

2025

# *Winter* Foster Parent Training



**Department of  
Children & Youth**

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**Southeast Ohio Regional Training Center**

**SEORTC  
2099 E STATE STREET  
SUITE A  
ATHENS, OH  
740-592-9082**

# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Holiday Happy New Years 	2	3	4
5	6	7	8	9	10	11 Fetal Alcohol Spectrum Disorder: Hidden Struggle @ Perry County CS 10-1pm
12	13	14	15 VIRTUAL The Education Rights of Children in Foster Care in Ohio 6-8pm	16	17	18
19	20 Holiday 	21 VIRTUAL CAREGIVER COACH EXPRESS CLASS 12-1 PM OR 7-8 PM	22	23	24	25 Preventing Foster and Adoption Care Disruptions @SEORTC 9-4pm
26	27	28 VIRTUAL Preventing and Solving Sibling Conflict 6-9pm	29 Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children @SEORTC 5-8 pm	30 Discovering Wellness: Looking at Seven Areas of Well-being @SEORTC 9-4 pm		

# JANUARY

**IN-PERSON TRAINING**, JANUARY 11, 2025, 10 AM-1 PM, FETAL ALCOHOL SPECTRUM DISORDERS: A HIDDEN STRUGGLE AT PERRY COUNTY CHILDREN SERVICES (526 MILL STREET, NEW LEXINGTON). TRAINER- KAREN CHENNELLS.

**SUBJECTS- CHILD DEVELOPMENT: DEVELOPMENTAL ISSUES**

THE COURSE WILL COVER WHAT FASDS ARE, THE PRIMARY SYMPTOMS OF THIS BRAIN-BASED DISABILITY, THE DIFFERENCE BETWEEN WILLFUL MISBEHAVIOR AND SYMPTOMS OF FASD, HOW SECONDARY SYMPTOMS CAN CAUSE MISDIAGNOSES, AND HOW TO FIND THE SUPPORT AND HELP NEEDED TO GET A CHILD DIAGNOSED AND PROPERLY SUPPORTED.

**\*\* MUST COMPLETE THIS COURSE FOR FETAL ALCOHOL SPECTRUM DISORDER- PART 2 SCHEDULED JUNE 10, 2025 @ SEORTC.**

**VIRTUAL TRAINING**, JANUARY 15, 2025, 6 PM - 8 PM, THE EDUCATION RIGHTS OF CHILDREN IN FOSTER CARE IN OHIO. TRAINER- SHARON DUNLEVY.

**SUBJECTS-EDUCATION, FOSTER CARE, PATHWAY: RESOURCE FAMILY READINESS /RESOURCE READINESS - EDUCATION ADVOCACY**

SINCE 2016, CHILDREN IN FOSTER CARE NATIONALLY HAVE HAD VERY SPECIFIC EDUCATIONAL RIGHTS THAT WERE ENACTED WITH THE PASSING OF EVERY STUDENT SUCCEEDS ACT (ESSA), HOWEVER, THERE ARE STILL MANY SCHOOL AND CHILD WELFARE SYSTEMS THAT DO NOT UNDERSTAND THESE RIGHTS AND THEREFORE DO NOT IMPLEMENT OR ENFORCE THEM AS THEY SHOULD. IT IS IMPORTANT FOR EVERY FOSTER PARENT TO KNOW THE RIGHTS PROTECTED UNDER ESSA AS WELL AS OTHER LAWS SO THAT THE STUDENTS IN THEIR CARE HAVE THE BEST CHANCE OF SUCCEEDING IN SCHOOL AND GRADUATING READY TO ATTEND COLLEGE OR PURSUE A CAREER.

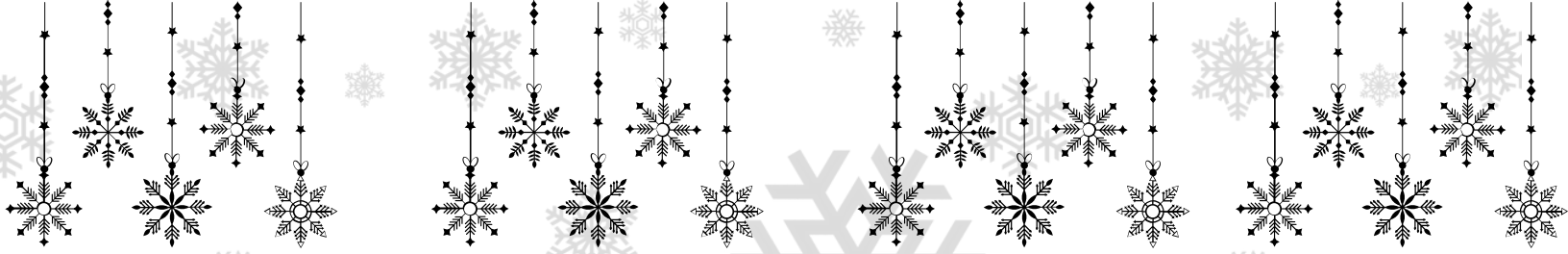
**VIRTUAL**-JANUARY 21, 2025, 12-1 PM OR 7-8 PM. FOR MORE INFORMATION ON THE CAREGIVER COACH EXPRESS CLASSES, EMAIL MELISA STEWART AT [MELISA.STEWART@JFS.OHIO.GOV](mailto:MELISA.STEWART@JFS.OHIO.GOV)

**IN-PERSON TRAINING**, JANUARY 25, 2025, FROM 9-4 PM, PREVENTING FOSTER AND ADOPTION CARE DISRUPTIONS@ SEORTC,(2099 E STATE STREET, SUITE A, ATHENS).

**SUBJECTS- ASSESSMENT, COLLABORATION / TEAMING, COLLABORATION / TEAMING: INTRA AND INTER AGENCY TEAMS, COMMUNICATION, CRISIS INTERVENTION, FOSTER CARE, KINSHIP CARE, LIFEBOOK/CHILD'S HISTORY, MAINTAINING CONNECTIONS, MALTREATMENT, PERMANENCY, POST ADOPTION SERVICES, PREVENTION, PLACEMENT, REUNIFICATION, RULES/POLICY/LAWS. RULES/POLICY/LAWS: AGENCY POLICIES AND PROCEDURES, STRESS, STRESS: STRESS MANAGEMENT**

DISRUPTION DOES NOT HAVE TO DETERMINE THE END OF THE RELATIONSHIP. THIS TRAINING WILL HELP PARTICIPANTS KNOW HOW TO RESPOND TO YOUTH WHO ARE STRUGGLING. PARTICIPANTS WILL DISCOVER WHAT IT TAKES TO HELP YOUTH FEEL LIKE THEY BELONG. FOSTER AND ADOPTIVE PARENTS WILL LEARN THE KEYS TO STAYING ON COURSE AND WILL EXPLORE HOW TRUST FILTERS HELP PREVENT DISRUPTIONS.





**VIRTUAL TRAINING**, JANUARY 28, 2025, 6 PM - 9 PM, PREVENTING AND SOLVING SIBLING CONFLICT. TRAINER- JODY JOHNSTON PAWEL.

**SUBJECTS- CONFLICT MANAGEMENT**

THIS INFORMATIVE WORKSHOP OFFERS TIPS FOR INTRODUCING NEW CHILDREN INTO THE FOSTER FAMILY, PREVENTING SIBLING RIVALRY, AND RESOLVING SIBLING/PEER CONFLICTS IN WAYS THAT TEACH CHILDREN HOW TO RESOLVE CONFLICT INDEPENDENTLY AND PEACEFULLY. THESE TECHNIQUES RESULT IN LESS COMPETING, COMPARING, COMPLAINING, ARGUING, FIGHTING, AND TATTLING, AND MORE SHARING, COOPERATING, LISTENING, COMMUNICATING, RESPECT, PEACE, AND INDEPENDENT CONFLICT RESOLUTION.

**NEW TRAINING**

**IN-PERSON TRAINING**, JANUARY 29, 2025, 5-8 PM, MAKING ROOM IN THE FAMILY: UNDERSTANDING THE IMPACT OF FOSTER CARE/ADOPTION ON BIO/PERMANENT CHILDREN @ SEORTC (2099 E STATE STREET, SUITE A, ATHENS.)  
TRAINER- JAYNE SCHOOLER.

**SUBJECTS- ADOPTION, ATTACHMENT/RELATIONSHIP BUILDING, CHILD DEVELOPMENT, CHILD DEVELOPMENT: SUPPORTING AND ENHANCING, PLACEMENT, SOCIAL SUPPORTS, WELL-BEING** THESE ARE JUST A SAMPLING OF COMMENTS AND QUESTIONS OFTEN ASKED DURING THIS MOST INFORMATIVE AND PRACTICAL WORKSHOP. ONE OF THE MOST CRITICAL AREAS OFTEN NEGLECTED IN FOSTER CARE AND ADOPTION PREPARATION AND DISCUSSION IS THE IMPACT THAT THIS HAS ON CHILDREN ALREADY IN THE HOME. THIS WORKSHOP EXPLORES TEN CONCERNS FOR BIRTH/PERMANENT CHILDREN IN THE HOME AND STRATEGIES TO MANAGE THOSE CONCERNS WHEN THEY ARISE.

**NEW TRAINING**

**IN-PERSON TRAINING-** JANUARY 30, 2025, 9-4 PM, DISCOVERING WELLNESS: LOOKING AT SEVEN AREAS OF WELL-BEING @ SEORTC (2099 E STATE STREET, SUITE A, ATHENS).  
TRAINER-JAYNE SCHOOLER.

**SUBJECTS- BEHAVIORAL HEALTH, CRISIS INTERVENTION, MENTAL HEALTH, PREVENTION, RESILIENCE/POST-TRAUMATIC GROWTH, SOCIAL SUPPORTS, STRESS, STRESS MANAGEMENT.**

IT'S TRUE, PARENTING CHILDREN FROM CHALLENGING BACKGROUNDS CAN BE INCREDIBLY DEMANDING, AND IT'S EASY TO NEGLECT ONE'S OWN WELL-BEING IN THE PROCESS. PARKER PALMER'S PERSPECTIVE ON SELF-CARE IS A POWERFUL REMINDER OF ITS IMPORTANCE. BY TAKING CARE OF OURSELVES, WE ARE BETTER EQUIPPED TO CARE FOR OTHERS. IN THIS INTERACTIVE WORKSHOP, WE FOCUS ON THE SEVEN AREAS OF WELLNESS THAT OFFERS WILL PROVIDE A COMPREHENSIVE APPROACH TO SELF-CARE.



# February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Understanding and Building Attachment @SEORTC 5-8 pm	5	6 <b>VIRTUAL</b> Don't Talk...Don't Trust...Don't Feel: Growing Up with an Addicted Parent 530-830 pm	7	8
9	10	11 <b>VIRTUAL</b> CAREGIVER COACH EXPRESS CLASS 12-1 PM OR 7-8 PM	12	13	14 	15
16	17 Holiday 	18 <b>VIRTUAL</b> Tools for Takeoff: Independent Living Transition Planning 530-830 pm	19	20 <b>VIRTUAL</b> Lifebooks: A Journey to the Future While Embracing the Past 9-4 pm	21	22 Double Jeopardy: The Complexity of the Dual Diagnosis @ SCOJFS/Ross 9-4 pm
23	24	25	26	27	28	

# FEBRUARY

**IN-PERSON TRAINING**, FEBRUARY 4, 2025, FROM 5-8 PM ON UNDERSTANDING AND BUILDING ATTACHMENT @ SEORTC (2099 E STATE STREET, SUITE A, ATHENS)

TRAINER- CECE NORWOOD

**SUBJECTS-** ADOPTION, ATTACHMENT/RELATIONSHIP BUILDING, CHILD DEVELOPMENT, FOSTER CARE, GRIEF AND LOSS, KINSHIP CARE, MALTREATMENT, MENTAL HEALTH, SERIES: FUNDAMENTALS OF FOSTERING PATHWAY: RESOURCE FAMILY READINESS, SAFETY, SEPARATION, TRAUMA

THIS TRAINING, SPECIFICALLY DESIGNED FOR LICENSED RESOURCE FAMILIES, IN THE EARLY YEARS OF THEIR CAREGIVING DEVELOPMENT, WILL PROVIDE PARTICIPANTS WITH AN UNDERSTANDING OF HOW ATTACHMENT DEVELOPS AND THE FOUR ATTACHMENT STYLES. PARTICIPANTS WILL LEARN INDICATORS FOR EACH ATTACHMENT STYLE AND STRATEGIES TO HELP CHILDREN DEVELOP ATTACHMENTS. THIS TRAINING IS PART OF THE FUNDAMENTALS OF FOSTERING SERIES.

**VIRTUAL TRAINING**, FEBRUARY 6, 2025, FROM 530-830 PM DON'T TALK...DON'T TRUST...DON'T FEEL: GROWING UP WITH AN ADDICTED PARENT

TRAINER: BRIAN LOWERY

**SUBJECTS-** FOSTER CARE, PATHWAY: RESOURCE FAMILY READINESS, SUBSTANCE USE

THIS TRAINING WILL PROVIDE AN UNDERSTANDING OF THE DYNAMICS OF GROWING UP IN A HOME WHERE ONE OF THE PRIMARY CAREGIVERS IS ABUSING SUBSTANCES OR IS ADDICTED. WE WILL EXAMINE ROLES CHILDREN TAKE ON TO MEET THEIR NEEDS AND BRING BALANCE TO THEIR FAMILY, AND HOW THOSE ROLES MAY TRANSFER INTO A KINSHIP/FOSTER HOME. ATTENDEES WILL BE ARMED WITH TOOLS AND STRATEGIES TO SUPPORT THESE CHILDREN DURING OUT-OF-HOME PLACEMENT AND UPON RETURNING HOME.

**VIRTUAL**-FEBRUARY 11, 2025, 12-1 PM OR 7-8 PM. FOR MORE INFORMATION ON THE CAREGIVER COACH EXPRESS CLASSES, EMAIL MELISA STEWART AT [MELISA.STEWART@JFS.OHIO.GOV](mailto:MELISA.STEWART@JFS.OHIO.GOV)





**VIRTUAL TRAINING**, FEBRUARY 18, 2025, FROM 530-830 PM TOOLS FOR TAKEOFF:

INDEPENDENT LIVING TRANSITION PLANNING

TRAINER: BRIAN LOWERY

**SUBJECTS- ADOPTION ASSESSMENT, FOSTER CARE, INDEPENDENT LIVING, KINSHIP CARE, POPULATION SERVED: ADOLESCENTS/JUVENILES, PLANNING, PATHWAY: LIFE SKILLS PATHWAY**

IN THIS TRAINING, RESOURCE PARENTS WILL GAIN ACCESS TO THE TOOLS AND RESOURCES AVAILABLE FOR THEIR YOUTH AGES FOURTEEN AND UP. THEY WILL BECOME FAMILIAR WITH VARIOUS INDEPENDENT LIVING ASSESSMENTS AND WILL DISCOVER HOW THE SCORES OF THOSE ASSESSMENTS' TRANSFER TO AN INDEPENDENT LIVING PLAN. PARENTS WILL RECOGNIZE THE VALUE OF WORKING AS A TEAM WITH THEIR YOUTH'S CASEWORKER AND YOUTH. RESOURCE PARENTS WILL REVIEW THE ODJFS TOOLKIT AND VARIOUS RESOURCES THAT ARE AVAILABLE TO ASSIST THEIR YOUTH TOWARD SUCCESSFUL EMANCIPATION.

**VIRTUAL TRAINING**, FEBRUARY 20, 2025, FROM 9-4 PM LIFEBOOKS: A JOURNEY TO THE FUTURE WHILE EMBRACING THE PAST

TRAINER: LINDA DAVIS

**SUBJECTS-ADOPTION, DOCUMENTATION, FOSTER CARE, LIFEBOOK/CHILD'S HISTORY PERMANENCY**

THIS WORKSHOP WILL DISCUSS AND ANSWER THE FOLLOWING QUESTIONS ABOUT LIFEBOOKS: WHY, WHO, WHAT, WHEN, AND HOW. PHILOSOPHY, THEORY, AND STATE GUIDELINES WILL BE OUTLINED TO EMPHASIZE THE IMPORTANCE OF STARTING A LIFEBOOK EARLY IN THE CHILD'S LIFE. TECHNIQUES WILL BE PRESENTED TO GUIDE THE CASEWORKER, PARENT, FOSTER CAREGIVER, AND CHILD TO WORK TOGETHER TO CREATE A NATURAL OPPORTUNITY TO UNDERSTAND THE CIRCUMSTANCES OF THE FOSTER CARE AND/OR ADOPTIVE PLACEMENT. RESOURCES AND SAMPLE PAGES OF LIFEBOOKS WILL BE DISCUSSED AND PROVIDED.

**IN-PERSON TRAINING**, FEBRUARY 22, 2025, FROM 9-4 PM DOUBLE JEOPARDY: THE COMPLEXITY OF THE DUAL DIAGNOSIS @ 475 WESTERN AVE., CHILLICOTHE

TRAINER- BRIAN BETHEL

**SUBJECTS- MENTAL HEALTH SOCIAL SUPPORTS SUBSTANCE USE TREATMENT INTERVENTIONS**

A DUAL DIAGNOSIS OCCURS WHEN AN INDIVIDUAL IS AFFECTED BY BOTH CHEMICAL DEPENDENCY AND AN EMOTIONAL OR PSYCHIATRIC ILLNESS. INDIVIDUALS WHO PRESENT WITH COEXISTING DISORDERS OFTEN REQUIRE SPECIALIZED SERVICES. CURRENT RESEARCH INDICATES THE BEST OUTCOMES OCCUR WHEN BOTH DISORDERS ARE TREATED SIMULTANEOUSLY. HOWEVER, SOCIAL SERVICES, ON THE WHOLE, ARE NOT WELL PREPARED TO DEAL WITH PEOPLE WHO HAVE BOTH DISORDERS. QUITE OFTEN ONLY ONE OF THE TWO PROBLEMS IS IDENTIFIED. THIS WORKSHOP WILL PROVIDE AN OVERVIEW OF THE DUAL DIAGNOSIS AND WILL ADDRESS THE CHALLENGES COMMONLY ASSOCIATED WITH THIS POPULATION. IN ADDITION, PARTICIPANTS WILL BE EXPOSED TO EVIDENCED-BASED TREATMENT STRATEGIES FOR DUAL DIAGNOSED SERVICES.

# March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>INPERSON</b> <sup>1</sup> <b>CAREGIVER COACH EXPRESS CLASS 10-12 PM</b>
2	3 An Overview of Psychotropic Medication for Children: Just What the Doctor Ordered @SEORTC 9-4pm	4 Financial Preparation and Support for Foster Youth @SEORTC 5-8:15 pm	5	6	7	8
9	10 <b>VIRTUAL</b> Stress, Anxiety Relief with EFT/Tapping- Introduction 9-12 pm	11	12	13 Normalcy and the Reasonable and Prudent Parent Standard @SEORTC 9-12 pm & Interventions for Children who have Suffered Trauma @SEORTC 1-4 pm	14	15
16	17 	18 <b>VIRTUAL</b> Parenting in Racially and Culturally Diverse Families 6-730 pm	19	20 <b>VIRTUAL</b> <b>CAREGIVER COACH EXPRESS CLASS 12-1 PM OR 7-8 PM</b>	21	22
23	24	25	26 <b>VIRTUAL</b> Ethical Considerations for Resource Caregivers 6-8 pm	27	28	29
30	31					





# MARCH



**IN-PERSON-MARCH 1, 2025, 10-12PM@SEORTC.**

**FOR MORE INFORMATION ON THE CAREGIVER COACH EXPRESS CLASSES, EMAIL MELISA STEWART AT MELISA.STEWART@JFS.OHIO.GOV**

**IN-PERSON TRAINING MARCH 3, 2025, FROM 9-4 PM, AN OVERVIEW OF PSYCHOTROPIC MEDICATION FOR CHILDREN: JUST WHAT THE DOCTOR ORDERED**  
**TRAINER: BRIAN BETHEL @ SEORTC 2099 E STATE STREET, SUITE A, ATHENS.**

**SUBJECTS-MENTAL HEALTH, SERVICES**

OVER THE LAST DECADE A GREAT DEAL OF ATTENTION HAS BEEN GIVEN TO THE TREATMENT OF CHILDREN WITH PSYCHOTROPIC MEDICATIONS. CHILDREN WHO ARE IDENTIFIED WITHIN THE CHILD WELFARE SYSTEM ARE MORE SUSCEPTIBLE TO MENTAL AND/OR EMOTIONAL DISORDERS. CONSEQUENTLY, SOCIAL SERVICE PROFESSIONALS MUST KEEP ABREAST OF THE NEW DEVELOPMENTS FOR CHILDREN WITH MENTAL HEALTH DISORDERS. THIS WORKSHOP WILL EXPLORE ISSUES RELEVANT TO THE ASSESSMENT AND PSYCHOPHARMACOLOGICAL MANAGEMENT OF CHILDREN AND ADOLESCENTS WHO HAVE MENTAL HEALTH CONDITIONS. AN OVERVIEW OF COMMONLY PRESCRIBED MEDICATIONS WILL BE OFFERED TO ASSIST PARTICIPANTS IN GAINING A BETTER UNDERSTANDING OF PSYCHOPHARMACOLOGICAL TREATMENT OF CHILDREN. PARTICIPANTS WILL INCREASE THEIR KNOWLEDGE REGARDING "EVIDENCED-BASED" PRACTICE FOR THE TREATMENT OF CHILDREN WITH MENTAL AND EMOTIONAL DISORDERS.

**IN-PERSON TRAINING MARCH 4, 2025, FROM 5-8:15 PM, FINANCIAL PREPARATION AND SUPPORT FOR FOSTER YOUTH**

**TRAINER: CECE NORWOOD @ SEORTC 2099 E STATE STREET, SUITE A, ATHENS.**

**SUBJECTS- ADOPTION ASSESSMENT, FOSTER CARE, INDEPENDENT LIVING, KINSHIP CARE, POPULATION SERVED: ADOLESCENTS/JUVENILES, PLANNING, PATHWAY: LIFE SKILLS PATHWAY**

FINANCIAL PREPARATION AND SUPPORT ARE PARTICULARLY CRITICAL FOR YOUTH IN FOSTER CARE. THROUGHOUT THE STATE, YOUTH AND YOUNG ADULTS IN FOSTER CARE ARE OFTEN (A.) NOT GIVEN AN ALLOWANCE, (B.) NOT ALLOWED TO HAVE A BANK ACCOUNT, AND (C.) NOT INFORMED NOR GIVEN THE OPPORTUNITY TO PRACTICE MAKING FINANCIAL DECISIONS. AFTER LEAVING FOSTER CARE, THEY ARE OFTEN IMMEDIATELY RESPONSIBLE FOR ALL ASPECTS OF THEIR FINANCES. UNLESS THEY HAVE BASIC FINANCIAL KNOWLEDGE OR AN ADULT WILLING TO PROVIDE GUIDANCE, THEY CAN MAKE DECISIONS THAT MAY NEGATIVELY IMPACT THEIR FINANCIAL WELL-BEING FAR INTO THEIR FUTURE. THIS TRAINING WILL PROVIDE RESOURCE CAREGIVERS AND CASEWORKERS WITH A BETTER UNDERSTANDING OF WHY IT IS CRITICAL FOR YOUTH TO LEARN AND PRACTICE MAKING FINANCIAL DECISIONS BEFORE LEAVING FOSTER CARE. PARTICIPANTS WILL LEARN ABOUT RESOURCES, TEACHING METHODS, AND COMMON FINANCIAL TERMS TO SHARE WITH YOUTH IN THEIR CARE.



**VIRTUAL TRAINING** MARCH 10, 2025, FROM 9-12:00 PM, STRESS, ANXIETY RELIEF WITH EFT/TAPPING-INTRODUCTION

TRAINER: TIJANA COSO

**SUBJECTS- MENTAL HEALTH, RESILIENCE/POST-TRAUMATIC GROWTH, STRESS  
STRESS: STRESS MANAGEMENT, SELF-CARE**

STRAIGHTFORWARD COURSE FOR IMMEDIATE SKILL APPLICATION

NOW, MORE THAN EVER, SKILLS THAT HELP REDUCE STRESS, ANXIETY AND IMPROVE UNBIASED, CRITICAL THINKING ARE DESPERATELY NEEDED. THIS WORKSHOP INTRODUCES TAPPING, A SIMPLE AND EFFECTIVE TOOL THAT QUICKLY HELPS TO REDUCE STRESS/ANXIETY AND THE EFFECTS OF TRAUMA AND SECONDARY TRAUMA.

EVIDENCED-BASED EMOTIONAL FREEDOM TECHNIQUE (EFT), COMMONLY CALLED TAPPING, IS A SELF-REGULATION TOOL THAT OFFERS RAPID RESULTS AND EASY APPLICATION. GENTLY TAPPING ACUPUNCTURE MERIDIAN POINTS ON YOUR OWN FACE AND UPPER BODY HELPS GROUND A PERSON, ESTABLISHES CALMNESS, AND RE-ENGAGES THE THINKING BRAIN. PARTICIPANTS WILL ALSO LEARN THE BRAIN SCIENCE OF HOW STRESS AND ANXIETY AFFECT CRITICAL AND OBJECTIVE THINKING, INCLUDING HOW OUR CHILDHOOD EXPERIENCES INFLUENCE HOW WE RELATE TO OTHERS. HAVING THIS AWARENESS HELPS US TO CONSIDER AND REFLECT ON HOW WE TREAT OTHERS.

THIS SKILL-BUILDING COURSE IS DESIGNED IN A STRAIGHTFORWARD MANNER TO ENABLE THE IMMEDIATE USE OF FUNCTIONAL TAPPING (FT), AN ABBREVIATED FORM OF EFT. IT'S SO EASY TO LEARN AND USE THAT PARTICIPANTS WILL LEAVE WITH THE ABILITY TO REDUCE THEIR STRESS AND ANXIETY BY TAPPING AND TEACHING IT TO ANOTHER. WITH TAPPING, STRESS RELIEF IS JUST A TAP AWAY!

**IN-PERSON TRAINING** MARCH 13, 2025, FROM 9- 12:00 PM, NORMALCY AND THE REASONABLE AND PRUDENT PARENT STANDARD

TRAINER: DAVID ZIDAR @ SEORTC 2099 E STATE STREET, SUITE A, ATHENS

**SUBJECTS-ADOPTION, CHILD DEVELOPMENT, CHILD DEVELOPMENT: SUPPORTING AND ENHANCING, FOSTER CARE, KINSHIP CARE, RULES/POLICY/LAWS, WELL-BEING**

THIS TRAINING INTRODUCES CAREGIVERS TO THE CONCEPT OF NORMALCY AND DEFINES THE REASONABLE AND PRUDENT PARENT STANDARD (RPPS). CAREGIVERS WILL LEARN WHAT NEEDS TO BE CONSIDERED WHEN APPLYING THE RPPS, AND WILL PRACTICE APPLYING THE STANDARD IN A NUMBER OF SCENARIOS..

**IN-PERSON TRAINING** MARCH 13, 2025, FROM 1:00- 4:00 PM, INTERVENTIONS FOR CHILDREN WHO HAVE SUFFERED TRAUMA

TRAINER: DAVID ZIDAR @ SEORTC 2099 E STATE STREET, SUITE A, ATHENS

**SUBJECTS-ABANDONMENT, ADVOCACY, ATTACHMENT/RELATIONSHIP BUILDING  
BEHAVIORAL HEALTH, CHILD DEVELOPMENT, COLLABORATION / TEAMING, ENGAGEMENT  
WELL-BEING**

CHILDREN IN FOSTER CARE HAVE A VASTLY HIGHER RATE OF TRAUMA THAN THEIR NON-FOSTER PEERS. SOME ESTIMATES ARE THAT 51% OF THE CHILDREN IN CARE SUFFER POST-TRAUMATIC STRESS DISORDER. ALL ADULTS IN THESE CHILDREN'S LIVES MUST HAVE AN UNDERSTANDING OF THE ROLE TRAUMA PLAYS IN THEIR BEHAVIOR AND ACHIEVEMENT OF DEVELOPMENTAL MILESTONES. PARTICIPANTS NEED TO UNDERSTAND THAT THE IMPACT OF TRAUMA IS IDIOSYNCRATIC - EACH CHILD WILL MANIFEST IT DIFFERENTLY. PARTICIPANTS WILL LEARN WAYS TO HELP IMPROVE FUNCTIONING, AS WELL AS HOW TO WORK WITH THE MENTAL HEALTH SYSTEM.

**VIRTUAL TRAINING** MARCH 18, 2025, FROM 6-7:30 PM, PARENTING IN RACIALLY AND CULTURALLY DIVERSE FAMILIES

TRAINER: JODY JOHNSTON PAWEL

**SUBJECTS- PATHWAY: RESOURCE FAMILY READINESS ,SERIES: NATIONAL TRAINING  
DEVELOPMENT CURRICULUM (NTDC), PATHWAY: RESOURCE FAMILY READINESS - CULTURAL  
AND DIVERSITY ISSUES, CULTURE AND DIVERSITY, FOSTER CARE**

THIS COURSE HELPS PARTICIPANTS UNDERSTAND THE IMPACT OF PARENTING CHILDREN FROM DIFFERENT RACIAL/ETHNIC/CULTURAL BACKGROUNDS AND TO KNOW HOW TO HONOR AND INCORPORATE CHILD'S RACE/ETHNICITY/CULTURE INTO THEIR EXISTING FAMILY SYSTEM. STRATEGIES ARE IDENTIFIED TO HELP CHILDREN DEVELOP POSITIVE AND PROUD IDENTITIES AND TO HELP CHILDREN AND FAMILIES PREPARE FOR AND HANDLE RACISM IN ALL FORMS.

**VIRTUAL**-MARCH 20, 2025, 12-1 PM OR 7-8 PM. FOR MORE INFORMATION ON THE CAREGIVER COACH EXPRESS CLASSES, EMAIL MELISA STEWART AT [MELISA.STEWART@JFS.OHIO.GOV](mailto:MELISA.STEWART@JFS.OHIO.GOV)

**VIRTUAL TRAINING** MARCH 26, 2025, FROM 6-8:00 PM, ETHICAL CONSIDERATIONS FOR RESOURCE CAREGIVERS

TRAINER: DEANNA PREZIOSO

**SUBJECTS-ETHICS, FOSTER CARE ,PATHWAY: RESOURCE FAMILY READINESS  
PATHWAY: RESOURCE FAMILY READINESS - LEGAL AND ETHICAL ISSUES FOR CAREGIVERS**

THIS WORKSHOP WILL GIVE PARTICIPANTS AN UNDERSTANDING OF COMMON ETHICAL DILEMMAS ENCOUNTERED BY RESOURCE CAREGIVERS BOTH IN WORKING WITH AGENCY STAFF AS WELL AS IN THEIR WORK WITH BIRTH FAMILY. PARTICIPANTS WILL ALSO GAIN AN UNDERSTANDING OF RESOURCES AVAILABLE TO ASSIST THEM WITH NAVIGATING ETHICAL CONSIDERATIONS.



# Department of Children & Youth

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## Southeast Ohio Regional Training Center

### OHIO CHILD WELFARE TRAINING ROOM RULES/GUIDELINES-

**INPERSON TRAINING-** PARTICIPANTS MUST SIGN THE SIGN-IN SHEET ON THE DAY OF THE TRAINING TO RECEIVE CREDIT.

**VIRTUAL TRAINING-** PARTICIPANTS MUST BE LOGGED/SIGNED IN ON DEVICES/NAMES/EMAILS AND PARTICIPATE/ENGAGE IN THE TRAINING. IF A SPOUSE/PARTNER IS ATTENDING, EACH PERSON MUST BE ON A SEPARATE DEVICE. THIS IS FOR ATTENDANCE/CREDIT PURPOSES.

**\*TRAINING BEGINS PROMPTLY AT THE START TIME. FOR VIRTUAL TRAINING, YOU WILL NEED TO LOG IN A FEW MINUTES BEFORE THE START. CAPS WILL ALLOW YOU TO LOG ON 30 MINUTES BEFORE THE START TIME. FOR INPERSON TRAINING, IT IS BEST TO ARRIVE A FEW MINUTES EARLY.**

**\*YOU MUST BE ACTIVE AND ENGAGED IN THE VIRTUAL TRAINING (PARTICIPATE IN THE CHATBOX AND BREAKOUT ROOMS, HAVE A CAMERA ON, AND HAVE A WORKING MIC/SPEAKERS...). NOT BEING ENGAGED COULD CAUSE ISSUES RECEIVING CREDIT.**

**\*CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 15 MINUTES OF THE SESSION LONGER THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL). CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 5 MINUTES OF A SESSION LESS THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL).**

**\*YOU CANNOT DRIVE A VEHICLE OR PARTICIPATE IN OTHER ACTIVITIES DURING VIRTUAL TRAINING. THIS IS CONSIDERED A SAFETY ISSUE AND A DISTRACTION.**

**\*CHILDREN CANNOT BE PRESENT DURING THE TRAINING (OF EITHER INPERSON OR VIRTUAL) DUE TO THE SENSITIVE INFORMATION/MATERIALS BEING SHARED DURING TRAINING AND THE CAUSE OF DISTRACTION TO THE PARENTS, TRAINER, AND OTHER PARTICIPANTS.**

2099 EAST STATE STREET, SUITE A  
ATHENS, OHIO 45701  
PHONE: 740-592-9082  
MONDAY-FRIDAY, 8:00 A.M. - 4:30 P.M.

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