



# SUMMER CAREGIVER

TRAINING CALENDAR

2025



**Department of  
Children & Youth**

---

Southeast Ohio Regional Training Center

*If you know of anyone interested in becoming a licensed caregiver,  
please share the information below.*

# Join Us for Free Preservice Classes!

*In Person*

**November 7, 8, & 22, 2025**

@ SEORTC, 2099 E. State Street, Suite A, Athens, OH

## Help youth in need by becoming a foster family.

Our pre-service classes provide dedicated coaching and comprehensive training each day. Join us to learn how to create a nurturing environment for children and make a lasting impact in their lives.

**Create your own CAPS account at:**

<https://jfs-ohio.csod.com/Login/render.aspx?id=defaultclp>

*Nov. 7<sup>th</sup>  
Friday*

- Child Development **8:30-4:30**
- Adolescent Development
- The Basics of Placement

*Nov. 8<sup>th</sup>  
Saturday*

- Trauma Overview **8:30-5:00**
- The Impact of Trauma on Children in Care
- Maintaining the Child's Connections
- Partnering with Primary Families

*Nov. 22<sup>nd</sup>  
Saturday*

- Discipline Foundations **8:30-5:30**
- Permanency
- Diversity Foundations
- Effects of Caregiving

*Contact:*

Tracy Reichardt, Training Coordinator  
[tracy.reichardt@jfs.ohio.gov](mailto:tracy.reichardt@jfs.ohio.gov)  
740-592-9082

*OR*

Melisa Stewart, Caregiver Coach  
[melisa.stewart@jfs.ohio.gov](mailto:melisa.stewart@jfs.ohio.gov)  
740-592-9082



Department of  
Children & Youth

Southeast Ohio Regional Training Center

# JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 VIRTUAL CAREGIVER EXPRESS 12-1pm or 7-8 pm	4	5	6	7 <b>Canceled</b> Sobering Thoughts: Substance Abuse in Adolescence 9-12 pm And The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions 1-4 pm @ Hampton Inn/Athens
8	9 VIRTUAL Attachment 630-830 pm	10 <b>Canceled</b> Fetal Alcohol Spectrum Disorders, Part 2: Strategies in the Home and School @ SEORTC 5-9 pm *Must take Part 1	11	12 Understanding Addiction for Resource Parents 5-8 pm @ SEORTC	13	14
15 	16	17 VIRTUAL Child Development 630-8 pm	18	19 Holiday Office Closed 	20	21
22	23 Trust-Based Relational Intervention: Connecting Principles 9-4pm @ SEORTC	24	25	26	27	28 Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster 9-12 pm and Ethical Considerations for Resource Caregivers 1-3 pm @ Perry County
29	30					

The June 28 trainings  
are moved to 8/23





# July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Holiday Office Closed	5
						
6	7	8 VIRTUAL Stress, Anxiety Relief with EFT/Tapping- Introduction 9-12 pm	9	10 Behavioral Triggers of Traumatized Children: Prevention and Reactions 9-4 pm @ SEORTC	11	12
13	14 Red Cross First Aid and Adult & Pediatric CPR with AED-No skills test 5-9 pm @ SEORTC	15 VIRTUAL Making Room in the Family: Understanding the Impact of Foster Care/Adoption on Bio/Permanent Children 6:30-9:30 pm	16	17 VIRTUAL Caregiver Coaching Express Class with Melisa Stewart Navigating the Internet with Tweens and Teens 12-1pm OR 7-8pm	18	19 The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions 9-12 pm And Sobering Thoughts: Substance Abuse in Adolescence 1-4 pm @ SEORTC
20	21	22	23	24	25	26
27	28	29	30	31		





**VIRTUAL Training-** July 8, 2025, from 9-12 pm Stress, Anxiety Relief with EFT/Tapping-Introduction

**Trainer-Tijana Coso**

**Subjects-Mental Health, Resilience/Post-Traumatic Growth, Stress Stress: Stress Management Self-Care Behavioral Health**

**Straightforward Course for Immediate Skill Application**

Now, more than ever, skills that help reduce stress, anxiety and improve unbiased, critical thinking are desperately needed. This workshop introduces Tapping, a simple and effective tool that quickly helps to reduce stress/anxiety and the effects of trauma and secondary trauma. Evidenced-based Emotional Freedom Technique (EFT), commonly called Tapping, is a self-regulation tool that offers rapid results and easy application. Gently tapping acupuncture meridian points on your own face and upper body helps ground a person, establishes calmness, and re-engages the thinking brain.

Participants will also learn the brain science of how stress and anxiety affect critical and objective thinking, including how our childhood experiences influence how we relate to others. Having this awareness helps us to consider and reflect on how we treat others. This skill-building course is designed in a straightforward manner to enable the immediate use of Functional Tapping (FT), an abbreviated form of EFT. It's so easy to learn and use that participants will leave with the ability to reduce their stress and anxiety by Tapping and teaching it to another.

With Tapping, stress relief is just a Tap away!

**NEW**

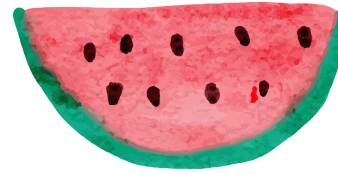
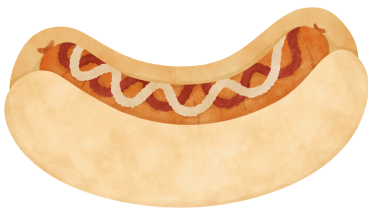
**IN-PERSON TRAINING-** July 10, 2025, from 9-4 pm Behavioral Triggers of Traumatized Children: Prevention and Reactions

**at SEORTC, 2099 E State Street, Suite A, Athens**

**Trainer- David Zidar**

**Subjects- Behavioral Health, Conflict Management, Conflict Management: De-escalation**

Identification of behavioral triggers in foster children and the management of them is critical to the wellness of children in care. Triggers are rooted in trauma. If caregivers have an understanding of social history, functional analysis, and de-escalation strategies, it will improve the outcomes for the children and the parents' care (Both foster and primary families). While you cannot prevent all triggers, you can set the stage to reduce the frequency and have strategies for how to lessen the severity of the subsequent behaviors.



**IN-PERSON TRAINING-** July 14, 2025, from 5-9 pmed Cross First Aid and Adult & Pediatric CPR with AED-No skills test at SEORTC, 2099 E State Street, Suite A, Athens

**Trainer-** Angie Buckalew

This course utilizes the Red Cross Pediatric First Aid and CPR course materials but does not include skills testing. Participants in this course will learn to recognize and respond to emergencies, including shock, heat and cold emergencies, sudden illness, and poisonings.

Additionally, the participant receives a comprehensive overview of CPR and AED use for all ages.

**THIS WORKSHOP IS APPROVED FOR OCWTP TRAINING HOURS ONLY AND DOES NOT CERTIFY THE PARTICIPANT IN CPR OR FIRST AID.**

**NEW  
Limited Time  
Training**

**VIRTUAL TRAINING-** JULY 15, 2025, FROM 630-930PM MAKING ROOM IN THE FAMILY: UNDERSTANDING THE IMPACT OF FOSTER CARE/ADOPTION ON BIO/PERMANENT CHILDREN

**Trainer-** Jayne Schooler

**Subjects-Adoption, Attachment/Relationship Building, Child Development, Child Development: Supporting and Enhancing, Placement, Social Supports, Well-Being**

These are just a sampling of comments and questions often asked during this most informative and practical workshop. One of the most critical areas often neglected in foster care and adoption preparation and discussion is the impact that this has on children already in the home. This workshop explores ten concerns for birth/permanent children in the home and strategies to manage those concerns when they arise.

**IN-PERSON TRAINING-** July 19, 2025 from 9-12 pm **The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions** at SCOJFS, Ross County, 475 Western Ave., Chillicothe  
Trainer- Brian Bethel

**Subjects-Attachment/Relationship Building, Mental Health**

**Population Served: Adolescents/Juveniles, Population Served: Infants and Toddlers, Population Served: School-Aged Children**

Reactive Attachment Disorders are a group of mental health disorders in which the child is unable to form healthy relationships, particularly with their primary caregiver. While Attachment Disorders are complex, parents and caregivers can serve as important resources for advocating and guiding children through the treatment process. Since early intervention is key to the most positive of outcomes it is important that caregivers are competent in the recognition and awareness of attachment challenges. This training provides an introductory overview of Reactive Attachment Disorders and emphasizes the importance of early intervention and research-supported treatment for empowering children with attachment disruption.

**IN-PERSON TRAINING-** July 19, 2025 from 1-4pm **Sobering Thoughts: Substance Abuse in Adolescence** at SCOJFS, Ross County, 475 Western Ave., Chillicothe  
Trainer- Brian Bethel

**subjects-Advocacy, Population Served: Adolescents/Juveniles Substance Use, Treatment Interventions**

Substance use disorders among adolescents are a significant public health problem in the United States. It is estimated that approximately 9% of the U.S. adolescent population meet the Diagnostic and Statistical Manual criteria for a substance use disorder (American Psychiatric Association, 2005). Consequently, caregivers frequently provide care for teens with drug and/or alcohol problems.





# August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Preventing Foster and Adoption Care Disruptions 9-4 pm @ Ross County
3	4	5 Youth Development: Vital Link 9-4 pm @ SEORTC	6 VIRTUAL Burnout, Secondary Trauma, and Self-Care 9-4 pm	7	8	9
10	11 VIRTUAL Compassion Fatigue and the Caregiver: Caring for Yourself so You Can Care for Others 6-9 pm	12 VIRTUAL Caregiver Coaching Express Class with Melisa Stewart Summer is Over- A new School Year Begins! 12-1pm OR 7-8pm	13	14	15	16
17	18	19	20 Trust-Based Relational Intervention: Empowering Principles 9-4 pm @ SEORTC	21	22	23 Understanding and Surviving Grief and Loss while Fostering: The Emotional Roller Coaster 9-12pm And Ethical Considerations for Resource Caregivers 1-3 pm @ Perry County
24 31	25 VIRTUAL Communicable Diseases – Protecting Your Family's Health 6-9:15 pm	26	27	28	29 VIRTUAL The Education Rights of Children in Foster Care in Ohio 10-12 pm	30



**IN-PERSON TRAINING- AUGUST 2, 2025, FROM 9-4 PM**

**Preventing Foster and Adoption Care Disruptions at SCOJFS**

**Trainer- Jim Still Pepper**

**Subjects-Assessment, Collaboration / Teaming, Collaboration / Teaming:  
Intra and Inter Agency Teams, Communication, Crisis Intervention  
Foster Care, Kinship Care, Lifebook/Child's History, Maintaining  
Connections, Maltreatment, Permanency, Post Adoption Services,  
Prevention, Placement, Reunification, Rules/Policy/Laws  
Rules/Policy/Laws: Agency Policies and Procedures, Stress  
Stress: Stress Management**

**Disruption does not have to determine the end of the relationship. This training will help participants know how to respond to youth who are struggling. Participants will discover what it takes to help youth feel like they belong. Foster and adoptive parents will learn the keys to staying on course and will explore how trust filters help prevent disruptions.**

**IN-PERSON TRAINING- AUGUST 5, 2025, FROM 9-4 PM**

**Youth Development: Vital Link**

**at SEORTC, 2099 E State Street, Suite A, Athens**

**Trainer- Johanna Pearce and Lamar King**

**Subjects- Adoption, Child Development, Child Development: Supporting and  
Enhancing, Independent Living, Kinship Care, Population Served:  
Adolescents/Juveniles**

**Youth are a tremendous and often overlooked resource. Agencies can improve their independent/transitional living programs by utilizing the skills youth possess. Not only will youth enhance agency programs, youth themselves will develop confidence and self-esteem through the contribution of their experiences. Participants will learn creative ways of empowering youth by allowing them to take on leadership roles, aid in decision-making, and assist in program implementation. Barriers and benefits will be discussed as well as attitudes regarding youth as resources. Participants will explore levels of youth involvement in independent/transitional living programs which will include advisory boards, mentor programs, peer helping and community involvement.**



**VIRTUAL TRAINING- AUGUST 6, 2025, FROM 9-4 PM**

**Burnout, Secondary Trauma, and Self-Care**

**Trainer- Laura F Perkins**

**Subjects- Self-Care, Trauma, Trauma: Secondary**

While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

**Virtual TRAINING- August 11, 2025, from 6-9 pm Compassion Fatigue and the Caregiver: Caring for Yourself so You Can Care for Others**

**Trainer- Deanna Prezioso**

**Subjects-Foster Care, Resilience/Post-Traumatic Growth, Workload Management, Workload Management: Time Management**

This class will give participants an understanding of Compassion Fatigue (CF) and how foster caregivers experience and respond to CF. Participants will examine how the responses and emotions experienced from CF are related to the role of foster caregiving and how these emotions influence and drive behaviors. Participants will understand how their own trauma impacts CF and how their own trauma combines with CF to influence behaviors and reaction to children's trauma stories. Finally, participants will understand ways they can effectively care for themselves and manage their emotions and CF.

**IN-PERSON TRAINING- August 20, 2025, from 9-4 pm Trust-Based Relational Intervention: Empowering Principles**

**Trainer- Kristen King**

**Subjects- Adoption, Foster Care, Kinship Care, Trauma**

This module of the Trust-Based Relational Intervention (TBRI(r)) series will focus on the physiological/internal roots of children's behavior, strategies for meeting children's sensory needs, and tools for making the environment feel safe and predictable for children. This training also creates a bridge between theory and application.





**Virtual TRAINING-** August 25, 2025, from 6-915 pm Communicable Diseases – Protecting Your Family’s Health

**Trainer-** Angie Buckalew

**Subjects-Pathway: Resource Family Readiness, Safety, Pathway: Resource Family Readiness - Prevention, Recognition, and Management of Communicable Disease**

The primary purpose of this training course is to educate caregivers in identifying signs and symptoms of illness and contagious conditions, protect themselves from exposure, learn how to respond to an exposure risk, and how to transfer their knowledge to educate family and children in the home. The course content and activities will prepare caregivers to make appropriate decisions about preventing and educating on communicable disease transmission.

**Virtual TRAINING-** August 29, 2025, from 10-12 pm

**Trainer-** Sharon Dunlevy

**Subjects-Advocacy, Collaboration / Teaming: Community Partners Communication, Communication: Styles, Education, Independent Living, Kinship Care, Population Served: Adolescents/Juveniles, Population Served: School-Aged Children, Pathway: Resource Family Readiness, Pathway: Life Skills Pathway, Pathway: Resource Family Readiness - Education Advocacy**

Resource parents have a responsibility to actively participate in their child’s education. This workshop provides an opportunity for skill development to support academic outcomes, including for children with Special Education needs.



# September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Holiday Office Closed 	2	3 	4	5	6
7	8	9	10 VIRTUAL Impact of Substance Use 1-2:30 pm	11	12	13
14	15 Invisible Injuries: The Impacts of Trauma 9-4 pm @ SEORTC	16	17	18 VIRTUAL Caregiver Coaching Express Class with Melisa Stewart Supporting Normalcy for Children in Care 12-1pm OR 7-8pm	19	20 VIRTUAL Parenting a Child with a History of Sexual Trauma 9-10:30 am
21	22 Trust-Based Relational Intervention: Correcting Principles 9-4pm @ SEORTC	23	24 VIRTUAL Making Morning Madness Melt Away: Getting Kids Up, Dressed, Fed, and Out the Door on Time 9-12pm	25	26	27
28	29	30				



**Virtual TRAINING-** September 10, 2025, from 1-230 pm **Impact of Substance Use**

**Trainer-** Megan Wendling

**Subjects-**Child Development, Child Development: Developmental Issues

**Foster Care, Pathway:** Resource Family Readiness, Substance Use

**Series:** National Training Development Curriculum (NTDC, Pathway: Resource Family Readiness - Substance Abuse

This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.

**IN-PERSON TRAINING-** SEPTEMBER 15, 2025, FROM 9-4 PM **INVISIBLE INJURIES: THE IMPACTS OF TRAUMA**  
**TRAINER-PAULA WALTERS**

**Subjects-Domestic Violence, Maltreatment, Maltreatment: Abuse-Emotional, Trauma, Undue Influence**

Trauma is not segregated pockets of events or occurrences that happen in silos. Rather, trauma is intersections of different adverse life events that layer upon each other, forcing these events to be intertwined. When this occurs, a person is not able to differentiate between healthy and harmful environments. The intention of this workshop is to dismantle these silos, as treatment cannot only tackle one component of trauma independently from the others. Attendees will address myths that surround abuse, and be challenged to confront their own bias regarding the abusers, the victims, and the incidents of abuse. This workshop takes you to the uncomfortable steps of “walking a mile in the shoes of trauma survivors”.



**Virtual TRAINING-** September 20, 2025, from 9-1030 am Parenting a Child with a History of Sexual Trauma

**Trainer-** Deb McMullen

**Subjects-Foster Care, Maltreatment, Maltreatment: Abuse, Maltreatment: Abuse-Sexual, Pathway: Resource Family Readiness, Series: National Training Development Curriculum (NTDC), Pathway: Resource Family Readiness - Caring for Children who have been Sexually Abused**

This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.

**IN-PERSON TRAINING-** September 22, 2025, from 9-4 pm Trust-Based Relational Intervention: Correcting Principles

**Trainer-** Kristen King

**Subjects-Adoption, Foster Care, Kinship Care, Trauma**

This module of the Trust-Based Relational Intervention (TBRI®) series will focus on understanding and implementing the proactive and responsive strategies within the corrective principles of TBRI®. In the proactive strategies we explore the benefits of balancing nurture and structure, and introduce and explore four parenting styles. We will examine the benefits of the nurture group, as well as the necessity and strategies for teaching social and behavioral skills. In the responsive strategies we will explore the IDEAL Response© and the Levels of Response(TM).

**NEW**

**Limited Time Training**

**VIRTUAL TRAINING-** September 24, 2025, from 9-12 pm Making Morning Madness Melt Away: Getting Kids Up, Dressed, Fed, and Out The Door!

**Trainer-** Jody Johnston Pawel

**Subjects-Adoption, Foster Care, Kinship Care, Trauma**

This module of the Trust-Based Relational Intervention (TBRI®) series will focus on understanding and implementing the proactive and responsive strategies within the corrective principles of TBRI®. In the proactive strategies we explore the benefits of balancing nurture and structure, and introduce and explore four parenting styles. We will examine the benefits of the nurture group, as well as the necessity and strategies for teaching social and behavioral skills. In the responsive strategies we will explore the IDEAL Response© and the Levels of Response(TM).





# Department of Children & Youth

---

## Southeast Ohio Regional Training Center

### OHIO CHILD WELFARE TRAINING ROOM RULES/GUIDELINES-

**INPERSON TRAINING-** PARTICIPANTS MUST SIGN THE SIGN-IN SHEET ON THE DAY OF THE TRAINING TO RECEIVE CREDIT.

**VIRTUAL TRAINING-** PARTICIPANTS MUST BE LOGGED/SIGNED IN ON DEVICES/NAMES/EMAILS AND PARTICIPATE/ENGAGE IN THE TRAINING. IF A SPOUSE/PARTNER IS ATTENDING, EACH PERSON MUST BE ON A SEPARATE DEVICE. THIS IS FOR ATTENDANCE/CREDIT PURPOSES.

**\*TRAINING BEGINS PROMPTLY AT THE START TIME. FOR VIRTUAL TRAINING, YOU WILL NEED TO LOG IN A FEW MINUTES BEFORE THE START. CAPS WILL ALLOW YOU TO LOG ON 30 MINUTES BEFORE THE START TIME. FOR INPERSON TRAINING, IT IS BEST TO ARRIVE A FEW MINUTES EARLY.**

**\*YOU MUST BE ACTIVE AND ENGAGED IN THE VIRTUAL TRAINING (PARTICIPATE IN THE CHATBOX AND BREAKOUT ROOMS, HAVE A CAMERA ON, AND HAVE A WORKING MIC/SPEAKERS...). NOT BEING ENGAGED COULD CAUSE ISSUES RECEIVING CREDIT.**

**\*CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 15 MINUTES OF THE SESSION LONGER THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL). CREDIT CANNOT BE ISSUED IF YOU MISS MORE THAN 5 MINUTES OF A SESSION LESS THAN 2 HOURS (OF EITHER INPERSON OR VIRTUAL).**

**\*YOU CANNOT DRIVE A VEHICLE OR PARTICIPATE IN OTHER ACTIVITIES DURING VIRTUAL TRAINING. THIS IS CONSIDERED A SAFETY ISSUE AND A DISTRACTION.**

**\*CHILDREN CANNOT BE PRESENT DURING THE TRAINING (OF EITHER INPERSON OR VIRTUAL) DUE TO THE SENSITIVE INFORMATION/MATERIALS BEING SHARED DURING TRAINING AND THE CAUSE OF DISTRACTION TO THE PARENTS, TRAINER, AND OTHER PARTICIPANTS.**

2099 EAST STATE STREET, SUITE A  
ATHENS, OHIO 45701  
PHONE: 740-592-9082  
MONDAY-FRIDAY, 8:00 A.M. - 4:30 P.M.

TRACIE STEIN, DIRECTOR  
TRACIE.STEIN@JFS.OHIO.GOV

SUSAN BALLARD, STAFF TRAINING COORDINATOR  
SUSAN.BALLARD@JFS.OHIO.GOV

TRACY REICHARDT, FOSTER PARENT TRAINING COORDINATOR  
TRACY.REICHARDT@JFS.OHIO.GOV

MELISA STEWART, CAREGIVER COACH  
MELISA.STEWART@JFS.OHIO.GOV