



Department of Children & Youth

Southwest Ohio Regional Training Center

420 Wards Corner Rd., Suite J, Loveland, OH 45140 (513)248-1269

STAFF & SUPERVISOR ONGOING TRAINING
SPRING 2026

Link for anyone with an OH ID: Log In OH ID Ohio's State Digital Identity Standard
--

Link for Guest Registration Information: SWORTC – Ohio CAPS

Training Requirements:

- Caseworkers must complete thirty-six hours of training in areas relevant to the caseworkers assigned duties each year
- Supervisors must complete thirty hours of training in areas relevant to the supervisors assigned duties each year
- Caseworkers and Supervisors must complete Domestic Violence and Human Trafficking training within the first two years of hire. These must be trainings identified in the CAPS LMS as meeting HT and DV training requirement

The annual training requirement for Caseworkers and Supervisors is based on their Training Compliance Date (date of hire or promotion date -this can be found in the CAPS User Profile), not calendar year.

For example, if a caseworker/supervisor is hired or promoted on October 12, 2024, the training compliance period would run from October 12, 2024, through October 12, 2025.

Date	Training	Session ID	Trainer	Time	Location
04/01/2026 NEW!	Counseling Secrets Revealed: Mental Health Therapy for Adults	26406	Stacy Simera	9:00 to 12:00	Virtual
04/02/2026	Addressing Reoccurring Mental Health Issues in Families	25219	Linda Davis	9:00 to 4:00	Virtual
04/02/2026 and 04/03/2026	Working with Youth with Sexually Abusive Behaviors	26186	Dave Zidar	9:00 to 4:00 Both Days	SWORTC
04/08/2026 NEW!	The Healing Power of the Story: Navigating Honest Conversations with Foster and Adopted Children	26389	Jayne Schooler	9:00 to 4:00	SWORTC
04/10/2026 NEW!	Connecting in a Disconnected Work Environment - Professional and Personal Teaming	25755	Kelly Hickle-Lentz	9:00 to 4:00	SWORTC
04/14/2026 and 04/15/2026	Safe and Supported: Empowerment Self Defense for Social Service Professionals	23010	Lauren Bailey and Lindsey Falcon	9:00 to 4:00 Both Days	SWORTC
04/14/2026	Healing the Hunger: Recognition and Treatment of Eating Disorders	24631	Brian Bethel	9:00 to 4:00	SWORTC
04/16/2026 and 04/17/2026 Meets OAC Training Requirement	Identifying and Responding to Child and Youth Victims of Human Trafficking	29394	Haleigh Young and Micayla Wilson	9:00 to 12:30 Both Days	Virtual
04/16/2026	Lifelong Connections: Permanency for Older Youth	24601	Johanna Pearce and Lamar King	9:00 to 4:00	SWORTC
04/17/2026	Interviewing Models that Enhance Engagement	26331	Dave Zidar	9:00 to 4:00	SWORTC

04/23/2026	CAPM Strengths and Needs Risk Assessment	25794	Warne Edwards	9:00 to 4:00	Virtual
04/28/2026 NEW!	Understanding Emotional Intelligence	28433	Dan Houston	9:00 to 4:00	Virtual
04/29/2026 NEW!	Teamwork for Caseworkers and Foster Parents	27656	Dave Zidar	9:00 to 12:00	SWORTC
05/05/2026 NEW!	Solution-Focused Interventions Applied to Casework Practice	27657	Dave Zidar	9:00 to 4:00	SWORTC
05/06/2026	The Ethics of Trauma-Informed Self-Care	26047	Faye Perkins	9:00 to 4:00	Virtual
05/06/2026 and 05/07/2026 Meets OAC Training Requirement	Domestic Violence Training for Ohio Caseworkers and Supervisors	27051	Paula Walters	9:00 to 4:00 Both Days	SWORTC
05/07/2026	Preparing Children for Adoption	28517	Jayne Schooler	9:00 to 12:00	Virtual
05/08/2026	Substance Use and Abuse Among Children and Adolescents: Prevention, Recognition, and Intervention	28874	Stacy Simera	9:00 to 12:00	Virtual
05/12/2026 NEW!	Interviewing Alleged Perpetrators	27523	Lisa Fleischer	9:00 to 12:30	Virtual
05/13/2026	Interventions with Reactive Attachment Disorder	26580	Dave Zidar	9:00 to 4:00	SWORTC
05/14/2026	Anxiety Disorders: Joy, Fear, Anger, Disgust, and Sadness all Working Together	26843	Linda Davis	9:00 to 4:00	Virtual
05/18/2026 NEW!	Communicating in a Language Clients Can Hear	27106	Ruby Johnston	9:00 to 4:00	Virtual

05/18/2026 New!	What's Wrong with Transitions? Little Kids Don't Remember Anyway	23000	Donna Scott	9:00 to 4:00	SWORTC
05/19/2026	The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions	25297	Brian Bethel	9:00 to 4:00	SWORTC
05/20/2026	Burnout, Secondary Trauma and Self-Care	26044	Faye Perkins	9:00 to 4:00	SWORTC
05/28/2026 and 05/29/2026	Sensory Integration and Emotional Regulation for Children of Trauma	28883	Ruby Johnston	9:00 to 4:00 Both Days	SWORTC
06/01/2026 NEW!	Strength-Based Communication	29244	Ruby Johnston	9:00 to 4:00	SWORTC
06/02/2026 NEW!	Child and Family Team Meetings	27050	Jill Roberts	9:00 to 4:00	SWORTC
06/02/2026 NEW!	Customer Service that "Rocks!" Building Partnerships, Collaboration, and Customer Service	29415	Ruby Johnston	9:00 to 4:00	SWORTC
06/03/2026	Supervision Skills for a Complex World	28884	Matt Butler	9:00 to 12:15	Virtual
06/04/2026	De-escalation Skills for the Human Services: Enhancing Safety through Verbal and Nonverbal Interventions	29562	Lindsey Falcon	9:00 to 4:00	SWORTC
06/08/2026 and 06/09/2026 Meets OAC Training Requirement	Domestic Violence: Facts and Fundamentals	23132	Brian Bethel	9:00 to 4:00 Both Days	SWORTC
06/15/2026	Parenting a Child with a Disability	26449	Jim Still Pepper	9:00 to 4:00	Virtual

06/16/2026	Elevating Facilitation Skills (YCPRT – not exclusive)	28987	Casie Burke	9:00 to 4:00	Virtual
06/16/2026	Improving Personal and Team Effectiveness Through Learning the Myers Briggs Personality Types	29160	Nadine Musser	9:00 to 4:00	Virtual
06/17/2026 NEW!	What Can Homer Simpson Teach Us About Ethics?	28861	Linda Davis	9:00 to 12:15	Virtual
06/23/2026	Survivor-Led Human Trafficking Awareness Interdisciplinary Training	29064	Teresa Merriweather	9:00 to 12:15	Virtual
06/25/2026 NEW!	Assessing the Dynamics of Parents Who Are at Risk of Killing Their Children: Filicide	28283	Dr. Paul Martin	9:00 to 4:00	SWORTC
06/26/2026 NEW!	Developmental Milestones and Disorders of Personality	28284	Dr. Paul Martin	9:00 to 4:00	SWORTC
06/29/2026 NEW!	Customer Service that "Rocks!" Building Partnerships, Collaboration, and Customer Service	29241	Ruby Johnston	9:00 to 4:00	SWORTC
06/30/2026	Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals	29161	Shawn Bain	9:00 to 4:00	Virtual

Workshop Descriptions

Counseling Secrets Revealed: Mental Health Therapy for Adults

This workshop will explore the various types of psychotherapy treatment methods for adults, the benefits and limitations of therapy, when a referral is appropriate, and how child welfare professionals and other stakeholders can support counseling interventions.

Addressing Reoccurring Mental Health Issues in Families

This workshop will identify mental health disorders that are prevalent in child welfare. An exploration of the Diagnostic and Statistical Manual (DSM) statistical data, categories, and criteria will occur. Critical analysis of each of the disorders will take place through case examples from Toy Story and other Hollywood films.

Group discussions will be utilized to facilitate further exploration of the psychological disorders. Discussions will focus on childhood disorders (primarily ADHD and oppositional defiant disorder), adult disorders (primarily adjustment disorder and depression), and post-traumatic stress disorder, which affects both children and adults. Large and small group discussions will facilitate transfer of learning.

Working with Youth with Sexually Abusive Behaviors

Caseworkers are seeing an increase in the number of children and teens who perpetrate sex crimes against other youth. This workshop will help caseworkers assess sexual behavior and risk, identify and work with parents and out-of-home caregivers, understand the dynamics and issues involved in working with this population and their victims, recognize and obtain offense-specific assessments, and develop case plans.

The Healing Power of the Story: Navigating Honest Conversations with Foster and Adopted Children

The Healing Power of the Story is an interactive workshop designed to help foster and adoptive parents, caseworkers, supervisors, and assessors approach truth-telling with confidence, empathy, and developmental wisdom. Telling the truth to your adopted or foster child is one of the most powerful—and delicate—acts of love a caregiver can offer. Through real-life case studies, trauma-informed teaching, and hands-on activities, participants will learn how to share difficult truths in ways that honor a child's story, support emotional safety, and promote long-term healing.

Connecting in a Disconnected Work Environment - Professional and Personal Teaming

Disconnected units either physically or personally can sometimes cause barriers to trust, teamwork, and communication. This training is designed to help Supervisions identify, address, and produce creative solutions to overcome these barriers. Learners will be able to identify the barriers to teamwork and communication that disconnected team may experience and ways to recognize and overcome these barriers. By learning about trust, team building, and positive support, learners will be able to identify areas of improvement needed in their agency. Learners will take away easy, practical hands-on activities to use with their own teams and fellow supervisors to best enhance getting to know one another and communicating openly and adequately as a team. Learners will self-assess their own areas for improvement when it comes to being a supportive team member and identify ways in which they can improve. Learners will come away with ideas on how to create the most effective teams for families and youth to receive the best, consistent, and most professional service.

Safe and Supported: Empowerment Self Defense for Social Service Professionals

Every day, social service professionals face unsafe situations, which they endure for the sake of the vulnerable. To decrease the risk of serious harm while on the job (or in their personal lives), safety training is a must. But personal safety isn't only about physical self-defense. It starts with awareness of the environment and the people around us, an understanding of and respect for our own intuition, and the ability to set clear and effective boundaries and de-escalate tense encounters. This course allows participants to learn and practice all these skills, in addition to simple escapes from grabs and holds, and basic strikes designed to allow escape. This is an active training that combines group activities and discussions, scenario-based skills practice, and physical technique practice.

Dress in comfortable clothing that allows for movement.

Healing the Hunger: Recognition and Treatment of Eating Disorders

Eating disorders are a tragic and complex phenomenon that has increased in prevalence within recent years. This is not surprising given the value that society places on an "ideal body image." We are now confronted with more children and adolescents being diagnosed with eating disorders. Children referred to the child welfare system who have a history of emotional, physical, and/or sexual abuse are particularly vulnerable to the development of an eating disorder. This training will provide participants with the common signs and symptoms associated with eating disorders. A review of the diagnostic criteria for the various forms of eating disorders will be conducted. In addition, this training will explore the potential risk factors and medical consequences that often precipitate disordered eating. An overview of treatment approaches will be offered to allow participants the opportunity to gain a more in-depth understanding of the clinical issues associated with treating individuals with eating disorders.

Identifying and Responding to Child and Youth Victims of Human Trafficking

This presentation is tailored to professionals in the child welfare system to help them learn how to identify and respond to child and youth victims of human trafficking. This interactive presentation, presented by a survivor led multi-disciplinary team in partnership with the Governor's Human Trafficking Task Force, will cover the following: defining human trafficking; screening referrals of human trafficking; screening children and youth for experiences of human trafficking; identifying victims of human trafficking in CCWIS; assessing safety, child vulnerabilities and risk contributors in cases of human trafficking; safety planning with victims of human trafficking; family case planning with victims of human trafficking; federal and state requirements guiding the child welfare system's response to human trafficking; and building a multi-disciplinary, trauma-responsive approach to human trafficking.

This training meets the OAC/ORC human trafficking training requirement

Lifelong Connections: Permanency for Older Youth

When planning for permanency with adolescents, we must think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.

Interviewing Models that Enhance Engagement

This workshop is for participants who are already able to effectively plan an engagement strategy when meeting a new family, and who have knowledge and skill in setting a positive tone for the engagement to occur. In this workshop, participants will learn the tenets of three models of engagement/interviewing that can be used in the management of their cases: solution-focused interviewing, ethnographic interviewing, and motivational interviewing. Participants will learn by way of lecture, small group activities, role-play, and examples in the media.

CAPM Strengths and Needs Risk Assessment

Participants will develop a detailed understanding of how the assessment of families' strengths and needs informs service provision and case planning. Participants will learn how to distinguish risk contributors - from non-risk contributors through proper application of the clinical assessment - and how to identify and utilize family strengths to reduce the likelihood of future maltreatment.

Understanding Emotional Intelligence

Do you know an employee who flew "off the handle" and did something, said something, or offended another person without thinking? If so, how would you best "coach" or "advise" this employee about how to handle people fairly and how to "best master" their emotions? This is just one of the topics covered in this workshop on emotional intelligence. Emotional intelligence is the capacity for recognizing our own feelings and those of others, for motivating ourselves, and for managing emotions well in ourselves and in our relationships (Goleman, 1995). There has been considerable research that indicates that a person's level of emotional intelligence (their EQ) is a better predictor of career and personal success than IQ or anything else. And unlike other forms of intelligence, EQ is not fixed. It is possible to develop a higher level of emotional intelligence at any point in your life. This workshop covers both the physiological and psychological basis of emotional intelligence, and how to increase your EQ, and how to help others increase their EQ. Learn how to teach other how to be intelligent about their emotions.

Teamwork for Caseworkers and Foster Parents

This course will strengthen how you communicate with stakeholders so you can work as one team for the child. You'll practice ways to prevent "splitting" and spread rumors, set clear expectations, handle hot-button situations (like visits and holidays), and keep conversations constructive - even under stress. You'll leave with simple tools you can use right away to plan together, follow policy, and support safety, permanency, and well-being.

Objectives:

- Define common barriers to teamwork in child protection
- Describe the distinct roles and shared goals of resource caregivers and case workers
- Explain how stress responses can affect tone, timing, and follow-through in communication
- Apply practical steps to prevent and address triangulation and rumors in day-to-day interactions

Solution-Focused Interventions Applied to Casework Practice

As a caseworker, you often support families who feel overwhelmed by challenges. In this course, you will explore a practical, strength-based method for helping clients identify what is already working in their lives and build on those successes. You will learn how to apply Solution Focused techniques in your day-to-day casework, guiding families to set achievable goals and recognize their own capacity for change.

The Ethics of Trauma-Informed Self-Care

This training will provide an overview on symptoms of burnout and secondary traumatic stress, as well as the ethical principles and standards that call on helpers and caregivers to care for themselves as part of ethical practice. Much of the training will focus on motivating and sustaining behavior change related to enhancing both personal and professional self-care practices and developing new skills for recognizing and managing stress responses arising from the challenges faced in environments where traumatized clients are served.

Domestic Violence Training for Ohio Caseworkers and Supervisors

Explore how to recognize, assess, and respond to risk and danger within child protective services practice through practical tools, case examples, and interactive discussion. Strengthen your ability to identify danger indicators and integrate structured risk assessment strategies into case evaluations to enhance child safety and well-being. You will engage with real-world case studies, group activities, and guided discussions that highlight the complex dynamics of domestic violence and its impact on families. This learning emphasizes practical application and trauma-informed approaches so you can make more confident, informed decisions in the field.

This training meets the OAC/ORC domestic violence training requirement

Preparing Children for Adoption

As a caseworker or resource parent, you play a vital role in helping children prepare for the adoption experience and supporting them as they share their stories with others. In this interactive workshop, you will explore what children need to understand about adoption at different stages of development and how these needs affect their readiness. You will gain practical tools to guide preparation conversations and help children communicate about their adoption with confidence and comfort in everyday settings.

Substance Use and Abuse Among Children and Adolescents: Prevention, Recognition, and Intervention

This training will review the substances commonly abused by children and adolescents, define addiction paths and criteria, and introduce treatment options and techniques for youth with addiction.

Interviewing Alleged Perpetrators

This training will help case workers overcome barriers to interviewing alleged perpetrators while adhering to OAC rules and interviewing best practices. Building on prerequisite self-directed courses on engagement strategies and basic interviewing skills, participants will develop interview plans specific to various alleged perpetrators, learn strategies for partnering with law enforcement and other Multi-Disciplinary Teams (MDTs) when necessary, and apply responsive interviewing strategies when individual considerations might impact the interview.

Interventions with Reactive Attachment Disorder

Many children suffer from a pathology classified by the APA as Reactive Attachment Disorder. This disorder is rooted in disrupted attachment in childhood between the ages of 0 to 5. This 5.5-hour learning will provide you with an understanding of the origins of the pathology, family reactions, signs, symptoms, and interventions.

Anxiety Disorders: Joy, Fear, Anger, Disgust, and Sadness All Working Together

In this workshop, the different types of anxiety that adults and children experience will be explored. The following DSM criteria will be explored: separation anxiety disorder, selective mutism, specific phobia, social anxiety (social phobia), panic disorder, agoraphobia, and generalized anxiety disorder. The statistical prevalence and treatment methods will also be identified and discussed for each criterion. Case examples will be discussed from Hollywood films and actors/authors. Large and small in-depth group discussions will occur as participants explore the psychological significances in the case examples and apply those discussions to the regulations of emotions and the diagnoses of anxiety disorders.

Communicating in a Language Clients Can Hear

Communication can make or break a relationship. Working together with others demands attention to our words and how they help or hinder getting results that impact our work in a positive way. Likely everyone has had times where they feel like they are talking to the “stars” or feel like the other person has just spoken a foreign language to them. We must work together to speak clearly. Through fun activities, this workshop will explore “verbiage” in language and promote better communication to be effective in sending of information and a receptive receiver of communications sent.

What's Wrong with Transitions? Little Kids Don't Remember Anyway

This training will provide a basis for understanding the impact of trauma on overall development and brain development. The interaction between trauma and attachment relationships. Placement transitions, even those considered positive such as reunification or a permanent move to a relative’s home, are stressful, even traumatic. Minimizing placements is necessary to manage trauma and loss. There are things we can do to reduce the likelihood of unnecessary changes or transitions in placement. There are things we need to consider when planning changes in placement to support the child and caregivers through the process and promote successful moves. This training focuses on the unique roles different parties can play, including social workers, supervisors, and foster/kinship caregivers.

Objectives

- Identify early developmental milestones, potential complications, and red flags
- Understand and communicate basic concepts of brain development
- Understand and communicate the impact of attachment breaks and trauma on young children
- State the potentially traumatic impact of transition on a young child
- Identify and practice using strategies to prevent transitions when possible
- Identify and practice using strategies to promote successful transitions when necessary

The Broken Bond: An Overview of Attachment Disorders and Strategies for Interactions

Reactive Attachment Disorders are a group of mental health disorders in which the child is unable to form healthy relationships, particularly with their primary caregiver. While Attachment Disorders are complex, parents and caregivers can serve as important resources for advocating and guiding children through the treatment process. Since early intervention is key to the most positive of outcomes it is important that caregivers are competent in the recognition and awareness of attachment challenges. This training provides an introductory overview of Reactive Attachment Disorders and emphasizes the importance of early intervention and research-supported treatment for empowering children with attachment disruption.

Burnout, Secondary Trauma and Self-Care

While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

Sensory Integration and Emotional Regulation for Children of Trauma

Sensory processing/sensory integration refers to the way the nervous system receives messages from the senses and turns them into appropriate motor and behavioral responses. Whether you are biting into a hamburger, riding a bicycle, or reading a book, your successful completion of the activity requires processing sensation, or "sensory integration." Sensory Processing Disorder (SPD) is a condition that exists when sensory signals don't get organized into appropriate responses. Children who have experienced psychological trauma are at a higher risk of Sensory Processing Disorder and sensory challenges – all leading to difficulty in regulating their own emotions. All child welfare professionals need to

know and understand these challenges, as well as be able to offer strategies to those who are serving vulnerable children. Without a comprehensive understanding or effective strategies, children who have experienced trauma will not have all their needs met.

Strength-Based Communication

Participants will examine their personal strategies for working with families, supervisors, community partners and colleagues. Focus will be on shifting personal paradigms to being Strength-Based and Solution-Focused in all work. Special attention will be given to indicators which confirm this paradigm shift.

Child and Family Team Meetings

This training provides an overview of Child and Family Team Meetings, with demonstration of a meeting and practice opportunities. The training is designed to increase understanding about successful team engagement, shared agreements, and the basic skills involved in facilitating meetings.

Customer Service that "Rocks!" Building Partnerships, Collaboration, and Customer Service

This workshop will focus on developing a customer service strategy that brings favorable feedback to the worker, supervisor and agency. By examining the components of customer service and the barriers to customer service and the organizational strengths and needs, the participants will leave with a clear understanding of how and what they might do to strengthen customer service from their own area of responsibility

Supervision Skills for a Complex World

This training is designed to help you become an even better supervisor. Every caseworker addresses incredibly complex issues in daily practice, no matter where you work. When you became a supervisor, you might have thought things would get simpler, but the opposite is almost certainly true. This training aims to help you do better at giving (and getting) the right amount of support without burning yourself out in the process.

Objectives:

- Recall the primary functions of social work supervision and their value in the supervisor/supervisee relationship.
- Differentiate and evaluate the primary models of social work supervision.
- Identify and analyze issues and challenges often encountered in social work supervision (relationship dynamics, legal/ethical/regulatory issues, and other contextual variables) and develop strategies to mitigate these challenges in diverse practice settings.
- Develop a personal model of supervision (based on existing models) and plan for further refinement of supervisory skills in the future.

De-escalation Skills for the Human Services: Enhancing Safety through Verbal and Nonverbal Interventions

This class is designed to give caseworkers and others the skills and practice necessary to de-escalate angry and aggressive people. These skills are designed to enhance worker safety and improve communication with others. The training will address strategies for conflict resolution and workplace violence. According to the Occupational Safety and Health Administration, “

Direct service workers are faced with many volatile situations where verbal violence, harassment and intimidation are not uncommon. Because of this, it's essential that workers, who must also display patience, empathy, compassion, and a genuine desire to help people in crisis, learn and develop skills to help clients regulate their emotional intensity in the moment. Understanding and identifying the stages of escalation and aggression can help employees respond

more effectively. Ultimately, learning to regain control of the situation before it becomes violent benefits everyone involved. Whether the escalated individual is angry, suicidal, dealing with a mental health crisis or under the influence of substances, the implementation of de-escalation strategies is effective in helping the parties communicate more efficiently and avoid harm.

Objectives:

- Identify and practice at least three techniques for increasing awareness and personal presence
- Identify three common triggers for anger
- Identify five behaviors in others that indicate emotional arousal
- Describe three strategies for managing your own emotional arousal
- Demonstrate three effective boundary-setting skills
- Describe at least four interventions for diffusing aggression

Domestic Violence: Facts and Fundamentals

Despite the growing prevalence of domestic violence in our society, it remains one of the most under-reported crimes in the United States. Unfortunately, the secrecy surrounding the issue of intimate partner violence has only served to perpetuate many myths and misconceptions about the causes and treatment of domestic violence. Child welfare professionals are commonly some of the first professionals who serve families in which domestic violence is present. Therefore, child welfare professionals must maintain competencies for working with all parties in domestic violence cases.

This educational curriculum offers an overview of domestic violence. Participants will be exposed to the dynamic of domestic violence, specific laws that address domestic violence in the state of Ohio, as well as specific strategies for assessing risk in domestic violence cases and developing and implementing safe plans once domestic violence is identified.

This training meets the OAC/ORC domestic violence training requirement

Parenting a Child with a Disability

Disability isn't the issue—coping is. Let's build hope together. Supporting a child with a disability often brings more emotional strain than the diagnosis itself. Whether you're parenting a child with a disability or partnering with families as a caseworker, this workshop helps you understand and strengthen the coping process. Through guided reflection and practical strategies, you'll explore how to reduce stress, build resilience, and offer support that makes a real difference. The better families cope, the more space there is for hope and healing.

Elevating Facilitation Skills (YCPRT)

Facilitation is more than managing a meeting - it's about creating space for meaningful dialogue, active participation, and collaborative decision-making. Elevating Facilitation Skills is a dynamic training designed to strengthen your ability to lead effective discussions across various groups, including kinship caregivers, youth, families, and professionals within the child welfare system.

Through interactive learning and practical strategies, this course empowers participants to build confidence, navigate complex group dynamics, and amplify youth and family voices. You'll explore techniques for active listening, structured planning, conflict resolution, and virtual engagement - all with a focus on engagement, empathy, and impact.

Whether you're new to facilitation or looking to refine your approach, this training offers the tools and insights needed to foster productive conversations that drive positive change.

This training is not solely for YCPRT counties. This training is appropriate for anyone facilitating a meeting

Improving Personal and Team Effectiveness Through Learning the Myers Briggs Personality Types

This learning experience helps child protective services (CPS) professionals understand how their own personality influences workplace relationships, teamwork, and responses to change by understanding the Myers Briggs Type Indicators (MBTI). By recognizing personal strengths and challenges, participants can improve communication, decision-making, and collaboration with colleagues who have different perspectives. The workshop offers a practical framework for understanding individual differences and applying that insight to time management, problem-solving, stress management, and effective practice in a demanding child protective services environment

What Can Homer Simpson Teach Us About Ethics?

This workshop will identify and explore concepts, theories, and dilemmas, as we discuss character responses from popular media characters from the Simpsons and other Hollywood characters in various films. Themes, concepts, and dilemmas will be discussed to illustrate appropriate and inappropriate ethical decision-making. The theoretical concept of the slippery slope will be discussed as it relates to the film examples and in social work and counseling fields.

Survivor-Led Human Trafficking Awareness Interdisciplinary Training

This is a survivor-led course that will not only provide the definition of human trafficking along with different typologies but offers real life specific case scenarios. The participants will have a better understanding of sex crimes and their element of crime specifics as they relate to children/youth.

This training **DOES NOT** meet the Human Trafficking training requirement

Assessing the Dynamics of Parents Who Are at Risk of Killing Their Children: Filicide

This course is an in-depth discussion about parents, stepparents, guardians and paramours who kill their children. Since 1960, child homicide rates have tripled. In 2023, 578 children were killed in the U.S. by a parent or parent surrogate. The homicide of children ages 1 to 14 years old is within the top two causes of death.

We will examine motivational factors, commonly seen characteristics of perpetrators, parent types, psychiatric disorders in caregivers that may give rise to filicide, signs of impending violence, treatment and prevention.

Developmental Milestones and Disorders of Personality

This course uses Erik Erikson's stages of development to explain how children and adolescents grow emotionally and socially. You'll learn what happens when these developmental milestones aren't fully achieved, and how those challenges can show up later as behavioral or personality problems. We'll discuss how difficulties in childhood can lead to conduct disorder and how those same patterns may develop into antisocial personality disorder in adulthood. You'll also explore how early attachment issues, such as reactive attachment disorder, may connect to borderline personality disorder later in life. In addition, we'll consider other personality patterns that can emerge when development is disrupted, including narcissistic, paranoid, schizoid, schizotypal, dependent, and avoidant traits. By the end of this discussion, you'll have a clearer understanding of how early experiences shape later behavior - and how that insight can help you support the children and families you work with more effectively.

Street Smart Ohio: Substance Abuse Awareness and Recognition for Child Welfare Professionals

Street Smart Ohio realizes that substance use affects so many Ohio families. Ohio is experiencing record numbers of overdose deaths, so now more than ever, it is important that anyone with a nexus to children understands the importance of recognizing the appearance, behavioral, and conduct indicators of drug abuse. Drugs do not discriminate and any of our families could be affected by addiction.