



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

Resource Families Calendar



Winter 2025



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

12/12/2024

Dear Caregivers,

To coordinate the payment of continuing foster parent training, LCCS will enforce the following process to verify that the appropriate trainings are paid according to the rule in the **OAC 5101:2-5-38**:

1. Training taken in an RTC will be turned in and entered for payment within **120 days of the training date; if turned in after the 120 days**, the training will be entered to be included in their recertification but **will not be paid**.
2. Web-based training and other self-directed training **will not be paid**.
3. Training hosted at "other agency" **will not be paid**.

For preplacement training, a lump sum payment shall be made in the amount of fifteen dollars per foster caregiver per training hour for all hours completed. Continuing training, fifteen dollars per foster caregiver per training hour successfully completed within a training session that is a minimum of one training hour in duration.

A recommending agency may decline to make a stipend payment to a foster caregiver:

(a) If the recommending agency determines that the foster caregiver has not successfully acquired the skills the training was designed to impart and as a result the agency required the foster caregiver to repeat the training in accordance with a corrective action plan.

(b) If the training was beyond the scope or the amount of training specified in the foster caregiver's individualized written needs assessment and continuing training plan.

(c) If the training the foster caregiver received was part of a program of self-directed study or otherwise not delivered in a conventional or traditional setting where the principal transfer of knowledge occurred through the physical presence of a trainer whose responsibility it was to impart instruction to the foster parent.

Respectfully,

Northwest Ohio Regional Training Center

Greetings Northwest Ohio Stakeholders,

I hope this message finds you well. We are excited to share some important news with you regarding our agency's growth and development. As part of our expansion strategy, we will be relocating our offices to a new building.

Reason for the Move: Our new location offers better facilities, improved infrastructure, and a more conducive work environment. We believe this move will enhance collaboration, productivity, and overall employee satisfaction.

Relocation Details:

Lucas County Children's Services and the Northwest Ohio Regional Training Center will relocate to

301 Adams St. Toledo Ohio 43604 (Regional Training Center will be located on the 6th floor)

Parking: Superior Garage, 334 N Superior St, Toledo, OH 43604. (Across the street from the building)

Effective Date: June 24th, 2024

Duration: This move is permanent, and we expect all stakeholders to report to this new location indefinitely. There are no changes with contact information. All phone numbers and email addresses will remain the same.

We are committed to making this transition as smooth as possible and are working diligently to address any issues that arise. We appreciate your dedication to NWORDC and look forward to welcoming you to our new office. Thank you for being an integral part of our team!

Best regards,

Northwest Ohio Regional Training Center Team



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Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency- based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies Served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS	Director- Amy Simonis	419-782-3881
Erie DJFS	Director- A.j. Lill	419-627-4400
Fulton DJFS	Director- Amy Metz-Simon	419-337-0010
Hancock DJFS	Director- Randall Galbraith	419-782-3881
Henry DJFS	Director- Shannon Jones	419-592-0946
Huron DJFS	Director- Lenora Minor	419-668-8126
Lucas Co. (LCCS)	Director- Randall Muth	419-213-3200
Ottawa DJFS	Director- Stephanie Kowal	419-898-3688
Putnam DJFS	Director- Suzy Wichmeyer	567-376-3777
Sandusky DJFS	Director- Melanie Allen	419-334-3891
Seneca DJFS	Director- Kathy Oliver	419-447-5011
Van Wert DJFS	Director- Erinn Sellers	419-238-5430
Williams DJFS	Director- Kylee Towne	419-636-6725
Wood DJFS	Director- David Wigent	419-352-7566
Wyandot DJFS	Director- Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melonny King – Manager – Melonny.King@jfs.ohio.gov

Ramona Echols – Regional Caregiver Training Coordinator – Ramona.Echols@jfs.ohio.gov

Stephanie Harvey – Regional Staff Training Coordinator – Stephanie.Harvey@jfs.ohio.gov

Lillian Cardona – Regional Caregiver Coach - Lillian.Cardona@jfs.ohio.gov

Megan Hite – Regional Training Center Clerk (Staff) – Megan.Hite@jfs.ohio.gov

Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov

Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

Training Registration

- Enroll yourself in training sessions through CAPS
<https://ifsohio.csod.com/Login/render.aspx?id=defaultclp>
- If you are a **Resource Family provider through another agency** or you are a **daycare provider for LCCS**, you will NOT be in CAPS
- If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a space available basis for **Foster/Adoption** ongoing training

Training Rules

- Please allow ample travel time to our location
- Please turn off cell phones & return calls during breaks or lunch
- It is Ohio Child Welfare Training Program policy to ONLY certify credit for an individual who has missed less than **15 minutes** of classroom training
 - This includes **CPR** and **First Aid** classes. All time spent outside the classroom counts toward this **15 minute rule**
 - **Partial credit cannot be given**
- You **MUST attend ALL parts of a training session** to receive a certificate of credit; this includes sessions that extend beyond one day

***NOTE* Please consider wearing layers to be comfortable with the fluctuations in temperature in the training center!**

FAQ's

Child Care?	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled, check your e-mail notifications
Parking?	When you attend training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. Private agency caregivers must pay for their own parking in the garage.
Location?	Unless otherwise noted, trainings will be held at Northwest Ohio Regional Training Center Address: 301 Adams Street, Toledo, OH 43604

For additional questions or concerns please call: 419-213-3505

ON-GOING NWORTC LUCAS COUNTY TRAININGS

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Normalcy and the Reasonable and Prudent Standard 5:30pm - 8:30pm Locator# 19314 Lamar King	3 Lifelong Connections: Permanency for Older Youth 9:00am - 4:00pm Locator# 19320 Lamar King	4
6	7	8	9	10	11 AHA Heartsaver First Aid and CPR Without Skills 9:00am – 4:00pm Locator# 19461 Ryan Hennessey
13	14	15	16	17	18 *VIRTUAL* Dual System Youth: Providing Trauma – Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice 9:00am - 12:00pm Locator# 19316 Lauri Wolfe
20	21	22 *JOINT* *VIRTUAL* Stress, Anxiety Relief with EFT/Tapping- Introduction 9:00am – 12:00pm Locator# 16831 Carolyn Wilson	23	24 *VIRTUAL* Trauma-Informed Care: The Neuroscience of Trauma and Resilience 1:30pm - 3:30pm Locator# 19317 Laura Perkins	25
27	28	29	30	31	

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1
3	4	5	6	7 *VIRTUAL* Lifebooks: A Journey to the Future While Embracing the Past 9:00am - 4:00pm LOCATOR# 19318 Linda Davis	8 *VIRTUAL* A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight 9:00am – 12:00pm Locator# 17051 Tamme Smith AHA Heartsaver First Aid and CPR Without Skills 9:00am – 4:00pm Locator# 16495 Ryan Hennessey
10	11	12	13 Dual System Youth: Providing Trauma – Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice 9:00am - 12:00pm Locator# 19335 Confidence in the Court Process for Resource Caregivers 1:00pm – 4:00pm Locator# 19336 Lauri Wolfe	14	15 Interventions with Lying and Stealing 9:00am – 4:00pm Locator# 19427 Dave Zidar
17	18 *VIRTUAL* Trauma-Informed Care: The Neuroscience of Trauma and Resilience 9:00am – 4:00pm Locator# 19429 Laura Perkins	19	20	21	22 *VIRTUAL* Cultural Humility 1:00pm – 2:00pm Locator# 19432 Carmen Toro-Wooten
24	25	26 *VIRTUAL* Trauma Informed Parenting 6:00pm – 4:00pm Locator# 19433 Carmen Toro-Wooten	27	28	

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 *VIRTUAL* Partnering with Primary Families 1:00pm-2:30pm Locator# 19435 Dave Zidar
3	4	5	6	7	8 *VIRTUAL* Attachment 10:00am - 12:00pm Locator# 19437 Separation, Grief, and Loss 1:00pm – 3:00pm Locator# 19440 Carmen Toro-Wooten
10 *VIRTUAL* Kinship Parenting 6:30pm - 8:20pm Locator# 19442 Lauri Wolfe	11	12	13	14	15 Management of Children with Challenging Behaviors 9:00am-4:00pm Locator# 19443 Dave Zidar
17 *VIRTUAL* Verbal De-Escalation 9:00am – 12:00pm Locator# 19444 Brian Lowery	18	19	20	21 *VIRTUAL* Trauma-Informed Care: The Neuroscience of Trauma and Resilience 9:00am – 4:00pm Locator# 19445 Laura Perkins	22 AHA Heartsaver First Aid and CPR Without Skills 9:00am – 4:00pm Locator# 194462 Ryan Hennessey
24	25	26	27	28	29
30	31				

January Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

Normalcy and the Reasonable and Prudent Standard: (2.75 Credit Hours) Locator#19314
DATE: January 2, 2025 Lamar King TIME: 5:30pm - 8:30pm
CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.

Lifelong Connections: Permanency for Older Youth (5.5 Credit Hours) Locator#19320
DATE: January 3, 2025 Lamar King TIME: 9:00am – 4:00pm
CONTENT: When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing (6 Credit Hours) Locator# 19461
DATE: January 11, 2025 Ryan Hennessey TIME: 9:00am – 4:00pm
CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice (2.75 Credit Hours) Locator# 19316
DATE: January 18, 2025 Lauri Wolfe TIME: 9:00am – 12:00pm
CONTENT: **Resource Readiness:** Legal and Ethical Issues

At-risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.

JOINT* *VIRTUAL

Stress, Anxiety Relief with EFT/Tapping-Introduction (2.75 Credit Hours) Locator# 16831
DATE: January 22, 2025 Carolyn Wilson TIME: 9:00am – 12:00pm
CONTENT: Straightforward Course for Immediate Skill Application
Now, more than ever, skills that help reduce stress, anxiety and improve unbiased, critical thinking are desperately needed. This workshop introduces Tapping, a simple and effective tool that quickly helps to reduce stress/anxiety and the effects of trauma and secondary trauma. Evidenced-based Emotional Freedom Technique (EFT), commonly called Tapping, is a self-regulation tool that offers rapid results and easy application. Gently tapping acupuncture meridian points on your own face and upper body helps ground a person, establishes calmness, and re-engages the thinking brain. Participants will also learn the brain science of how stress and anxiety affect critical and objective thinking, including how our childhood experiences influence how we relate to others. Having this awareness helps us to consider and reflect on how we treat others. This skill-building course is designed in a straightforward manner to enable the immediate use of Functional Tapping (FT), an abbreviated form of EFT. It's so easy to learn and use that participants will leave with the ability to reduce their stress and anxiety by Tapping and teaching it to another. With Tapping, stress relief is just a Tap away!

VIRTUAL

Trauma-Informed Care: The Neuroscience of Trauma and Resilience (5.5 Credit Hours) Locator# 19317
DATE: January 24, 2025 Laura Perkins TIME: 9:00am – 4:00pm
CONTENT: Participants will learn about the individualized nature of trauma, and how our clients' trauma responses can present as myriad maladaptive behaviors or symptoms. Using Dr. Bruce Perry's Neurosequential Model of Therapeutics and an orientation to Developmental Trauma, trauma will be explained from a biological perspective as well as an emotional one. We will learn how the brain is shaped by life experiences and discuss neuroplasticity in the context of both trauma and resilience. Participants will learn the importance of assessing for trauma to ensure trauma-responsive interventions and how to teach families about the impact of trauma on behavior, emotions, thinking, and relationships. They will learn how to deliver Trauma-informed care in their interactions with clients and will learn how to enhance resilience for both clients and themselves.

February Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Lifebooks: A Journey to the Future While Embracing the Past

(5.5 Credit Hours)

Locator# 19318

DATE: February 7, 2025

Linda Davis

TIME: 9:00am – 4:00pm

CONTENT: This workshop will discuss and answer the following questions about Lifebooks: why, who, what, when, and how. Philosophy, theory, and State Guidelines will be outlined to emphasize the importance of starting a Lifebook early in the child's life. Techniques will be presented to guide the caseworker, parent, foster caregiver, and child to work together to create a natural opportunity to understand the circumstances of the foster care and/or adoptive placement. Resources and sample pages of Lifebooks will be discussed and provided.

VIRTUAL

A World of Opportunities: Substance Use Indicators-Hidden in Plain Sight

(2.75 Credit Hours)

Locator# 17051

DATE: February 8, 2025

Tamme Smith

TIME: 5:30pm - 8:30pm

CONTENT: Learn about Ohio's drug trends while virtually exploring various settings and types of drug paraphernalia. Learn how to identify possible substance misuse through symptoms/signs. Finally, arm yourself with resources to support someone struggling with a substance use challenge.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator# 16495

DATE: February 8, 2025

Thasia Awad

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from**

2:00pm – 4:00pm. ** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

(2.75 Credit Hours)

Locator# 19335

DATE: February 13, 2025

Lauri Wolfe

TIME: 9:00am – 12:00pm

CONTENT: **Resource Readiness:** Legal and Ethical Issues

At-risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.

Confidence in the Court Process for Resource Caregivers

(2.75 Credit Hours)

Locator# 19336

DATE: February 13, 2025

Lauri Wolfe

TIME: 1:00pm – 4:00pm

CONTENT: A court-involved child protection case can be overwhelming due to the complex process, including understanding the timeline and hearings, preparing youth, and testifying. This course aims to provide a clear explanation of those issues as well as strategies to manage them. Additionally, the course will describe attorney tactics and identify tools to help individuals prepare for and effectively testify in court.

Interventions with Lying and Stealing

(5.5 Credit Hours)

Locator# 19427

DATE: February 15, 2025

Dave Zidar

TIME: 9:00pm – 4:00pm

CONTENT: This course helps foster parents and staff develop interventions with children who lie or steal. The central goal of this course is to provide a better understanding of the "function" of these behavior. - Why do foster children lie and steal? Central to the discussion are the development of empathy for these children and determining the types of interventions that work best.

VIRTUAL

Trauma-Informed Care: The Neuroscience of Trauma and Resilience

(5.5 Credit Hours)

Locator# 19429

DATE: February 18, 2025

Laura Perkins

TIME: 9:00am – 4:00pm

CONTENT: Participants will learn about the individualized nature of trauma, and how our clients' trauma responses can present as myriad maladaptive behaviors or symptoms. Using Dr. Bruce Perry's Neurosequential Model of Therapeutics and an orientation to Developmental Trauma, trauma will be explained from a biological perspective as well as an emotional one. We will learn how the brain is shaped by life experiences and discuss neuroplasticity in the context of both trauma and resilience. Participants will learn the importance of assessing for trauma to ensure trauma-responsive interventions and how to teach families about the impact of trauma on behavior, emotions, thinking, and relationships. They will learn how to deliver Trauma-informed care in their interactions with clients and will learn how to enhance resilience for both clients and themselves.

VIRTUAL

Cultural Humility

DATE: February 22, 2025

Carmen Toro-Wooten

(1 Credit Hours)

Locator# 19432

TIME: 1:00pm - 2:00pm

CONTENT: **Resource Readiness:** CULTURAL AND DIVERSITY ISSUES

This course provides participants with an overview of cultural humility and helps participants recognize the importance of honoring children's cultural identity and respecting families from varying races, religions, ethnicities, and economic statuses. Openness to a child's sexual orientation and gender identity and expression and viewing these differences from a strengths-based perspective is highlighted. This course shares strategies for parents who are fostering or adopting to respect as well as navigate differences in values from the children and families, while acknowledging imbalances of power and inequities.

VIRTUAL

Trauma Informed Parenting

DATE: February 26, 2025

Carmen Toro-Wooten

(2 Credit Hours)

Locator# 19433

TIME: 6:00pm - 8:00pm

CONTENT: **Resource Readiness:** TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn the three Rs (Regulate, Relate, Reason) and other practical trauma-informed parenting strategies. Trauma support resources for children are described. Participants will recognize the importance of finding activities to have fun with children; recognize the importance of connected parenting and the relationship as the foundational cornerstone; understand how to promote healthy behaviors; and recognize the importance of parent's self-regulation. Also highlighted are ways to be proactive versus reactive and the difference between discipline and punishment.

March Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Partnering with Primary Families

DATE: March 1, 2025

Dave Zidar

(1.5 Credit Hours)

Locator# 19435

TIME: 1:00pm - 2:30pm

CONTENT: This course, part of the Preservice training series, helps learners understand their need to partner with the primary family for the child's benefit. The importance of empathy is explored, and learners consider child protection from the perspective of the primary family. Learners will hear about the value of partnering from those with lived experience.

VIRTUAL

Attachment

DATE: March 8, 2025

Carmen Toro-Wooten

(2 Credit Hours)

Locator# 19437

TIME: 10:00am - 12:00pm

CONTENT: **Resource Readiness** - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

VIRTUAL

Separation, Grief, and Loss

DATE: March 8, 2025

Carmen Toro-Wooten

(2 Credit Hours)

Locator# 19440

TIME: 1:00pm - 3:00pm

CONTENT: **Resource Readiness** - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants understand the impact of separation and ambiguous loss, and the different ways children grieve. Life-long grieving and the importance of providing opportunities for grieving is explored. Strategies to help children deal with grief and loss are identified. Participants will understand loss and fractured attachments with birth family members and previous placements; recognize the importance of establishing and maintaining essential relationships with and for children; understand the impact of frequent moves and the importance of managing transitions for children; and understand the separation, grief and loss experienced by all members of the foster/adoption network.

VIRTUAL

Kinship Parenting

DATE: March 10, 2025

Lauri Wolfe

(1.83 Credit Hours)

Locator# 19442

TIME: 6:30pm - 8:20pm

CONTENT: This one hour and 50 minute course acknowledges the complexities associated with caring for children who are related, including divided loyalties, redefining roles, and relationships, setting boundaries with parents and other relatives, and the range of emotions, including anger, resentment, guilt, and/or embarrassment that caregivers can feel. Strategies for managing family dynamics and conflicts, identifying triggers, and effectively managing stress are shared.

Management of Children with Challenging Behaviors

(5.5 Credit Hours)

Locator# 19443

DATE: March 15, 2025

Dave Zidar

TIME: 9:00am - 4:00pm

CONTENT: This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course’s goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

VIRTUAL

Verbal De-escalation in Child Welfare

(2.75 Credit Hours)

Locator# 19444

DATE: March 17, 2025

Brian Lowery

TIME: 9:00am - 12:00pm

CONTENT: **Resource Readiness** - FAMILY SAFETY

This class will examine how pre-placement experiences and current stressors may affect a foster child's emotions, leading to escalating behaviors. This workshop reviews the skills of active listening, non-violent communication, and de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, which will enable them to more successfully deal with emotional or physical crisis which can occur with children living in out of home care.

VIRTUAL

Trauma-Informed Care: The Neuroscience of Trauma and Resilience

(5.5 Credit Hours)

Locator# 19445

DATE: March 21, 2025

Laura Perkins

TIME: 9:00am – 4:00pm

CONTENT: Participants will learn about the individualized nature of trauma, and how our clients’ trauma responses can present as myriad maladaptive behaviors or symptoms. Using Dr. Bruce Perry’s Neurosequential Model of Therapeutics and an orientation to Developmental Trauma, trauma will be explained from a biological perspective as well as an emotional one. We will learn how the brain is shaped by life experiences and discuss neuroplasticity in the context of both trauma and resilience. Participants will learn the importance of assessing for trauma to ensure trauma-responsive interventions and how to teach families about the impact of trauma on behavior, emotions, thinking, and relationships. They will learn how to deliver Trauma-informed care in their interactions with clients and will learn how to enhance resilience for both clients and themselves.

AHA Pediatric Heartsaver First Aid and CPR Without Skills Testing

(6 Credit Hours)

Locator# 19462

DATE: March 22, 2025

Ryan Hennessey

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

Filters Reset

DURATION ▼

TYPE ▼

MODALITY ▼


SUBJECT ▲

- Pathway: Resource Family Readiness (20)
- Permanency (10)
- Personnel Management (1)
- Physical/Medical Health (17)
- Physical/Medical Health: Activities of Daily Living (2)
- Physical/Medical Health: Neurocognition (4)
- Placement (13)
- Planning (10)
- Population Served:

PROVIDER ▼


20 Results Event Calendar

Pathway: Resource Family Readiness x




Event
(2.75) Born Addicted: Promoting Best Care
2 hours, 45 minutes

...




Event
(2.75) Communicable Disease
2 hours, 45 minutes

...




Event
(2.75) PLEASE Don't Share! Communicable
2 hours, 45 minutes

...




Event
(4) The Basics of Caring for Children Who Have
4 hours

...




Event
(2.75) The Effects of Fostering
2 hours, 45 minutes

...




Event
(2.75) Engaging Primary Families
2 hours, 45 minutes

...



Event
(2.75) An Overview of Legal Issues for Foster
2 hours, 45 minutes

...



Event
(2.75) Understanding the Legal Process and th
2 hours, 45 minutes

...

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

15

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASE

- Communicable Diseases – Protecting Your Family's Health
- Please DON'T Share! Communicable Disease and Children

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Optimizing Health, Development and Safety Outcomes for Infants Who Have Experienced Prenatal Substance Exposure (TD)
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent

EDUCATION ADVOCACY

- Education
- Education Advocacy

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment
- Separation, Grief, and Loss
- Trauma Related Behaviors
- Trauma Informed Parenting
- Understanding and Building Attachment

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations
- Family Dynamics
- The Effects of Fostering

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- An Overview of Legal Issues for Foster Parents
- Ethical Considerations for Resource Caregivers
- Confidence om the Court Process for Resource Caregivers
- Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.

New Courses for Caregivers

Trainer: Cassandra Reineck

[Courses now available in CAPS LMS for scheduling](#)



Beyond Burnout: How Foster Caregivers Can Build Resilience While Caring for Children with ADHD (2.75 hours)

Resource Readiness Topic: Mental Health, Self-Regulation, and Self-Care Description: Gain insight and practical strategies to use when caring for children diagnosed with ADHD, including understanding of the diagnosis and the intersection of ADHD and trauma.

Fostering Alliances: Collaborating with Primary Parents Facing Addiction (2.75 hours)

Resource Readiness Topic: Substance Use

Description: Learn about challenges related to caring for children whose primary family is dealing with addiction, and strategies for supporting those children. You will review signs of addiction, discuss open and nonjudgemental communication, and explore age-appropriate language.

Trainer: Brian Bethel

The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions (2.75 hours)

Reactive Attachment Disorders are a group of mental health disorders in which the child is unable to form healthy relationships, particularly with their primary caregiver. While Attachment Disorders are complex, parents and caregivers can serve as important resources for advocating and guiding children through the treatment process. Since early intervention is key to the most positive of outcomes it is important that caregivers are competent in the recognition and awareness of attachment challenges. This training provides an introductory overview of Reactive Attachment Disorders and emphasizes the importance of early intervention and research-supported treatment for empowering children with attachment disruption.



EDUCATION SERIES FOR CAREGIVERS

2025

- January 14: Section 504
- February 13: Positive Behavioral Interventions & IDEA
- March 12: Understanding Bullying
- April 8: Autism Awareness
- May 15: Understanding ADHD



*This limited series is offered in partnership with the Ohio Coalition for the Education of Children with Disabilities.
All of these courses fulfill the Resource Readiness requirement for a course in the "Education" topic.*

Computer Literary Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
301 Adams Street, Toledo, OH 43604

Directions To:
Lucas County Children Services Conference & Training Center
301 Adams Street
Toledo, Ohio 43604



From the North:

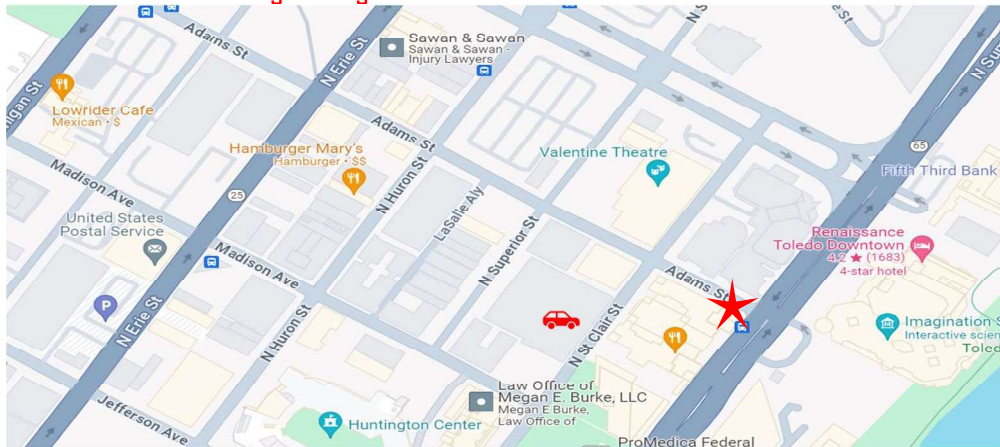
- ⇒ Take I-75 South
- ⇒ Exit 202A onto Washington
- ⇒ Turn Left on Erie Street
- ⇒ Turn Right on Adams Street
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right



From the South:

- ⇒ Take I-75 North toward Toledo/Detroit
- ⇒ Exit onto Anthony Wayne Trail
- ⇒ Take Erie Street to Adams Street
- ⇒ Turn Right on Adams
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

****You must enter the building through the door nearest to the corner of Adams and Summit St.****



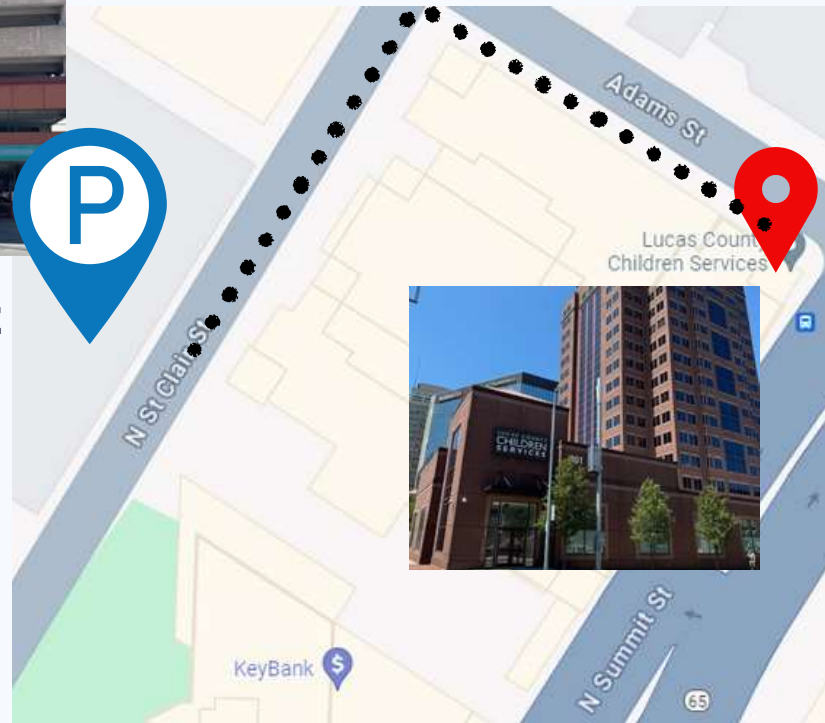
NWORTC
301 Adams St.
Toledo, OH 43604

Park Smart Garage
334 N. Superior St.
Toledo, OH 43604

NWORTC

PARKING & BUILDING ENTRY

- **PARK SMART GARAGE IS THE CLOSEST: 334 N. SUPERIOR PULL A TICKET AND BRING IT**
- **WITH YOU DO NOT PARK IN**
- **RESERVED SPACES**



- **ON FOOT, EXIT THE GARAGE LEFT ONTO SAINT CLAIR ST. AND THEN RIGHT ONTO ADAMS ST.**
- **ENTER LUCAS CO. CHILDREN SERVICES AT 301 ADAMS AND SIGN IN WITH SECURITY**



- **SEE A TRAINING CENTER STAFF MEMBER TO HAVE YOUR PARKING TICKET VALIDATED BEFORE YOU LEAVE.**

Questions?

Catrina.Carwell@jfs.ohio.gov 

419-213-3505 