



Department of Children & Youth

Southwest Ohio Regional Training Center

420 Wards Corner Rd., Suite J, Loveland, OH 45140 (513)248-1269

STAFF & SUPERVISOR ONGOING TRAININGS
Winter 2025
Link for anyone with an OH ID: Log In OH ID Ohio's State Digital Identity Standard
Link for Guest Registration Information: SWORTC – Ohio CAPS

Date	Training	Session ID	Trainer	Time	Location
01/06/2025	Working with Youth who Display Psychotic Features: Double Checking Reality	17486	Jim Still-Pepper	9:00 to 2:00	Virtual
01/13/2025	The Culture of Addiction: A Missing Piece in the Puzzle of Addiction	17889	Brian Bethel	9:00 to 4:00	SWORTC
01/14/2025 and 01/15/2025	Coaching for Success	16565	Ruby Johnston	9:00 to 12:00 Both days	Virtual
01/15/2025 01/16/2025 and 01/17/2025	Beyond the Silence: Forensic Interviewing	16658	Heidi Malott	9:00 to 4:00 the first two days. 9:00 to 12:00 the 3 rd day	SWORTC

01/16/2025	Fetal Alcohol Spectrum Disorders: A Hidden Struggle	17087	Karen Chennells	9:00 to 12:00	Virtual
01/23/2025	Specialized, Third-Party and Ongoing Case Investigations	16420	Warne Edwards	10:00 to 2:45	Virtual
01/24/2025	Self-Injury: Assessment and Interventions	18298	Dave Zidar	9:00 to 4:00	SWORTC
01/27/2024	Overview of Hoarding Behaviors: Buried Beyond Belief	17088	Brian Bethel	9:00 to 4:00	SWORTC
02/04/2025	Preparing Youth and Their Supports for Permanency Discussions	17908	Val Larkin	9:00 to 12:00	Virtual
02/05/2025	Secondary Traumatic Stress: The Professional in Distress	17281	Ruby Johnston	9:00 to 4:00	SWORTC
02/11/2025	The Social Worker in Court: Preparation and Testimony	16679	Katy Mercer	9:00 to 4:00	Virtual
02/11/2025	DSM Pathologies in Winnie the Pooh's World	17897	Linda Davis	9:00 to 4:00	Virtual
02/13/2025	Stress, Anxiety Relief with EFT/Tapping-Introduction	17089	Tijana Coso	9:00 to 12:00	Virtual
02/18/2025 and 02/19/2025	Safe and Supported: Empowerment Self-Defense for Social Services Professionals	17373	Lindsey Ross and Lauren Bailey	9:00 to 4:00 Both Days	SWORTC
02/21/2025	Burnout Prevention	18300	Dave Zidar	9:00 to 4:00	SWORTC

02/24/2025	Borderline Personality Disorder, The Emotional Hurricane	17890	Brian Bethel	9:00 to 4:00	SWORTC
02/25/2025	Confidentiality Requirements and Avoiding Liability	17133	Katy Mercer	9:00 to 4:00	Virtual
02/27/2025	Searching and Documenting Your Family Tree: A Link to the Past, a Bridge to the Future	17784	Jill Roberts	9:00 to 4:00	SWORTC
03/04/2025	Helping Address Substance Use Disorder through Effective Engagement, Screening (UNCOPE tool), Assessment, and Treatment	17796	Brian Lowery	9:00 to 12:00	Virtual
03/05/2025	Level Up: Time Management and Organization	17131	Laurie Wolf	9:00 to 12:00	Virtual
03/06/2025	Survivor-Led Human Trafficking Awareness Interdisciplinary Training	17789	Teresa Merriweather	9:00 to 12:15	Virtual
03/11/2025 ** Approved for Ethics**	Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases	17180	Mary Eck	10:00 to 2:45	Virtual
03/12/2025	Grief and Loss: Trauma and Its Aftermath	17907	Cindy Kuhr	9:00 to 4:00	SWORTC
03/14/2025	Take My Advice: Guidelines for Assessing and Advising Parents	17886	Jody Johnston Pawel	9:00 to 4:00	Virtual

03/18/2025 ** Approved for Ethics**	Examining Ethical Issues in Adoption: Are You Ethically Fit?	17502	Jayne Schooler	8:45 to 12:00	SWORTC
03/18/2025	Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children	17503	Jayne Schooler	1:00 to 4:00	SWORTC
03/20/2025	Resilience as a Leader: Building Confidence and Skills	17895	Ruby Johnston	9:00 to 4:00	Virtual
03/24/2025	Sibling Sexual Abuse: It's All Relative	18296	Brian Bethel	9:00 to 4:00	SWORTC
03/26/2025	Street Smart Ohio Series: Everything Marijuana	17872	Shawn Bain	9:00 to 12:15	Virtual

Workshop Descriptions

Working with Youth who Display Psychotic Features: Double Checking Reality (4 hours)

Youth who display psychotic features are rare, but when it happens, we need to be able to assist the youth and their support system with practical help. This training delves into the world of youth psychosis. It will help participants discover and implement practical steps to help youth who are struggling with psychotic features. It will also explore how participants can assist caregivers in trying to help the youth.

****** This is a new training with the OCWTP******

The Culture of Addiction: A Missing Piece in the Puzzle of Addiction (5.5 hours)

The disease of addiction has been described as an epidemic in American society. While there remains a consensus among professionals that addiction is a physical, psychological, and behavioral illness, addiction is also a cultural phenomenon. Individuals with substance use disorders share common values, patterns of behaviors, similar forms of communication, and a shared identity. As such recent research has identified and discussed the culture of addiction. This training curriculum will explore the common practices of individuals with addiction including one's values, rituals, and relationships. In addition, ethnographic patterns of substance use will be encompassed within the content of this training.

Coaching for Success (5.5 hours)

Coach for Success? You can do this! Although it might feel overwhelming to think of yourself as your workers' coach, you are uniquely positioned for this challenge, and the research is on your side. You can build an effective team by using individual one-on-one coaching strategies in all the work you do every day. This workshop will help you understand this role and how to adapt the evidence-based strategies that an effective coach uses.

Beyond the Silence: Forensic Interviewing (13.75 hours)

This workshop focuses on the forensic interview, with an emphasis on team building between law enforcement and child welfare. Sound forensic interviews are essential for the successful completion of a child sexual abuse investigation. The purpose of conducting a forensic interview is to assess the child's safety and determine whether a crime has occurred. This 2½-day workshop will focus on the fundamental skills needed to conduct child interviews that are forensically appropriate.

Fetal Alcohol Spectrum Disorders: A Hidden Struggle (2.75 hours)

The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

Specialized, Third-Party and Ongoing Case Investigations (3.75 hours)

This course is designed for child protection caseworkers and supervisors to enhance their knowledge in specialized, third-party, and ongoing case investigations.

Learners will gain a deep understanding of the unique characteristics, procedures, and collaboration strategies required for these investigations, focusing on the Ohio Administrative Code rules. Through a combination of lectures, discussions, and activities, learners will be equipped with the knowledge to effectively manage and document specialized investigations within the Ohio Statewide Automated Child Welfare Information System (Ohio SACWIS).

Learning Objectives:

- Describe the characteristics of specialized, third-party, and open case investigations.
- Summarize strategies for partnering with other parties involved in specialized investigations, such as schools, group homes, residential facilities, and daycares.
- Explain the benefits and challenges of inter-agency collaboration.
- Differentiate Ohio Administrative Code rules regarding specialized investigations (including timeframes, stakeholder involvement, notification requirements, distinctions between Traditional and Alternative Response, and confidentiality implications)
- Develop strategies for managing specialized investigations that require assessment for ongoing services.

- Create a comprehensive documentation checklist for specialized investigations that aligns with legal requirements.
- Recognize where information for specialized investigations is documented in Ohio SACWIS

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Self-Injury: Assessment and Interventions (5.5 hours)

Mutilating, cutting, burning, and other forms of self-injurious behavior by youth are often perceived by professionals and others as suicide-related behaviors. This workshop will help staff to understand that such behaviors are often the result of past trauma or abuse. Participants will explore the causes and scope of these behaviors and learn ways to intervene.

Overview of Hoarding Behaviors: Buried Beyond Belief (5.5 hours)

Hoarding is characterized by the accumulation of excessive clutter that poses a wide diversity of health concerns. Moreover, compulsive hoarding is a feature of several psychiatric disorders. With the common occurrence of hoarding, these behaviors present unique challenges for social services professionals. Despite the potential health hazards, most individuals who hoard are reluctant to seek assistance and are resistant to professional interventions. This training will provide an overview of the varying types of hoarding in both adults and children. In addition, participants will be exposed to evidence-based treatment strategies for working with individuals who hoard.

Preparing Youth and Their Supports for Permanency Discussions (2.75 hours)

Youth deserve relationships, resources, and programs that honor their voice. This training is designed to help you and others in your organization prepare youth and supports before and after permanency meetings to achieve the best possible outcomes.

During this training attendees will be provided with learning opportunities to strengthen their ability to empower youth, partner with supports, and respond to feedback before and after permanency meetings to achieve the best possible outcomes. Participants will identify essential components of ongoing youth and supports preparation that build engagement and will understand the critical role of preparation in supporting and empowering youth on their permanency journey.

This training will highlight how the intentional engagement of youth voice is essential to ensure a youth's involvement in planning for their future.

Secondary Traumatic Stress: The Professional in Distress (5.5 hours)

This workshop will provide a concise overview of secondary traumatic stress, how it differs from stress and burnout, its potential impact on the professional and explore options for prevention and strategies to ensure workplace well-being. A review of PTSD and strategies to use in the workplace to keep oneself aware of the impact on their own personal health as well as how to manage the different warning signs of overwhelming stress.

The Social Worker in Court: Preparation and Testimony (5.5 hours)

Workshop participants will examine and rehearse effective social worker testimony in court through a combination of roleplay, video demonstrations, discussions, and a mock trial. Workers will learn how to: organize case notes to prepare for trial; analyze the facts from their case according to the legal requirements for an adjudicatory or a permanent custody hearing; work with the county attorney to prepare the case; work with the guardian ad litem; present effective direct testimony; navigate through cross examination.

DSM Pathologies in Winnie the Pooh's World (5.5 hours)

This workshop will provide information to child welfare workers, supervisors, and counselors about mental health disorders, as displayed by the characters in the childhood story of Winnie and the Pooh. The characters' diagnoses that will be discussed are (which are common in the child welfare client population): Attention Deficit Disorder (ADHD), Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Dysthymic Disorder (Depression), Narcissistic Personality Disorder, and Dyslexia. The case studies from Winnie the Pooh will help illustrate the current criteria of the different disorders as described in the Diagnostic Statistical Manual of Mental Disorders (DSM). An explanation of the current treatment methods for the disorders will be presented. Small and large group exercises will be used to help understand the disorders.

Stress, Anxiety Relief with EFT/Tapping-Introduction (2.75 hours)

Straightforward Course for Immediate Skill Application. Now, more than ever, skills that help reduce stress, anxiety and improve unbiased, critical thinking are desperately needed. This workshop introduces Tapping, a simple and effective tool that quickly helps to reduce stress/anxiety and the effects of trauma and secondary trauma.

Evidenced-based Emotional Freedom Technique (EFT), commonly called Tapping, is a self-regulation tool that offers rapid results and easy application. Gently tapping acupuncture meridian points on your own face and upper body helps ground a person, establishes calmness, and re-engages the thinking brain.

Participants will also learn the brain science of how stress and anxiety affect critical and objective thinking, including how our childhood experiences influence how we relate to others. Having this awareness helps us to consider and reflect on how we treat others.

This skill-building course is designed in a straightforward manner to enable the immediate use of Functional Tapping (FT), an abbreviated form of EFT. It's so easy to learn and use that participants will leave with the ability to reduce their stress and anxiety by Tapping and teaching it to another.

Safe and Supported: Empowerment Self-Defense for Social Services Professionals (11 hours)

Every day, social service professionals face unsafe situations, which they endure for the sake of the vulnerable. To decrease the risk of serious harm while on the job (or in their personal lives), safety training is a must. But personal safety isn't only about physical self-defense. It starts with awareness of the environment and the people around us, an understanding of and respect for our own intuition, and the ability to set clear and effective boundaries and de-escalate tense encounters.

This course allows participants to learn and practice all these skills, in addition to simple escapes from grabs and holds, and basic strikes designed to allow escape. This is an active training that combines group activities and discussions, scenario-based skills practice, and physical technique practice.

Burnout Prevention (5.5 hours)

The issue of burnout plagues all areas of child welfare. The goal of this session is to provide to caseworkers and supervisors the needed skills for managing their stress levels. All workers will benefit from this core skill. Use of the self-care plan and other program-specific methods will be discussed.

Borderline Personality Disorder, The Emotional Hurricane (5.5 hours)

Borderline Personality Disorder is the most prevalent type of personality disorders in clinical settings. Hallmarks of Borderline Personality Disorder include rapid mood fluctuation, intense and unstable relationships, suicidal ideation, and extreme manipulative behavior. As such, persons with this disorder can be especially challenging for social service professionals. This curriculum will provide an overview of Borderline Personality Disorder. In particular, a review of the diagnostic criteria of Borderline Personality Disorder, prevalence and epidemiology will be offered within this curriculum. Evidenced-based treatment approaches and practical strategies will also be provided to assist social service professionals who might serve individuals with Borderline Personality Disorder.

Confidentiality Requirements and Avoiding Liability (5.5 hours)

This one-day workshop will help participants learn confidentiality requirements – to whom can they share information and when. It will cover how breach of confidentiality can lead to legal liability, and participants will learn ways to avoid being sued. The session will cover the confidentiality regulation, the Public Records Act, how to balance the CAPTA requirement of notice at first contact with the need to keep the reporter confidential, The Ohio Personal Information Systems Act, HIPPA, the release of information by federally assisted substance abuse treatment programs, informed consent, social worker privilege, and the duty to warn.

Searching and Documenting Your Family Tree: A Link to the Past, a Bridge to the Future (5.5 hours)

This workshop will describe and explore the importance of family searching and how it relates specifically to finding permanency for children. This workshop will demonstrate how to search for family and how to complete a family tree, and it will provide many resources to aid in your search. We will use the internet to learn how to conduct a search, how to use and understand the information available from various search engines, and how it will all relate to finding family, relatives, and ultimately permanency for the children we work with. This information is also transferable to any kind of family or genealogy searching, reaching further than immediate family members.

Helping Address Substance Use Disorder through Effective Engagement, Screening (UNCOPE tool), Assessment, and Treatment (2.75 hours)

This workshop is a primer for all child welfare professionals who work with individuals presenting symptoms of substance use disorder. The first steps to help someone resolve substance use issues are to gain their trust, screen for potential problems, encourage clinical assessment (if appropriate) and support and encourage treatment. This class serves as an overview guiding this process.

This workshop will briefly examine the engagement strategies. The primary screening tool examined is UNCOPE. Motivational Interviewing will be the intervention discussed surrounding accepting assessment and promoting recovery, if indicated.

Level Up: Time Management and Organization (2.75 hours)

Child protection is an extremely demanding line of work. Without appropriate time management and organization skills and tools, caseworkers can become overwhelmed and stressed, which can negatively impact children and families.

This course provides a balanced discussion between barriers that can hinder productivity and solutions moving forward. Emphasis is also placed on blocking out time for self-care, which is not only critical for overall well-being, but can also promote job satisfaction and retention.

Survivor-Led Human Trafficking Awareness Interdisciplinary Training (3 hours)

This is a survivor-led course that will not only provide the definition of human trafficking along with different typologies but offers real life specific case scenarios. The participants will have a better understanding of sex crimes and their element of crime specifics as they relate to children/youth.

The participants will have the opportunity through this training to be placed in actual situations of human trafficking using simulations.

This training currently **DOES NOT** meet the OAC Human Trafficking training requirement.

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Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases (3.75 hours)

In this course, you will gain a deeper understanding of the impact your personal values and beliefs may have on your work with child sexual abuse cases and learn how to effectively navigate working with diverse populations. Come to this workshop open and prepared to explore your own values and implicit biases, as well as common stereotypes and beliefs.

**** Approved for Ethics****

Part of the Sexual Abuse Intervention Series Curriculum

Self-Directed Pre-Requisite: Key Concepts of Diversity, Equity, and Inclusion (1 hour)

Grief and Loss: Trauma and Its Aftermath (5.5 hours)

This workshop will focus on the many aspects of grief and loss. We will discuss grief and loss and the impact on adults and children. Children and their families experience many types of losses, and this course will guide you through some of those variations. Trauma, crisis response, and reaction will be discussed. You will learn how trauma reveals itself in the individual and the triggers that often guide this behavior. We will discuss different forms of loss that precipitate trauma. They range from intangible losses to loss due to death. The death notification process and how it impacts both children and adults will be discussed, as will intervention techniques for assisting during trauma and throughout the grief process. This workshop will focus on creating an environment of understanding for the traumatized individual.

Take My Advice: Guidelines for Assessing and Advising Parents (5.5 hours)

Many parents often hear and follow unhealthy advice or use quick-fix solutions that bring unhealthy, long-term results. These parents need clear guidelines and practical skills that help them think for themselves and plan healthy, individualized solutions to their parenting problems. This interactive workshop teaches a reliable, step-by-step method for assessing and guiding parents. You can even use the practical skills in your work or home settings, with children of any age or adults, empowering everyone in life.

Examining Ethical Issues in Adoption: Are You Ethically Fit? (3 hours)

Everyday adoption workers make decisions that will alter the course of many lives. In this workshop, we will define what "ethically fit" means. We will examine ethical challenges and discuss ethical principles related generally to social work and, more specifically, to adoption. Finally, we will be challenged as we discuss the all-important question, "Are you ethically fit?"

Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children (2.75 hours)

These are just a sampling of comments and questions often asked during this most informative and practical workshop. One of the most critical areas often neglected in foster care and adoption preparation and discussion is the impact that this has on children already in the home. This workshop explores ten concerns for birth/permanent children in the home and strategies to manage those concerns when they arise.

Resilience as a Leader: Building Confidence and Skills (5.5 hours)

Working in the field of human services is challenging. For supervisors and caseworkers to find satisfaction and effectiveness in their jobs, they need to be resilient and willing to build their own protective factors to manage the challenges.

This workshop will help participants become aware of their own strengths, talents, and problem-solving skills, as well as potential vulnerabilities under pressure; increase their effectiveness as a resilient leader by identifying personal protective factors and promotive factors; cut through competing priorities, make difficult decisions, and engage others for solutions; build relationships with colleagues and leaders that lend to loyalty and job satisfaction. There is a direct connection between an individual's resilience and organizational results.

Sibling Sexual Abuse: It's All Relative (5.5 hours)

This workshop will provide an overview of the current data associated with sibling sexual trauma. Specific strategies will be offered to assist professionals who serve children and families impacted by sibling sexual abuse.

Street Smart Ohio Series: Everything Marijuana (3 hours)

Marijuana affects so many families and so many lives in Ohio. Marijuana use has often been referred to as a “gateway” drug, leading to harder drug use. The instructor doesn’t use this term and doesn’t believe Marijuana use causes a person to use harder drugs; the instructor does believe there is a correlation between Marijuana use and the use of harder drugs.

Marijuana has changed more than any other drug in recent years with the addition of Cannabis concentrates such as “Dabs” and “Shatter” making this drug more potent and dangerous. Ohio State law has changed, creating Medical Marijuana and Recreational Marijuana available to Ohioans, and everyone needs to become familiar with these laws.

Objectives

- Identify the different forms of marijuana.
- Explain common ways to conceal marijuana and what to look for in the home.
- Discuss the signs of marijuana use and potential impacts.
- Explain laws surrounding Medical and Recreational Marijuana in Ohio

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Link for Guest Registration Information: [SWORTC – Ohio CAPS](#)

Date	Training	Session ID	Trainer	Time	Location
04/02/2025	Lifelong Connections: Permanency for Older Youth	17876	Johanna Pearce	9:00 to 4:00	SWORTC
04/03/2025 and 04/04/2025 Meets Training Requirement	Domestic Violence: Facts and Fundamentals	16613	Brian Bethel	9:00 to 4:00 Both Days	SWORTC
04/07/2025	Building and Maintaining Boundaries	18759	Lauri Wolfe	10:00 to 3:15	Virtual
04/09/2025	Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School	18931	Karen Chennells	10:00 to 2:45	Virtual

04/11/2025	Sextortion: The Web of Deception	19827	Brian Bethel	9:00 to 4:00	SWORTC
04/15/2025	Somali Culture: An Introduction for Child Welfare Professionals and Providers	19561	Dr. Nasra AbuNakar	9:00 to 12:00	Virtual
04/16/2025	Case Documentation and Effective Case Writing Skills	19192	Theresa Chrisman	9:00 to 4:00	SWORTC
04/25/2025	Verbal De-escalation in the Human Services	17802	Brian Lowery	9:00 to 12:00	Virtual
04/30/2025	Trauma-Informed Care: The Neuroscience of Trauma and Resilience	19086	Faye Perkins	9:00 to 4:00	SWORTC
05/01/2025	Understanding a Child's Experience of Sexual Abuse (SAIS)	17888	Mary Eck	9:00 to 4:00	SWORTC
05/6/2025	Assertiveness in the Workplace: "Professional, Push-Over or Piranha?"	19648	Ruby Johnston	9:00 to 4:00	SWORTC
05/07/2025	The 3 Rs of Ethics: Recognition, Resolution, and Response	19559	Stacy Simera	9:00 to 12:15	Virtual
05/09/2025	Management of Children with Challenging Behaviors	19553	Dave Zidar	9:00 to 4:00	SWORTC
05/12/2025	Trauma and Addiction: Fire and Ice	20148	Brian Bethel	9:00 to 4:00	SWORTC
05/12/2024	Address the Stress: Secondary Trauma in Child Welfare	19231	Lauri Wolfe	9:00 to 4:00	SWORTC

05/13/2025	Effective Resiliency-Based Case Plan Writing	19230	Lauri Wolfe	9:00 to 4:00	SWORTC
05/14/2024	Child and Animal Abuse	19191	Theresa Chrisman	9:00 to 4:00	SWORTC
05/20/2025	The Ethics of Trauma-Informed Self-Care	19722	Faye Perkins	9:00 to 4:00	SWORTC
06/04/2025	Keep Your Cool and Help Others Calm Down	19626	Jody Johnston Pawel	9:00 to 4:00	Virtual
06/05/2025	Level Up: Time Management and Organization in Child Welfare	18760	Lauri Wolfe	9:00 to 12:00	Virtual
06/06/2025	Verbal De-escalation in the Human Services	20177	Brian Lowery	9:00 to 12:00	Virtual
06/09/2025 Meets Training Requirement	Human Trafficking and Beyond for Caseworkers	17498	Tanisha Knighton	9:00 to 4:00	SWORTC
06/11/2025	Burnout, Secondary Trauma, and Self-Care	19723	Faye Perkins	9:00 to 4:00	SWORTC
06/12/2025	CAPM Assessing Safety	19579	Warne Edwards	9:00 to 4:00	Virtual
06/13/2025	Cyber Bullying: Safety in Cyberspace	19947	Brian Bethel	9:00 to 12:00	Virtual
06/17/2025	Double Jeopardy: The Complexity of the Dual Diagnosis	20149	Brian Bethel	9:00 to 4:00	SWORTC
06/18/2025	Effective Trial Testimony in a Termination of Parental Rights Hearing	19738	Katy Mercer	9:00 to 4:00	Virtual

06/27/2025	Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorders	19898	Stacy Simera	9:00 to 12:00	Virtual
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Workshop Descriptions

Lifelong Connections: Permanency for Older Youth

When planning for permanency with adolescents, we must think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

Domestic Violence: Facts and Fundamentals

Despite the growing prevalence of domestic violence in our society, it remains one of the most under-reported crimes in the United States. Unfortunately, the secrecy surrounding the issue of intimate partner violence has only served to perpetuate many myths and misconceptions about the causes and treatment of domestic violence. Child welfare professionals are commonly some of the first professionals who serve families in which domestic violence is present. Therefore, child welfare professionals must maintain competencies for working with all parties in domestic violence cases.

This educational curriculum offers an overview of domestic violence. Participants will be exposed to the dynamic of domestic violence, specific laws that address domestic violence in the state of Ohio, as well as specific strategies for assessing risk in domestic violence cases and developing and implementing safe plans once domestic violence is identified.

Completion of this learning meets OAC training requirements (5101:2-33-55; 5101:2-33-56) for domestic violence.

Building and Maintaining Boundaries

Child protection is a demanding line of work. It can be physically, mentally, and emotionally taxing. Without strong, defined boundaries in place, caseworkers can become overwhelmed and frustrated. Blurred boundaries can hinder professionalism, decision-making, and integrity. Unmanaged boundaries can lead to burnout and turnover. This course will provide caseworkers with strategies to assess, build, and maintain boundaries for personal well-being and professional integrity.

Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School

The course will review the primary symptoms of FASDs, then participants will learn how to use 3 tools - the acronyms, B.R.A.V.E. and S.M.A.R.T., as well as the Five Cs - to work effectively with our children with FASDs, keeping the primary symptoms in mind. The participants will practice what they learn with real life scenarios, staying centered on the knowledge that the behaviors these children demonstrate are a direct result of brain functioning, not willful disobedience. Having the acronyms and Five Cs will help participants have scripts and memory tools to interact more effectively with our children with FASDs.

Prerequisite: Fetal Alcohol Spectrum Disorders: A Hidden Struggle (Instructor Led Training)

Sextortion: The Web of Deception

In recent years, the act of sextortion has become a major threat, affecting children across all demographics. Considering the vast reach of the World Wide Web and the advances in technology, the prevalence of child sexual abuse material (CSAM) continues to present a constant threat. Children with histories of abuse/neglect and traumatic experiences are at increased risk to the dangers of sextortion. This training will provide a general overview of the behaviors of sextortion and learners will gain practical strategies of prevention to assist children with on-line safety which will help in the safety assessment process and placement decisions.

Somali Culture: An Introduction for Child Welfare Professionals and Providers

As a child welfare provider, understanding the diverse cultural backgrounds of the families you serve is crucial. The "Introduction to the Somali Culture Training" equips you with essential knowledge and skills to effectively engage with the Somali community in Ohio.

This training provides a comprehensive overview of Somali culture, covering key aspects such as language, family dynamics, and Islamic practices. You will gain insights into the traditional nomadic lifestyle, the significance of extended family support, and the patriarchal structure that influences family roles and responsibilities. Understanding these cultural norms and values is vital for building trust and fostering positive relationships with Somali families.

The training also provides insights into the profound influence of faith on various aspects of daily life. You will learn about Islamic practices that shape Somali dress codes, interactions, and dietary restrictions. For instance, you will understand the importance of modest dress, gender separations, and the prohibition of pork and alcohol in their diet. Additionally, the course covers religious observances such as prayers, fasting during Ramadan, and Eid celebrations, ensuring your interventions are respectful and culturally sensitive.

Understanding these cultural nuances directly impacts your effectiveness in ensuring the safety, permanency, and well-being of Somali children. The training also addresses specific challenges faced by immigrant and refugee youth, such as isolation, identity conflict, and cultural and linguistic barriers.

Case Documentation and Effective Case Writing Skills

Documentation is one of the primary duties of a caseworker, because workers are responsible for documenting all interactions with clients, including phone calls, home visits, interactions with collateral contacts, and more. Since workers are unable to write down everything a client says or does, it is essential to be able to summarize and document the highlights of each contact. These notes, while written and documented at the time of the incident, could be used later, such as during a court appearance; therefore, well-written notes that are clear and concise are essential for all child welfare workers. This training is an interactive training, which allows workers to develop skills to improve their case documentation.

Verbal De-escalation in the Human Services

This workshop will review the skills of active listening, non-violent communication, and verbal de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing a culturally appropriate staff response. Trainees will virtually participate in exercises and demonstrations concerning personal space, body posture, and motion.

Trauma-Informed Care: The Neuroscience of Trauma and Resilience

Participants will learn about the individualized nature of trauma, and how our clients' trauma responses can present as myriad maladaptive behaviors or symptoms. Using

Dr. Bruce Perry's Neurosequential Model of Therapeutics and an orientation to Developmental Trauma, trauma will be explained from a biological perspective as well as an emotional one. We will learn how the brain is shaped by life experiences and discuss neuroplasticity in the context of both trauma and resilience. Participants will learn the importance of assessing for trauma to ensure trauma-responsive interventions and how to teach families about the impact of trauma on behavior, emotions, thinking, and relationships. They will learn how to deliver Trauma-informed care in their interactions with clients and will learn how to enhance resilience for both clients and themselves.

Understanding a Child's Experience of Sexual Abuse

This training is part of the Sex Abuse Intervention Series (SAIS)

This course provides a comprehensive understanding of child sexual abuse (CSA) and its impact on children. It dispels common myths, misconceptions, and biases surrounding child victims and covers the prevalence rates, characteristics, and factors that may influence a child's response to sexual abuse.

The course will also cover disclosure patterns in children, including how, why, to whom, when, and what children typically disclose, and the issue of recantation. Learners will gain an understanding of the psychological, physical, and behavioral effects of CSA and the role internal and external factors play in exacerbating or mitigating its impact.

Pre-requisites:

- [Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases \(Instructor Led Training\)](#)
 - [Indicators of Child Sexual Abuse \(Self-Directed\)](#)
 - [Sexual Development and Behavior \(Self-Directed\)](#)

Assertiveness in the Workplace: “Professional, Push-Over or Piranha?”

Working in the field of human services is a challenging experience. For workers to find satisfaction and effectiveness in their jobs they need to be both willing and able to speak into situations that require advocacy. This requires confidence and strength, along with skills to be both assertive and respectful at the same time. Feeling intimidated by other professionals can quiet the needed voice of the champion for families and children at risk. Workers need to be willing to build their own assertiveness skills to manage the challenges. This workshop will help the leader and the emerging leader with the following:

- Becoming aware of their own strengths, talents, problem-solving skills as well as potential vulnerabilities under pressure
- Will increase your effectiveness as a respectful assertive leader or worker by identifying personal strengths and areas of concern and promotive factors.
- Being able to cut through competing priorities, make difficult decisions, and engage others for solutions requires being both willing and able to speak up assertively into different situation to achieve success.

Build relationships with colleagues and leaders that lend to loyalty, job satisfaction, and greater collaboration and joint decision-making.

The 3 Rs of Ethics: Recognition, Resolution, and Response

This course will review Ohio’s ethical standards for counselors, social workers, and marriage and family therapists - with attention paid to the top violations in Ohio, resolving dilemmas, and recognizing risk management.

Management of Children with Challenging Behaviors

This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

- Identify the root of behaviors for children in care.
- Describe the influence of neglect, abuse, and parental separation on children's behaviors.
- Identify best practices for controlling their own behavior and lessening the "misbehavior" of the child.
- Identify suggested parenting methods.
- Identify the three checks of behavior management.

Trauma and Addiction: Fire and Ice

Although there are a multitude of factors that influence the onset and progression of addiction, there remains a consensus among mental health professionals that there is a strong correlation between trauma and the disease of addiction. As such, the marriage between an individual's traumatic experiences and substance use often creates significant challenges, as witnessed by social service professionals. This training will underscore the relationship between traumatic experiences and substance use disorders. The curriculum will also address the barriers commonly identified when servicing persons who confront the disease of addiction and have a history of trauma. Specific research-supported paradigms will be offered to assist professionals who serve this population.

Address the Stress: Secondary Trauma in Child Welfare

Child Welfare workers are often the forgotten first responders. Research has revealed that more than fifty percent of child welfare workers display symptoms of PTSD, anxiety, and depression. Such afflictions often lead to increased health problems, sleeping problems and relationship problems. Unfortunately, many child welfare workers are leaving the field within months or a few short years which only exasperates the problem for those left behind and leaves children and families vulnerable. This is an informative, skill-building training program that focuses on recognizing symptoms of secondary trauma and increasing skills to combat it. This training provides proven techniques to increase self-care and coping skills so that workers can be at their best to help keep children safe and families together without compromising their own mental health and well-being. Practical advice and techniques will be shared which workers can begin using immediately on and off the job.

Effective Resiliency-Based Case Plan Writing

Caseworkers often describe case plan writing as one of the most laborious parts of their paperwork. They speak of the time and effort they must expend for it to be well-written and all-inclusive of the concerns and objectives. Since certain case plans become court orders, it is important for caseworkers to have a case plan they can testify to and defend during the court process, and one that meets the requirements of reasonable efforts. This training provides an overview of the federal and state laws governing case plans, a review of resiliency and family engagement, and a comprehensive look at tools for writing effective and strength-based case plan.

Child and Animal Abuse

Throughout history, child and animal control workers have been intertwined. The first case of child abuse and neglect in the United States was filed in the court system by the Society for the Prevention of Cruelty to Animals in 1874. Today, Humane Agents are given legal rights under the law to protect children by being mandated reporters of child abuse and neglect. In 2021, Ohio passed House Bill 33 which made Child Welfare Workers and others Mandated Reporters of animal cruelty.

This workshop is designed to make child welfare workers aware of the roles and responsibilities of child welfare, humane agents and/or dog wardens. Workers will learn how reports are made to these agencies. Also, a discussion will take place about dog bites, Dangerous and vicious animals, Dog fighting, Domestic violence and how this is considered family violence when animals are involved. Knowing the signs of child and animal abuse along with the characteristics of children and animals living in these homes is essential for any worker. This course will focus on Federal and state laws

pertaining to animal cruelty. House Bill 33 will be discussed along with how workers can meet their new mandates. Discussions will occur about CAPMIS and SACWIS regarding assessing for safety as well as reporting and documenting in SACWIS. Finally, workers' safety will be paramount in discussing this topic.

The Ethics of Trauma-Informed Self-Care

This training will provide an overview on symptoms of burnout and secondary traumatic stress, as well as the ethical principles and standards that call on helpers and caregivers to care for themselves as part of ethical practice. Much of the training will focus on motivating and sustaining behavior change related to enhancing both personal and professional self-care practices and developing new skills for recognizing and managing stress responses arising from the challenges faced in environments where traumatized clients are served.

Keep Your Cool and Help Others Calm Down

Prevent stress from bubbling over and anger from erupting by using the practical tools in this workshop. First, understand the differences between healthy and toxic stress, basic stress/anger management skills, and a simple two-step formula for creating an individualized stress and anger management plan for yourself or others, whether children or adults. Then dive deeper, to understand what's happening biochemically during stress/anger, how emotional addictions and trauma triggers get wired in, and how toxic emotions can create cellular changes that result in disease.

Then preview several practical techniques that facilitate neuroplasticity (rewiring the nervous system) and returning to health. The information and skills strategies you learn in this workshop will help improve your personal and professional life, plus you can use what you learn to support or assist children or adults with whom you live or work in better understanding or managing their stress or anger, too.

Level Up: Time Management and Organization

Child protection is an extremely demanding line of work. Without appropriate time management and organization skills and tools, caseworkers can become overwhelmed and stressed, which can negatively impact children and families. This course provides a balanced discussion between barriers that can hinder productivity and solutions moving forward. Emphasis is also placed on blocking out time for self-care, which is not only critical for overall well-being, but can also promote job satisfaction and retention.

Human Trafficking and Beyond for Caseworkers

This workshop will focus on the different types of missing persons, analyze the profiles and vulnerability factors of "victims," recruitment and grooming tactics used in both sexual and labor trafficking, terminology, and rules associated with pimping subcultures. This workshop will provide tips on how to identify and interact with "victims." Participants will review legislative changes in Ohio and the nation and consider the impact of social media on how business is done. Finally, using numerous case studies, participants will learn some common problems and pitfalls associated with attempts to match deceased persons with missing persons. Participants are encouraged to bring their smartphones and tablets to this workshop so they may participate in the workshop activities.

Completion of this learning meets OAC training requirements (5101:2-33-55; 5101:2-33-56) for human trafficking.

Burnout, Secondary Trauma, and Self-Care

While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

CAPM Assessing Safety

Participants will strengthen their skills in assessing safety of children using the CAPMIS framework; will thoroughly examine the fundamental components of assessing safety - safety factors, child vulnerability, and adult protective capacities; and will explore how a thorough assessment of safety is critical throughout the life of a case.

Cyber Bullying: Safety in Cyberspace

Children have confronted the experience(s) of bullying for decades. However, the aggressive tactics in recent years have moved from the playground to the digital world and created a phenomenon known as Cyberbullying. Cyberbullying is the intentional, repeated harm to another person using digital and communication technology. As such, it is important for caregivers and family members to understand cyberbullying and develop strategies to assist children who may be victims of these experiences. This training will highlight general information regarding the current trends and evolution of cyberbullying and offer strategies for mitigating its impact in the lives of children.

Double Jeopardy: The Complexity of the Dual Diagnosis

A dual diagnosis occurs when an individual is affected by both chemical dependency and an emotional or psychiatric illness. Individuals who present with coexisting disorders often require specialized services. Current research indicates the best outcomes occur when both disorders are treated simultaneously. However, social services, overall, are not well prepared to deal with people who have both disorders. Quite often only one of the two problems is identified.

This workshop will provide an overview of the dual diagnosis and will address the challenges commonly associated with a dual diagnosis. In addition, participants will be exposed to evidenced-based treatment strategies for this population.

Effective Trial Testimony in a Termination of Parental Rights Hearing

Participants will examine and rehearse effective social worker testimony in a termination of parental rights hearing or a permanent custody hearing in juvenile court through a combination of roleplay, video demonstrations, discussions, and a mock trial. Participants will first learn the legal requirements for requesting permanent custody of a child. Then participants will learn how to organize case notes to prepare for trial; analyze the facts from their case according to the legal requirements for a permanent custody hearing; work with the prosecutor, the agency attorney, or the parents' attorney to prepare the case; understand the rules of evidence -- what can and cannot be presented; learn how to testify as a fact or an expert witness; present effective direct testimony; and navigate through cross examination.

Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in the Prevention and Management of Mental Health Disorders

In the past, researchers thought the best way to improve human functioning was to understand and prevent disease. In recent years, however, we have recognized that much can be gained by examining and understanding the ingredients for wellness.

Positive psychology refers to the study of happiness, as opposed to the study of unhappiness; and recent research shows that positive psychology as a modality can be as effective as CBT in the treatment of depression. In this workshop participants will explore the research and identify tools to help clients flourish and build resilience in their lives.