

Title	CAPS Locator #	Date & Time	Trainer	Location
Overview of Medication-	18340	Wednesday	Maureen	Champaign County DJFS
Assisted Treatment (MAT) in	10340	March 5 th	Keating	1512 S. US Highway 68, Urbana
Substance Abuse		9:00 – 4:00	Reating	1312 3. 33 mgmway 33, 315ana
Substance Abuse		3.00 4.00		
Address the Stress: Secondary	14725	Friday	Lauri Wolfe	Allen County CSB
Trauma in Child Welfare		March 7 th		123 W. Spring St, Lima
(Allen County workers only)		9:00 – 4:00		
Gender Identity: Increasing Skills	18342	Tuesday	Susan Kautz	WORTC
When Working with Gender		March 18 th		1312 Research Park Drive,
Diverse or Transgender Youth		9:00 - 4:00		Dayton
and Families				,
Adverse Childhood Experiences	18343	Wednesday	Susan Kautz	WORTC
and Effects on Brain Architecture		March 19 th		1312 Research Park Drive,
		9:00 – 4:00		Dayton
Child and Adolescent Psychiatric	20505	Thursday	Paul Martin	WORTC
Disorders	20303	April 10 th	r aur iviai tiii	1312 Research Park Drive,
Disorders		9:00 – 4:00		Dayton
		9.00 – 4.00		Dayton
Psychiatric Medications	20506	Friday	Paul Martin	WORTC
		April 11 th		1312 Research Park Drive,
		9:00 – 4:00		Dayton
Safe and Together: Domestic	19987	Monday and	Ashley Bowers	Allen County CSB
Violence-Informed	13307	Tuesday	7.Siney bowers	123 W. Spring St, Lima
Documentation and Case		April 14 th –		123 W. Spring St, Linia
Planning		April 15 th		
		9:00 – 4:00		
Achieving Permanency through	19660	Tuesday	Val Larkin and	Clark County DJFS
Roundtables (YCPRT Values)		April 22 nd	Lamar King	1345 Lagonda Ave, Springfield
,		9:00 - 4:00		
Youth-Centered Permanency	19661	Friday	Val Larkin and	Clark County DJFS
Roundtables Skill Training		April 25 th	Lamar King	1345 Lagonda Ave, Springfield
-		9:00 – 4:00		
Building and Maintaining	20499	Monday	Lauri Wolfe	Montgomery County Departme
Boundaries		April 28 th		of Job and Family Services,
Meets Ethics		9:00 – 2:30		Haines Building,
Requirement				3304 N Main St, Dayton
Burnout Prevention	20574	Tuesday	David Zidar	Tri County Mental Health and
		May 6 th		Recovery Board
		9:00 - 4:00		1280 N. County Rd 25A, Troy



Making Room in the Family:	21079	Wednesday	Jayne Schooler	Miami County Ohio Means Jobs
Understanding the Impact of		May 7 th		2040 N. County Rd. 25A, Troy
Foster Care/Adoption on		9:00 – 12:00		
Bio/Permanent Children				
NEW .				
Examining Ethical Issues in	21083	Wednesday	Jayne Schooler	Miami County Ohio Means Jobs
Adoption: Are You Ethically Fit?		May 7 th 1:00 – 4:15		2040 N. County Rd. 25A, Troy
Meets Ethics		1:00 - 4:15		
Requirement				
Resilience as a Leader: Building	20667	Friday	Ruby Johnston	WORTC
Confidence and Skills		May 9 th		1312 Research Park Dr, Dayton
		9:00 – 4:00		
Keep Your Cool and Help Others	20578	Thursday	Jody Johnston	Madison Lakes Learning Center
Calm Down		May 15 th	Pawel	581 Olive Rd, Dayton
Carat Carat =	20000	9:00 – 4:00	in els	
Support, Secondary Trauma and	20990	Tuesday	Lisa Fleischer	Montgomery County Department
Emotional Health: Helping		May 20 th		of Job and Family Services,
Caseworkers Navigate Emotional		9:00 – 12:00		Haines Building,
Challenges				3304 N Main St, Dayton
NEW				
Support, Secondary Trauma and	20991	Tuesday	Lise Fleischer	Montgomery County Department
Emotional Health: Helping		May 20 th		of Job and Family Services,
Caseworkers Navigate Emotional		1:00 – 4:00		Haines Building,
Challenges				3304 N Main St, Dayton
NEW				
S.E.E.K. Search, Engage, Explore,	20971	Wednesday	Rick Dencer	Champaign County DJFS
Kinnect		May 28 th		1512 S. US Highway 68, Urbana
Manking with Vandhanka Diantan	2000	9:00 – 4:00	Iim Chill	Tri County Montal Haalth and
Working with Youth who Display	20668	Monday June 2 nd	Jim Still	Tri County Mental Health and Recovery Board
Psychotic Features: Double		10:00 – 3:00	Pepper	1
Checking Reality		10.00 – 5.00		1280 N. County Rd 25A, Troy
NEW	20554) A /		WORTO
Survival in the Workplace:	20551	Wednesday	Thomas	WORTC
Observation, Awareness,		June 4 th	Durflinger	1312 Research Park Drive,
Options		9:00 – 12:00		Dayton
NEW				
Survival in the Workplace:	20552	Wednesday	Thomas	WORTC
Observation, Awareness,		June 4 th	Durflinger	1312 Research Park Drive,
Options		1:00 – 4:00		Dayton
NEW				
Management of Children with	20576	Wednesday	David Zidar	Madison Lakes Learning Center
Challenging Behaviors		June 11 th		581 Olive Rd, Dayton
		9:00 – 4:00		



Working with Youth at Risk for	17280	Monday	Russelle' Pratt	Allen County CSB
Human Trafficking		June 23 rd		123 W. Spring St, Lima
Meets HT Requirement		9:00 - 4:00		
Beyond the Bruises: Effects of	19746	Monday	Brian Bethel	WORTC
Domestic Violence on Children		June 30 th		1312 Research Park Drive,
		9:00 - 4:00		Dayton

Sexual Abuse Intervention Series

This is the "foundational" block of the Sexual Abuse Intervention Series. Please register for the curriculum in CAPS to take these trainings and access the self-directed pre-requisite classes. You will need a CAPS account to take the Sexual Abuse Intervention Series due to the self-directed pre-requisites.

Please contact me with any questions – <u>Jillian.Hedrick@jfs.ohio.gov</u>

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Applying Personal Values and	19452	Friday	Elliott	Mercer County DJFS
Diversity Considerations to Child		March 14 th	Fullenkamp	220 West Livingston St, Celina
Sexual Abuse Cases		10:00 - 2:45		
Understanding a Child's	20031	Friday	Elliott	Mercer County DJFS
Experience of Sexual Abuse		April 11 th	Fullenkamp	220 West Livingston St, Celina
		9:00 – 4:00		
Understanding a Family's	20032	Friday	Elliott	Mercer County DJFS
Experience of Sexual Abuse		May 2 nd	Fullenkamp	220 West Livingston St, Celina
		9:00 – 4:00		



On-Going Virtual Caseworker Training – March, April, May, and June 2025					
Title	CAPS Locator #	Date & Time	Trainer	Location	
Is Poverty Culture? Strategies for Working with Families Living in Poverty	18155	Tuesday March 4 th 9:00 – 4:00	Dan Houston	Zoom	
Fetal Alcohol Spectrum Disorders: A Hidden Struggle	18144	Monday March 10 th 9:00 12:00	Karen Chennells	Zoom	
Addressing Reoccurring Mental Health Issues in Families	18156	Thursday March 20 th 9:00 – 4:00	Linda Davis	Zoom	
Working with Youth at Risk for Human Trafficking Meets HT Requirement	17279	Wednesday March 26 th 9:00 – 4:00	Russelle' Pratt	Zoom	
Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School New Has Pre-Requisites	20637	Wednesday April 2 nd 9:00-1:45	Karen Chennells	Zoom	
Ethics of "The Office": Lessons Learned from Employees of Dunder Mifflin	20638	Friday April 4th 9:00-12:15	Stacy Simera	Zoom	
Anxiety Disorders: Joy, Fear, Anger, Disgust, and Sadness all Working Together	20687	Monday April 21 st 9:00 – 4:00	Linda Davis	Zoom	
Elements of Empathy: Why Empathy Matters	20639	Monday April 21 st 9:00AM– 12:15PM	Kelly (Markell) Mettler	Zoom	
Addressing Reoccurring Mental Health Issues in Families	20689	Friday May 2 nd 9:00 – 4:00	Linda Davis	Zoom	
Is Poverty Culture? Strategies for Working with Families Living in Poverty	20852	Friday May 2 nd 9:00 – 4:00	Dan Houston	Zoom	
Take My Advice: Guidelines for Assessing and Advising Parents	18314	Wednesday May 7 th 9:00 – 4:00	Jody Johnston Pawel	Zoom	
Safe and Together: Domestic Violence- Informed Assessments and Interviews Meets DV Requirements	19743	Thurs, Fri, Thurs, Fri May 22 nd – May 23 rd May 29 th - May 30 th 9:00 – 12:00	Ashley Bowers	Zoom	
Ethics for Supervisors: From Aristotle to Instagram	20640	Friday June 13 th 9:00 – 12:15	Warne Edwards	Zoom	



Survivor-Led Human Trafficking Awareness	20641	Monday	Teresa	Zoom
Interdisciplinary Training		June 16 th	Merriweather	
		9:00 – 12:15		
Psychotropic Medications: Questions to Ask	20310	Wednesday	Stacy Simera	Zoom
about Kids on Meds		June 18 th		
		9:00 - 12:00		
Psychotropic Medications: Questions to Ask	20312	Wednesday	Stacy Simera	Zoom
about Kids on Meds		June 18 th		
		1:00 - 4:00		
DSM Pathologies in Winnie the Pooh's World	20691	Thursday	Linda Davis	Zoom
		June 26 th		
		9:00 – 4:00		



Training Descriptions

Overview of Medication-Assisted Treatment (MAT) in Substance Abuse

Over the past several years, opiate addiction has become a problem of epidemic proportions. Powerful prescription drugs, which many users deemed safe because a doctor prescribed them, are at the forefront of this epidemic. Efforts to close pill mills, improve guidelines for appropriate use and the state system for tracking prescriptions have impacted the availability of prescription opiates. Addicts, no longer able to procure their drug of choice, have resorted to street heroin, which has increased the challenges of public health. Due to the severity of this epidemic, child welfare workers have increasing numbers of cases where parental opioid addiction has put children at risk. Due to opioid use and medication-assisted treatment, mothers are delivering substance-affected babies who require special care in Neonatal Intensive Care Units (NICUs).

Medication-Assisted Treatment (MAT) is a misunderstood, controversial, and often stigmatizing treatment option; yet, when used appropriately for serious opioid addiction, it can improve the quality of life for addicts and their families.

This workshop will address opiates and the use of MAT as a viable treatment option for some addicts. An understanding of MAT and its role in treating opioid addiction is essential to workers who have an increasing number of opiate abusers to contend with on their caseloads. Challenges to workers dealing with opiate-addicted parents and their children will be discussed, and suggestions to increase positive outcomes for families will be explored.

Address the Stress: Secondary Trauma in Child Welfare

Child Welfare workers are often the forgotten first responders. Research has revealed that more than fifty percent of child welfare workers display symptoms of PTSD, anxiety, and depression. Such afflictions often lead to increased health problems, sleeping problems and relationship problems. Unfortunately, many child welfare workers are leaving the field within months or a few short years which only exasperates the problem for those left behind and leaves children and families vulnerable. This is an informative, skill-building training program that focuses on recognizing symptoms of secondary trauma and increasing skills to combat it. This training provides proven techniques to increase self-care and coping skills so that workers can be at their best to help keep children safe and families together without compromising their own mental health and well-being. Practical advice and techniques will be shared which workers can begin using immediately on and off the job.



Gender Identity: Increasing Skills When Working with Gender Diverse or Transgender Youth and Families

Transgender and gender-diverse youth in care face unique issues in their out of home placement, school setting and community. Assessors, caseworkers, and supervisors need to be aware of these challenges to be culturally competent when working with clients throughout their involvement in the child welfare system. Learners will acquire current terminology, participate in large and small group discussions, practice skills using case studies/scenarios, and increase empathy for and understanding of the experience of transgender and gender diverse youth through hands on group activities. Current Ohio laws and proposed legislation will be addressed to increase awareness and emphasize the continually changing climate for the transgender and gender diverse youth population.

Adverse Childhood Experiences and Effects on Brain Architecture

This workshop will increase child welfare workers' knowledge and understanding of the damaging effects of Adverse Childhood Experiences on brain development. To enhance understanding, this training includes hands-on "creation" of a trauma-effected brain.

Child and Adolescent Psychiatric Disorders

This is an in-depth discussion of the most commonly-seen psychiatric disorders in children and adolescents:

- -Reactive Attachment Disorder (RAD)
- -Attention Deficit Hyperactivity Disorder (ADHD)
- -Bipolar Disorder in Children
- -Oppositional Defiant Disorder (ODD)
- -Conduct Disorder
- -Adjustment Disorder with Depressed Mood vs. Major Depression

Additionally, we will discuss current and cutting-edge medication and psychotherapy treatment modalities.

Psychiatric Medications

We will discuss commonly-used psychiatric medications for children, adolescents, and adults, as well as the newest psychiatric medications on the market, including:

- -Antidepressants
- -Anti-convulsant medications
- -Mood-stabilizing medications
- -Stimulant medications
- -Anti-anxiety medications



<u>Safe and Together: Domestic Violence – Informed Documentation and Case</u> <u>Planning</u>

This workshop continues to explore the Safe and Together Model approach to child welfare cases involving intimate partner violence. Day three builds on content from days 1 and 2 by reinforcing the model's basic concepts on domestic violence-informed assessment and interviewing and introducing participants to skills and strategies for documenting these unique cases. Participants will learn to use the Mapping Perpetrator's Patterns tool, a comprehensive approach for recording the impact of domestic violence on all members of the family. They will also learn to differentiate between domestic violence-informed and domestic violence-destructive practice and to connect the ways domestic violence intersects with other family issues, such as mental health and substance abuse, and larger societal issues like racism and sexism. Day 4 reinforces the topics covered in days 1-3 and introduces participants to key elements of domestic violence-informed case planning, which places an emphasis on natural and informal resources the family may already have. The day covers case planning techniques for perpetrators, survivors and children and brings together the concepts from the whole training into a comprehensive action plan that participants can begin enacting immediately in their own practice.

Achieving Permanency through Roundtables (YCPRT Values)

This interactive training is designed to explore the importance of permanency for all youth placed in out-of-home care and introduces the practice of Youth Centered Permanency Roundtables (YCPRTs). YCPRTs are structured case consultations focusing specifically on "busting barriers" in order to find legal permanency and increase permanent connections for youth.

Youth-Centered Permanency Roundtables Skill Training

Youth Centered Permanency Roundtables Skills Training is an interactive training designed to prepare participants to take part in and lead Youth Centered Permanency Roundtables (YCPRTs). YCPRTs are structured case consultations focused specifically on "busting barriers" in order to find legal/relational permanency and increase permanent connections for youth. Participants will learn and practice each of the PRT and YCPRT phases, and build necessary skills for successful implementation.

Building and Maintaining Boundaries

Child protection is a demanding line of work. It can be physically, mentally, and emotionally taxing. Without strong, defined boundaries in place, caseworkers can become overwhelmed and frustrated. Blurred boundaries can hinder professionalism, decision-making, and integrity. Unmanaged boundaries can lead to burnout and turnover. This course will provide caseworkers with strategies to assess, build, and maintain boundaries for personal well-being and professional integrity.



Burnout Prevention

The issue of burnout plagues all areas of child welfare. The goal of this session is to provide to caseworkers and supervisors the needed skills for managing their stress levels. All workers will benefit from this core skill. Use of the self-care plan and other program-specific methods will be discussed.

Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children

These are just a sampling of comments and questions often asked during this most informative and practical workshop. One of the most critical areas often neglected in foster care and adoption preparation and discussion is the impact that this has on children already in the home. This workshop explores ten concerns for birth/permanent children in the home and strategies to manage those concerns when they arise.

Examining Ethical Issues in Adoption: Are you Ethically Fit?

Every day adoption workers make decisions that will alter the course of many lives. In this workshop, we will define what "ethically fit" means. We will examine ethical challenges and discuss ethical principles related generally to social work and, more specifically, to adoption. Finally, we will be challenged as we discuss the all-important question, "Are you ethically fit?"

Resilience as a Leader: Building Confidence and Skills

Working in the field of human services is challenging. For supervisors and caseworkers to find satisfaction and effectiveness in their jobs, they need to be resilient and willing to build their own protective factors to manage the challenges. This workshop will help participants become aware of their own strengths, talents, and problem-solving skills, as well as potential vulnerabilities under pressure; increase their effectiveness as a resilient leader by identifying personal protective factors and promotive factors; cut through competing priorities, make difficult decisions, and engage others for solutions; build relationships with colleagues and leaders that lend to loyalty and job satisfaction. There is a direct connection between an individual's resilience and organizational results.



Keep Your Cool and Help Others Calm Down

Prevent stress from bubbling over and anger from erupting by using the practical tools in this workshop. First, understand the differences between healthy and toxic stress, basic stress/anger management skills, and a simple two-step formula for creating an individualized stress and anger management plan for yourself or others, whether children or adults. Then dive deeper, to understand what's happening biochemically during stress/anger, how emotional addictions and trauma triggers get wired in, and how toxic emotions can create cellular changes that result in disease. Then preview several practical techniques that facilitate neuroplasticity (rewiring the nervous system) and returning to health. The information and skills strategies you learn in this workshop will help improve your personal and professional life, plus you can use what you learn to support or assist children or adults with whom you live or work in better understanding or managing their stress or anger, too.

<u>Support, Secondary Trauma and Emotional Health: Helping Caseworkers</u> <u>Navigate Emotional Challenges</u>

This workshop will focus on identifying different touch points caseworkers or supervisors could experience secondary trauma along with what behaviors and reactions you may observe. We will explore this content through the use of case examples. We will discuss strategies to address caseworker's emotional health and ways to provide continued support to help caseworkers build effective coping skills. The final half of the workshop will be spent creating a plan for what strategies you will plan to implement yourself or with your staff.

Working with Youth who Display Psychotic Features: Double Checking Reality

Search, Engage, Explore, and Kinnect (S.E.E.K.) training is a values-based, intense family search and engagement (FSE) training. In this training, participants will increase their understanding of core values and foundations of FSE, from legislation history and evolution of practice, to integrating family finding across agencies. Learners will discuss the "why" behind kin-first decision-making, how to identify and overcome barriers to connecting children with their kin, and trends in practice. Participants will learn diligent searching techniques and meaningful engagement strategies, as well as skill sets for connecting and supporting kinship families through interactive curriculum and activities.

Working with Youth who Display Psychotic Features: Double Checking Reality

Youth who display psychotic features are rare, but when it happens, we need to be able to assist the youth and their support system with practical help. This training delves into the world of youth psychosis. It will help participants discover and implement practical steps to help youth who are struggling with psychotic features. It will also explore how participants can assist caregivers in trying to help the youth.



Survival in the Workplace: Observation, Awareness, Options

Becoming more aware of your surroundings, and your ability to see details often overlooked is critical in surviving workplace violence. This workshop will help participants understand potential dangers and what to do to stay safe. Participants will learn de-escalation techniques that can help control out of control subjects; learn the types of people and situations that may pose a risk. Participants will be given survival strategies should a violent encounter happen in the workplace. Participants will review real-life events that show both good and bad responses to violence, along with the ability to practice techniques.

NOTE: this workshop is not about teaching self-defense/martial arts tactics, but rather safety responses to potential threats.

Management of Children with Challenging Behaviors

This course addresses a variety of behaviors that all children may present, including stealing and physical assault. The course's goal is to provide the skills to manage these behaviors with a reduced level of reactivity. This class is recommended for anyone who works with or manages an environment where children are present with these issues.

Working with Youth at Risk for Human Trafficking

This training will cover the definition of human trafficking and how the federal and state laws apply to minors. The focus of this training will be on sex trafficking. It will outline what makes youth most at risk and vulnerable to trafficking, as well as defining the different types of trafficking. Learners will be able to identify indicators of youth trafficking, and how to begin a conversation with the youth they work with about the dangers of trafficking. This training will emphasize the importance of establishing safety, trust and building transformational relationships with the youth.

Beyond the Bruises: Effects of Domestic Violence on Children

This workshop will provide participants with the most recent statistical data regarding children affected by domestic violence. Likewise, a review of the cycle of violence will be provided, as well as discussions of how children may react to the cycle of violence. Participants will be exposed to the wide range of psychopathology that domestic violence may precipitate for children. A review of treatment modalities will be offered as resources for children impacted by domestic violence.



Sexual Abuse Intervention Series 2.0

Applying Personal Values and Diversity Considerations to Child Sexual Abuse Cases

In this course, you will gain a deeper understanding of the impact your personal values and beliefs may have on your work with child sexual abuse cases and learn how to effectively navigate working with diverse populations. Come to this workshop open and prepared to explore your own values and implicit biases, as well as common stereotypes and beliefs.

<u>Understanding a Child's Experience of Sexual Abuse</u>

This course provides a comprehensive understanding of child sexual abuse (CSA) and its impact on children. It dispels common myths, misconceptions, and biases surrounding child victims and covers the prevalence rates, characteristics, and factors that may influence a child's response to sexual abuse.

The course will also cover disclosure patterns in children, including how, why, to whom, when, and what children typically disclose, and the issue of recantation. Learners will gain an understanding of the psychological, physical, and behavioral effects of CSA and the role internal and external factors play in exacerbating or mitigating its impact.

Understanding a Family's Experience of Sexual Abuse

This course will help you understand the devastating impact of child sexual abuse on non-offending parent(s), siblings, and other family members. You will learn about common reactions and responses to child sexual abuse, factors influencing these responses, and your role in supporting the family.



Is Poverty Culture? Strategies for Working with Families Living in Poverty

Working in child welfare, a caseworker or supervisor will inevitably encounter children and families living in poverty. This workshop provides caseworkers and supervisors the characteristics of children and families living in poverty. It provides strength-based strategies and creates climates of mutual respect and mutual purpose that empowers children, youth and families to solve problems associated with poverty. It examines how and why people view clients in poverty from a deficit rather than a strengths-based approach. The workshop explores a framework for developing strategies to enhance the professional's ability to work with individuals living in generational poverty.

Fetal Alcohol Spectrum Disorders: A Hidden Struggle

The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

Addressing Reoccurring Mental Health Issues in Families

This workshop will identify mental health disorders that are prevalent in child welfare. An exploration of the Diagnostic and Statistical Manual (DSM) statistical data, categories, and criteria will occur. Critical analysis of each of the disorders will take place through case examples from Toy Story and other Hollywood films. Group discussions will be utilized to facilitate further exploration of the psychological disorders. Discussions will focus on childhood disorders (primarily ADHD and oppositional defiant disorder), adult disorders (primarily adjustment disorder and depression), and post-traumatic stress disorder, which affects both children and adults. Large and small group discussions will facilitate transfer of learning.

Working with Youth at Risk for Human Trafficking ** Meets OAC training requirement

This training will cover the definition of human trafficking and how the federal and state laws apply to minors. The focus of this training will be on sex trafficking. It will outline what makes youth most at risk and vulnerable to trafficking, as well as defining the different types of trafficking. Learners will be able to identify indicators of youth trafficking, and how to begin a conversation with the youth they work with about the dangers of trafficking. This training will emphasize the importance of establishing safety, trust and building transformational relationships with the youth.



Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School

- Identify strategies for the home and classroom that address brain functioning and create a safe, successful environment for children with FASDs
- Apply strategies for the home and classroom to reinforce/regain empathy for the children, have expectations that better fit the child's diverse developmental level
- Use tools and scripts in response to behavior that help both the adult and child succeed

Ethics of "The Office": Lessons Learned from Employees of Dunder Mifflin

Scholars and ethicists took notice when PBS affiliate WVIA in Scranton, Pennsylvania released its documentary: "The Office: An American Workplace." Never before has there been such an in-depth, candid, and long-running audio-visual examination of workplace conduct – And there is much that social service professionals can learn from the award-winning biopic. In this workshop, participants will examine the ethical breaches of Dunder Mifflin employees, as well as similar breaches by licensed professionals in Ohio and other states, and explore ways to mitigate our own risk through the application of state and national codes and resources.

Anxiety Disorders: Joy, Fear, Anger, Disgust, and Sadness all Working Together

In this workshop, the different types of anxiety that adults and children experience will be explored. The following DSM criteria will be explored: separation anxiety disorder, selective mutism, specific phobia, social anxiety (social phobia), panic disorder, agoraphobia, and generalized anxiety disorder. The statistical prevalence and treatment methods will also be identified and discussed for each criterion. Case examples will be discussed from Hollywood films and actors/authors. Large and small in-depth group discussions will occur as participants explore the psychological significances in the case examples and apply those discussions to the regulations of emotions and the diagnoses of anxiety disorders.

Elements of Empathy: Why Empathy Matters

In this interactive and thought-provoking training, learners will obtain content as to why empathy matters when collaborating with co-workers, families, and older adults. Through the course, learners will be provided with knowledge about empathy, as well as develop skills to assure that empathy becomes part of their practice in the workplace.



Addressing Reoccurring Mental Health Issues in Families

This workshop will identify mental health disorders that are prevalent in child welfare. An exploration of the Diagnostic and Statistical Manual (DSM) statistical data, categories, and criteria will occur. Critical analysis of each of the disorders will take place through case examples from Toy Story and other Hollywood films. Group discussions will be utilized to facilitate further exploration of the psychological disorders. Discussions will focus on childhood disorders (primarily ADHD and oppositional defiant disorder), adult disorders (primarily adjustment disorder and depression), and post-traumatic stress disorder, which affects both children and adults. Large and small group discussions will facilitate transfer of learning.

Take My Advice: Guidelines for Assessing and Advising Parents

Many parents often hear and follow unhealthy advice or use quick-fix solutions that bring unhealthy, long-term results. These parents need clear guidelines and practical skills that help them think for themselves and plan healthy, individualized solutions to their parenting problems. This interactive workshop teaches a reliable, step-by-step method for assessing and guiding parents. You can even use the practical skills in your work or home settings, with children of any age or adults, empowering everyone in life.

<u>Safe and Together: Domestic Violence-Informed Assessments and Interviews</u>

This workshop introduces the Safe and Together Model approach to child welfare cases involving intimate partner violence. Day One explores domestic violence as defined by Ohio law and looks at its dynamics and impact on family members. The day also examines the relevance of domestic violence to child welfare and provides an overview of identifying signs of domestic violence and assessing survivor strengths as well as Multiple Pathways to Harm for children. Day Two focuses on domestic-violence-informed interviewing and the unique skillsets needed to interview perpetrators, adult survivors, and child survivors and create effective safety plans. The Model emphasizes community partnerships with local service providers, domestic violence advocates, law enforcement, and courts and provides an overview of Ohio mandates for certain professionals and community resources for victims such as protection orders.

Completion of this learning meets OAC training requirements (5101:2-33-55; 5101:2-33-56) for domestic violence.

You should also consider attending "Safe & Together: Domestic Violence-Informed Documentation and Case Planning" following this training.



Ethics for Supervisors: From Aristotle to Instagram

This course is designed to teach supervisors the history of ethics, the NASW best practice standards and how to apply ethics in modern practice in child and adult protective services.

Survivor-Led Human Trafficking Awareness Interdisciplinary Training

This is a survivor-led course that will not only provide the definition of human trafficking along with different typologies but offers real life specific case scenarios. The participants will have a better understanding of sex crimes and their element of crime specifics as they relate to children/youth.

The participants will have the opportunity through this training to be placed in actual situations of human trafficking using simulations.

Psychotropic Medications: Questions to Ask about Kids on Meds

The purpose of this course is to educate caseworkers, foster parents and other stakeholders on psychotropic medication use in the treatment of mental disorders among children and adolescents. Specific attention will be paid to answering the questions most people ask, or should ask, regarding psychotropic medication.

DSM Pathologies in Winnie the Pooh's World

This workshop will provide information to child welfare workers, supervisors, and counselors about mental health disorders, as displayed by the characters in the childhood story of Winnie and the Pooh. The characters' diagnoses that will be discussed are (which are common in the child welfare client population): Attention Deficit Disorder (ADHD), Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Dysthymic Disorder (Depression), Narcissistic Personality Disorder, and Dyslexia. The case studies from Winnie the Pooh will help illustrate the current criteria of the different disorders as described in the Diagnostic Statistical Manual of Mental Disorders (DSM). An explanation of the current treatment methods for the disorders will be presented. Small and large group exercises will be used to help understand the disorders.



Any trainings beyond this point are only open to OAC Caseworkers and Supervisors



CORE 2.0 Caseworker Training: December 2024 – April 2025

NOTE: Each of the following classes have prerequisites, please see CAPS for more details

First Priority of the Caseworker Core trainings below will go to Caseworkers, any extra seats will be open to the rest of child service staff

Title	CAPS Locator #	Date & Time	Trainer	Location
CW 6: Service Planning and	17283	Tuesday – Thursday	Jill Roberts	WORTC
Delivery		March 11 th , 12 th , and		1312 Research Park
		13 th		Dr, Dayton
		9:00 - 4:00		
Working Towards	17295	Friday	Johanna	WORTC
Successful Reunification:		March 28 th	Pearce	1312 Research Park
Strengthening Relationships		9:00 – 4:00		Dr, Dayton
between Primary and				
Resource Families				
Courtroom Testimony Skills	17296	Monday	Kristie	WORTC
Practice		March 31 st	Heckman	1312 Research Park
		1:00 - 4:00		Dr, Dayton
Preparing For and	17300	Monday	Kristin Sparks	WORTC
Completing Case Closure		April 7 th		1312 Research Park
		12:30 - 4:30		Dr, Dayton
Assuring Child Safety within	17303	Wednesday	Johanna	WORTC
KPAs		April 16 th	Pearce	1312 Research Park
		9:00 – 4:00		Dr, Dayton

CORE 2.0 Caseworker Training: February – June 2025

NOTE: Each of the following classes have prerequisites, please see CAPS for more details

First Priority of the Caseworker Core trainings below will go to Caseworkers, any extra seats will be open to the rest of child service staff

Title	CAPS Locator #	Date & Time	Trainer	Location
Collaboration and Teaming	19609	Wednesday February 19 th 10:00 – 3:30	Johanna Pearce	Tri County Mental Health and Recovery Board 1280 N. County Rd
				25A, Troy
Engagement and Interviewing Skills Practice	19610	Monday March 10 th 9:00 – 4:00	Joanna Pearce	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy



Interviewing Children	19612	Thursday March 20 th 10:00 – 2:30	Johanna Pearce	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Fact Gathering Skills Practice	19613	Monday March 24 th 9:00 – 12:30	Dave Thomas	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Determining if Abuse or Neglect Occurred	19614	Thursday April 10 th 9:00 – 4:00	Kristie Heckman	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Assessing Risk of Future Harm	19615	Monday April 14 th 9:00 – 4:00	Dave Thomas	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Quality Assessments of Safety: Is Immediate Intervention Necessary to Assure Child Safety?	19617	Tuesday April 22 nd 9:00 – 4:00	Kelly Crampton	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Managing Effects of Separation	19618	Monday May 5 th 10:00 – 3:00	Johanna Pearce	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
CW 6: Service Planning and Delivery	19619	Tuesday – Thursday May 13 th , 14 th , and 15 th 9:00 - 4:00	Dave Thomas	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Working Towards Successful Reunification: Strengthening Relationships between Primary and Resource Families	19631	Monday June 9th 9:00 – 4:00	Johanna Pearce	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy
Courtroom Testimony Skills Practice	19622	Thursday June 12 th 9:00 – 12:00	Kristie Heckman	Tri County Mental Health and Recovery Board 1280 N. County Rd 25A, Troy



Preparing For and	19623	Monday	Kristie	Tri County Mental
Completing Case Closure		June 16 th	Heckman	Health and Recovery
		9:00 - 1:00		Board
				1280 N. County Rd
				25A, Troy
Assuring Child Safety within	19625	Tuesday	Mary Eck	Tri County Mental
KPAs		June 24 th		Health and Recovery
		9:00 - 4:00		Board
				1280 N. County Rd
				25A, Troy

CORE 2.0 Caseworker Training: April – August 2025

NOTE: Each of the following classes have prerequisites, please see CAPS for more details

First Priority of the Caseworker Core trainings below will go to Caseworkers, any extra seats will be open to the rest of child service staff

Title	CAPS Locator #	Date & Time	Trainer	Location
Title	CAI 3 LOCATOI #	Date & Time	Trainer	Location
Collaboration and Teaming	20185	Thursday	Johanna	WORTC
3		April 17 th	Pearce	1312 Research Park
		10:00 – 3:30		Dr, Dayton
Engagement and	20186	Monday	Joanna Pearce	WORTC
Interviewing Skills Practice		April 28 th		1312 Research Park
		9:00 - 4:00		Dr, Dayton
Interviewing Children	20187	Friday	Kristie	WORTC
		May 16 th	Heckman	1312 Research Park
		10:00 - 2:30		Dr, Dayton
Fact Gathering Skills	20188	Wednesday	Kristin Sparks	WORTC
Practice		May 21 st		1312 Research Park
		9:00 – 12:30		Dr, Dayton
Determining if Abuse or	20228	Monday	Kristin Sparks	WORTC
Neglect Occurred		June 2 nd		1312 Research Park
		9:00 – 4:00		Dr, Dayton
Assessing Risk of Future	20189	Monday	Kelly	WORTC
Harm		June 9 th	Crampton	1312 Research Park
		9:00 – 4:00		Dr, Dayton
Quality Assessments of	20570	Wednesday	Lisa Fleischer	WORTC
Safety: Is Immediate		June 25 th		1312 Research Park
Intervention Necessary to		9:00 – 4:00		Dr, Dayton
Assure Child Safety?				
Managing Effects of	20190	Friday	Johanna	WORTC
Separation		June 27 th	Pearce	1312 Research Park
		10:00 – 3:00		Dr, Dayton
CW 6: Service Planning and	20191	Tuesday – Thursday	Jill Roberts	WORTC
Delivery		July 29 th , 30 th , and		1312 Research Park
		31 th		Dr, Dayton
		9:00 - 4:00		



Working Towards Successful Reunification: Strengthening Relationships between Primary and Resource Families	20192	Monday August 4 th 9:00 – 4:00	Kristin Sparks	WORTC 1312 Research Park Dr, Dayton
Courtroom Testimony Skills Practice	20241	Thursday August 14 th 9:00 – 12:00	John Everett	WORTC 1312 Research Park Dr, Dayton
Preparing For and Completing Case Closure	20193	Friday August 22 nd 10:00 – 2:45	Kristie Heckman	WORTC 1312 Research Park Dr, Dayton
Assuring Child Safety within KPAs	20194	Wednesday August 27 th 9:00 – 4:00	Amber Ntamack	WORTC 1312 Research Park Dr, Dayton

Training Descriptions

Collaboration and Teaming

Collaboration is vital for effective service delivery to families involved in the child protection system. When caseworkers recognize families as experts on their situation, the family is empowered to make decisions, which can encourage them to participate in the case process and follow through with services. It is equally important for caseworkers to practice a teaming approach with service providers, community supports, and external stakeholders. Encouraging an ongoing effort of collaboration and teaming can help build trust, a vital component of any relationship. This workshop explores collaboration and teaming in child protection and offers strategies to improve it between families, caregivers, and other partners.

Engagement and Interviewing Skills Practice

Effective engagement and interviewing skills take practice. During this course, you'll take the skills you've learned in the Introduction to Engagement and Introduction to Interviewing courses and use them to build rapport and elicit information from your peers.

Interviewing Children

Interviewing children is a vital casework task. Interviews with children are done for various reasons, such as to gather information, plan for permanency, and amplify their voices. Children and youth are vulnerable, and your interviews should be planful and done with care to not cause additional trauma. This course provides an opportunity to practice engagement skills and interview strategies. Using a trauma-informed approach, you'll practice several scenarios involving children of different developmental levels, explore relationship-building techniques, and some typical challenges with interviewing children.



Fact Gathering Skills Practice

Child protection cases require a fact-gathering process to collect relevant information to inform case decisions. The fact-gathering process occurs throughout the entire life of a case. This means every caseworker involved in the case is tasked with gathering information to make informed decisions. In this scenario-based course, you will develop a plan to gather information for your assigned case and follow through with the plan by conducting interviews. You'll also practice using engagement strategies and interviewing methods.

Determining if Abuse or Neglect Occurred

Every caseworker needs to be able to identify physical, emotional, and behavioral indicators of physical abuse, sexual abuse, emotional maltreatment, and neglect. Caseworkers will use this information when determining if abuse or neglect occurred, including recognizing if injuries to children are inflicted or accidental. Furthermore, caseworkers must know the difference between Ohio's legal definitions of abuse and neglect, and the options and rationale of child protective services case dispositions.

Assessing Risk of Future Harm

Within the CAPM framework, an assessment of risk of future harm contains two types of assessments: a clinical assessment (Strengths and Needs Assessment) and an actuarial assessment (Family Risk Assessment). Both assessments are necessary to develop a comprehensive understanding of the family's situation and what if any, services are necessary to help reduce the risk of future maltreatment to the child. This course will cover the scope and purpose of assessing risk of future maltreatment, how the assessment of risk is conducted throughout the life of a case at specific case decisions, how to gather and analyze relevant information and assess risk of future harm, and how to analyze and synthesize information to inform case decisions.

Quality Assessments of Safety: Is Immediate Intervention Necessary to Assure Child Safety?

One of the most important responsibilities of all caseworkers is to assess safety during every contact with the child and family. This course allows you to practice completing a formal initial assessment of safety. Using a case scenario, you'll create a plan to gather information, practice information-gathering strategies, and use your critical thinking skills to formulate a safety response. Additionally, you'll document your findings in the Ohio SACWIS training environment.

Managing Effects of Separation

Placement in out-of-home care is sometimes necessary to keep children safe. When every interaction is approached using the skills reviewed in this course, it is not only best practice but also essential for minimizing the trauma of separation, assuring safe placements for children, and ultimately successful outcomes for families.

Learners should walk away from this workshop having gained confidence, competence, and motivation to reduce separation-induced trauma for children and families and skills to support families before, during, and after separation.



Service Planning and Delivery in Family-Centered Child Protective Service

Caseworker Core Module 6 establishes the child protective services process of service provision as a fundamental and critical responsibility throughout the life of a case. The workshop provides framework for assessment-driven service planning to reduce the risk of future harm through accurate identification of services by engaging families in the case planning process.

Working Towards Successful Reunification: Strengthening the Relationship Between Primary and Resource Families

The child, primary family, resource family, and caseworker all benefit from collaboration when working toward successful reunification. This course will help you learn ways to support everyone involved by focusing on strengthening the relationships between primary and resource families. You also will explore strategies to keep families engaged during placement, including visitation.

Courtroom Testimony Skills Practice

Testifying in court is an essential function of a caseworker's job. Providing effective testimony can significantly impact the outcome of a case and the orders made by the judge or magistrate. In this course, you'll be guided by an expert facilitator and given scenarios to practice providing testimony at different court hearings.

Preparing For and Completing Case Closure

Closing a case is an ending to a journey taken with families through the child protection system. To some families and caseworkers, it is a welcomed ending. To others, it may be the loss of a relationship or support system and could prompt a grief or trauma response. This course will look at the progression to case closure, determining when a case is ready to close, its impact, and the steps to complete the closure in Ohio SACWIS.

Assuring Child Safety in Key Practice Areas

Assessing and assuring child safety is one of the most important tasks a caseworker completes with children and families. This task can become even more complex when substance use, intimate partner violence, or mental health disorders are involved. In this course, learners will practice thinking critically about these key practice areas and how they affect child safety, planning assessment of safety interviews, practicing interviews, and documenting these interviews in OHIO SACWIS. They will also practice selecting an appropriate intervention to control active safety threats (safety planning).