



Department of Children & Youth

Southwest Ohio Regional Training Center

420 Wards Corner Rd., Suite J, Loveland, OH 45140 (513)248-1269

STAFF & SUPERVISOR ONGOING TRAINING

Winter 2026

Link for anyone with an OH ID: [Log In | OH ID | Ohio's State Digital Identity Standard](#)

Link for Guest Registration Information: [SWORTC – Ohio CAPS](#)

Training Requirements:

- Caseworkers must complete thirty-six hours of training in areas relevant to the caseworkers assigned duties each year
- Supervisors must complete thirty hours of training in areas relevant to the supervisors assigned duties each year
- Caseworkers and Supervisors must complete Human Trafficking and Domestic Violence training within the first two years of hire. These must be trainings identified in the CAPS LMS as meeting HT and DV training requirement

The annual training requirement for Caseworkers and Supervisors is based on the Training Compliance Date (date of hire or promotion date -this can be found in the CAPS User Profile), not the calendar year. For example, if an employee is hired or promoted on October 12, 2024, the training compliance period would run from October 12, 2024, through October 12, 2025.

Date	Training	Session ID	Trainer	Time	Location
01/07/2026	A Smooth Transition: Taking the Step from Worker to Supervisor	26939	Diana Hoover	9:00 to 12:00	Virtual
01/08/2026 and 01/09/2026 Meets OAC Training Requirement	Domestic Violence: Facts and Fundamentals	24358	Brian Bethel	9:00 to 4:00 Both Days	SWORTC
01/13/2026 New!	The Worry Web: Obsessive Compulsive Disorders in Children and Adolescents	24339	Brian Bethel	9:00 to 4:00	SWORTC
01/15/2026	Youth Development: Vital Link	24397	Johanna Pearce and Lamar King	9:00 to 4:00	SWORTC
01/21/2026 New!	Drug Detection in Child Protection	26511	Brian Bethel	9:00 to 4:00	SWORTC
01/22/2026 New!	Using Films to Understand Adjustment Disorders, Psychotic Disorders, Neurocognitive Disorders, and Personality Disorders	24679	Linda Davis	9:00 to 4:00	Virtual
01/23/2026 New!	Out of Our Minds: A Layman's Guide to Understanding and Applying Brain Research to Work with Children and Families	24633	Jim Still-Pepper	9:00 to 4:00	Virtual
01/26/2026 New!	What's Wrong with Transitions? Little Kids Don't Remember Anyway	23000	Donna Scott	9:00 to 4:00	SWORTC

11/17/2025 (F)

01/27/2026	Dealing with Defense Attorneys	27261	Katy Mercer	9:00 to 4:00	Virtual
01/27/2026	Teens in Foster Care and Emotional Resiliency	24341	Jewel Harris	9:00 to 12:00	Virtual
01/27/2026 New!	Living the Legacy: The Dramatic Effects of Prenatal Substance Exposure	26622	Ronna Johnson	9:00 to 12:00	Virtual
01/28/2026 New!	Child Protection Worker Safety: Planning for Safe Home Visits	27090	Lauri Wolfe	9:00 to 4:00	Virtual
02/02/2026	Burnout, Secondary Trauma and Self-Care	22886	Faye Perkins	9:00 to 4:00	SWORTC
02/04/2026	Cannabis and Child Safety: The Law, the Science, and Why they Matter	24363	Matt Butler	9:00 to 12:15	Virtual
02/05/2026 New!	Engaging Fathers: Enhancing Family Connections	24511	Rick Dencer	9:00 to 12:00	Virtual
02/06/2026	Exploring Personal Perspectives in Child Sexual Abuse Cases	26984	Elliott Fullenkamp	10:00 to 2:45	Virtual
02/09/2026	Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals	26266	Shawn Bain	9:00 to 4:00	Virtual
02/10/2026 New!	Surviving the Tug-of-War: The Impact of Divorce and Custody Disputes on Children	24630	Brian Bethel	9:00 to 4:00	SWORTC

02/10/2026 and 02/11/2026	Safe and Supported: Empowerment Self Defense for Social Service Professionals	23009	Lindsey Ross and Lauren Bailey	9:00 to 4:00 Both days	SWORTC
02/17/2026 New!	Brains Under Construction: Helping Kids Build Self-Control and Focus through Executive Functioning	26404	Jayne Schooler	9:00 to 12:00	Virtual
02/18/2026 New!	Semi Annual Review: A Tool to Assist in Reaching Permanency	25807	Linda Davis	9:00 to 4:00	Virtual
02/19/2026 New!	Key Parental DSM Diagnoses and Child Protective Services Involvement	24629	Stacy Simera	9:00 to 12:00	Virtual
02/24/2026 New!	Medical Advocacy for Children with Special Health Care Needs	26812	Ronna Johnson	9:00 to 12:00	Virtual
02/25/2026	ADHD among Children and Adolescents	26354	Stacy Simera	9:00 to 12:00	Virtual
03/02/2026 New!	Motivating and Managing Teen Behavior	27150	Dave Zidar	9:00 to 4:00	SWORTC
03/03/2026	Get Cooperation the First Time You Ask	24668	Jody Johnston Pawel	9:00 to 12:00	Virtual
03/09/2026 and 03/10/2026 Meets OAC Training Requirement	Domestic Violence: Facts and Fundamentals	22889	Brian Bethel	9:00 to 4:00 Both Days	SWORTC
03/12/2026 New!	No Longer Alone: An Overview of Autism Spectrum Disorders	26513	Brian Bethel	9:00 to 4:00	SWORTC

03/13/2026 New!	Working with Youth Who Display Psychotic Features: Double Checking Reality	24636	Jim Still Pepper	9:00 to 4:00	SWORTC
03/16/2026	Using Films to Understand Factitious Disorder, Personality Disorder and Schizophrenia	24677	Linda Davis	9:00 to 4:00	Virtual
03/17/2026 New!	Promoting Nutrition Throughout Childhood: Eating for the Health of It!	26813	Ronna Johnson	9:00 to 12:00	Virtual
03/18/2026 03/19/2026 And 03/20/2026	Beyond the Silence: Forensic Interviewing Part One	24477	Heidi Malott	9:00 to 4:00 First Two Days 9:00 to 12:00 Last Day	SWORTC
03/24/2026 New!	How Our Kids' Environments Shape Their Development: Understanding Epigenetics	26405	Jayne Schooler	9:00 to 12:00	Virtual
03/26/2026 New!	Ethical Slippery Slopes: From Good Intentions to Blurred Boundaries	24628	Stacy Simera	9:00 to 12:15	Virtual
03/31/2026 New!	Stress and Coping Skills - Survival Skills for Child Welfare Workers	28431	Dan Houston	9:00 to 4:00	Virtual

Workshop Descriptions

A Smooth Transition: Taking the Step from Worker to Supervisor

This workshop is designed for newer supervisors and lead workers with roles in overseeing people. Attendees will learn about the supervisory role, personal strengths, planning, decision making, delegating, worker accountability, and meeting management.

Domestic Violence: Facts and Fundamentals

Despite the growing prevalence of domestic violence in our society, it remains one of the most under-reported crimes in the United States. Unfortunately, the secrecy surrounding the issue of intimate partner violence has only served to perpetuate many myths and misconceptions about the causes and treatment of domestic violence. Child welfare professionals are commonly some of the first professionals who serve families in which domestic violence is present. Therefore, child welfare professionals must maintain competencies for working with all parties in domestic violence cases.

This educational curriculum offers an overview of domestic violence. Participants will be exposed to the dynamic of domestic violence, specific laws that address domestic violence in the state of Ohio, as well as specific strategies for assessing risk in domestic violence cases and developing and implementing safe plans once domestic violence is identified.

This training meets the requirement that caseworkers and supervisors must take an OCWTP approved human trafficking training within their first two years of employment

The Worry Web: Obsessive Compulsive Disorders in Children and Adolescents

While all children experience worries and doubts, children with Obsessive Compulsive Disorders (OCD) confront several obstacles in their daily lives that caregivers and child protective services need to be aware of. OCD is a type of anxiety disorder in which children become preoccupied with whether something could be harmful, dangerous, wrong, or dirty or with thoughts about bad stuff that might happen. This workshop will provide an overview of OCD in children including discussions of the most evidenced based treatment for OCD.

Youth Development: Vital Link

Youth are a tremendous and often overlooked resource. Agencies can improve their independent/transitional living programs by utilizing the skills youth possess. Not only will youth enhance agency programs, but youth themselves will develop confidence and self-esteem through the contribution of their experiences. Participants will learn creative ways of empowering youth by allowing them to take on leadership roles, aid in decision-making, and assist in program implementation. Barriers and benefits will be discussed as well as attitudes regarding youth as resources. Participants will explore levels of youth involvement in independent/transitional living programs which will include advisory boards, mentor programs, peer helping and community involvement.

Drug Detection in Child Protection

Parental substance use disorders remain a prevalent and complex issue within the child welfare system. Child welfare workers are challenged with the difficult task of ascertaining adequate information about families to complete accurate assessments and make appropriate decisions to protect children. Consequently, the recognition and detection of substances and related paraphernalia is an important competency for social service professionals. This training will provide a general overview of the most common substances and their related paraphernalia, as well as the effects these substances have on the body.

Using Films to Understand Adjustment Disorders, Psychotic Disorders, Neurocognitive Disorders, and Personality Disorders

This workshop will help participants learn how to identify mental health disorders.

Popular Hollywood films will be used as case studies to help understand the criteria and the treatment methods for the disorders as described in the Diagnostic Statistical Manual of Mental Disorders. The disorders that will be discussed are Adjustment Disorder, Narcissistic Personality Disorder, Histrionic Personality Disorder, Neurocognitive Disorder, and Psychotic Disorder.

Out of Our Minds: A Layman's Guide to Understanding and Applying Brain Research to Work with Children and Families

New research on the brain is changing how we understand child behavior, trauma, and family dynamics. This course offers a practical, accessible overview of brain science and how to apply it to your work with children and families. You'll explore how the brain develops, how stress and connection shape behavior, and how to use brain-based strategies to strengthen engagement, regulation, and relationships.

What's Wrong with Transitions? Little Kids Don't Remember Anyway

This training will provide a basis for understanding the impact of trauma on overall development and brain development. The interaction between trauma and attachment relationships. Placement transitions, even those considered positive such as reunification or a permanent move to a relative's home, are stressful, even traumatic. Minimizing placements is necessary to manage trauma and loss. There are things we can do to reduce the likelihood of unnecessary changes or transitions in placement. There are things we need to consider when planning changes in placement to support the child and caregivers through the process and promote successful moves. This training focuses on the unique roles different parties can play, including social workers, supervisors, and foster/kinship caregivers.

Objectives

- Identify early developmental milestones, potential complications, and red flags
- Understand and communicate basic concepts of brain development
- Understand and communicate the impact of attachment breaks and trauma on young children
- State the potentially traumatic impact of transition on a young child
- Identify and practice using strategies to prevent transitions when possible
- Identify and practice using strategies to promote successful transitions when necessary

Dealing with Defense Attorneys

In this course, you will examine and rehearse effective social worker testimony in court through a combination of role plays, video demonstrations, discussions and a mock trial. You will learn strategies for anticipating cross examination, and techniques to respond to defense attorney interrogations.

Objectives:

- Understand the perspective of a defense attorney, how they go about analyzing a case, and how this attorney prepares and presents a theory that will support the parents' position.
- Understand defense tactics used by defense attorneys in child abuse/neglect/dependency cases.

- Explore strategies to prepare for defense counsel scrutiny of Reese Black arts, caseworker interventions, case plan, court summary, and caseworker testimony in case recommendations.
- Learn to respond appropriately and effectively to cross-examination by defense attorneys.

Teens in Foster Care and Emotional Resiliency

Regardless of where young people are placed in the child welfare system, they need to develop boundaries, emotional health, and the skills to build lifelong relationships. There are specific tools that can help young people overcome the trauma of their pasts and navigate adult relationships. This workshop has been designed to incorporate the insights of foster care alumni throughout the nation to equip professionals to facilitate the emotional development of youth in care. It includes national research on foster care alumni and post-traumatic stress disorder. Participants will leave with concrete tools to support adolescents in foster care with the development of personal boundaries and the skills to build trusting, restorative relationships.

Living the Legacy: The Dramatic Effects of Prenatal Substance Exposure

The tragic legacy of drug abuse is lived out by the children whose lives are forever changed by prenatal substance exposure. This course will provide you with an overview of commonly abused drugs, with a focus on how this prenatal exposure impacts the developing child before and after birth. Focus will be on understanding and supporting children from birth through adolescence, challenged by; drug withdrawal, prematurity, sensory integration disorders, nutritional and health risks, as well as processing and attentional challenges that impact skill acquisition and learning.

Objectives:

- Recognize and analyze myths, and misconceptions about parents who use substances and their children and explain how these differ from the realities of prenatal drug exposure.
- Identify and summarize the effects of commonly used substances and the developmental and age-related characteristics of children with prenatal drug exposure.

- Evaluate and apply caregiving and parenting strategies to address challenges in supporting drug-exposed infants and children.
- Demonstrate and reflect on approaches for advocating with medical, educational, and therapeutic systems to meet the needs of this population.

Child Protection Worker Safety: Planning for Safe Home Visits

As a child protection worker, you face various safety issues when conducting home visits. This course identifies a number of these safety issues and precautions to consider when preparing for and conducting home visits. You will learn about behavior indicators and body language that may signal aggression, how to have safety-focused conversations with families about the secure storage of firearms and other weapons, and more. You will create a personal safety plan for preparing for and conducting home visits.

Objectives:

- Identify essential safety precautions to consider when preparing for and conducting home visits
- Assess historical information about previous threats or assaults
- Recognize behavioral indicators and body language that may signal the potential for escalation
- Facilitate respectful, safety-focused conversations with families about the secure storage of firearms and other weapons in the home
- Develop a personal field safety plan

Burnout, Secondary Trauma and Self-Care

While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

Cannabis and Child Safety: The Law, the Science, and Why they Matter

This training is designed to help learners understand some of the complexities of where cannabis legalization currently stands in Ohio and the United States, and to help learners integrate this knowledge with their role as child welfare professionals, to assist with keeping children and their families safe and healthy.

Objectives:

- Discuss the current legal landscape in Ohio and on a federal level related to cannabis use and the child welfare system, including variations between states.
- Recognize and describe the physical and psychological effects of cannabis use on children, adolescents and adults, as well as reviewing the most recent medical research on the topic.
- Explain ways to distinguish between responsible adult cannabis use and problematic use that may impact child safety.
- Develop and practice additional strategies to conduct thorough and unbiased assessments in cases where parental/kinship cannabis use is a factor.

Engaging Fathers: Enhancing Family Connections

Engaging Fathers: Enhancing Family Connections is a workshop centered around the engagement of the non-custodial parent (typically the father) and their families. Learners will discuss the importance of engaging with all fathers (alleged, established, social) and their immediate and extended family networks. Learners will develop an understanding that paternal relatives are as vital to children as mothers and maternal relatives. Learners will examine strategies for how to work with partners to achieve initial engagement with fathers and what ongoing engagement could lead to beyond the service episode. Learners will also recognize how child welfare practice is currently limited in its approach to engaging with the broader paternal family network.

Exploring Personal Perspectives in Child Sexual Abuse Cases

In this course you will examine how your personal perspective may influence your work with child sexual abuse cases. You will also consider how stereotypes and assumptions can affect professional decision-making and responses when working with children and families. Be prepared to reflect on your own viewpoints and explore how to strengthen practice when addressing sensitive situations.

Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals

Street Smart Ohio realizes that substance use affects so many Ohio families. Ohio is experiencing record numbers of overdose deaths, so now more than ever, it is important that anyone with a nexus to children understands the importance of recognizing the appearance, behavioral, and conduct indicators of drug abuse. Drugs do not discriminate and any of our families could be affected by addiction.

Objectives:

- Recognize the most abused substances in society today.
- Become familiar with paraphernalia associated with these abused substances.
- Identify concealment techniques used by those who abuse substances
- Recognize when and how to collaborate and communicate with law enforcement

Surviving the Tug-of-War: The Impact of Divorce and Custody Disputes on Children

In the United States alone, over one million marriages end in divorce each year.

However, the pain and stress that is precipitated by divorce is not limited to adults. While parents may be devastated or relieved by the divorce, children are invariably frightened and confused by the changes in the family composition. In addition, children experience similar challenges as a result of kinship and placement changes. This workshop will offer participants an overview of the symptoms that children may exhibit as the result of a family break-up or change in placement. Specific developmental reactions will be addressed to assist participants in helping children cope with parental divorce and changes in

placement. Evidenced based counseling practices will be shared to further strengthen resources for children of divorce.

Objectives:

- Describe at least three common emotional and psychological impacts of divorce on children, citing developmental or behavioral indicators.
- Identify typical developmental reactions children may exhibit at different age levels in response to parental separation or divorce.
- List at least three practical tools or resources that can be used to support children and families during or after a family break-up.
- Locate and summarize at least two community-based or online resources available for children affected by family separation.

Safe and Supported: Empowerment Self Defense for Social Service Professionals

Every day, social service professionals face unsafe situations, which they endure for the sake of the vulnerable. To decrease the risk of serious harm while on the job (or in their personal lives), safety training is a must. But personal safety isn't only about physical self-defense. It starts with awareness of the environment and the people around us, an understanding of and respect for our own intuition, and the ability to set clear and effective boundaries and de-escalate tense encounters. This course allows participants to learn and practice all these skills, in addition to simple escapes from grabs and holds, and basic strikes designed to allow escape. This is an active training that combines group activities and discussions, scenario-based skills practice, and physical technique practice.

Please dress in comfortable clothing that allows for movement – Casual is OK for this training

Brains Under Construction: Helping Kids Build Self-Control and Focus through Executive Functioning

Children from hard places often struggle with impulse control, focus, transitions, and emotional outbursts—not because they don't care, but because their executive function skills are still under construction. In this practical, interactive training, foster and adoptive parents will learn how trauma affects the developing brain, how to recognize signs of executive function challenges, and what to do when kids seem “defiant” or “disorganized.” Through real-life examples, hands-on activities, and easy-to-use strategies, all participants will leave with a clearer understanding of children's needs and a toolbox full of simple supports that build calm, connection, and confidence in interpersonal interactions.

Semi Annual Review: A Tool to Assist in Reaching Permanency

This workshop will reinforce DCY rules and provide casework techniques to caseworkers, Semi Annual Reviewers, and supervisors that will assist them as they help families interact and learn the value and importance of the Semi-Annual Review process. Discussions and methods will be outlined to encourage parents to attend the SAR and engage fathers (residential and non-residential) in the case plan objectives. Techniques will be discussed to motivate and assist families in completing the case plan objectives or help the family create permanency plans for the children, which may involve family search and engagement activities. Discussion will also occur to offer ways to resolve conflicts between Reviewers, Caseworkers, Supervisors, and family members when the case plan goals are not agreed upon by the members.

Key Parental DSM Diagnoses and Child Protective Services Involvement

The objective of this course is to educate caseworkers and supervisors on the major DSM disorders that are common to, and impact upon, adults involved in the child protective services system. Attention will be paid to recognition, management, and referrals for adults with a mental health disorder.

Medical Advocacy for Children with Special Health Care Needs

In this workshop, you will build the skills you need to advocate for children with special needs in today's complex healthcare system. You will learn communication styles that strengthen teamwork and productivity, explore practical strategies for working with medical providers in both home and community settings, and apply problem-solving approaches to effectively access medical information and services.

ADHD among Children and Adolescents

The purpose of this workshop is to educate attendees on the diagnosis and management of attention deficit hyperactivity disorder. DSM diagnostic criteria and evidence-based treatment practices will be of primary focus.

Motivating and Managing Teen Behavior

The teen years can be a time of great challenges and growth. Caseworkers and caregivers can help these young adults with these challenges. The goal of this course is to reduce some of the discomfort of this normal stage of development. You will learn ways to provide supervision, support, and training to help the teens you work with.

Objectives

- Describe how trauma and development affect teen behavior
- Identify ways to supervise and set limits with teens safely
- Apply trauma-informed strategies to manage challenging behaviors
- Use communication skills that build trust and connection with teens

Get Cooperation the First Time You Ask

Do you ever shake your head, wondering why children often do what you just told them not to do? This workshop reveals why and how to prevent this baffling behavior by using three key tools for getting children to cooperate the first time you ask ---without power struggles, threats, bribes, incentives, or stickers --- while fostering internal motivation. You'll also discover which tots might go through a "no" phase and which teens might rebel – and how to beat the odds. Using the tools in this workshop often requires only small subtle changes in your language but can often result in both quick changes and long-term results!

No Longer Alone: An Overview of Autism Spectrum Disorders

For decades, the term autism has been debated in the mental health and psychiatric communities. Despite the progress that has been made in both detecting and treating autism, it remains a complex and challenging disorder for those in the mental health profession. The discrepancy that exists within the social service arena regarding the treatment of autism only serves to create more confusion for families and professionals who explore treatment resources. Consequently, autism remains an enigma to those in the helping profession. This workshop will provide an overview of the Autism Spectrum Disorders and highlight each of the diagnostic criteria. Moreover, participants will be exposed to evidence-based treatment strategies when working with children with Autism.

Working with Youth Who Display Psychotic Features: Double Checking Reality

Youth who display psychotic features are rare, but when it happens, we need to be able to assist the youth and their support system with practical help. This training delves into the world of youth psychosis. It will help participants discover and implement practical steps to help youth who are struggling with psychotic features. It will also explore how participants can assist caregivers in trying to help the youth.

Objectives:

- Explain the root causes of psychotic disorders to youth and caregivers
- Help youth and families recognize the signs and symptoms of psychosis in youth
- Teach youth and families coping skills that will help youth and families manage symptoms

Using Films to Understand Factitious Disorder, Personality Disorder and Schizophrenia

This workshop will help participants learn how to identify mental health disorders. Popular Hollywood films will be used as case studies to help understand the criteria and the treatment methods for the disorders as described in the Diagnostic Statistical Manual of Mental Disorders.

The disorders that will be discussed are Schizophrenia Spectrum Disorder, Factitious Disorder, Autism Spectrum Disorder, Separation Anxiety, Antisocial Personality Disorder, and Social Anxiety Disorder. Small (breakout rooms) and large group discussions will occur. Three case examples of individuals diagnosed with Schizophrenia Spectrum Disorder will be evaluated and we will compare their level of functioning.

Promoting Nutrition Throughout Childhood: Eating for the Health of It!

In this course, you'll explore children's nutritional needs from birth through adolescence and learn how nutrition impacts overall health and development.

We'll look at nutrition guidelines across childhood stages including unique considerations for premature infants and discuss how social and environmental factors influence children's eating habits. You'll also gain insight into challenges such as Failure to Thrive (FTT), disordered eating, food allergies, and food sensitivities.

You'll identify risk factors, warning signs, and interventions for eating disorders, as well as practical strategies for promoting healthy lifestyles. You'll also learn ways to address barriers to good nutrition, especially in low-income families. By the end of this course, you'll be equipped with realistic tools to support children's well-being through nutrition.

Beyond the Silence: Forensic Interviewing Part One

This workshop focuses on the forensic interview, with an emphasis on team building between law enforcement and child welfare. Sound forensic interviews are essential for the successful completion of a child sexual abuse investigation. The purpose of conducting a forensic interview is to determine whether a crime has occurred and to assess the child's safety.

This 2½-day workshop will focus on the fundamental skills needed to conduct child interviews that are forensically appropriate

How Our Kids' Environments Shape Their Development: Understanding Epigenetics

This workshop introduces the science of epigenetics in a caregiver-friendly way, showing how a child's environment - including stress, nurturing, and caregiving - can influence which genes get "turned on or off." It offers practical insights for foster/adoptive parents seeking to support healing, resilience, and developing in children from hard places.

Objectives:

- Define epigenetics and describe how it differs from genetics.
- Understand how early adversity impacts brain development and stress response systems.
- Recognize how safe, nurturing environments can support positive changes at a biological level.
- Identify trauma-informed caregiving strategies that promote healing and resilience.

Ethical Slippery Slopes: From Good Intentions to Blurred Boundaries

Ethical violations are not typically due to a professional forgetting or purposely ignoring “the rules.” Instead, many ethical breaches occur because a professional stepped onto a slippery slope that led to the violation. In this distance learning workshop, we are going to study situations that can unintentionally lead to violations and explore tools to avoid or minimize risk.

We will explore good intentions with unethical outcomes, professional time mismanagement, and blurred boundaries. When applicable, attention will be paid to the laws and rules of the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.

Stress and Coping Skills - Survival Skills for Child Welfare Workers

Change, uncertainty, and high expectations are part of today's child protection environment. Caseworkers and supervisors are often asked to do more with fewer resources while navigating shifting policies, increasing demands, and complex family needs. At the same time, personal stressors - like maintaining work-life balance, managing financial or family pressures, and adapting to broader social changes - can make the job even more challenging.

In this course, you'll explore how everyday stressors can affect your well-being and your work with families. You'll learn practical strategies to manage stress, prevent burnout, and reduce compassion fatigue - so you can stay focused, resilient, and effective in your role.