2024-2025 Ongoing Caregiver Training

November 2024 – February 2025

In-Person TBRI Training @ Clinton & Highland Counties

| Title | Date | Trainer | Location |
|--|------------------------------------|----------------|---------------------------------------|
| Trust-Based Relational Intervention: Introduction | January 25, 2025 9:00am-4:00pm | Jayne Schooler | Clinton County JFS- Wilmington, OH |
| Trust-Based Relational Intervention: Connecting Principles | February 22, 2025 9:00am-4:00pm | Jayne Schooler | Highland County JFS- Hillsboro, OH |

In-Person Training @ Butler County Children Services (300 N. Fair Ave., Hamilton, OH 45011)

| Title | Date | Trainer | Location |
|---|-----------------------------------|------------|--|
| Management of Children with Challenging Behaviors | February 1, 2025 9:00am-4:00pm | Dave Zidar | Butler County Children Services- Hamilton, OH |

In-Person Training @ Sardinia Church of Christ (7130 Bachman Rd, Sardinia, OH 45171)

Meal is served before and childcare is provided (limited spots available). Register in CAPS before 1/29/2025

| Title | Date | Trainer | Location |
|--|------------------------------------|--------------|--|
| Creating a Stable, Nurturing & Safe Home Environment | February 12, 2025 6:00pm-8:00pm | Carla Storer | Sardinia Church of Christ- Sardinia, OH |

SCROLL DOWN FOR MORE TRAINING OPPORTUNITIES BELOW

In-Person Training @ SWORTC (420 Wards Corner Rd., Suite J, Loveland, OH 45140)

| Title | Date | Trainer | Location |
|---|------------------------------------|------------------|------------------|
| Tug of War: The Ins and Outs of Power Struggles | November 9, 2024 9:00am-12:00pm | Jim Still-Pepper | SWORTC- Loveland |
| Conscience Development in Children | November 9, 2024 1:00pm-4:00pm | Jim Still-Pepper | SWORTC- Loveland |
| Trauma-Informed Care: The Neuroscience of Trauma and Resilience | December 4, 2024 9:00am-4:00pm | Laura Perkins | SWORTC- Loveland |

Virtual Training- all conducted on Zoom

| Title | Date | Trainer | Location |
|---|-------------------------------------|------------------|---------------|
| Stressing Stress | December 13, 2024 9:00am-4:00pm | Jim Still-Pepper | Virtual- Zoom |
| Fetal Alcohol Spectrum Disorders: A Hidden Struggle | January 16, 2025 9:00am-12:00pm | Karen Chennells | Virtual- Zoom |
| Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children | January 18, 2025 9:00am-12:00pm | Jayne Schooler | Virtual- Zoom |
| Preparing Youth and Their Supports for Permanency Discussions | February 4, 2025 9:00am-12:00pm | Val Larkin | Virtual- Zoom |
| Compassion Fatigue and the Caregiver: Caring for Yourself so You Can Care for Others | February 4, 2025 6:00pm-9:00pm | Deanna Prezioso | Virtual- Zoom |
| Stress, Anxiety Relief with EFT/TappingIntroduction | February 13, 2025 9:00am-12:00pm | Tijana Coso | Virtual- Zoom |

^{**}SCROLL DOWN FOR MORE TRAINING OPPORTUNITIES BELOW**

Resource Readiness*- all virtual trainings on Zoom

*Resource Readiness trainings (below) are for families licensed after 1/1/23, inside of their first certification period, but any interested licensed caregiver may register and attend

| Title | Date | Trainer | Location |
|--|------------------------------------|--------------------|---------------|
| Cultural Humility | November 12, 2024 6:00pm-7:00pm | Carmen Toro-Wooten | Virtual- Zoom |
| Parenting in Racially & Culturally Diverse Families | November 12, 2024 7:30pm-9:00pm | Carmen Toro-Wooten | Virtual- Zoom |
| Communicable Diseases: Protecting Your Family's Health | January 25, 2025 9:00am-12:15pm | Megan Wendling | Virtual- Zoom |
| Impact of Substance Use | January 25, 2025 1:00pm-2:30pm | Megan Wendling | Virtual- Zoom |

**SCROLL DOWN TO LEARN MORE ABOUT OUR CAREGIVER COACH PROGRAM! **



Caregiver Coach Program

For PCSA Foster Parents, Adoptive Parents & Kinship Caregivers

Southwest Ohio Regional Training Center

About the RTC Caregiver Coaching Program

The RTC Caregiver Coach Program is designed to support foster, adoptive and kinship caregivers by focusing on their growth, development, and emotional well-being ultimately enhancing family dynamics and relationships at home. This program helps families build on the skills needed to care for children who have experienced trauma; improve communication; foster positive family functioning and deepen their understanding of Child Protective Services.

With a coach, caregivers receive support, as well as skill-building opportunities in a variety of areas. Caregivers can also request coaching on topics unique to their family.

Coaching is not therapy or after-hours intervention, nor does it replace the role of your caseworker. However, a coach can help develop caregiver skills that will aid in the care of children placed in their home. Coaching can also enhance the working relationship between caregivers and count agencies.

In addition to coaching, check out our **Group Coaching Conversations** (see next page for schedule). These sessions address topics that may not be offered through regular training. In addition, it's a great opportunity to network and connect with other caregivers!

To Request Coaching:

- 1.) Log on to CAPS LMS: CAPS LMS Info Ohio CAPS
- 2.) From the Home Page, click on View Courses
- 3.) In the "Search for Learning" box, type in the subject Coaching Request Form.
- 4.) On the right side of the page, click on **Open Curriculum**
- 5.) Complete the referral form

To register for a Group Coaching Conversation:

Contact Lisa Bushman
Caregiver Coach

Lisa Bushman, Caregiver Coach

Southwest Ohio Regional Training Center 420 Wards Corner Rd., Suite J Loveland, OH 45140

Email: <u>Lisa.bushman@jfs.ohio.gov</u> Phone: (513) 248-0027 Cell (513) 800-6969

Group Coaching Conversations Schedule

Below is the schedule for caregiver group coaching sessions. All sessions are virtual; however, in person sessions are always available by request. In addition, caregivers may request other days/times if needed. To register, contact the coach, Lisa Bushman, via text, phone, or email: (513) 800.6969 or lisa.bushman@jfs.ohio.gov.

NOTE: Please register by 12:00 pm the Friday prior to the session. You will be sent a link to the session upon registration. We look forward to seeing you!

Sessions are limited to 10 participants each.

| Date | Time | Title / Description | Hours |
|--------------------------|---|--|--------------|
| Nov. 19, 2024 Tuesday | 1:00 PM to 2:30 PM OR 8:30 PM to 10:00 PM | Working with Primary Families What do you remember about the importance of primary families from pre-service. How much do you even know about the role or impact they have on your child? How do you protect them physically and emotionally? What is best? How do you keep your child safe while honoring the value of who they are and where they came | 1.5 Hours |
| Dec. 3, 2024 Tuesday | 1:00 PM to 2:30 PM OR 8:30 PM to 10:00 PM | from? The Grief & Loss That Comes with Caregiving The child that you cared for grew in your heart. You had to say good-bye. That is only one way your heart gets broken. How much can your heart take? How much loss can you take? More importantly, how much love do you have to give? | 1.5 Hours |
| Dec. 10, 2024 Tuesday | 1:00 PM to 2:30 PM OR 8:30 PM to 10:00 PM | Working with Primary Families What do you remember about the importance of primary families from pre-service. How much do you even know about the role or impact they have on your child? How do you protect them physically and emotionally? What is best? How do you keep your child safe while honoring the value of who they are and where they came from? | 1.5 Hours |
| Dec. 17, 2024 Tuesday | 1:00 PM to 2:30 PM OR 8:30 PM to 10:00 PM | Family Traditions: Yours, Theirs, Ours Let's be mindful about keeping your family traditions while carefully learning what traditions are important to your kids vs. which ones might be triggers all while creating new fun traditions together. | 1.5 Hours |

| Jan. 14, 2025 | 1:00 PM to 2:30 PM | What Does Self-Harm Look & Feel Like? | 1.5 |
|---------------|---------------------|--|-------|
| Tuesday | | There is a difference between a child wanting to | Hours |
| | OR | feel something and wanting to die. The behavior | |
| | | has a purpose. Let's look at the behavior and | |
| | 8:30 PM to 10:00 PM | some alternatives. You will also get a list of | |
| | | resources to learn more about recognizing self- | |
| | | harm, suicide awareness, and a crisis hotline. | |
| Jan. 21, 2025 | 1:00 PM to 2:30 PM | Building Your Child's Self-Esteem | 1.5 |
| Tuesday | OR | Our kids come to us sometimes with little in the | Hours |
| | 8:30 PM to 10:00 PM | feel-good zone. Let's learn some simple | |
| | | strategies that we can do every day to start | |
| | | helping them help themselves. There's even an | |
| | | app for that! | |