



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

Resource Family Training Calendar



Spring 2025



**Department of
Children & Youth**

Northwest Ohio Regional Training Center

12/12/2024

Dear Caregivers,

To coordinate the payment of continuing foster parent training, LCCS will enforce the following process to verify that the appropriate trainings are paid according to the rule in the **OAC 5101:2-5-38**:

1. Training taken in an RTC will be turned in and entered for payment within **120 days of the training date; if turned in after the 120 days**, the training will be entered to be included in their recertification but **will not be paid**.
2. Web-based training and other self-directed training **will not be paid**.
3. Training hosted at "other agency" **will not be paid**.

For preplacement training, a lump sum payment shall be made in the amount of fifteen dollars per foster caregiver per training hour for all hours completed. Continuing training, fifteen dollars per foster caregiver per training hour successfully completed within a training session that is a minimum of one training hour in duration.

A recommending agency may decline to make a stipend payment to a foster caregiver:

(a) If the recommending agency determines that the foster caregiver has not successfully acquired the skills the training was designed to impart and as a result the agency required the foster caregiver to repeat the training in accordance with a corrective action plan.

(b) If the training was beyond the scope or the amount of training specified in the foster caregiver's individualized written needs assessment and continuing training plan.

(c) If the training the foster caregiver received was part of a program of self-directed study or otherwise not delivered in a conventional or traditional setting where the principal transfer of knowledge occurred through the physical presence of a trainer whose responsibility it was to impart instruction to the foster parent.

Respectfully,

Northwest Ohio Regional Training Center

Greetings Northwest Ohio Stakeholders,

I hope this message finds you well. We are excited to share some important news with you regarding our agency's growth and development. As part of our expansion strategy, we will be relocating our offices to a new building.

Reason for the Move: Our new location offers better facilities, improved infrastructure, and a more conducive work environment. We believe this move will enhance collaboration, productivity, and overall employee satisfaction.

Relocation Details:

Lucas County Children's Services and the Northwest Ohio Regional Training Center will relocate to

301 Adams St. Toledo Ohio 43604 (Regional Training Center will be located on the 6th floor)

Parking: Superior Garage, 334 N Superior St, Toledo, OH 43604. (Across the street from the building)

Effective Date: June 24th, 2024

Duration: This move is permanent, and we expect all stakeholders to report to this new location indefinitely. There are no changes with contact information. All phone numbers and email addresses will remain the same.

We are committed to making this transition as smooth as possible and are working diligently to address any issues that arise. We appreciate your dedication to NWORDC and look forward to welcoming you to our new office. Thank you for being an integral part of our team!

Best regards,

Northwest Ohio Regional Training Center Team



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Ohio Child Welfare Training Program Mission Statement

The Ohio Child Welfare Training Program promotes the delivery of high quality, culturally competent, family centered services to children and their families who have experienced or are at risk of abuse, neglect or dependency. We provide competency-based training primarily to the public agency professionals, caregivers, and adoptive parents who serve them. We collaborate with other service providers to promote the delivery of competency- based training. We advocate for public policy and standards that reflect best practice in child welfare.

County Agencies Served by the Northwest Ohio Regional Training Center

Defiance/Paulding DJFS	Director- Amy Simonis	419-782-3881
Erie DJFS	Director- A.j. Lill	419-627-4400
Fulton DJFS	Director- Amy Metz-Simon	419-337-0010
Hancock DJFS	Director- Randall Galbraith	419-782-3881
Henry DJFS	Director- Shannon Jones	419-592-0946
Huron DJFS	Director- Lenora Minor	419-668-8126
Lucas Co. (LCCS)	Director- Randall Muth	419-213-3200
Ottawa DJFS	Director- Stephanie Kowal	419-898-3688
Putnam DJFS	Director- Suzy Wichmeyer	567-376-3777
Sandusky DJFS	Director- Melanie Allen	419-334-3891
Seneca DJFS	Director- Kathy Oliver	419-447-5011
Van Wert DJFS	Director- Erinn Sellers	419-238-5430
Williams DJFS	Director- Kylee Towne	419-636-6725
Wood DJFS	Director- David Wigent	419-352-7566
Wyandot DJFS	Director- Jason A. Fagon	419-294-4977

Northwest Ohio Regional Center Training Staff

Melonny King – Manager – Melonny.King@jfs.ohio.gov
 Ramona Echols – Regional Caregiver Training Coordinator – Ramona.Echols@jfs.ohio.gov
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 Tanya Roach – Regional Training Center Clerk (Preservice & Foster Parent College) – Tanya.Roach@jfs.ohio.gov
 Catrina Carwell – Regional Training Center Clerk (Ongoing Resource Family) – Catrina.Carwell@jfs.ohio.gov

Training Registration

- Enroll yourself in training sessions through CAPS
<https://ifsohio.csod.com/Login/render.aspx?id=defaultclp>
- If you are a **Resource Family provider through another agency** or you are a **daycare provider for LCCS**, you will NOT be in CAPS
- If you are NOT in CAPS please call **419-213-3505** to reserve a seat on a space available basis for **Foster/Adoption** ongoing training

Training Rules

- Please allow ample travel time to our location
- Please turn off cell phones & return calls during breaks or lunch
- It is Ohio Child Welfare Training Program policy to ONLY certify credit for an individual who has missed less than **15 minutes** of classroom training
 - This includes **CPR** and **First Aid** classes. All time spent outside the classroom counts toward this **15 minute rule**
 - **Partial credit cannot be given**
- You **MUST attend ALL parts of a training session** to receive a certificate of credit; this includes sessions that extend beyond one day

***NOTE* Please consider wearing layers to be comfortable with the fluctuations in temperature in the training center!**

FAQ's

Child Care?	Child Care is NOT provided during training. Children and dependents will NOT be allowed to attend classes or wait in the training center while classes are in session
Training Cancellation?	If you wonder whether a training has been canceled, check your e-mail notifications
Parking?	When you attend training sessions, bring your parking ticket to class for validation (parking garage ONLY). We do not validate for surrounding surface parking. Private agency caregivers must pay for their own parking in the garage.
Location?	Unless otherwise noted, trainings will be held at Northwest Ohio Regional Training Center Address: 301 Adams Street, Toledo, OH 43604

For additional questions or concerns please call: 419-213-3505

ON-GOING NWORTC LUCAS COUNTY TRAININGS

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *VIRTUAL* Cyber Bullying: Safety in Cyberspace 1:00pm - 4:00pm	2	3	4	5
7	8	9	10	11	12
14 *IN PERSON* Curly Hair and Skin Care: A Course for Multiracial Families 9:00am - 12:00pm 1:00pm - 4:00pm	15	16	17 *VIRTUAL* Feelings, Behaviors, Connections, and Healing 9:00am - 12:00pm *VIRTUAL* Helping Youth Who are in Substitute Care Find Mentors 1:00pm - 4:00pm	18	19
21	22	23 *VIRTUAL* Effects of Caregiving 9:00am – 11:00am *VIRTUAL* Trauma Related Behaviors 1:00pm - 3:00pm	24	25	26 *IN PERSON* AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills 9:00am – 4:00pm
28	29	30 *VIRTUAL* Discipline Foundations 9:00am – 11:00am *VIRTUAL* Impact of Substance Use 11:30am - 1:00pm			

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 *VIRTUAL* Verbal De-escalation in Child Welfare 9:00am – 12:00pm	2	3
5 *VIRTUAL* Building Parental Resilience for Kinship Care 9:00am - 10:30am *VIRTUAL* Kinship Parenting 11:00am - 1:00pm	6	7	8	9	10
12	13 *VIRTUAL* Effects of Caregiving 10:00am - 12:00pm	14	15 *VIRTUAL* Communicable Diseases 9:00am - 12:15pm *IN PERSON* Financial Preparation and Support for Foster Youth 9:00am - 12:00pm Car Seat Clinic 9:00am - 12:00pm Role of Caregivers in Healthy Sexual Development of Children 1:00pm – 4:00pm Helping Children Process Their World 1:00pm – 4:00pm	16 *IN PERSON* Promoting Housing Stability: Preparation and Resources for Foster Youth 9:00am – 12:15pm	17
19	20	21 *VIRTUAL* Parenting a Child with a History of Sexual Trauma 9:00am - 10:30am *VIRTUAL* Don't Talk...Don't Trust..Don't Feel 1:00pm – 4:00pm	22	23	24
26	27	28	29	30	31 *IN PERSON* AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills 9:00am – 4:00pm

June 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7 *IN PERSON* Lifelong Connections: Permanency for Older Youth 9:00am – 4:00pm
9	10	11	12 *IN PERSON* Engaging Youth in Transition Planning 9:00am – 4:00pm	13 *IN PERSON* Youth Development: Vital Link 9:00am – 4:00pm	14 *IN PERSON* AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills 9:00am – 4:00pm
16 *VIRTUAL* Effects of Fostering 9:00am - 12:00pm *VIRTUAL* Using Discipline to Teach Self Regulation 1:00pm - 4:15pm	17	18	19	20	21
23 *VIRTUAL* The Broken Bond: An overview of Attachment Disorders and Strategies for Interactions 9:00am - 12:00pm *VIRTUAL* An Overview of Hoarding: A Clean Sweep 1:00pm - 4:00pm	24	25	26	27	28
30					

April Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Cyber Bullying: Safety in Cyberspace

DATE: April 1, 2025

Brian Bethel

(2.75 Credit Hours)

Locator# 21156

TIME: 1:00pm - 4:00pm

CONTENT: Children have confronted the experience(s) of bullying for decades. However, the aggressive tactics in recent years have moved from the playground to the digital world and created a phenomenon known as Cyberbullying. By definition cyberbullying is the intentional, repeated harm to another person through the use of digital and communication technology. As such, it is important for caregivers and family members to have an understanding of cyberbullying and develop strategies to assist children who may be victims of these experiences. This training will highlight general information regarding the current trends and evolution of cyberbullying and offer strategies for mitigating its impact in the lives of children.

Curly Hair and Skin Care: A Course for Multiracial Families

DATE: April 14, 2025

Lauren Burnette

(2.75 Credit Hours)

Locator# 20864

TIME: 9:00am – 12:00pm

CONTENT: The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

Curly Hair and Skin Care: A Course for Multiracial Families

DATE: April 14, 2025

Lauren Burnette

(2.75 Credit Hours)

Locator# 20865

TIME: 1:00pm – 4:00pm

CONTENT: The need for hair and skin care education within transracial families, especially with ethnic undertones, is vital. While a percentage of foster parents are predominantly Caucasian, research shows that the percentage of African American children in foster care is on the rise. This supply and demand leaves gaps in cultural needs and knowledge while hair care is no exception.

VIRTUAL

NCTSN: Feelings, Behaviors, Connections, and Healing

DATE: April 17, 2025

Viola Larkin

(2.75 Credit Hours)

Locator# 21158

TIME: 9:00am – 12:00pm

CONTENT: This workshop introduces caregivers to the cognitive triangle and the impact of trauma on children's thoughts, feelings, and behaviors. Caregivers will learn techniques for helping traumatized children to understand and control their emotional and behavioral reactions. It also explores how identity is created through connections and the impact trauma may have on these connections. Caregivers will understand why it is important for children to talk about their traumatic experiences, and how they can make the child feel safe while sharing. This workshop is third in a series of four workshops developed by the National Child Traumatic Stress Network.

VIRTUAL

Helping Youth Who are in Substitute Care Find Mentors

DATE: April 17, 2025

Viola Larkin

(3.00 Credit Hours)

Locator# 21157

TIME: 1:00pm – 4:15pm

CONTENT: This learning opportunity will assist resource families in supporting youth to see the benefits of having a mentor. It also highlights their role in helping youth select mentors. This session is designed to provide hands-on activities to increase transfer of learning, practical strategies, and resources on how to find mentoring support in their area. Resource families will also learn how they can serve in a mentoring role to youth.

VIRTUAL

Effects of Caregiving

DATE: April 23, 2025

Lamar King

(2.00 Credit Hours)

Locator# 21159

TIME: 9:00am – 11:00am

CONTENT: This course, part of the Preservice training series, will help learners take a realistic look at caregiving including stressors and challenging events. This course defines burnout and secondary stress and explores the risk to caregivers. Learners will understand the importance of self-care and develop a self-care plan.

VIRTUAL

Trauma Related Behaviors

DATE: April 23, 2025

Lamar King

(2 Credit Hours)

Locator# 21160

TIME: 1:00pm - 3:00pm

CONTENT: Resource Readiness: TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

This course helps participants learn how chaos, threat, neglect, and other adversity during development can alter the developing brain and that, in turn, can change the ways children think, feel and act. Participants will understand the major stress-responses we use to cope with perceived and actual threat and the reasons for and range of adaptive symptoms from inattention and distractibility to avoidance and shut-down. Also covered are the reasons for rejection and testing and recognition of the survival skills and coping strategies that result in a complex range of behaviors.

AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills Testing

DATE: April 26, 2025

Thasia Awad

(6 Credit Hours)

Locator# 21155

TIME: 9:00am – 4:00pm

CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved

for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

Discipline Foundations

(2.00 Credit Hours)

Locator# 21284

DATE: April 30, 2025

Megan Wendling

TIME: 9:00am – 11:00am

CONTENT: This course, part of the Preservice training series, discusses the knowledge and skills needed to appropriately discipline children. Learners will consider the importance of re-framing behavior and taking an approach that focuses on relationship, managing their emotions, and being intentional. Learners will also discover how to determine if a discipline strategy is appropriate.

VIRTUAL

Impact of Substance Use

(1.50 Credit Hours)

Locator# 21282

DATE: April 30, 2025

Megan Wendling

TIME: 11:30am – 1:00pm

CONTENT: **Resource Readiness - Substance Abuse**

This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

May Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

VIRTUAL

Verbal De-escalation in Child Welfare

(2.75 Credit Hours)

Locator# 21321

DATE: May 1, 2025

Brian Lowery

TIME: 9:00am – 12:00pm

CONTENT: **Resource Readiness -FAMILY SAFETY**

This class will examine how pre-placement experiences and current stressors may affect a foster child's emotions, leading to escalating behaviors. This workshop reviews the skills of active listening, non-violent communication, and de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, which will enable them to more successfully deal with emotional or physical crisis which can occur with children living in out of home care.

VIRTUAL

Building Parental Resilience for Kinship Care

(1.50 Credit Hours)

Locator# 21285

DATE: May 5, 2025

Lauri Wolfe

TIME: 5:30pm - 8:30pm

CONTENT: This course helps participants understand the importance of self-care and provides practical ideas on how to do it. Learners will understand signs of stress and burnout and recognize the importance of maintaining their mental, physical, emotional, and spiritual well-being. This course describes parental resilience and why resilience is important. It also covers how caring for children who have experienced trauma, separation, or loss can impact a caregiver's own well-being. Also covered are the behaviors that foster a protective environment for parents and children.

VIRTUAL

Kinship Parenting

(1.83 Credit Hours)

Locator# 21287

DATE: May 5, 2025

Lauri Wolfe

TIME: 11:00am - 1:00pm

CONTENT: This one hour and 50 minute course acknowledges the complexities associated with caring for children who are related to or known to the kinship caregiver, including divided loyalties, redefining roles, and relationships, setting boundaries with parents and other relatives, and the range of emotions, including anger, resentment, guilt, and/or embarrassment that caregivers can feel. Strategies for managing family dynamics and conflicts, identifying triggers, and effectively managing stress are shared.

VIRTUAL

Effects of Caregiving

(2.00 Credit Hours)

Locator# 20967

DATE: May 13, 2025

Angela Buckalew

TIME: 10:00am – 12:00pm

CONTENT: This course, part of the Preservice training series, will help learners take a realistic look at caregiving including stressors and challenging events. This course defines burnout and secondary stress and explores the risk to caregivers. Learners will understand the importance of self-care and develop a self-care plan.

VIRTUAL

Communicable Diseases – Protecting Your Family’s Health (3.00 Credit Hours) Locator# 20968
DATE: May 15, 2025 Angela Buckalew TIME: 9:00am – 12:15pm

CONTENT: Resource Readiness -PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASES

The primary purpose of this training course is to educate caregivers in identifying signs and symptoms of illness and contagious conditions, protect themselves from exposure, learn how to respond to an exposure risk, and how to transfer their knowledge to educate family and children in the home. The course content and activities will prepare caregivers to make appropriate decisions about preventing and educating on communicable disease transmission.

Financial Preparation and Support for Foster Youth (3.00 Credit Hours) Locator# 20948
DATE: May 15, 2025 Cherylanne Norwood TIME: 9:00am – 12:00pm

CONTENT: Financial preparation and support are particularly critical for youth in foster care. Throughout the state, youth and young adults in foster care are often (a.) not given an allowance, (b.) not allowed to have a bank account, and (c.) not informed nor given the opportunity to practice making financial decisions.

After leaving foster care, they are often immediately responsible for all aspects of their finances. Unless they have basic financial knowledge or an adult willing to provide guidance, they can make decisions that may negatively impact their financial well-being far into their future.

This training will provide resource caregivers and caseworkers with a better understanding of why it is critical for youth to learn and practice making financial decisions before leaving foster care. Participants will learn about resources, teaching methods, and common financial terms to share with youth in their care.

Car Seat Clinic: Ensuring Safety for Child Passengers (2.75 Credit Hours) Locator# 20936
DATE: May 15, 2025 Megan Wendling TIME: 9:00am – 12:00pm

CONTENT: One of the most important jobs of a caregiver is to keep the child safe when riding in a vehicle. Each year, thousands of young children are killed or injured in car accidents. Proper understanding and use of safety seats are key in preventing injury and death; but with so many different safety seating options and modes of transportation on the market, caregivers may be overwhelmed. The best car seat is not always the most expensive one – It is the one that best fits the individual child. Children in foster care may have individualized needs for safety seating, including seating systems that support medical equipment (wheelchairs), supportive devices for proper positioning, or children who have behavioral difficulties when riding with safety restraint systems. This interactive, hands-on course provides the participant with the understanding of the federal and state law requirements for proper seating systems, as well as the knowledge and resources to employ the proper safety seating devices and techniques.

Role of Caregivers in Healthy Sexual Development of Children and Teens (2.75 Credit Hours) Locator# 20950
DATE: May 15, 2025 Cherylanne Norwood TIME: 1:00pm – 4:00pm

CONTENT: This training, part of the Fundamentals of Fostering series, helps caregivers discuss sexual issues with children and adolescents in a way that is consistent with their developmental level. Content also includes strategies on how to maintain a supportive and safe environment with children and adolescents that encourages healthy sexual development and provides exposure to normal experiences that promote healthy sexual development appropriate to each child.

Helping Children Process Their World: Sensory Processing Issues in Children (2.75 Credit Hours) Locator# 20938
DATE: May 15, 2025 Megan Wendling TIME: 1:00pm – 4:00pm

CONTENT: Sensory processing sensitivities may arise in children when they experience trauma, a change of environment or routine, or during a heightened emotional period of time. This training covers competencies in sensory processing to be able to define and promote a healthy transition and well-being of the child and family involved throughout each step of the foster care and adoption process. This training session provides educational and engaging opportunities for foster and adoptive parents to become knowledgeable about various types of sensory processing disorders, manage episodes of behaviors caused by increased or decreased environmental stimulation, and participate in hands-on activities in preparation for deterring negative behaviors during future at-risk scenarios.

Promoting Housing Stability: Preparation and Resources for Foster Youth (3.00 Credit Hours) Locator# 21320
DATE: May 16, 2025 Cherylanne Norwood TIME: 9:00am – 12:15pm

CONTENT: This three-hour training provides an overview of federal, state, and county-specific resources to assist youth find permanent, sustainable housing after foster care. Resource/Adoptive parents and Caseworkers will learn about available resources and how to help youth access them.

VIRTUAL

Parenting a Child with a History of Sexual Trauma (1.50 Credit Hours) Locator# 20867
DATE: May 21, 2025 Brian Lowery TIME: 9:00am – 10:30am

CONTENT: Resource Readiness - CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children

safe and help them heal from sexual trauma are highlighted.

VIRTUAL

Don't Talk...Don't Trust...Don't Feel: Growing Up with an Addicted Parent (2.75 Credit Hours) Locator# 20872
DATE: May 21, 2025 Brian Lowery TIME: 1:00pm – 4:00pm
CONTENT: This training will provide an understanding of the dynamics of growing up in a home where one of the primary caregivers is abusing substances or is addicted. We will examine roles children take on to meet their needs and bring balance to their family, and how those roles may transfer into a kinship/foster home. Attendees will be armed with tools and strategies to support these children during out-of-home placement and upon returning home.

AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills Testing (6 Credit Hours) Locator# 20563
DATE: May 31, 2025 Ryan Hennessey TIME: 9:00am – 4:00pm
CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

June Course Descriptions

Class will be closed to anyone arriving more than fifteen (15) minutes late.

Lifelong Connections: Permanency for Older Youth (6.00 Credit Hours) Locator# 20876
DATE: June 7, 2025 Brian Lowery/Lamar King TIME: 9:00am – 4:00pm
CONTENT: When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

It is strongly recommended that participants attend Positive Youth Development: The Vital Link prior to attending this workshop.

Engaging Youth in Transition Planning (6.00 Credit Hours) Locator# 20965
DATE: June 12, 2025 Lamar King TIME: 9:00am – 4:00pm
CONTENT: Transition planning is a personal process, and young people must fully participate. The Fostering Connections to Success and Increasing Adoption Act of 2008 includes a requirement that a youth-directed transition plan be developed 90 days prior to a youth turning 18. However, it is important that we recognize that transition planning begins well before this time. This training provides a definition of transition planning, examines the benefits of youth engagement, and outlines the transition planning process. In addition, participants will learn about the Foster Club's Transition Planning Toolkit - a document that helps transitioning adolescents develop their plans for the future.

It is strongly recommended that participants attend Positive Youth Development: The Vital Link prior to attending this workshop.

Youth Development: Vital Link (6.00 Credit Hours) Locator# 20966
DATE: June 13, 2025 Lamar King TIME: 9:00am – 4:00pm
CONTENT: Youth are a tremendous and often overlooked resource. Agencies can improve their independent/transitional living programs by utilizing the skills youth possess. Not only will youth enhance agency programs, youth themselves will develop confidence and self-esteem through the contribution of their experiences. Participants will learn creative ways of empowering youth by allowing them to take on leadership roles, aid in decision-making, and assist in program implementation. Barriers and benefits will be discussed as well as attitudes regarding youth as resources. Participants will explore levels of youth involvement in independent/transitional living programs which will include advisory boards, mentor programs, peer helping and community involvement.

AHA Heartsaver Pediatric First Aid and Adult and Child CPR Without Skills Testing (6 Credit Hours) Locator# 16493
DATE: June 14, 2025 Thasia Awad TIME: 9:00am – 4:00pm
CONTENT: This course utilizes the American Heart Association Pediatric First Aid and CPR course materials but does not include skills testing. The participant receives a comprehensive overview of first aid basics for children, as well as CPR and AED use for all ages. This workshop is approved for OCWTP training hours only and does not certify the participant in CPR or First Aid.

****Please note that there is 2-hour mandatory hands-on skills testing for Lucas County Children Services licensed caregivers only from 2:00pm – 4:00pm. **** For caregivers from other counties who wish to seek certification can attend this portion for a fee, payable to the trainer.

VIRTUAL

Effects of Fostering

(2.75 Credit Hours)

Locator# 21161

DATE: June 16, 2025

Cherylanne Norwood

TIME: 9:00am – 12:00pm

CONTENT: This training is specifically designed for licensed resource caregivers in the early years of their caregiving development. This training will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. Participants will learn to identify indicators that they or someone in their family may be experiencing burn out or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

VIRTUAL

Using Discipline to Teach Self-Regulation

(3.00 Credit Hours)

Locator# 21293

DATE: June 16, 2025

Cherylanne Norwood

TIME: 1:00pm – 4:15pm

CONTENT: This training, part of the Fundamentals of Fostering series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles influence discipline. Participants will learn discipline strategies for teaching children how to regulate their emotions and behaviors.

VIRTUAL

The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions

(2.75 Credit Hours)

Locator# 21323

DATE: June 23, 2025

Brian Bethel

TIME: 9:00am – 12:00pm

CONTENT: Reactive Attachment Disorders are a group of mental health disorders in which the child is unable to form healthy relationships, particularly with their primary caregiver. While Attachment Disorders are complex, parents and caregivers can serve as important resources for advocating and guiding children through the treatment process. Since early intervention is key to the most positive of outcomes it is important that caregivers are competent in the recognition and awareness of attachment challenges. This training provides an introductory overview of Reactive Attachment Disorders and emphasizes the importance of early intervention and research-supported treatment for empowering children with attachment disruption.

VIRTUAL

An Overview of Hoarding: A Clean Sweep

(2.75 Credit Hours)

Locator# 21326

DATE: June 23, 2025

Brian Bethel

TIME: 1:00pm – 4:00pm

CONTENT: Hoarding Disorder is recognized as a mental and emotional disorder that is characterized by the excessive accumulation and difficulty discarding of possessions. Although a relatively new diagnosis, Hoarding Disorder is a complex and challenging disorder for social service professionals. While this disorder impacts individuals from all demographics, research has indicated that hoarding is relatively common among individuals who have experienced trauma. This training will explore the clinical features of Hoarding Disorder and highlight the research supported treatment, with particular focus on interventions for children and adolescents.

Resource Readiness (RR)

As of January 2023, New Foster Resource Families must complete training on 11 topics for their first recertification period. Based on your ITNA, it is recommended that you take one course from each topic. These courses are 1 to 2 ½ hours in length. They do not have to be completed in order.

These trainings will be labeled with an RR before the title in the quarterly calendar. In CAPS they will be labeled as you see below.

Learning Search

Filters Reset

DURATION ▼

TYPE ▼

MODALITY ▼


SUBJECT ▲

- Pathway: Resource Family Readiness (20)
- Permanency (10)
- Personnel Management (1)
- Physical/Medical Health (17)
- Physical/Medical Health: Activities of Daily Living (2)
- Physical/Medical Health: Neurocognition (4)
- Placement (13)
- Planning (10)
- Population Served: ▼

PROVIDER ▼

20 Results Event Calendar

Pathway: Resource Family Readiness x




Event

(2.75) Born Addicted: Promoting Best Care

2 hours, 45 minutes

...




Event

(2.75) Communicable Disease

2 hours, 45 minutes

...




Event

(2.75) PLEASE Don't Share! Communicable

2 hours, 45 minutes

...




Event

(4) The Basics of Caring for Children Who Have

4 hours

...




Event

(2.75) The Effects of Fostering

2 hours, 45 minutes

...




Event

(2.75) Engaging Primary Families

2 hours, 45 minutes

...




Event

(2.75) An Overview of Legal Issues for Foster

2 hours, 45 minutes

...



Event

(2.75) Understanding the Legal Process and I

2 hours, 45 minutes

...

These trainings have been developed for the incoming resource families and current licensed resource caregivers may also complete these courses for credit hours. So, keep this checklist to help you mark off those you have completed. Below are also dates in which the first round has been scheduled.

14

PREVENTION, RECOGNITION, AND MANAGEMENT OF COMMUNICABLE DISEASE

- Communicable Diseases – Protecting Your Family's Health

COMMUNITY HEALTH AND SOCIAL SERVICES AVAILABLE TO CHILDREN AND THEIR FOSTER FAMILIES

- Accessing Services and Supports

SUBSTANCE ABUSE

- Impact of Substance Use
- Don't Talk ... Don't Trust ... Don't Feel: Growing Up with an Addicted Parent
- Understanding Addiction for Resource Parents
- Fostering Alliances: Collaborating with Primary Parents Facing Addiction
- Adolescent Substance Use, Addiction, and Treatment

EDUCATION ADVOCACY

- The Education Rights of Children in Ohio
- Education Advocacy: Improving K-12 Outcomes for Children in Out-of-Home Care
- Education

CULTURAL AND DIVERSITY ISSUES

- Cultural Humility
- Parenting in Racially and Culturally Diverse Families
- Sexual Development and Identity

FAMILY SAFETY

- Verbal De-escalation
- Responding to Children in Crisis
- Creating a Stable, Nurturing, and Safe Home Environment

TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT

- Attachment
- Separation, Grief, and Loss
- Trauma Related Behaviors
- Trauma Informed Parenting
- Understanding and Building Attachment
- Trust-Based Relational Intervention (TBRI) Module

CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

- The Basics of Caring for Children who have been Sexually Abused
- Parenting a Child with a History of Sexual Trauma
- Sexual Trauma

MANAGING PLACEMENT TRANSITIONS

- Maintaining Children's Connections
- Managing Placement Transitions
- Engaging with Primary Families
- Foster Care: A Means to Support Families
- Reunification as the Primary Permanency Goal

MENTAL HEALTH, SELF-REGULATION, AND SELF-CARE

- Building Parental Resilience
- Mental Health Considerations
- Family Dynamics
- The Effects of Fostering
- Beyond Burnout: How Foster Caregivers Can Build Resilience

LEGAL AND ETHICAL ISSUES FOR CAREGIVERS

- Understanding the Legal Process and the Role of the Foster Parent in Child Welfare Cases
- Ethical Considerations for Resource Caregivers
- Confidence on the Court Process for Resource Caregivers
- Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice

Additional Courses- Limited Availability

- Parent's Rights in the Special Education Process
- Building Parent/Professional Partnerships in Communication
- Understanding AD/HD
- Positive Behavioral Interventions and IDEA
- Autism Awareness
- Section 504
- Understanding Bullying

Ongoing Caregiver Training

Resource families (formerly named foster caregivers) are required by the State of Ohio to complete 30 hours of training every two years to maintain their foster care license. Treatment resource families are required to complete 45 hours. The curriculum is developed in accordance with the caregiver's Individual Training Needs Assessment (ITNA) and Individual Development Plan (IDP).

Registration Instructions:

If you are a resource family through LCCS, enroll yourself in training sessions through CAPS LMS:

- [Click here to LOGIN to CAPS](#)
- [See CAPS demo video here](#)

Should you need assistance, please contact Catrina Carwell at (419) 213-3505 or by e-mail Catrina.Carwell@jfs.ohio.gov

[For Live Support for CAPS LMS click below:](#)

[Support : ODJFS Live Support \(eskillzlivesupport.com\)](http://eskillzlivesupport.com)

If you are a resource family through another agency, or if you are a daycare provider for LCCS, you will NOT be in CAPS LMS. Please contact Ms. Carwell to register as a guest.

RESOURCE FAMILIES'

HELPFUL TIPS

CORNER

- Resource Readiness (RR) courses are to be completed during the first certification period of new resource families. However, these RR courses are available to all resource families.
- Resource families are no longer allowed to complete all of their training hours virtually unless there is a live trainer. These are called "live synchronous distance learning". Training such as Foster Parent College, where the trainer is not in "real time" is only approved for 15 hours for family foster care and 22.5 hours for treatment homes.
- Individual Training Needs Assessment (ITNA) can be completed online on the OCWTP website: <https://ohiocaps.org/ocwtp/>
- You will get credit for only 24 hours of Preservice training (training you completed prior to being licensed). Please make sure to check the title before completion. No exceptions can be made.
- Please make sure you receive approval before taking any classes designated to Staff/Supervisors

Attention Resource Families

Caregiver Coaching is Now Being Offered!!

- **What is a caregiver coach?**

A caregiver coach will provide coaching, training, support, and guidance to foster, adoptive, kinship and others who serve in a caregiver capacity. This coach will be available "in person" and in some cases virtually to handle crisis in a timely manner. This coach will also serve in the capacity of a trainer.

Through caregiver coaching, caregivers will engage to exchange information and intervention strategies to promote the child's learning and development. A short-term intervention that provides caregivers with tools to improve their child's behavior.

If you are interested in coaching, please contact your caseworker.



Help To Retore & Grow Our Children
Because A Happy Child Is A Healthy Child

Weekly Caregiver Education Series



Department of
Children & Youth

Northwest Ohio Regional Training Center

Weekly Caregiver Education Series: Through The Lens of Restorative Justice Principles

"Learning & Supporting Each Other For A Great Cause -- Our Children"

10 Sessions:

Tuesdays, 11am – 12:30pm

March 4, 2025 through May 13, 2025

NWORTC Coach Lillian Cardona, MS Forensic Psychology, *Instructor*

Location:

Lucas County Children Services

301 Adams Street, Toledo, OH 43604

6th Floor Training & Development Department

Sign-up: (2 options)

- 1) Scan QR Code to fill out online registration form
- 2) Email: Lillian.Cardona@jfs.ohio.gov

For questions, call: **419-213-3672** or **419-654-6791**



Attendees Receive:

1-Hour Training Hours

Certification of Completion



EDUCATION SERIES FOR CAREGIVERS

2025

- April 8: Autism Awareness
- May 15: Understanding ADHD



This limited series is offered in partnership with the Ohio Coalition for the Education of Children with Disabilities. All of these courses fulfill the Resource Readiness requirement for a course in the “Education” topic.

It Takes 100% Heart™

Resource Family Support Group



Fulton, Lucas, Ottawa,
& Wood Counties
<https://bit.ly/3QAHpul>

Being a foster, adoptive, or kinship caregiver can be tough. Resource families not only deal with the normal stress of parenting, but you also deal with the extra stress of being a caregiver to a child who is involved with the child welfare system.

The YWCA of Northwest Ohio is excited to invite you to join the YWCA Resource Family Support Group on Facebook. It is a safe space for foster, adoptive, and kinship caregivers to meet, network, and connect with others who have similar experiences in the child welfare system.

For more information, please call our Toledo office at (419) 255-5519 and ask to speak to Shelly or email her at SNormesinu@ywcawo.org.



CONTACT US FOR FREE

Caregiver Support!



eliminating racism
empowering women
ywca
Northwest Ohio

Supports Available:

Child Care Search



Are you seeking child care? We provide custom referrals to help you find high quality care for your child!

- Free referral service for all families
- Find care close to home, work, or school
- Child Care Centers and Family Child Care settings included
- Information available to apply for financial assistance
- Use the QR code to start your search today



Engagement Events



Are you looking for something fun and educational to do with your child?

Ask about one of our upcoming events

- Book Buddies
- Family Fun Night
- Little Hands Sensory Group

Follow us on Facebook for the most current events
Mansfield YWCA CCR&R Family Information

Parent / Caregiver Training

Our Outreach Parent Specialists offer opportunities for parents and caregivers to learn more about child development, engage with community resources and get to know other families with young children.



- 1 2 3 Magic
- Act Raising Safe Kids
- Fatherhood Initiative
- Nurturing Parenting
- Parent Cafe
- Triple P

Foster, Adoption, & Kinship Support

Our Family & Community Resource team provides assistance and support to foster, adoptive, and kinship caregivers by providing kits, advocacy, and assistance with licensing and recertification.

- Home Study Kits
- Hygiene & Laundry Kits
- Hair & lice Kits
- Baby Kits

Resource Connection

Do you have questions about child development? Unsure of where to start to find the support you need?

Our Outreach Specialists will help you find the resources your family needs.

- Clothing / Food Assistance
- Developmental Screening/ Early Intervention Services
- Housing Assistance



Becoming a Caregiver

Are you interested or have questions about becoming a foster, adoptive, or kinship caregiver to children involved in the child welfare system? Scan the QR code to be connected with our team to see if being an alternative caregiver is a good fit for you and your family.



The YWCA Northwest Ohio is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.



1018 Jefferson Ave,
Toledo, OH 43604



419-255-5519



www.ywcanwo.org



mswank@ywcanwo.org
dtimmons@ywcanwo.org

Computer Literary Support



ATTENTION CAREGIVERS!

- ❖ Do you need some extra help learning how to use your CAPS account?
- ❖ Do you need assistance accessing your CAPS surveys, certificates of completion, or records?

The NWORTC is here to help!

Simply contact Catrina Carwell at 419-213-3505 or by email at Catrina.Carwell@jfs.ohio.gov to schedule an on-site session at the Lucas County Conference and Learning Center (CLC) located at:
301 Adams Street, Toledo, OH 43604

Directions To:
Lucas County Children Services Conference & Training Center
301 Adams Street
Toledo, Ohio 43604

From the North:



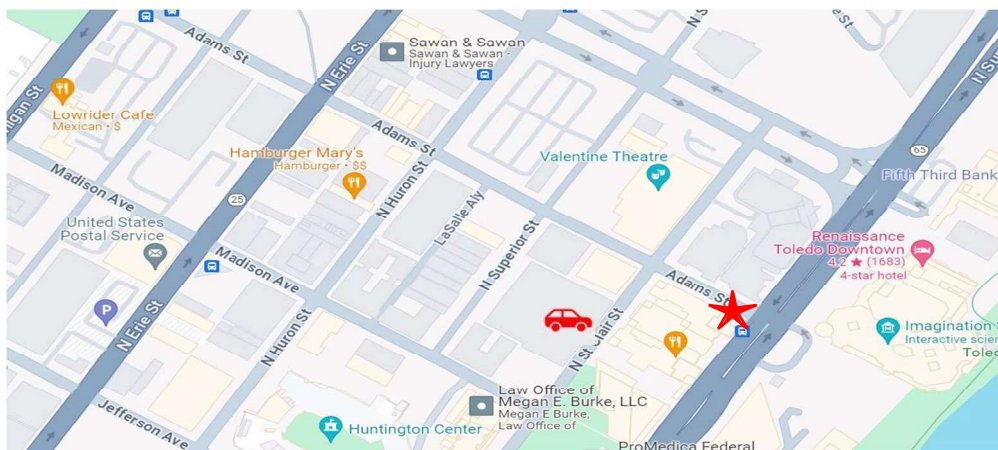
- ⇒ Take I-75 South
- ⇒ Exit 202A onto Washington
- ⇒ Turn Left on Erie Street
- ⇒ Turn Right on Adams Street
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

From the South:



- ⇒ Take I-75 North toward Toledo/Detroit
- ⇒ Exit onto Anthony Wayne Trail
- ⇒ Take Erie Street to Adams Street
- ⇒ Turn Right on Adams
- ⇒ Turn Right on N. St. Clair Street into the parking garage on the right

****You must enter the building through the door nearest to the corner of Adams and Summit St.****



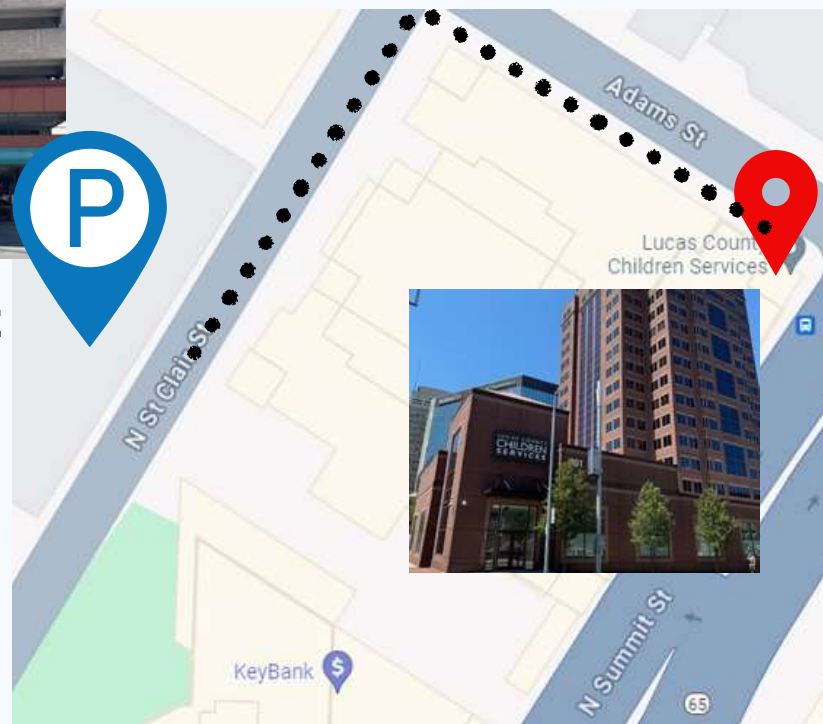
NWORTC
301 Adams St.
Toledo, OH 43604

Park Smart Garage
334 N. Superior St.
Toledo, OH 43604

NWORTC

PARKING & BUILDING ENTRY

- **PARK SMART GARAGE IS THE CLOSEST: 334 N. SUPERIOR PULL A TICKET AND BRING IT**
- **WITH YOU DO NOT PARK IN**
- **RESERVED SPACES**



- **ON FOOT, EXIT THE GARAGE LEFT ONTO SAINT CLAIR ST. AND THEN RIGHT ONTO ADAMS ST.**
- **ENTER LUCAS CO. CHILDREN SERVICES AT 301 ADAMS AND SIGN IN WITH SECURITY**

- **SEE A TRAINING CENTER STAFF MEMBER TO HAVE YOUR PARKING TICKET VALIDATED BEFORE YOU LEAVE.**



Questions?

Catrina.Carwell@jfs.ohio.gov

419-213-3505