* Psychotropic Medications: Questions to Ask about Kids on Meds 5:30pm - 8:30pm Locator# 16921 Stacy Simera</p>		<p>*VIRTUAL* Distinguishing Between Poverty Experienced by Families and Child Neglect 10:00am-1:00pm Locator# 16922 Dr. Christine Kelly-Cross</p>
23	24	25	26	27	28
30	31				

October Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Anxiety Disorders among Children and Adolescents: Recognition and Intervention (2.75 Credit Hours) Locator# 16800

DATE: October 3, 2024 Stacy Simera TIME: 5:30pm - 8:30pm

CONTENT: The purpose of this course is to educate caregivers on the diagnosis and treatment of child and adolescent anxiety disorders. Primary focus will be on Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria and evidence-based treatment practices.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing (6 Credit Hours) Locator# 9487

DATE: October 5, 2024 Thasia Awad TIME: 9:00am - 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm - 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight (2.75 Credit Hours) Locator# 17052

DATE: October 8, 2024 Tamme Smith TIME: 5:30pm - 8:30pm

CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

Normalcy and the Reasonable and Prudent Standard: What's the Standard? (2.75 Credit Hours) Locator# 13447

DATE: October 10, 2024 Lamar King TIME: 5:30pm - 8:30pm

CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.

Engaging Youth in Transition Planning (5.5 Credit Hours) Locator# 14136

DATE: October 11, 2024 Lamar King TIME: 9:00am - 4:00pm

CONTENT: Transition planning is a personal process, and young people must fully participate. The Fostering Connections to Success and Increasing Adoption Act of 2008 includes a requirement that a youth-directed transition plan be developed 90 days prior to a youth turning 18. However, it is important that we recognize that transition planning begins well before this time. This training provides a definition of transition planning, examines the benefits of youth engagement, and outlines the transition planning process. In addition, participants will learn about the Foster Club's Transition Planning Toolkit - a document that helps transitioning adolescents develop their plans for the future.

VIRTUAL

Using Discipline to Teach Self-Regulation (2.75 Credit Hours) Locator# 17036

DATE: October 12, 2024 Dave Zidar TIME: 9:00am - 12:00pm

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

Role of Caregivers in Healthy Sexual Development of Children and Teens (2.75 Credit Hours) Locator# 12180

DATE: October 17, 2024 CeCe Norwood TIME: 5:30pm - 8:30pm

CONTENT: This training, part of the Fundamentals of Fostering series, helps caregivers discuss sexual issues with children and adolescents in a way that is consistent with their developmental level. Content also includes strategies on how to maintain a supportive and safe environment with children and adolescents that encourages healthy sexual development and provides exposure to normal experiences that promote healthy sexual development appropriate to each child.

VIRTUAL

The Basics of Caring for Children who have Been Sexually Abused. (3.75 Credit Hours) Locator# 14956

DATE: October 19, 2024 Janice Williams TIME: 10:00am - 2:00pm

CONTENT: This training is designed to help equip caregivers with the basic knowledge, skills, and attitudes needed to care for children who have been sexually abused. Caregivers will practice providing children with accurate information about sexual abuse and using strategies to help children understand and manage the impact of sexual abuse.

VIRTUAL

Distinguishing Between Poverty Experienced by Families and Child Neglect

(2.75 Credit Hours)

Locator# 16820

DATE: October 21, 2024

Dr. Christine Kelly-Cross

TIME: 5:30pm - 8:30pm

CONTENT: It is important that resource families understand that poverty and neglect do not always go hand in hand. In this class, you will learn to not only distinguish between the two but also understand why poor children are more likely to come to the attention of the child protection system. You will learn how structural racism factors in the disproportion of children of color in foster homes, how poverty can be a risk factor of neglect but not a prerequisite, and how bias and stereotypes can impact a caregiver's ability to work with a child and their family experiencing poverty. Most importantly, you will learn strategies that will help you work collaboratively with families from a socioeconomic status that differs from your own.

VIRTUAL

Trauma Related Behaviors

(2 Credit Hours)

Locator# 16832

DATE: October 22, 2024

Carmen Toro-Wooten

TIME: 9:30am - 11:30am

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

VIRTUAL

ADHD among Children and Adolescents

(2.75 Credit Hours)

Locator# 14957

DATE: October 24, 2024

Stacy Simera

TIME: 5:30pm - 8:30pm

CONTENT: The purpose of this workshop is to educate attendees on the diagnosis and management of attention deficit hyperactivity disorder. DSM diagnostic criteria and evidence-based treatment practices will be of primary focus.

Confidence in the Court Process for Resource Caregivers

(2.75 Credit Hours)

Locator# 16847

DATE: October 25, 2024

Lauri Wolfe

TIME: 10:00am - 1:00pm

CONTENT: **Resource Readiness:** A court-involved child protection case can be overwhelming due to the complex process, including understanding the timeline and hearings, preparing youth, and testifying. This course aims to provide a clear explanation of those issues as well as strategies to manage them. Additionally, the course will describe attorney tactics and identify tools to help individuals prepare for and effectively testify in court.

VIRTUAL

Trauma Informed Parenting

(2 Credit Hours)

Locator# 16852

DATE: October 25, 2024

Carmen Toro-Wooten

TIME: 1:30pm - 3:30pm

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

VIRTUAL

Separation Grief and Loss

(2 Credit Hours)

Locator# 16856

DATE: October 29, 2024

Carmen Toro-Wooten

TIME: 6:00pm - 8:00pm

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

VIRTUAL

JOINT(CAREGIVERS & STAFF)

Teens in Foster Care and Emotional Resiliency

(2.75 Credit Hours)

Locator# 16484

DATE: October 31, 2024

Jewell Harris

TIME: 9:00am - 12:00pm

CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop

has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

November Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

NCTSN: Becoming an Advocate and Taking Care of Yourself

(2.75 Credit Hours)

Locator# 13285

DATE: November 2, 2024

Deb McMullen

TIME: 9:00am - 12:00pm

CONTENT: This workshop focuses on empowering the caregiver as an advocate for children in care and to make sure they get the help they need to recover from the effects of trauma. Participants will understand the need for, and the role of, trauma-informed professionals on the child's treatment team. This workshop also explores the definitions and warning signs of compassion fatigue and secondary traumatic stress. Caregivers will identify specific self-care techniques and develop a selfcare plan for preventing secondary traumatic stress. This workshop is fourth in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

Attachment

(2 Credit Hours)

Locator# 16858

DATE: November 5, 2024

Carmen Toro-Wooten

TIME: 6:00pm - 8:00pm

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

VIRTUAL

Substance Use and Abuse Among Children

(2.75 Credit Hours)

Locator# 16861

DATE: November 6, 2024

Stacy Simera

TIME: 5:30pm - 8:30pm

CONTENT: This distance learning training will review the substances commonly abused by children and adolescents, define addiction paths and criteria, and introduce treatment options and techniques for youth with addiction.

VIRTUAL

Parenting a Child with a History of Sexual Trauma

(1.5 Credit Hours)

Locator# 16864

DATE: November 7, 2024

Carmen Toro-Wooten

TIME: 5:30pm - 7:00pm

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

VIRTUAL

Foster Care-A Means to Support Families

(1.5 Credit Hours)

Locator# 16868

DATE: November 7, 2024

Carmen Toro-Wooten

TIME: 7:15pm - 8:45pm

CONTENT: **Resource Readiness:** MANAGING PLACEMENT TRANSITIONS

This course helps participants understand the child welfare experience from the perspective of the child's parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children's relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child's parents and for helping children prepare for visits, including understanding and managing reactions to visits.

Normalcy and the Reasonable and Prudent Standard: What's the Standard?

(2.75 Credit Hours)

Locator# 13448

DATE: November 7, 2024

Lamar King

TIME: 5:30pm - 8:30pm

CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.

Youth Development: Vital Link

DATE: November 8, 2024

Lamar King

(5.5 Credit Hours)

TIME: 9:00am - 4:00pm

Locator# 13449

CONTENT: Youth are a tremendous and often overlooked resource. Agencies can improve their independent/transitional living programs by utilizing the skills youth possess. Not only will youth enhance agency programs, youth themselves will develop confidence and self-esteem through the contribution of their experiences. Participants will learn creative ways of empowering youth by allowing them to take on leadership roles, aid in decision-making, and assist in program implementation. Barriers and benefits will be discussed as well as attitudes regarding youth as resources. Participants will explore levels of youth involvement in independent/transitional living programs which will include advisory boards, mentor programs, peer helping and community involvement.

VIRTUAL**Managing the Effects of Separation**

DATE: November 9, 2024

Dave Zidar

(1.5 Credit Hours)

TIME: 9:00am - 1:00pm

Locator# 17039

CONTENT: Placement in out-of-home care is sometimes necessary to keep children safe. When every interaction is approached using the skills reviewed in this course, it is not only best practice but also essential for minimizing the trauma of separation, assuring safe placements for children, and ultimately successful outcomes for families. Learners should walk away from this workshop having gained confidence, competence, and motivation to reduce separation induced trauma for children and families and skills to support families before, during, and after separation.

VIRTUAL***JOINT(CAREGIVERS & STAFF)*****Teens in Foster Care and Emotional Resiliency**

DATE: November 14, 2024

Jewell Harris

(2.75 Credit Hours)

TIME: 9:00am - 12:00pm

Locator# 17101

CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

VIRTUAL**Distinguishing Between Poverty Experienced by Families and Child Neglect**

DATE: November 15, 2024

Dr. Christine Kelly-Cross

(2.75 Credit Hours)

TIME: 10:00am - 1:00pm

Locator# 16869

CONTENT: It is important that resource families understand that poverty and neglect do not always go hand in hand. In this class, you will learn to not only distinguish between the two but also understand why poor children are more likely to come to the attention of the child protection system. You will learn how structural racism factors in the disproportion of children of color in foster homes, how poverty can be a risk factor of neglect but not a prerequisite, and how bias and stereotypes can impact a caregiver's ability to work with a child and their family experiencing poverty. Most importantly, you will learn strategies that will help you work collaboratively with families from a socioeconomic status that differs from your own.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

DATE: November 16, 2024

Ryan Hennessey

(6 Credit Hours)

TIME: 9:00am - 4:00pm

Locator# 9511

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm - 4:00pm.**** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL**NCTSN: Feeling, Behaviors, Connections, and Healing**

DATE: November 16, 2024

Deb McMullen

(2.75 Credit Hours)

TIME: 9:00am - 12:00pm

Locator# 13288

CONTENT: This workshop introduces caregivers to the cognitive triangle and the impact of trauma on children's thoughts, feelings, and behaviors. Caregivers will learn techniques for helping traumatized children to understand and control their emotional and behavioral reactions. It also explores how identity is created through connections and the impact trauma may have on these connections. Caregivers will understand why it is important for children to talk about their traumatic experiences, and how they can make the child feel safe while sharing. This workshop is third in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

Maintaining Children's Connection with Siblings, Extended Family Members, and their Community

DATE: November 19, 2024

Carmen Toro-Wooten

(1 Credit Hours)

TIME: 5:30pm - 6:30pm

Locator# 16870

CONTENT: **Resource Readiness:** MANAGING PLACEMENT TRANSITIONS

This course helps participants understand the importance of integrating and maintaining on-going communication and connection between siblings, including understanding sibling dynamics and the importance of sibling bonds. Tips for how to navigate and support visits with siblings are shared. This course also helps participants recognize the importance of maintaining connections with extended family members and the community at large (i.e., schools, church, friends, sporting teams) and identifies strategies to keep children connected to their community. The role of parents who are fostering in maintaining these connections is highlighted.

VIRTUAL

Reunification as the Primary Permanency Goal

DATE: November 19, 2024

Carmen Toro-Wooten

(1.5 Credit Hours)

TIME: 6:45pm - 8:15pm

Locator# 16871

CONTENT: **Resource Readiness:** MANAGING PLACEMENT TRANSITIONS

This course helps participants understand the permanency options that exist and the role of parents who are fostering in permanency planning—especially with reunification. Permanency from the child's perspective is explored. This course helps participants understand their role in caring for children while at the same time preparing them to return home and the role of parents who are fostering in working with the child's family to achieve reunification. Concurrent planning is described.

VIRTUAL

Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorder

DATE: November 21, 2024

Stacy Simera

(2.75 Credit Hours)

TIME: 5:30pm - 8:30pm

Locator# 16872

CONTENT: In the past, researchers thought the best way to improve human functioning was to understand and prevent disease. In recent years, however, we have recognized that much can be gained by examining and understanding the ingredients for wellness. Positive psychology refers to the study of happiness, as opposed to the study of unhappiness; and recent research shows that positive psychology as a modality can be as effective as CBT in the treatment of depression. In this workshop participants will explore the research and identify tools to help clients flourish and build resilience in their lives.

VIRTUAL

Impact of Substance Use

DATE: November 22, 2024

Carmen Toro-Wooten

(1.5 Credit Hours)

TIME: 6:00pm - 7:30pm

Locator# 16873

CONTENT: **Resource Readiness:** Substance Abuse

This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

Management of Children with Challenging Behaviors

DATE: November 23, 2024

Dave Zidar

(5.5 Credit Hours)

TIME: 9:00am - 4:00pm

Locator# 16486

CONTENT: This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

December Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

Using Discipline to Teach Self-Regulation

DATE: December 2, 2024

Kristie Ruff

(3 Credit Hours)

TIME: 5:30pm - 8:45pm

Locator# 12730

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

VIRTUAL

Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

DATE: December 5, 2024

Lauri Wolfe

(2.75 Credit Hours)

Locator# 16875

TIME: 5:30pm-8:30pm

CONTENT: **Resource Readiness:** Legal and Ethical Issues

At-risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.

VIRTUAL

Creating a Stable, Nurturing, and Safe Home Environment

DATE: December 5, 2024

Carmen Toro-Wooten

(2 Credit Hours)

Locator# 16874

TIME: 10:00am-12:00pm

CONTENT: **Resource Readiness:** FAMILY SAFETY

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.

IN PERSON-DEFIANCE COUNTY DEPARTMENT OF JOBS & FAMILY SERVICES

Mentoring Among Foster Caregivers-Strengthening the Team

DATE: December 7, 2024

Deanna Prezioso

(5.5 Credit Hours)

Locator# 14676

TIME: 9:00am-4:00pm

CONTENT: This class will give participants an understanding of the adult principals of learning and how they apply to mentoring. We will examine the role and purpose of a mentor for foster and adoptive caregivers, and common characteristics of effective mentors and mentees. Caregivers and staff will understand the similarities and differences between informal and formal mentoring and how the mentoring process can be used to build stronger foster families with better outcomes for the placements in their homes. Participants will also gain an understanding of how to develop an effective mentoring program.

VIRTUAL

Educational Advocacy

DATE: December 7, 2024

Brian Lowery

(2.75 Credit Hours)

Locator# 10270

TIME: 9:00am-12:00pm

CONTENT: This class will examine the complex dynamics facing birth families before, during, and after placement. While emphasizing the advantages of safe reunification of children with birth families, this training will help foster parents come to further appreciate the "biological bond," as well as challenge them to consider forgiveness as a foundation of collaborative work with parents. This workshop will also develop a framework for shared parenting, including promoting and building the "parent/foster parent team," and provide practical guidelines for such issues as visitation, phone calls, and establishing boundaries.

VIRTUAL

Mental Health Considerations

DATE: December 7, 2024

Carmen Toro-Wooten

(1 Credit Hours)

Locator# 16876

TIME: 10:00am-11:00am

CONTENT: **Resource Readiness:** MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.

VIRTUAL

Navigating the Whitewater of Reunification Primary Family, Agency and Foster Parent Collaboration

DATE: December 7, 2024

Brian Lowery

(2.75 Credit Hours)

Locator# 10271

TIME: 1:00pm-4:00pm

CONTENT: This class will examine the complex dynamics facing birth families before, during, and after placement. While emphasizing the advantages of safe reunification of children with birth families, this training will help foster parents come to further appreciate the "biological bond," as well as challenge them to consider forgiveness as a foundation of collaborative work with parents. This workshop will also develop a framework for shared parenting, including promoting and building the "parent/foster parent team," and provide practical guidelines for such issues as visitation, phone calls, and establishing boundaries.

VIRTUAL

Parenting in Racially and Culturally Diverse Families

DATE: December 10, 2024 Carmen Toro-Wooten
CONTENT: **Resource Readiness:** CULTURAL AND DIVERSITY ISSUES

(1.5 Credit Hours)
TIME: 9:00am-10:30am

Locator# 16877

This course helps participants understand the impact of parenting children from different racial/ethnic/cultural backgrounds and to know how to honor and incorporate child's race/ethnicity/culture into their existing family system. Strategies are identified to help children develop positive and proud identities and to help children and families prepare for and handle racism in all forms.

VIRTUAL

Cultural Humility

DATE: December 10, 2024 Carmen Toro-Wooten
CONTENT: **Resource Readiness:** MANAGING PLACEMENT TRANSITIONS

(1 Credit Hours)
TIME: 11:00am-12:00pm

Locator# 16947

This course helps participants understand the permanency options that exist and the role of parents who are fostering in permanency planning—especially with reunification. Permanency from the child's perspective is explored. This course helps participants understand their role in caring for children while at the same time preparing them to return home and the role of parents who are fostering in working with the child's family to achieve reunification. Concurrent planning is described.

VIRTUAL

Zzz's to A's: Supporting Sleep for Better Functioning

DATE: December 11, 2024 Stacy Simera
CONTENT: The purpose of this course is to educate child protective workers and caregivers on child and adolescent sleep needs, the effects of chronic sleep deprivation, and how to better support healthy sleep.

(2.75 Credit Hours)
TIME: 5:30pm-8:30pm

Locator# 16918

VIRTUAL

JOINT(CAREGIVERS & STAFF)

Teens in Foster Care and Emotional Resiliency

DATE: December 12, 2024 Jewell Harris
CONTENT: Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

(2.75 Credit Hours)
TIME: 9:00am – 12:00pm

Locator# 16919

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

DATE: December 14, 2024 Thasia Awad
CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. ****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

(6 Credit Hours)
TIME: 9:00am – 4:00pm

Locator# 9488

VIRTUAL

The Basics of Caring for Children Who Have Been Sexually Abused

DATE: December 14, 2024 Dave Zidar
CONTENT: This training is designed to help equip caregivers with the basic knowledge, skills, and attitudes needed to care for children who have been sexually abused. Caregivers will practice providing children with accurate information about sexual abuse and using strategies to help children understand and manage the impact of sexual abuse.

(3.75 Credit Hours)
TIME: 9:00am-1 :00pm

Locator# 17040

VIRTUAL

A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight

DATE: December 17, 2024 Tamme Smith
CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

(2.75 Credit Hours)
TIME: 5:30pm - 8:30pm

Locator# 17049

VIRTUAL

Psychotropic Medications: Questions to Ask about Kids on Meds

(2.75 Credit Hours)

Locator# 16921

DATE: December 19, 2024

Stacy Simera

TIME: 5:30pm - 8:30pm

CONTENT: The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

VIRTUAL

Distinguishing Between Poverty Experienced by Families and Child Neglect

(2.75 Credit Hours)

Locator# 16922

DATE: December 21, 2024

Dr. Christine Kelly-Cross

TIME: 10:00am-1:00pm

CONTENT: It is important that resource families understand that poverty and neglect do not always go hand in hand. In this class, you will learn to not only distinguish between the two but also understand why poor children are more likely to come to the attention of the child protection system. You will learn how structural racism factors in the disproportion of children of color in foster homes, how poverty can be a risk factor of neglect but not a prerequisite, and how bias and stereotypes can impact a caregiver's ability to work with a child and their family experiencing poverty. Most importantly, you will learn strategies that will help you work collaboratively with families from a socioeconomic status that differs from your own.

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

The screenshot shows a 'Learning Search' interface. At the top is a search bar with the placeholder text 'Search for learning'. Below the search bar, there are 'Filters' on the left and '20 Results' in the center. The filters include 'DURATION', 'TYPE', 'MODALITY', and 'SUBJECT'. Under 'SUBJECT', the 'Pathway: Resource Family Readiness (20)' filter is selected and highlighted in yellow. Other subjects listed include 'Permanency (10)', 'Personnel Management (1)', 'Physical/Medical Health (17)', 'Physical/Medical Health: Activities of Daily Living (2)', 'Physical/Medical Health: Neurocognition (4)', 'Placement (13)', 'Planning (10)', and 'Population Served:'. The 'PROVIDER' filter is also visible. The results are displayed in a grid of 8 event cards. Each card features a thumbnail image of a group of people sitting around a table, a title, a duration, and a '3 dots' icon. The events shown are: 1. '(2.75) Born Addicted: Promoting Best Care' (2 hours, 45 minutes); 2. '(2.75) Communicable Diseases' (2 hours, 45 minutes); 3. '(2.75) PLEASE Don't Share! Communicable Diseases' (2 hours, 45 minutes); 4. '(4) The Basics of Caring for Children Who Have Special Needs' (4 hours); 5. '(2.75) The Effects of Fostering' (2 hours, 45 minutes); 6. '(2.75) Engaging Primary Families' (2 hours, 45 minutes); 7. '(2.75) An Overview of Legal Issues for Foster Families' (2 hours, 45 minutes); 8. '(2.75) Understanding the Legal Process and the Role of the Foster Family' (2 hours, 45 minutes). A 'Reset' button is located at the top right of the filters section, and an 'Event Calendar' button is at the top right of the results section.

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

- Communicable Diseases – Protecting Your Family's Health
- Please DON'T Share! Communicable Disease and Children

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent.

EDUCATION ADVOCACY

- Education
- Education Advocacy

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment
- Separation, Grief, and Loss
- Trauma Related Behaviors
- Trauma Informed Parenting
- Understanding and Building Attachment

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations
- Family Dynamics
- The Effects of Fostering

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents
- Ethical Considerations for Resource Caregivers
- Confidence on the Court Process for Resource Caregivers
- Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.

EDUCATION SERIES FOR CAREGIVERS

2024

- October 10: Parent's Rights in the Special Education Process
- November 6: Parent/Professional Communication

2025

- January 14: Section 504
- February 13: Positive Behavioral Interventions & IDEA
- March 12: Understanding Bullying
- April 8: Autism Awareness
- May 15: Understanding ADHD

*This limited series is offered in partnership with the Ohio Coalition for the Education of Children with Disabilities.
All of these courses fulfill the Resource Readiness requirement for a course in the "Education" topic.*



Support Group for Families



With the Ohio Family Care Association

We understand being involved with child welfare can be challenging and overwhelming. Our support group aims to create a community where families (Primary, Kinship, Foster, and Adoptive) come together, share experiences, and find strength and solace with others who truly understand.

Reasons to join



Information & Registration



Safe and Confidential Space



Empathy and Understanding



Guidance and Resources



Building Connections



Holistic Approach



BREAKTHROUGH PARENTING CURRICULUM

NAVIGATING TRAUMA

ACROSS GENERATIONS

Facilitated by:

Diane Sweinhagen MA, LPCC-S and
Megan Braida MSW, LSW

The Breakthrough Parenting Curriculum: Navigating Trauma Across Generations is a 10-module course designed to support parents who have been (or are at risk of being) involved with the child welfare system. It provides opportunities for parents to explore the impact of trauma on themselves and their children, while offering skills, strategies and a community for understanding, healing, hope, and growth.

Start Date: 8/28/24
10am-12pm

LOCATION:

Sophia Center,
5335 Silica Drive.
Sylvania, OH

Lunch Provided,
Incentives available and
transportation provided
for qualified individuals



MORE INFORMATION HERE:

<https://SophiaCenterBPC.eventbrite.com>
or scan QR code



If you are interested in
participating, please contact
helpingfamilies@sophia.center
or call 419-517-8423



VISIT: [HTTP://SOPHIA.CENTER](http://sophia.center)

Child Traumatic Stress Workshop for Kinship, Foster, and Adoptive Parents

CARING FOR CHILDREN

Who Have Experienced Trauma

Presenters:

Diane Sweinhagen MA, LPCC-S and
Cassandra Quinn BA, 30+ years Foster Parent

Who is this for?

Any kinship, foster, adoptive, or legal guardianship parents.

How do the classes work?

The course is broken up into three weekly sessions that cover trauma-informed parenting through a combination of research-based content and activities, as well as group discussion. Lunch and a certificate of completion for 12 contact-hours will be provided.

Why is trauma-informed parenting important?

Caring for children who have experienced trauma can be challenging! It is also very rewarding and with the right knowledge and tools to address the impact of trauma, caregivers can help their children build resilience and thrive in all aspects of life.

Some of the topics covered will be:

- Responding appropriately to behavioral & emotional challenges
- Help traumatized children develop healthy attachments
- Help traumatized children develop coping strategies
- Help traumatized children recognize & develop their strengths
- Build support for kinship caregivers by ways to take care of themselves and seeking support from others

What happens after I/we sign up?

After enrolling, we will reach out to conduct a brief phone screening to answer your questions, and to make sure this is the right class for your family.

\$30 Gift card incentive for completing all 3 sessions!



VISIT: [HTTP://SOPHIA.CENTER](http://sophia.center)

Free 3-Part Series

Friday's September
13th, 20th, 27th, 2024

9:30am-2pm

Lunch Provided!

Sanger Branch Library

3030 Central Ave

Toledo, OH 43606

REGISTER TODAY AT:

<https://KinshipCaregiver.eventbrite.com>

or scan QR code



For more information, email:
helpingfamilies@sophia.center

Trauma 101: Introduction to Trauma for a Trauma Informed Community



Presenters:

Diane Sweinhagen MA, LPCC-S and
Melinda Kostecky MS, ATR-BC

This training is designed to provide an overview and awareness of trauma and trauma-informed care for any member of the community who interacts with individuals and families that may have undergone a traumatic experience or trauma.

Topics of Trauma 101 include:

- Understanding how trauma impacts the body and the brain,
- How people adapt to trauma
- What we can do as community members and helping professionals to support recovery and resilience.
- Learn about coping strategies and self-care.

The information presented in this workshop is not intended to train individuals and groups on a specific type of intervention; however, is focused on how we can use a better understanding of trauma to be trauma informed. The information presented in this training is provided from current research as well as leading experts and organizations in the field such as the Adverse Childhood Experiences (ACE) study and the National Child Traumatic Stress Network.

October 25th
2024

10am-2pm

LOCATION: Franciscan
Center on Lourdes
Campus

6832 Convent Blvd
Sylvania, Ohio

Lunch Included
3 CSWMFT CEU'S

SIGN UP TODAY AT:

<https://Trauma101OCT.eventbrite.com>

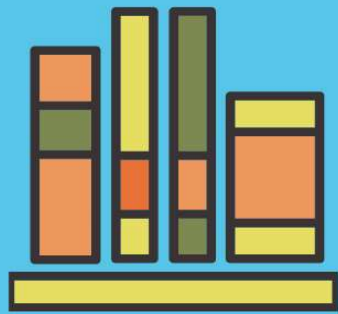
or scan QR code



For more information, email:
helpingfamilies@sophia.center



VISIT: [HTTP://SOPHIA.CENTER](http://sophia.center)



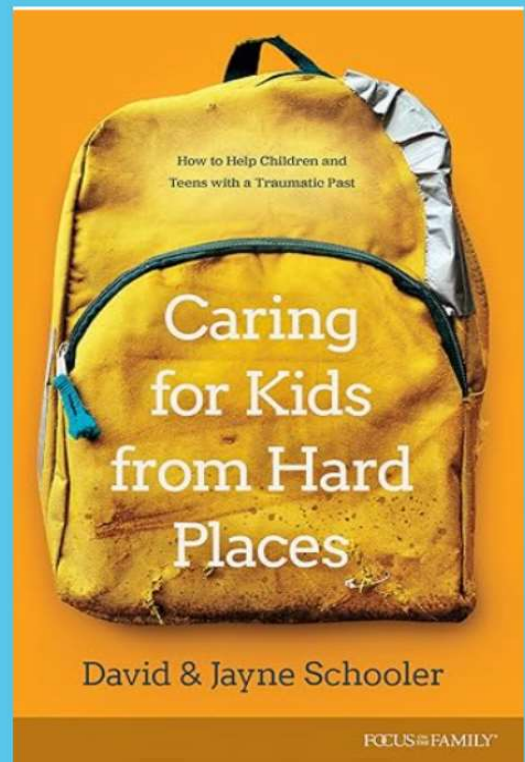
**The Schooler Institute
invites you to join our**

FALL BOOK CLUB

**Series Host:
Author, Jayne Schooler**

Authors, Jayne and David Schooler explore the causes behind challenging behaviors in children and adolescents in their book "Caring for Kids from Hard Places." They provide useful strategies for parents, church staff, volunteers, teachers, after-school programs and anyone involved in working with children and teenagers.

Foster parent training credit is available.



To register

**Go to www.schoolerstitute.org/upcomingevents
to register**

**From Tuesday, September 10 to October 15, you
have the option to choose from two sessions:**

Morning Session: 10-11:30 AM EST

Evening Session: 7-8:30 PM EST

PRESSLEY RIDGE PRE-SERVICE REGISTRATION

IS NOW OPEN!

-Open for resource families who are being licensed for family OR treatment foster care

-Each participant will complete 30 hours of training using the evidence based Pressley Ridge curriculum

HELD IN PERSON AT SANDUSKY COUNTY DJFS
2511 Countryside Drive, Fremont, OH 43420
Tuesday & Thursday, 6-9pm
October 8th, 10th, 15th, 17th, 22nd & 24th
Saturday, 9am-4pm
October 12th & 19th

**OCT.
2024**



Contact Us

419-334-8708

jenni.zaika2@jfs.ohio.gov



"The Most Practical Parenting Conference You've Ever Attended!"

HOLD THE DATE
November 9, 2024

If you are a foster, adoptive or kinship parent, or any parent who wants to learn new skills, this conference is for you.

Scan the QR code for more conference information and to receive notifications.

Or visit schoolerstitute.org/contact



Computer Literacy Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
301 Adams Street, Toledo, OH 43604

Directions To:
Lucas County Children Services Conference & Training Center
301 Adams Street
Toledo, Ohio 43604



From the North:

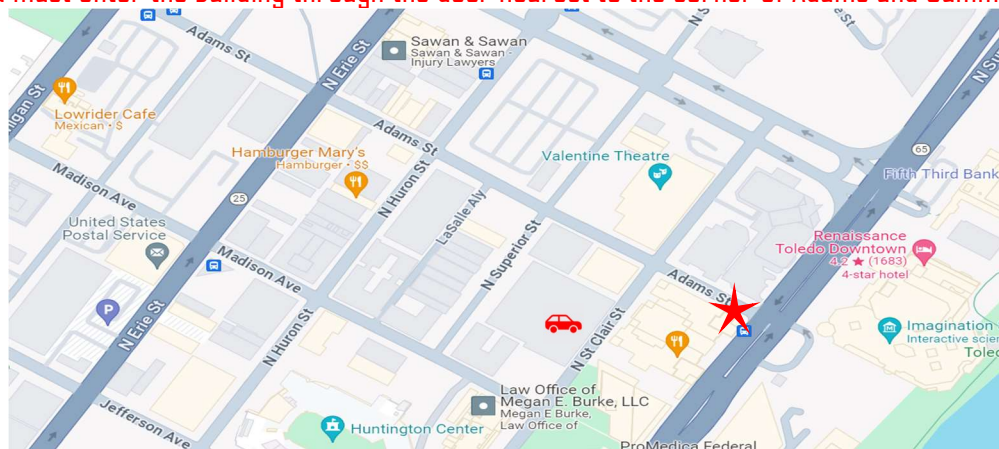
- ⇒ Take I-75 South
- ⇒ Exit 202A onto Washington
- ⇒ Turn Left on Erie Street
- ⇒ Turn Right on Adams Street
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right



From the South:

- ⇒ Take I-75 North toward Toledo/Detroit
- ⇒ Exit onto Anthony Wayne Trail
- ⇒ Take Erie Street to Adams Street
- ⇒ Turn Right on Adams
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

****You must enter the building through the door nearest to the corner of Adams and Summit St.****



NWORTC

301 Adams St., Toledo,
OH 43604

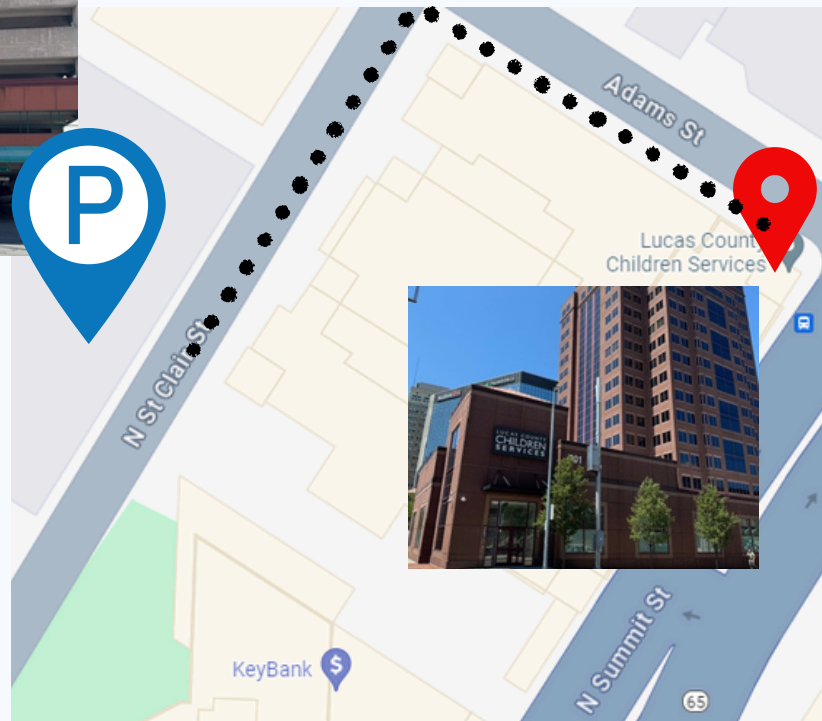
Park Smart Garage

334 N. Superior St.,
Toledo, OH 43604

NWORTC

PARKING & BUILDING ENTRY

- **PARK SMART GARAGE IS THE CLOSEST:
334 N. SUPERIOR**
- **PULL A TICKET AND BRING IT WITH YOU**
- **DO NOT PARK IN RESERVED SPACES**



- **ON FOOT, EXIT THE GARAGE LEFT
ONTO SAINT CLAIR ST. AND THEN
RIGHT ONTO ADAMS ST.**
- **ENTER LUCAS CO. CHILDREN
SERVICES AT 301 ADAMS AND
SIGN IN WITH SECURITY**



- **SEE A TRAINING CENTER STAFF MEMBER TO
HAVE YOUR PARKING TICKET VALIDATED
BEFORE YOU LEAVE.**

Questions?

megan.hite@jfs.ohio.gov



419-213-3653



Goodbye Lucas County Children Services /Toledo

Hello Retirement



I would like to personal thank all of the Foster, Adoptive and Kinship caregivers for their willingness to provide room, support, guidance and most importantly love to the children of Lucas County. I tip my hat to the wonderful caregivers who have volunteered their time to ensure that the children of Lucas County have a place call home while awaiting to return to a permanent placement.

I thank you for going to bat for these children at a time when they most needed support. I thank you for being their voice when they could not speak on their behalf. I especially thank you for allowing me to go home and sleep knowing that the children in your care will be ok.

As of September 30, 2024, I am retiring and leaving the Toledo area after thirty-five years of services at Lucas County Children Services.

I commit to keeping you all in my heart and prayers as I sincerely recognize that you all have a very difficult job.

Goodbye and keep doing the awesome job you do!!!

Respectfully,

Karla Davis-McGowan., M.P.A
RTC Caregiver Coordinator