



SPRING CAREGIVER TRAINING 2025

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**Department of
Children & Youth**

Southeast Ohio Regional Training Center

Last month of the Winter Calendar 2025

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						¹ IN-PERSON Caregiver Coach Express Class @SEORTC 10-12 pm
²	³ An Overview of Psychotropic Medication for Children: Just What the Doctor Ordered @SEORTC 9-4 pm	⁴ Financial Preparation and Support for Foster Youth @SEORTC 5-8:15 pm	⁵	⁶	⁷	⁸
⁹	¹⁰ VIRTUAL Stress, Anxiety Relief with EFT/Tapping- Introduction 9-12 pm	¹¹	¹²	¹³ Normalcy and the Reasonable and Prudent Parent Standard @SEORTC 9-12 pm & Interventions for Children who have Suffered Trauma @SEORTC 1-4 pm	¹⁴	¹⁵
¹⁶	¹⁷ 	¹⁸ VIRTUAL Parenting in Racially and Culturally Diverse Families 6-730 pm	¹⁹	²⁰ VIRTUAL Caregiver Coach Express Class 12-1 pm or 7-8 pm	²¹	²²
²³	²⁴	²⁵	²⁶ VIRTUAL Ethical Considerations for Resource Caregivers 6-8 pm	²⁷	²⁸	²⁹
³⁰	³¹					

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10 VIRTUAL CAREGIVER EXPRESS 12-1pm or 7-8 pm	11	12
13	14 VIRTUAL Maintaining Children's Connections 530-630 pm and Mental Health Considerations 7-8 pm	15	16 Teens in Foster Care and Emotional Resiliency @ SEORTC 5-8 pm	17	18	19
20	21	22 VIRTUAL Creating a Stable, Nurturing, and Safe Home Environment 6-8 pm	23 Fetal Alcohol Spectrum Disorder: A Hidden Struggle @ SEORTC 530 -830 pm	24	25	26 Conscience Development in Children 9-12 pm And Tug of War: The Ins and Outs of Power Struggles 1-4 pm @ Washington County
27	28	29	30			



VIRTUAL Express Class- April 10, 2025, 12-1 pm or 7-8 pm. For more information contact Melisa Stewart, Caregiver Coach, at Melisa.Stewart@jfs.ohio.gov.

Virtual Training-April 14, 2025, from 5:30-6:30 pm. Maintaining Children's Connections with Siblings, Extended Family Members, and their Community.

Trainer- Ronna Johnson

Subjects-Foster Care, Maintaining Connections, Pathway: Resource Family Readiness, Series: National Training Development Curriculum (NTDC), Pathway: Resource Family Readiness - Managing Placement Transitions

This course helps participants understand the importance of integrating and maintaining on-going communication and connection between siblings, including understanding sibling dynamics and the importance of sibling bonds. Tips for how to navigate and support visits with siblings are shared. This course also helps participants recognize the importance of maintaining connections with extended family members and the community at large (i.e., schools, church, friends, sporting teams) and identifies strategies to keep children connected to their community. The role of parents who are fostering in maintaining these connections is highlighted.

Virtual Training-April 14, 2025, from 7-8 pm. **Mental Health Considerations.**

Trainer- Ronna Johnson

Subjects-Foster Care, Mental Health, Pathway: Resource Family Readiness, Series: National Training Development Curriculum (NTDC), Pathway: Resource Family Readiness - Mental Health, Self-Regulation, and Self-Care

This course provides a basic understanding of mental health disorders and conditions that commonly occur in childhood. Content is shared to illustrate that not all 'survival' behaviors or symptoms of grief are connected with mental health disorders. Commonly administered psychotropic medications are described and information about how to obtain consistent, adequate and appropriate access to mental health services is highlighted.



IN-PERSON Training- April 16, 2025, from 5-8 pm. **Teens in Foster Care and Emotional Resiliency @ SEORTC, 2099 E State Street, Suite A, Athens**

Trainer- Amanda Davis

Subjects-Attachment/Relationship Building, Child Development, Child Development: Supporting and Enhancing, Kinship Care, Maintaining Connections, Population Served: Adolescents/Juveniles Resilience/Post-Traumatic Growth, Social Supports, Self-Care, Pathway: Life Skills Pathway

Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

Virtual Training-April 22, 2025, from 6-8 pm. **Creating a Stable, Nurturing, and Safe Home Environment.**

Trainer- Ronna Johnson

Subjects-Conflict Management, Conflict Management: De-escalation, Crisis Intervention Discipline, Foster Care, Pathway: Resource Family Readiness Safety, Series: National Training Development Curriculum (NTDC), Pathway: Resource Family Readiness - Family Safety

This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.

IN-PERSON Training- April 23, 2025, from 5:30-8:30 pm. **Fetal Alcohol Spectrum Disorders: A Hidden Struggle @ SEORTC, 2099 E State Street, Suite A, Athens**

Trainer- Karen Chennells

Subjects-Child Development: Developmental Issues

The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

**** MUST COMPLETE THIS COURSE FOR FETAL ALCOHOL SPECTRUM DISORDER- PART 2 SCHEDULED JUNE 10, 2025 @ SEORTC.**

IN-PERSON Training- April 26, 2025, from 9-12 pm. Conscience Development in Children

@Washington County Children Services, 204 Davis Ave., Marietta

Trainer- Jim Still Pepper

Subjects-Behavioral Health, Conflict Management, Conflict Management: De-escalation

Violence without remorse; cruelty without regard. Children without a conscience scar and scare us. This workshop explores the world of conscience. During the workshop we'll take an in-depth look into common diagnoses of kids without a conscience. Foster and adoptive parents will learn how to develop effective strategies for teaching conscience to their children.

IN-PERSON Training- April 26, 2025, from 1-4 pm. Tug of War: The Ins and Outs of Power Struggles

@Washington County Children Services, 204 Davis Ave., Marietta

Trainer- Jim Still Pepper

Subjects- Assessment, Attachment/Relationship Building, Behavioral Health, Child Development, Child Development: Supporting and Enhancing, Communication, Communication: Styles, Conflict Management, Conflict Management: De-escalation, Crisis Intervention, Discipline, Engagement, Engagement: Person-Centered, Population Served: Adolescents/Juveniles, Population Served: Infants and Toddlers, Population Served: School-Aged Children Population Served: Primary Parents/Families, Prevention, Resilience/Post-Traumatic Growth, Stress: Stress Management, Safety: Psychological, Treatment Interventions, Well-Being

Workers and Caregivers face power struggles and oppositional behavior from youth they serve. Whether the issues are part of normal child development, or indications of more serious problems, this course was created to give insight and understanding into behaviors that often lead to relationships that are filled with frustrating stalemates. It will give space, time and suggestions for participants to develop a strategic approach to dealing with the underlying issues behind power struggles.



MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 INPERSON CAREGIVER EXPRESS 10-12pm @ RTC
4	5	6 VIRTUAL Trust-Based Relational Intervention (TBRI) Module 1: Introduction and Overview 9-12 pm	7	8 Independent Living Issues for Caregivers @SEORTC 5-8 pm	9	10
11	12 VIRTUAL Fostering Well-Being: Practical Strategies for Resource Caregivers 6-9 pm	13	14	15 Cyber Bullying: Safety in Cyberspace @ SEORTC 9-12 pm VIRTUAL Fostering Alliances: Collaborating with Primary Parents Facing Addiction 5-8 pm	16	17
18	19	20	21 Dual System Youth: Providing Trauma- Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice @SEORTC 9-12 pm	22	23	24
25	26 Holiday Office Closed 	27	28	29	30	31



IN-PERSON Express Class- May 3, 2025, from 10-12 pm. For more information contact Melisa Stewart, Caregiver Coach, at Melisa.Stewart@jfs.ohio.gov.

VIRTUAL Training- May 6, 2025, from 9 -12 pm. Trust-Based Relational Intervention Module 1: Introduction and Overview

Trainer- Kristen King

Subjects-Adoption, Foster Care, Kinship Care, Pathway: Resource Family Readiness, Trauma Pathway: Resource Family Readiness - Trauma and Its Impact on Children and the Family; Promoting Attachment

This training, module one of the TBRI series, will focus on understanding the meaning of child behaviors, the brain chemistry of a child from a hard place, and helping these children (and the family) heal and connect. Participants will learn tools they can put into action with their children immediately.

This course is approved for Resource Readiness training credit in the topic “Trauma and its impact on children and the family; promoting attachment” for newly certified caregivers.

This training is a condensed version of Trust-Based Relational Intervention Module 1.

IN-PERSON Training- May 8, 2025, from 5-8 pm. Independent Living Issues for Caregivers @ SEORTC, 2099 E State Street, Suite A, Athens

Trainer- Bertha Nero

Subjects-Attachment/Relationship Building, Decision-Making, Independent Living, Safety Safety: Personal, Trauma, Trauma: Secondary

The experience of entering foster care can be the most traumatic event of a child’s life - even more traumatic than the abuse that led to removal. The transition from removal to reconnection (permanency) is a fragile process, especially when the permanence plan is independent living. If foster care was historically seen as “rescuing” a child from harm or injury, that is not the whole picture in today’s foster care system. There is a growing expectation that foster parents will be able to prepare an adolescent for independent living, and that foster parents will actively support the adolescent in his/her efforts to live on his/her own. The goal of this workshop is to provide information about why the involvement of foster caregivers with adolescents is critical. This training will enhance the skills the foster caregiver already possesses in engaging adolescents, defusing issues, and developing strategies of support.

NEW

VIRTUAL Training- May 12, 2025, from 6-9 pm. Fostering Well-Being: Practical Strategies for Resource Caregivers

Trainer- Deanna Prezioso

Subjects-Attachment/Relationship Building, Culture and Diversity, Placement, Trauma, Well-Being

Participants will learn about the resource family's responsibilities in supporting the child's well-being while incorporating the child's diversity into well-being considerations. Participants will learn practical strategies to help support well-being and its direct link to supporting the child's physical and emotional safety, permanency and well-being.

NEW

IN-Person Training- May 15, 2025, from 9-12 pm. Cyber Bullying: Safety in Cyberspace

Trainer- Brian Bethel

**Subjects-Adoption, Foster Care, Mental Health, Population Served: Adolescents/Juveniles
Population Served: School-Aged Children**

Children have confronted the experience(s) of bullying for decades. However, the aggressive tactics in recent years have moved from the playground to the digital world and created a phenomenon known as Cyberbullying. By definition cyberbullying is the intentional, repeated harm to another person through the use of digital and communication technology. As such, it is important for caregivers and family members to have an understanding of cyberbullying and develop strategies to assist children who may be victims of these experiences. This training will highlight general information regarding the current trends and evolution of cyberbullying and offer strategies for mitigating its impact in the lives of children.

NEW

VIRTUAL Training- May 15, 2025, from 5-8 pm. Fostering Alliances: Collaborating with Primary Parents Facing Addiction

Trainer- Cassandra Reineck

**Subjects-Attachment/Relationship Building, Collaboration / Teaming
Foster Care, Maintaining Connections, Pathway: Resource Family Readiness
Substance Use, Pathway: Resource Family Readiness - Substance Abuse**

In this course, you will learn about challenges and strategies for helping children in foster care whose parents are dealing with addiction. You will gain important knowledge about what causes addiction, how it affects families, and what you can do to provide better care and support for these kids. We will review the signs of addiction, discuss open and nonjudgmental communication, and explore age-appropriate language to use when talking to children about addiction.



IN-PERSON Training- May 21, 2025, from 9- 12 pm. Dual System Youth: Providing Trauma-Informed Care and Advocacy for Youth Involved in both Child Protection and Juvenile Justice @ SEORTC, 2099 E State Street, Suite A, Athens



Trainer- Lauri Wolfe

Subjects-Advocacy, Foster Care, Juvenile Justice, Legal Aspects, Pathway: Resource Family Readiness, Trauma, Pathway: Resource Family Readiness - Legal and Ethical Issues for Caregiver

At-risk youth involved in child protection services and the juvenile justice system often experience additional trauma and heightened stress due to dual system involvement. This can result in increased behavior issues and academic difficulties. Resource caregivers need to be prepared and equipped to manage these challenges. A crucial aspect of readiness involves understanding and advocating for the youth; and educating the youth about the legal procedures, the connection to their care, and available supports and/or programs.



JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 VIRTUAL CAREGIVER EXPRESS 12-1pm or 7-8 pm	4	5	6	7 Sobering Thoughts: Substance Abuse in Adolescence 9-12 pm And The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions 1-4 pm @ Hampton Inn/Athens
8	9 VIRTUAL Attachment 630-830 pm	10 Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School @ SEORTC 5-9 pm *Must take Part 1	11	12 Understanding Addiction for Resource Parents @SEORTC 5-8 pm	13	14
15 	16	17 VIRTUAL Child Development 630-8 pm	18	19 Holiday Office Closed 	20	21
22	23 Trust-Based Relational Intervention: Connecting Principles 9-4pm @ SEORTC	24	25	26	27	28 Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster 9-12 pm and Ethical Considerations for Resource Caregivers 1-3 pm @ Perry County
29	30					

JUNE

VIRTUAL Express Class- June 3, 2025, 12-1pm or 7-8pm. For more information contact Melisa Stewart, Caregiver Coach, at Melisa.Stewart@jfs.ohio.gov.

IN-PERSON Training- June 7, 2025, from 9-12 pm. Sobering Thoughts: Substance Abuse in Adolescence @ Hampton Inn, E State Street, Athens.

Trainer- Brian Bethel

Subjects-Advocacy, Population Served: Adolescents/Juveniles, Substance Use, Treatment Interventions

Substance use disorders among adolescents are a significant public health problem in the United States. It is estimated that approximately 9% of the U.S. adolescent population meet the Diagnostic and Statistical Manual criteria for a substance use disorder (American Psychiatric Association, 2005). Consequently, caregivers frequently provide care for teens with drug and/or alcohol problems.

IN-PERSON Training- June 7, 2025, from 1-4 pm. The Broken Bond: An Overview of Attachment Issues @ Hampton Inn, E State Street, Athens.

Trainer- Brian Bethel

Subjects- Attachment/Relationship Building, Placement, Separation

It is in the earliest years of life that children undergo a number of developmental changes that help to shape their understanding of the world. Unfortunately, for some children these milestones are sometimes interrupted or delayed by external factors, such as child abuse, neglect, or injury. For children with attachment issues, the ability to achieve these developmental milestones can be extremely challenging. Likewise, families who are faced with a child with poor attachment may at times find these challenges insurmountable. This workshop will provide an overview of the continuum of attachment issues, including the clinical diagnosis of Reactive Attachment Disorder (RAD). Additionally, information on the suspected causes, epidemiology, and treatment strategies for the disorder will be highlighted.



VIRTUAL Training- June 9, 2025, from 630-830 pm. Attachment

Trainer- Lamar King

Subjects-Resource Readiness - TRAUMA AND ITS IMPACT ON CHILDREN AND THE FAMILY, PROMOTING ATTACHMENT, Attachment/Relationship Building, Foster Care, Pathway: Resource Family Readiness, Trauma, Series: National Training Development Curriculum (NTDC

This course helps participants understand the importance of attachment in parenting, both for the children and parents who are fostering or adopting. It covers the impact of fractured attachments/lack of attachments on children's ability to attach and identifies strategies to develop healthy attachment bonds. This course also covers developing trust and developing children's sense of connectedness and belonging. How to be attuned to children and recognizing and honoring children's primary attachment to their families is also highlighted.

NEW

IN-PERSON Training- June 10, 2025, from 5-9:15 pm. Fetal Alcohol Spectrum Disorders- Part 2 @ SEORTC, 2099 E State Street, Suite A, Athens

Trainer- Karen Chennells

Subjects-Child Development, Child Development: Developmental Issues, Advocacy

The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly

Fetal Alcohol Spectrum Disorders: A Hidden Struggle is a prerequisite to taking this course.

NEW

IN-PERSON Training- June 12, 2025, from 5-8 pm. Understanding Addiction for Resource Parents @ SEORTC, 2099 E State Street, Suite A, Athens

Trainer- Sabrina Pittman

Subjects- Child Development, Foster Care, Mental Health, Pathway: Resource Family Readiness, Substance Use, Substance Use: Relapse, Trauma, Pathway: Resource Family Readiness - Substance Abuse

Understanding addiction is becoming more and more important to the role of resource parents. It has been reported that roughly 60-75% of cases in child welfare are due to some form of substance abuse. Caring for the whole child includes educating ourselves on the child's experiences, traumas, challenges faced by the child's primary family, and what needs they will have based on that information. The information presented in this training will assist caregivers in being more knowledgeable about substance use disorders and how they can best support the children in their care who are coming from environments where substance abuse has been an underlying issue.



VIRTUAL Training- June 17, 2025, from 630-8 pm. Child Development

Trainer- Deb McMullen

Subjects- Child Development, Child Development: Developmental Issues, Child Development: Developmentally Expected, Series: National Training Development Curriculum (NTDC)

This course helps learners understand typical child development as well as disrupted child development. Developmental delays and how to meet children's developmental needs is also covered in this course. The unique challenges associated with parenting children from each developmental stage are highlighted.

IN-PERSON Training- June 23, 2025, from 9-4 pm. Trust-Based Relational Intervention:

Connecting Principles @ SEORTC, 2099 E State Street, Suite A, Athens,

Trainer- Kristen King

Subjects- Adoption, Foster Care, Kinship Care, Trauma

This module of the Trust-Based Relational Intervention (TBRI®) series will guide participants through the attachment cycle, attachment styles, and what to do when things go wrong in attachment. Participants will learn to use the TBRI® connecting strategies of mindful engagement, choices, compromises, and life value terms.

IN-PERSON Training- June 28, 2025, from 9-12 pm. Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster @ Perry County Children Services, 526 Mill Street, New Lexington

Trainer- Deanna Prezioso

Subjects- Advocacy, CAPM, Collaboration / Teaming, Collaboration / Teaming: Intra and Inter Agency Teams, CAPM: Family Loss Plan, Grief and Loss

This class will give participants a better understanding of the reactions to grief and loss and explain ambiguous loss theory. Participants will gain an understanding of the similarities and differences between the emotions they experience, the emotions children in care experience, and the emotions experienced during a final loss such as death. Participants will examine how the emotions experienced during grief and loss are related to their role of foster caregiver and how they can effectively care for themselves and manage their emotions.

IN-PERSON Training- June 28, 2025, from 1-3 pm. Ethical Considerations for Resource Caregivers @ Perry County Children Services, 526 Mill Street, New Lexington

Trainer- Deanna Prezioso

Subjects- Ethics, Foster Care Pathway, Resource Family Readiness, Pathway: Resource Family Readiness - Legal and Ethical Issues for Caregivers

This workshop will give participants an understanding of common ethical dilemmas encountered by resource caregivers both in working with agency staff as well as in their work with birth family. Participants will also gain an understanding of resources available to assist them with navigating ethical considerations.





Department of Children & Youth

Southeast Ohio Regional Training Center

OHIO CHILD WELFARE TRAINING ROOM RULES/GUIDELINES-

INPERSON TRAINING- PARTICIPANTS MUST SIGN THE SIGN-IN SHEET ON THE DAY OF THE TRAINING TO RECEIVE CREDIT.

VIRTUAL TRAINING- PARTICIPANTS MUST BE LOGGED/SIGNED IN ON DEVICES/NAMES/EMAILS AND PARTICIPATE/ENGAGE IN THE TRAINING. IF A SPOUSE/PARTNER IS ATTENDING, EACH PERSON MUST BE ON A SEPARATE DEVICE. THIS IS FOR ATTENDANCE/CREDIT PURPOSES.

***TRAINING BEGINS PROMPTLY AT THE START TIME. FOR VIRTUAL TRAINING, YOU WILL NEED TO LOG IN A FEW MINUTES BEFORE THE START. CAPS WILL ALLOW YOU TO LOG ON 30 MINUTES BEFORE THE START TIME. FOR INPERSON TRAINING, IT IS BEST TO ARRIVE A FEW MINUTES EARLY.**

***YOU MUST BE ACTIVE AND ENGAGED IN THE VIRTUAL TRAINING (PARTICIPATE IN THE CHATBOX AND BREAKOUT ROOMS, HAVE A CAMERA ON, AND HAVE A WORKING MIC/SPEAKERS...). NOT BEING ENGAGED COULD CAUSE ISSUES RECEIVING CREDIT.**

***CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 15 MINUTES OF THE SESSION LONGER THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL). CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 5 MINUTES OF A SESSION LESS THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL).**

***YOU CANNOT DRIVE A VEHICLE OR PARTICIPATE IN OTHER ACTIVITIES DURING VIRTUAL TRAINING. THIS IS CONSIDERED A SAFETY ISSUE AND A DISTRACTION.**

***CHILDREN CANNOT BE PRESENT DURING THE TRAINING (OF EITHER INPERSON OR VIRTUAL) DUE TO THE SENSITIVE INFORMATION/MATERIALS BEING SHARED DURING TRAINING AND THE CAUSE OF DISTRACTION TO THE PARENTS, TRAINER, AND OTHER PARTICIPANTS.**

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