



Department of Children & Youth

Southwest Ohio Regional Training Center

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STAFF & SUPERVISOR ONGOING TRAININGS
Winter 2025
Link for anyone with an OH ID: Log In OH ID Ohio's State Digital Identity Standard
Link for Guest Registration Information: SWORTC – Ohio CAPS

Date	Training	Session ID	Trainer	Time	Location
01/06/2025	Working with Youth who Display Psychotic Features: Double Checking Reality	17486	Jim Still-Pepper	9:00 to 2:00	Virtual
01/13/2025	The Culture of Addiction: A Missing Piece in the Puzzle of Addiction	17889	Brian Bethel	9:00 to 4:00	SWORTC
01/14/2025 and 01/15/2025	Coaching for Success	16565	Ruby Johnston	9:00 to 12:00 Both days	Virtual
01/15/2025 01/16/2025 and 01/17/2025	Beyond the Silence: Forensic Interviewing	16658	Heidi Malott	9:00 to 4:00 the first two days. 9:00 to 12:00 the 3 rd day	SWORTC

01/16/2025	Fetal Alcohol Spectrum Disorders: A Hidden Struggle	17087	Karen Chennells	9:00 to 12:00	Virtual
01/23/2025	Specialized, Third-Party and Ongoing Case Investigations	16420	Warne Edwards	10:00 to 2:45	Virtual
01/24/2025	Self-Injury: Assessment and Interventions	18298	Dave Zidar	9:00 to 4:00	SWORTC
01/27/2024	Overview of Hoarding Behaviors: Buried Beyond Belief	17088	Brian Bethel	9:00 to 4:00	SWORTC
01/30/2025 Meets OAC Requirement	Working with Youth at Risk for Human Trafficking	16555	Russelle' Pratt	9:00 to 4:00	Virtual
02/04/2025	Preparing Youth and Their Supports for Permanency Discussions	17908	Val Larkin	9:00 to 12:00	Virtual
02/05/2025	Secondary Traumatic Stress: The Professional in Distress	17281	Ruby Johnston	9:00 to 4:00	SWORTC
02/11/2025	The Social Worker in Court: Preparation and Testimony	16679	Katy Mercer	9:00 to 4:00	Virtual
02/11/2025	DSM Pathologies in Winnie the Pooh's World	17897	Linda Davis	9:00 to 4:00	Virtual
02/13/2025	Stress, Anxiety Relief with EFT/Tapping-Introduction	17089	Tijana Coso	9:00 to 12:00	Virtual
02/18/2025 and 02/19/2025	Safe and Supported: Empowerment Self-Defense for Social Services Professionals	17373	Lindsey Ross and Lauren Bailey	9:00 to 4:00 Both Days	SWORTC

02/21/2025	Burnout Prevention	18300	Dave Zidar	9:00 to 4:00	SWORTC
02/24/2025	Borderline Personality Disorder, The Emotional Hurricane	17890	Brian Bethel	9:00 to 4:00	SWORTC
02/25/2025	Confidentiality Requirements and Avoiding Liability	17133	Katy Mercer	9:00 to 4:00	Virtual
02/27/2025	Searching and Documenting Your Family Tree: A Link to the Past, a Bridge to the Future	17784	Jill Roberts	9:00 to 4:00	SWORTC
03/04/2025	Helping Address Substance Use Disorder through Effective Engagement, Screening (UNCOPE tool), Assessment, and Treatment	17796	Brian Lowery	9:00 to 12:00	Virtual
03/05/2025	Level Up: Time Management and Organization	17131	Laurie Wolf	9:00 to 12:00	Virtual
03/06/2025	Survivor-Led Human Trafficking Awareness Interdisciplinary Training	17789	Teresa Merriweather	9:00 to 12:15	Virtual
03/11/2025 ** Approved for Ethics**	Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases	17180	Mary Eck	10:00 to 2:45	Virtual
03/12/2025	Grief and Loss: Trauma and Its Aftermath	17907	Cindy Kuhr	9:00 to 4:00	SWORTC

03/14/2025	Take My Advice: Guidelines for Assessing and Advising Parents	17886	Jody Johnston Pawel	9:00 to 4:00	Virtual
03/18/2025 ** Approved for Ethics**	Examining Ethical Issues in Adoption: Are You Ethically Fit?	17502	Jayne Schooler	8:45 to 12:00	SWORTC
03/18/2025	Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children	17503	Jayne Schooler	1:00 to 4:00	SWORTC
03/20/2025	Resilience as a Leader: Building Confidence and Skills	17895	Ruby Johnston	9:00 to 4:00	Virtual
03/24/2025	Sibling Sexual Abuse: It's All Relative	18296	Brian Bethel	9:00 to 4:00	SWORTC
03/26/2025	Street Smart Ohio Series: Everything Marijuana	17872	Shawn Bain	9:00 to 12:15	Virtual

Workshop Descriptions

Working with Youth who Display Psychotic Features: Double Checking Reality (4 hours)

Youth who display psychotic features are rare, but when it happens, we need to be able to assist the youth and their support system with practical help. This training delves into the world of youth psychosis. It will help participants discover and implement practical steps to help youth who are struggling with psychotic features. It will also explore how participants can assist caregivers in trying to help the youth.

****** This is a new training with the OCWTP******

The Culture of Addiction: A Missing Piece in the Puzzle of Addiction (5.5 hours)

The disease of addiction has been described as an epidemic in American society. While there remains a consensus among professionals that addiction is a physical, psychological, and behavioral illness, addiction is also a cultural phenomenon. Individuals with substance use disorders share common values, patterns of behaviors, similar forms of communication, and a shared identity. As such recent research has identified and discussed the culture of addiction. This training curriculum will explore the common practices of individuals with addiction including one's values, rituals, and relationships. In addition, ethnographic patterns of substance use will be encompassed within the content of this training.

Coaching for Success (5.5 hours)

Coach for Success? You can do this! Although it might feel overwhelming to think of yourself as your workers' coach, you are uniquely positioned for this challenge, and the research is on your side. You can build an effective team by using individual one-on-one coaching strategies in all the work you do every day. This workshop will help you understand this role and how to adapt the evidence-based strategies that an effective coach uses.

Beyond the Silence: Forensic Interviewing (13.75 hours)

This workshop focuses on the forensic interview, with an emphasis on team building between law enforcement and child welfare. Sound forensic interviews are essential for the successful completion of a child sexual abuse investigation. The purpose of conducting a forensic interview is to assess the child's safety and determine whether a crime has occurred. This 2½-day workshop will focus on the fundamental skills needed to conduct child interviews that are forensically appropriate.

Fetal Alcohol Spectrum Disorders: A Hidden Struggle (2.75 hours)

The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

Specialized, Third-Party and Ongoing Case Investigations (3.75 hours)

This course is designed for child protection caseworkers and supervisors to enhance their knowledge in specialized, third-party, and ongoing case investigations.

Learners will gain a deep understanding of the unique characteristics, procedures, and collaboration strategies required for these investigations, focusing on the Ohio Administrative Code rules. Through a combination of lectures, discussions, and activities, learners will be equipped with the knowledge to effectively manage and document specialized investigations within the Ohio Statewide Automated Child Welfare Information System (Ohio SACWIS).

Learning Objectives:

- Describe the characteristics of specialized, third-party, and open case investigations.
- Summarize strategies for partnering with other parties involved in specialized investigations, such as schools, group homes, residential facilities, and daycares.
- Explain the benefits and challenges of inter-agency collaboration.
- Differentiate Ohio Administrative Code rules regarding specialized investigations (including timeframes, stakeholder involvement, notification requirements, distinctions between Traditional and Alternative Response, and confidentiality implications)
- Develop strategies for managing specialized investigations that require assessment for ongoing services.

- Create a comprehensive documentation checklist for specialized investigations that aligns with legal requirements.
- Recognize where information for specialized investigations is documented in Ohio SACWIS

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Self-Injury: Assessment and Interventions (5.5 hours)

Mutilating, cutting, burning, and other forms of self-injurious behavior by youth are often perceived by professionals and others as suicide-related behaviors. This workshop will help staff to understand that such behaviors are often the result of past trauma or abuse. Participants will explore the causes and scope of these behaviors and learn ways to intervene.

Overview of Hoarding Behaviors: Buried Beyond Belief (5.5 hours)

Hoarding is characterized by the accumulation of excessive clutter that poses a wide diversity of health concerns. Moreover, compulsive hoarding is a feature of several psychiatric disorders. With the common occurrence of hoarding, these behaviors present unique challenges for social services professionals. Despite the potential health hazards, most individuals who hoard are reluctant to seek assistance and are resistant to professional interventions. This training will provide an overview of the varying types of hoarding in both adults and children. In addition, participants will be exposed to evidence-based treatment strategies for working with individuals who hoard.

Working with Youth at Risk for Human Trafficking (5.5 hours)

This training will cover the definition of human trafficking and how the federal and state laws apply to minors. The focus of this training will be on sex trafficking. It will outline what makes youth most at risk and vulnerable to trafficking, as well as defining the different types of trafficking. Learners will be able to identify indicators of youth trafficking, and how to begin a conversation with the youth they work with about the dangers of trafficking. This training will emphasize the importance of establishing safety, trust and building transformational relationships with youth.

Learning Objectives:

- Know the definition of human trafficking and how it impacts youth.
- Learn how the law defines human trafficking.
- Learn the importance of collaborating with other agencies on human trafficking cases.
- Explore ways of talking with youth about the risk of human trafficking
- Identify indicators of youth being at risk of human trafficking
- Learn ways to help human trafficking survivors by offering resource supports.
- Learn ways to implement trauma-informed language to aid in building a healthy and safe relationship with a current or survivor trafficked youth.

***** Meets OAC Training Requirement*****

Preparing Youth and Their Supports for Permanency Discussions (2.75 hours)

Youth deserve relationships, resources, and programs that honor their voice. This training is designed to help you and others in your organization prepare youth and supports before and after permanency meetings to achieve the best possible outcomes.

During this training attendees will be provided with learning opportunities to strengthen their ability to empower youth, partner with supports, and respond to feedback before and after permanency meetings to achieve the best possible outcomes. Participants will identify essential components of ongoing youth and supports preparation that build engagement and will understand the critical role of preparation in supporting and empowering youth on their permanency journey.

This training will highlight how the intentional engagement of youth voice is essential to ensure a youth's involvement in planning for their future.

Secondary Traumatic Stress: The Professional in Distress (5.5 hours)

This workshop will provide a concise overview of secondary traumatic stress, how it differs from stress and burnout, its potential impact on the professional and explore options for prevention and strategies to ensure workplace well-being. A review of PTSD and strategies to use in the workplace to keep oneself aware of the impact on their own personal health as well as how to manage the different warning signs of overwhelming stress.

The Social Worker in Court: Preparation and Testimony (5.5 hours)

Workshop participants will examine and rehearse effective social worker testimony in court through a combination of roleplay, video demonstrations, discussions, and a mock trial. Workers will learn how to: organize case notes to prepare for trial; analyze the facts from their case according to the legal requirements for an adjudicatory or a permanent custody hearing; work with the county attorney to prepare the case; work with the guardian ad litem; present effective direct testimony; navigate through cross examination.

DSM Pathologies in Winnie the Pooh's World (5.5 hours)

This workshop will provide information to child welfare workers, supervisors, and counselors about mental health disorders, as displayed by the characters in the childhood story of Winnie and the Pooh. The characters' diagnoses that will be discussed are (which are common in the child welfare client population): Attention Deficit Disorder (ADHD), Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Dysthymic Disorder (Depression), Narcissistic Personality Disorder, and Dyslexia. The case studies from Winnie the Pooh will help illustrate the current criteria of the different disorders as described in the Diagnostic Statistical Manual of Mental Disorders (DSM). An explanation of the current treatment methods for the disorders will be presented. Small and large group exercises will be used to help understand the disorders.

Stress, Anxiety Relief with EFT/Tapping-Introduction (2.75 hours)

Straightforward Course for Immediate Skill Application. Now, more than ever, skills that help reduce stress, anxiety and improve unbiased, critical thinking are desperately needed. This workshop introduces Tapping, a simple and effective tool that quickly helps to reduce stress/anxiety and the effects of trauma and secondary trauma.

Evidenced-based Emotional Freedom Technique (EFT), commonly called Tapping, is a self-regulation tool that offers rapid results and easy application. Gently tapping acupuncture meridian points on your own face and upper body helps ground a person, establishes calmness, and re-engages the thinking brain.

Participants will also learn the brain science of how stress and anxiety affect critical and objective thinking, including how our childhood experiences influence how we relate to others. Having this awareness helps us to consider and reflect on how we treat others.

This skill-building course is designed in a straightforward manner to enable the immediate use of Functional Tapping (FT), an abbreviated form of EFT. It's so easy to learn and use that participants will leave with the ability to reduce their stress and anxiety by Tapping and teaching it to another.

Safe and Supported: Empowerment Self-Defense for Social Services Professionals (11 hours)

Every day, social service professionals face unsafe situations, which they endure for the sake of the vulnerable. To decrease the risk of serious harm while on the job (or in their personal lives), safety training is a must. But personal safety isn't only about physical self-defense. It starts with awareness of the environment and the people around us, an understanding of and respect for our own intuition, and the ability to set clear and effective boundaries and de-escalate tense encounters.

This course allows participants to learn and practice all these skills, in addition to simple escapes from grabs and holds, and basic strikes designed to allow escape. This is an active training that combines group activities and discussions, scenario-based skills practice, and physical technique practice.

Burnout Prevention (5.5 hours)

The issue of burnout plagues all areas of child welfare. The goal of this session is to provide to caseworkers and supervisors the needed skills for managing their stress levels. All workers will benefit from this core skill. Use of the self-care plan and other program-specific methods will be discussed.

Borderline Personality Disorder, The Emotional Hurricane (5.5 hours)

Borderline Personality Disorder is the most prevalent type of personality disorders in clinical settings. Hallmarks of Borderline Personality Disorder include rapid mood fluctuation, intense and unstable relationships, suicidal ideation, and extreme manipulative behavior. As such, persons with this disorder can be especially challenging for social service professionals. This curriculum will provide an overview of Borderline Personality Disorder. In particular, a review of the diagnostic criteria of Borderline Personality Disorder, prevalence and epidemiology will be offered within this curriculum. Evidenced-based treatment approaches and practical strategies will also be provided to assist social service professionals who might serve individuals with Borderline Personality Disorder.

Confidentiality Requirements and Avoiding Liability (5.5 hours)

This one-day workshop will help participants learn confidentiality requirements – to whom can they share information and when. It will cover how breach of confidentiality can lead to legal liability, and participants will learn ways to avoid being sued. The session will cover the confidentiality regulation, the Public Records Act, how to balance the CAPTA requirement of notice at first contact with the need to keep the reporter confidential, The Ohio Personal Information Systems Act, HIPPA, the release of information by federally assisted substance abuse treatment programs, informed consent, social worker privilege, and the duty to warn.

Searching and Documenting Your Family Tree: A Link to the Past, a Bridge to the Future (5.5 hours)

This workshop will describe and explore the importance of family searching and how it relates specifically to finding permanency for children. This workshop will demonstrate how to search for family and how to complete a family tree, and it will provide many resources to aid in your search. We will use the internet to learn how to conduct a search, how to use and understand the information available from various search engines, and how it will all relate to finding family, relatives, and ultimately permanency for the children we work with. This information is also transferable to any kind of family or genealogy searching, reaching further than immediate family members.

Helping Address Substance Use Disorder through Effective Engagement, Screening (UNCOPE tool), Assessment, and Treatment (2.75 hours)

This workshop is a primer for all child welfare professionals who work with individuals presenting symptoms of substance use disorder. The first steps to help someone resolve substance use issues are to gain their trust, screen for potential problems, encourage clinical assessment (if appropriate) and support and encourage treatment. This class serves as an overview guiding this process. This workshop will briefly examine the engagement strategies. The primary screening tool examined is UNCOPE. Motivational Interviewing will be the intervention discussed surrounding accepting assessment and promoting recovery, if indicated.

Level Up: Time Management and Organization (2.75 hours)

Child protection is an extremely demanding line of work. Without appropriate time management and organization skills and tools, caseworkers can become overwhelmed and stressed, which can negatively impact children and families. This course provides a balanced discussion between barriers that can hinder productivity and solutions moving forward. Emphasis is also placed on blocking out time for self-care, which is not only critical for overall well-being, but can also promote job satisfaction and retention.

Survivor-Led Human Trafficking Awareness Interdisciplinary Training (3 hours)

This is a survivor-led course that will not only provide the definition of human trafficking along with different typologies but offers real life specific case scenarios. The participants will have a better understanding of sex crimes and their element of crime specifics as they relate to children/youth.

The participants will have the opportunity through this training to be placed in actual situations of human trafficking using simulations.

This training currently **DOES NOT** meet the OAC Human Trafficking training requirement.

****** This is a new training with the OCWTP******

Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases (3.75 hours)

In this course, you will gain a deeper understanding of the impact your personal values and beliefs may have on your work with child sexual abuse cases and learn how to effectively navigate working with diverse populations. Come to this workshop open and prepared to explore your own values and implicit biases, as well as common stereotypes and beliefs.

**** Approved for Ethics****

Part of the Sexual Abuse Intervention Series Curriculum

Self-Directed Pre-Requisite: Key Concepts of Diversity, Equity, and Inclusion (1 hour)

Grief and Loss: Trauma and Its Aftermath (5.5 hours)

This workshop will focus on the many aspects of grief and loss. We will discuss grief and loss and the impact on adults and children. Children and their families experience many types of losses, and this course will guide you through some of those variations. Trauma, crisis response, and reaction will be discussed. You will learn how trauma reveals itself in the individual and the triggers that often guide this behavior. We will discuss different forms of loss that precipitate trauma. They range from intangible losses to loss due to death. The death notification process and how it impacts both children and adults will be discussed, as will intervention techniques for assisting during trauma and throughout the grief process. This workshop will focus on creating an environment of understanding for the traumatized individual.

Take My Advice: Guidelines for Assessing and Advising Parents (5.5 hours)

Many parents often hear and follow unhealthy advice or use quick-fix solutions that bring unhealthy, long-term results. These parents need clear guidelines and practical skills that help them think for themselves and plan healthy, individualized solutions to their parenting problems. This interactive workshop teaches a reliable, step-by-step method for assessing and guiding parents. You can even use the practical skills in your work or home settings, with children of any age or adults, empowering everyone in life.

Examining Ethical Issues in Adoption: Are You Ethically Fit? (3 hours)

Everyday adoption workers make decisions that will alter the course of many lives. In this workshop, we will define what "ethically fit" means. We will examine ethical challenges and discuss ethical principles related generally to social work and, more specifically, to adoption. Finally, we will be challenged as we discuss the all-important question, "Are you ethically fit?"

Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children (2.75 hours)

These are just a sampling of comments and questions often asked during this most informative and practical workshop. One of the most critical areas often neglected in foster care and adoption preparation and discussion is the impact that this has on children already in the home. This workshop explores ten concerns for birth/permanent children in the home and strategies to manage those concerns when they arise.

Resilience as a Leader: Building Confidence and Skills (5.5 hours)

Working in the field of human services is challenging. For supervisors and caseworkers to find satisfaction and effectiveness in their jobs, they need to be resilient and willing to build their own protective factors to manage the challenges.

This workshop will help participants become aware of their own strengths, talents, and problem-solving skills, as well as potential vulnerabilities under pressure; increase their effectiveness as a resilient leader by identifying personal protective factors and promotive factors; cut through competing priorities, make difficult decisions, and engage others for solutions; build relationships with colleagues and leaders that lend to loyalty and job satisfaction. There is a direct connection between an individual's resilience and organizational results.

Sibling Sexual Abuse: It's All Relative (5.5 hours)

This workshop will provide an overview of the current data associated with sibling sexual trauma. Specific strategies will be offered to assist professionals who serve children and families impacted by sibling sexual abuse.

Street Smart Ohio Series: Everything Marijuana (3 hours)

Marijuana affects so many families and so many lives in Ohio. Marijuana use has often been referred to as a “gateway” drug, leading to harder drug use. The instructor doesn’t use this term and doesn’t believe Marijuana use causes a person to use harder drugs; the instructor does believe there is a correlation between Marijuana use and the use of harder drugs.

Marijuana has changed more than any other drug in recent years with the addition of Cannabis concentrates such as “Dabs” and “Shatter” making this drug more potent and dangerous. Ohio State law has changed, creating Medical Marijuana and Recreational Marijuana available to Ohioans, and everyone needs to become familiar with these laws.

Objectives

- Identify the different forms of marijuana.
- Explain common ways to conceal marijuana and what to look for in the home.
- Discuss the signs of marijuana use and potential impacts.
- Explain laws surrounding Medical and Recreational Marijuana in Ohio

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